Welcome to TrackTown USA, where we run for fun and for a living. Eugene & Springfield is the birthplace of the American jogging movement, the location of Historic Hayward Field and home to some of the nation’s elite track and field athletes (past and present). TrackTown has trails and paths that vary from hilly and long to short and flat. Every runner, walker and jogger can find a place to call their favorite.

This map was made possible through contributions from the following local organizations:

Tom & Janet Heinonen and Chelsea Oda
Oregon Track Club and Calvin Brawner

Special thanks to:

Enjoy!

A bark-chip path called Pre's Trail weaves through the park. There are great views of the Willamette River to the south and Autzen Stadium to the north. The park can be accessed on foot from the south side of the river via the Frohnmayer Foot Bridge. For a long run, check out The Ruth Bascom River Path. 14 miles in total or shorter using the foot bridges. There are great views of Spencer Butte and the Ridgeline Trail system. The trail becomes saturated in the winter months, but still provides great views of Spencer Butte and the surrounding South Hills. Amazon Parkway and E 20th Avenue.

All Distances Are Round-Trip (miles)

Alton Baker Park + Pre's Trail

Amazon Park + Rexius Trail

Hendricks Park

Ridgeline Trail + Spencer Butte

Mt. Pisgah