

*Southwest Louisiana*

# Birding Guide



**CALCASIEU PARISH  
CAMERON PARISH**

337.436.9588 • 800.456.7952

# Go Birding!

In a typical year, more than 400 different species can be spotted in this area, a true birders' paradise! Southwest Louisiana, including Calcasieu and Cameron parishes, with its prairies, marshes and coastal habitats, attracts many migratory birds from the U.S., Canada and Mexico. Birds can be seen year round; however, fall, winter and spring are the best seasons for birding in Southwest Louisiana.

Rain gear is advisable with the unpredictable Southwest Louisiana weather in the spring and winter months. Since summers can be extremely hot and humid, water, sunscreen and insect repellent are items that should be carried when traversing into Louisiana's remote areas.

See how ma



American Avocet



Black Tern



Eastern Kingbird



Green Heron



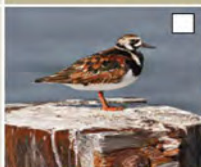
Least Tern



Neotropic Cormorant



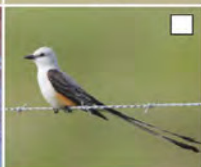
Osprey



Ruddy Turnstone



Sandhill Crane



Scissor-tailed Flycatcher



Tricolored Heron



Vermilion Flycatcher



White-eyed Vireo

any you can find and check off the list.



Belted Kingfisher



Black-bellied Plover



Black-necked Stilt



Black Skimmer



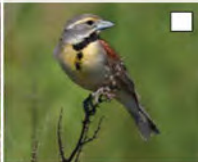
Blue-winged Warbler



Carolina Wren



Crested Caracara



Dickcissel



Eastern Meadowlark



Eastern Towhee



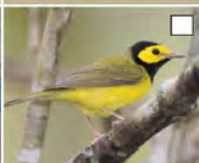
Great Blue Heron



Greater Yellowlegs



Herring Gull



Hooded Warbler



Killdeer



Laughing Gull



Reddish Egret



Red-tailed Hawk



Roseate Spoonbill



Royal Tern



Semipalmated Plover



Snowy Egret



Sora Rail



Swainson's Thrush



White-faced Ibis



Willet



Yellow-crowned Night-Heron



Blue-headed Vireo



## WATERFOWL

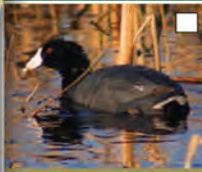
**NEOTROPICAL MIGRANTS** (such as warblers, vireos and flycatchers) are most often seen in the spring and fall in coastal woodlands.

**SHORELINE BIRDS** like plovers, willets and terns are typically seen year round on area beaches.

**WADING BIRDS**, such as ibises, spoonbills, herons and egrets are seen year round in marshes.

**WATERFOWL** are more plentiful in the fall and winter, usually in fields and marshes.

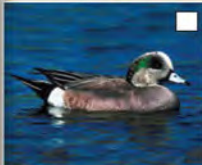
**HAWKS AND OSPREYS** appear mostly in the fall and winter, soaring or on overhead power lines and poles.



