PARTICIPATING SCHOOLS

All primary schools in Kerry were invited to take part in the project. These are the 23 schools who took part:

Aughacasla NS, Castlegregory
Ballincrossig NS, Ballyduff
Caherdaniel NS, Caherdaniel
Caherleaheen NS, Tralee
Curraheen NS, Glenbeigh
Gaelscoil Mhic Easmainn, Trá Lí
Glenbeigh NS, Glenbeigh
Holy Family NS, Rathmore
Kilgobnet NS, Beaufort
Killury NS, Causeway
Knockaderry NS, Farranfore
Lissivigeen NS, Killarney
Listellick NS, Tralee
Lyreacrompane CNS, Listowel
Scoil an Fheirtéaraigh, Baile an Fheirtéaraigh
Scoil Eoin, Tralee
Scoil Iognáid Rís, An Daingean / Daingean Uí Chúis
Scoil Iosagáin, Ballybunion
Scoil Mhuire agus Naomh Treasa, Currow
Scoil Naomh Eirc, Ballyheigue
Scoil Réalt na Mara, Cromane
St. John's NS, Kenmare
St. John's Parochial School, Tralee

USEFUL WEBSITES

For further information on this project and the resources used visit Kerry Children and Young People Services Committee (CYPSC): www.kerrychildrensservices.com/greatplaces

For more information on outdoor activities in Kerry including Kerry's playground passport, walking trails and much more visit the following websites:

Discover Kerry: www.discoverkerry.com and www.discoverkerry.com/blog/post/the-kerry-playground-passport-can-your-family-complete-the-challenge/

Get Ireland Active: www.getirelandactive.ie

Sport Ireland: www.sportireland.ie/outdoors/find-your-trails

Brought to you by Kerry Children & Young People Services Committee (CYPSC) in partnership with Healthy Ireland, the National Educational Psychological Service (NEPS), Tralee Education Support Centre and HSE Health Promotion & Improvement, helping to nourish the mental health and wellbeing of our children.

Tugtha chugat ag Coistí Seirbhísí do Leanaí agus do Dhaoine Óga (CSLD) i gcomhpháirt le Éire Shláintiúil, an tSeirbhís Náisiúnta Síceolaíochta Oideachais (NEPS), Ionad Tacaíochta Oideachais Thrá Lí agus Cur Chun Cinn agus Feabhsú Sláinte, Feidhmeannacht na Seirbhíse Sláinte (FSS), ag cabhrú le meabhairshláinte agus folláine ár leanaí a chothú.

hi healthy ireland
CYPSC Kerry
An Roinn Oideachais agus Óga / Department of Education and Youth
An tSeirbhís Náisiúnta Síceolaíochta Oideachais / National Educational Psychological Service
HSE FSS an Iardheiscirt HSE South West
Ionad Tacaíochta Oideachais Thrá Lí / Tralee Education Support Centre

KERRY
Great Places
GREAT SPACES
WELLBEING MAP



INTRODUCTION

This resource is all about celebrating the great outdoors in County Kerry and inspiring children, young people, and families to go outside and enjoy the amazing natural spaces right on their doorstep.

Almost six hundred children from **twenty-three primary schools** across the county helped to create a special, creative map highlighting free places and spaces in Kerry that support our health and wellbeing. These are places that cost nothing to visit but offer so much in return - fresh air, fun, adventure and time together. We asked each child who took part to draw a picture and write a short piece about a free outdoor place in Kerry they enjoy spending time in. They shared where it is, what they enjoy most about it, and how being there makes them feel.

The places featured in this map are real locations that the children themselves know and love.

Their stories show just how powerful nature can be. The outdoor spaces across Kerry bring feelings of wonder, happiness, and joy, and have a truly positive impact on wellbeing.