American Coot



American White Pelican



American Wigeon



Blue-winged Teal



Brown Pelican



Common Gallinule



Fulvous Whistling-Duck



Greater White-fronted Goose



Green-winged Teal



Lesser Scaup



Mottled Duck



Northern Pintail



Pied-billed Grebe



Snow Goose



## Creole Nature Trail Adventure Point

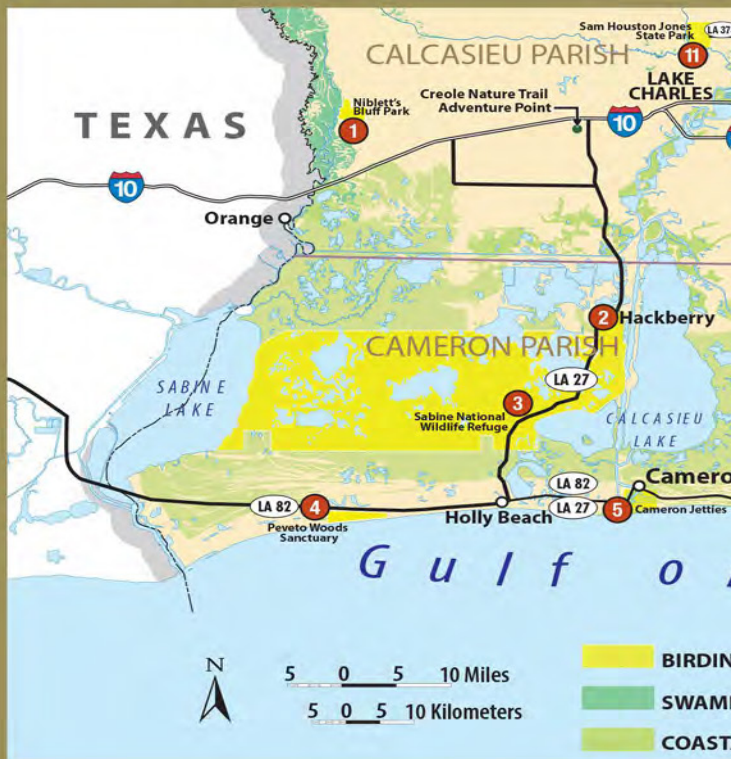
Kick off your Creole Nature Trail journey at Creole Nature Trail Adventure Point—a new free, fun attraction that immerses you in nature and Louisiana's unique culture. Through imaginative, hands-on displays sure to inspire, you can learn the best places to spot alligators and migrating songbirds, take a peek at wildlife found in bayous and marshes, smell mouthwatering aromas of Cajun/Creole cooking, and “play along” with a Cajun and Zydeco band.

Located at 2740 Ruth St., Sulphur, LA,  
just south of Interstate 10 at exit 20.



# Great Birding Spots

- 1-NIBLETT'S BLUFF PARK**
  - Loblolly pines, riverfront
- 2-HACKBERRY**
  - Some scrub, some open water
- 3-SABINE NATIONAL WILDLIFE REFUGE**
  - Tidal marshes interspersed with bayous and open water, live oak and mulberry groves
  - Wetland Walkway (accessible)
  - Blue Goose Trail
- 4-PEVETO WOODS SANCTUARY**
  - Coastal woodland, freshwater pool, beach, open gulf
- 5-CAMERON JETTIES**
  - Open gulf, rock jetties, some salt marsh
  - Cameron Jetties Fishing Pier and observation tower
- 6-RUTHERFORD BEACH**
  - Beaches, open gulf, salt marsh



### 7-CHENIER LOOP

- Tidal marshes with bayous, open water and chenier ridges

### 8-ROCKEFELLER WILDLIFE REFUGE

- Extensive brackish marsh, pools, coastal woodlands
- Price Lake Road nature drive

### 9-CAMERON PRAIRIE NATIONAL WILDLIFE REFUGE

- Fresh and brackish marshes with scrub/tree lined uplands
- Pintail Wildlife Drive and Boardwalk (accessible)

### 10-LACASSINE NATIONAL WILDLIFE REFUGE

- Fresh and brackish marshes, pools
- Lacassine Pool Wildlife Drive

### 11-SAM HOUSTON JONES STATE PARK

- Mixed pine-hardwood, bottomland hardwood and cypress tupelo swamp





For more information, please check out the websites listed below or visit the bureau:

# VISIT LAKE CHARLES

Lake Charles/Southwest Louisiana  
Convention & Visitors Bureau  
1205 N. Lakeshore Drive  
Lake Charles, LA 70601  
337-436-9588 • 800-456-7952  
[VisitLakeCharles.org/Birds](http://VisitLakeCharles.org/Birds)



[CreoleNatureTrail.org](http://CreoleNatureTrail.org)