A heartfelt thank you to all the children, teachers and school principals who took part in this wonderful project and helped make it possible. To see more about this project and to download resources visit **www.kerrychildrensservices.com/greatplaces**

RÉAMHRÁ

Díríonn an acmhainn seo ar cheiliúradh a dhéanamh ar an nádúr iontach atá ar fáil i gContae Chiarraí. Tugann sé spreagadh do pháistí, do dhaoine óga agus do theaghlaigh dul amach faoin aer agus taitneamh a bhaint as na spásanna nádúrtha dochreidte atá ar fáil agus a ndúirt siad.

Chabhraigh beagnach sé chéad páiste ó Ardscoileanna agus Bunscoileanna ar fud an chontae (ainmneacha na scoileanna sa liosta thíos) leis an léarscáil speisialta chruthaitheach a chruthú, a leagann béim ar áiteanna agus spásanna saor in aisce i gCiarraí, a tháscaíonn lenár sláinte agus lenár bhfolláine. Is áiteanna iad seo nach gcosnaíonn faic chun cuairt a thabhairt orthu ach a thugann an oiread sin thar nais - aer úr, spraoi, eachtraíocht agus am le chéile. D'iarramar ar gach páiste a phéint páirt phictiúr a tharraingt agus píosa gairid a scríobh faoin áit ata lántsuigh agus saor in aisce i gCiarraí a mbaineann siad taitneamh as an gcaitheamh ann. Roinn siad cá bhfuil na háiteanna seo, cad is mó a thaitníonn leo futhu, agus conas a mothaíonn siad nuair a bhíonn siad ann.

Is fíor-áiteanna iad na háiteanna seo atá le feiscint ar an léarscáil, áiteanna a bhfuil áthne agus grá ag na páistí féin orthu.

Léiríonn a gcuid scéalta cé chomh cumhachtach is atá an dúlra. Tugann na spásanna seo atá le feiscint ar fud Chiarraí mothúcháin iontais, sonais agus áthais dúinn, agus bíonn tionchar fíorláidir againn ach ar fhollaíne.

Bíodhas ó chroí leis na páistí, na muinteoirí agus na príomhoidí scoile a ghlac páirt sa tionscadal iontach seo agus a chabhraigh lena chur i gcrích. Chun tuilleadh eolais a fháil faoin tionscadal seo agus chun acmhainní a íoslódáil, tabhair cuairt ar:
www.kerrychildrensservices.com/greatplaces



Ewan, Knockaderry NS — Liam, Scoil Iognáid Rís — Oisín, Listellick NS



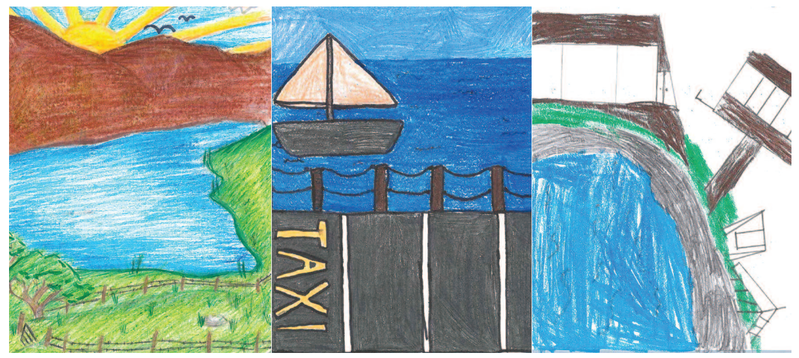
Sarah, Scoil Mhuire & Naomh Treasa — Orlaith, Aughacasla NS — Ellie, Holy Family NS


Eabha, Ballincrossig NS — Kacper, Caherleaheen NS — Blaithín, Glenbeigh NS


Oisín, Kilgobnet NS — Sophie, Listellick NS — Liam, Scoil Réalt na Mara


Poppi-Anne, Aughacasla NS — Sláine, Scoil an Fheirtéaraigh — Daniel, Scoil Iognáid Rís


Vanja, Curraheen NS — Ava, Scoil Eoin, Balloonagh — Bláthnaid, Kilgobnet NS



Olivia, Glenbeigh NS — Katie, Aughacasla NS — Nelson, Scoil Eoin, Balloonagh


Eden, Ballincrossig NS — Éabha, Holy Family NS — Vova, Caherdaniel NS


Michael, Aughacasla NS — Daniel, Lissivigeen NS — Ayla, Lyreacrompane CNS


Tomás, Gaelscoil Mhic Easmainn — Róisín, Scoil Réalt na Mara — Grace, St. John's Parochial School


Grace, Lissivigeen NS — Niamh, Caherdaniel NS — Luke, Scoil Iognáid Rís



Grace, Ballincrossig NS — Luke, St. John's Parochial School — Gael, St. John's NS Kenmare

WHAT DID THE CHILDREN SAY?

"The sensory garden brings out all your senses in all different ways"

"I feel connected to my friends and classmates when we play together here..."

D'fhéadfainn an lá ar fad a chaitheamh ann. Áit draíochtúil!

Abbie, Aughacasla NS

"You feel really close to nature as you look up to the sky and the beautiful green trees..."

Claire, Knockaderry, Farranfore NS

"... the waves dancing and splashing relaxes me"

Sabina, St. John's NS Kenmare

"... clears my mind and takes your worries away. I feel so lucky to have the greenway next to me to use when I want. I would encourage everyone to use it"

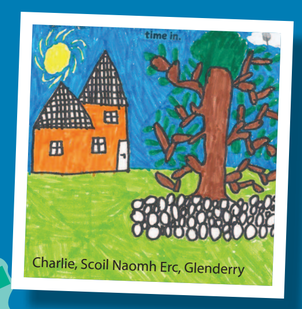
Rían, Scoil Iosagáin

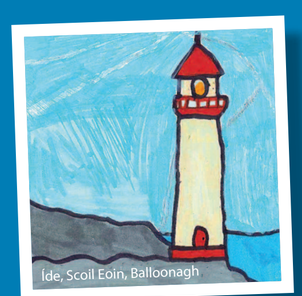
"I can jump off into the deep water, and it feels like I'm flying!"

Lydia, Killury NS

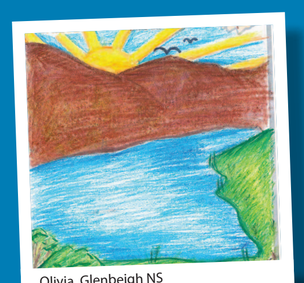
KERRY
Great Places
GREAT SPACES
WELLBEING MAP


Katie, Aughacasla NS


Charlie, Scoil Naomh Erc, Glenderry


Íde, Scoil Eoin, Balloonagh


Hugh, Aughacasla NS


Olivia, Glenbeigh NS


Bláthnaid, Kilgobnet NS


Sinéad, Lissivigeen NS


Erica, Lissivigeen NS


Keeva, Scoil Réalt na Mara

CLARE

LIMERICK

CORK

TARBERT

BALLYLONGFORD

BALLYBUNiON CLiFF WALK

BALLYBUNiON

MEENOGAHANE PiER

LiSTOWEL TO ABBEYFEALE GREENWAY

LiSTOWEL

KERRY HEAD

RATTOO ROUND TOWER

LiXNAW

DUAGH

ST. DAiTHLiNNE'S WELL

BALLYHEiGUE

KNOCKNAGOSHEL

LYREACROMPANE

BANNA

ABBEYDORNEY

Barrow Beach

TRALEE TO FENiT GREENWAY

GLANAGEENTY

CASTLEiSLAND

CASTLEiSLAND RiVER WALK

BÁ BHREANDÁiN

CNOC BRÉANAiNN

FENiT

CASTLEGREGORY

Camp Beach

Derrymore

TRALEE

CANAL WALK

CRUACH MHÁRTHAiN

CAMP

CAHERCONREE

GLANTEENASSiG

BALLYSEEDY WOODS

CURROW

FARRANFORE

CUAN ARD NA CAITHNE

CiLL MHAOLCHÉADAIR

Cuan an Chaoil

Trá Chloichir

BAiLE AN FHEiRTÉARAiGH

AN DAiNGEAN

ANNASCAUL

CASTLEMAiNE

MiLLTOWN

RATHMORE

THE OLD BUTTER ROAD

DÚN CHAOiN

CEANN TRÁ

CAiSLEÁN NA MINE AIRDE

INCH

Cromane Beach

CROMANE

KiLLORGLiN

KiLLARNEY

Trá Dún Síon

BÁ AN DAiNGiN

ROSSBEIGH

GLENBEiGH

GLENBEiGH FAIRY FOREST

MACGILLYCUDDY REEKS

AN BLASCAOD MÓR

Kells Bay Beach

KELLS BAY

ROSS CASTLE

KiLLARNEY NATiONAL PARK

MUCKROSS HOUSE & GARDENS

MUCKROSS ABBEY

KiLLARNEY LAKES

TORC WATERFALL

TORC MOUNTAiN

GLENCAR

STAIGUE FORT

CAHERSiVEEN

MOLL'S GAP

VALENTiA iSLAND

PORTMAGEE

KiLGARVAN

TEMPLENOE

KENMARE

REENAGROSS WOODLAND PARK

WATERViLLE

SNEEM

PARKNASILLA WOODS

BALLINSKELLIGS

ST. FINIAN'S BAY

CAHERDANiEL

DERRYNANE

Castlecove Beach

O'Carroll's Cove

BEACHES

Ballinskelligs beach
Ballybunion beach
Ballyheigue beach
Banna beach
Barrow beach
Binn Bán (Dingle)
Caherdaniel beach
Camp beach
Castlecove beach
Castlegregory beach
Trá Chloichir (Clogher Strand, West Kerry)
Coolnaharragill beach (Glenbeigh)
Cromane beach
Cuan an Chaoil (Ferriter's Cove, West Kerry)
Cuas Crom beach (Caherdaniel)
Cúl Dorcha (Ballyferriter, West Kerry)
Derrynane beach
Dooks beach
Trá Dún Síon (Doonshean beach, Dingle)
Inch beach
Kells Bay beach
O'Carrolls Cove (Caherdaniel)
Reennanallagane beach (Glenbeigh)
Reenroe beach (South Kerry)
Rossbeigh beach
Trá na Muirí (Muiríoch, West Kerry)
Tráigh an Fhíona (Wine Strand, West Kerry)
Tráigh Bhéal Bán (Ballyferriter, West Kerry)
Tráigh Fionntrá (Ventry Beach, West Kerry)
Waterville beach

PARKS

Currow Wildlife Park
Páirc Baile an Daingin (Dingle Town Park)
Listowel Town Park
Tralee Town Park
Reenagross Woodland Park Kenmare
Killarney National Park:
- Killarney Lakes
- Muckross Abbey
- Muckross House and Gardens
- Ross Castle (Killarney National Park)
- Torc Waterfall (Killarney National Park)
- Killarney House & Gardens

PLAYGROUNDS AND SKATEPARKS

Abbeydorney Playground
Ardfert Playground
Ballybunion Playground
Buailtín na nÓg (Ballyferriter Playground)
Caherdaniel Playground
Castleisland Playground
Causeway Playground
Cromane Playground
Firies Playground
Kenmare Playground
Killarney Playground
Killarney Skatepark
Milltown Playground
Ox Skatepark Tralee
Rathmore Playground
Rossbeigh Playground
Sneem Playground
Tarbert Playground
Tralee Playground

COMMUNiTY SPACES AND PiTCHES

Austin Stacks GAA Club
Ballyduff Sports Field
Ballyheigue Sports Field
Ballyheigue Town
Beale Football Club Ballybunion
Camp Astro Turf Pitch
Causeway Sports Field
Cromane Basketball Court
Cromane GAA Pitch
Currow Football Pitch
Fairy Gardens Derrynane
Páirc Sacair Fánaithe Bá an Daingin/Páirc Mháirtín Uí Néill (Dingle Bay Rovers Soccer Pitch)
Glenbeigh Football Pitch
Kenmare Football Pitch
Kenmare Town
Killorglin Rugby Club
Knockaderry GAA Pitch
Mastergeeha Soccer Club
Páirc an Ághasaigh (Dingle GAA Club)
Páirc Caide Ghallarais (Gallarus GAA Pitch)
Rathbeg, Rathmore Football Field
Rossbeigh Football Field
St. Senan's GAA Pitch
Templenoe GAA Pitch
Tralee Rugby Club
Waterville Village

PiERS, FORTS AND LiGHTHOUSES

Cé Bhréannain (Brandon Pier)
Caisleán na Mine Airde (Minard Castle)
Cé Bhaile na nGall (Ballydavid Pier)
Coonanna Harbour, Cahersiveen
Cromane Point
Cuan Fionntrá (Cuan Pier, Ventry)
Cé an Daingin (Dingle Marina)
Fenit Pier
Kells Pier
Kenmare Pier
Listowel Castle
Meenogahane Pier, Ballybunion
Staigue Fort, Castlecove
Teach Solais an Daingin (Dingle Lighthouse)
Teach Solais na Fianaite (Fenit Lighthouse)
Templenoe Pier
Valentia Pier

WATERWAYS

Behy Bridge, Glenbeigh
Clydagh River, Glenflesk
Com a' Lochaigh (Corca Dhuibhne)
Coomasaharn Lake, Glenbeigh
Droichead na Gairfeanaí (Garfinny Bridge, Dingle)
Loch an Pheidléara (Peddlar's Lake, Conor Pass)
Lough Yganavan Nature Reserve, Glenbeigh
River Maine, Farranfore
River Sheen, Kenmare
Shrone Lake, Rathmore

WALKS

An Tríur Deirféar (The Three Sisters Cliff Walk, Dingle)
Ballybunion Cliff Walk
Brennan's Road Loop Walk, Cromane
Brown Flesk River Walk, Currow
Castleisland River Walk
Castlerosse Walk, Killarney
Cromane Lake Walk
Cromane Village Walk
Flesk Cycle and Walkway, Killarney
Glanageenty Loop, Castleisland
Kerry Way Trail (Castlecove)
Lyreacrompane Mass Path
Meadow Walk, Derrynane
Old Butter Road, Rathmore
Slí an Mháimín (Máimín Way, Ballyferriter)
The Barna Way, Ballybunion
Tralee Bay Wetlands Walk
Tralee Canal Walk
Tralee to Fenit Greenway
Walk of the Planets, Caherdaniel
Windy Gap Hike, Glenbeigh

WOODS

Ballyseedy Woods, Tralee
Blue Pool Woodland Trail, Killarney
Glanteenassig forest, Dingle Peninsula
Glenbeigh Fairy Forest
Parknasilla Woods, Sneem

MOUNTAiNS

Cathair Con Raoi, Corca Dhuibhne (Caherconree, Dingle Peninsula)
Cnoc Leataoibh (Corca Dhuibhne)
Cnoc na Carraige (Corca Dhuibhne)
Cruach Mhárthain (Croaghmarhin)
Curra Hill (Glenbeigh)
Kerry Head Mountains, Ballyheigu
MacGillycuddy Reeks, Iveragh Peninsula
Cnoc Bréanainn (Mount Brandon)
Purple Mountain, Killarney
The Paps, Killarney
Torc Mountain, Killarney

CHURCHES AND HOLY PLACES

Camp Church
Cromane Church
Reilig Ghorta Mhór an Daingin (Dingle Famine Graveyard)
Mainistir Riaisc (Reask Monastic Site, Ballyferriter)
Our Lady's Well, Kenmare
Rattoo Round Tower, Ballyduff
Reilig Chill Mhaoilchéadair (Kilmalkedar Church Graveyard)
St. Daithlinne's Well, Ballyheigue
St. Finian's Holy Well, Glenbeigh