

FINGER LAKES TRAIL

A spectacular trail on the east side of the **Genesee River Gorge** through Letchworth State Park with inspirational views and delightful tranquility.

AUTISM NATURE TRAIL (ANT)

The ANT is a one-mile looped main Trail with eight stations at various intervals, offering a range of experiences from quiet engagement to active exploration and adventure.

HUMPHREY NATURE CENTER

The Humphrey Nature Center houses many interactive exhibits that especially highlight the plants and animals, geology and river ecology of Letchworth State Park.



additional Resources

Visit LivCo is the official tourism office of Livingston County. Amazing restaurants, eclectic shops, incredible outdoor recreation and cozy places to stay await you. Explore more at: www.VisitLivCo.com

Explore Genesee Valley is a living mapguide to the Genesee Valley Region with trip plans, itineraries, trail routes and insider tips all from the locals who live here. Plan your trip at: www.ExploreGeneseeValley.com

The Genesee Valley Health Partnership and well-being of the Livingston County education, and prevention. Learn more at: www.GVHP.org

PLAY IN LIVINGSTON

Livingston County Tourism, Mount Morris Central School and Be Well in Livingston, an initiative of the Genesee Valley Health Partnership, have joined together to promote physical activity resources and local businesses in the greater Mount Morris area. For more information on local stores, restaurants and more please visit mountmorris-ny.com.

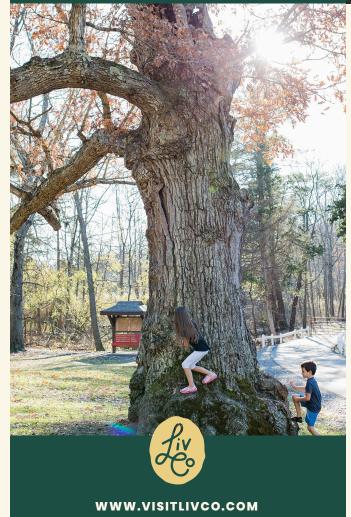
#BeWellinLivingston





Where to Play in MOUNT MORRIS

NEW YORK



STATE CHWO PARK

Letchworth State Park encompasses 17 miles of staggeringly sheer gorges, three towering and broad waterfalls, dozens of smaller waterfalls, 66 miles of trails, an abundance of overnight options, and opportunities to explore the park via foot, bike, horse, raft or even hot-air balloon.

LOWER FALLS RECREATION AREA

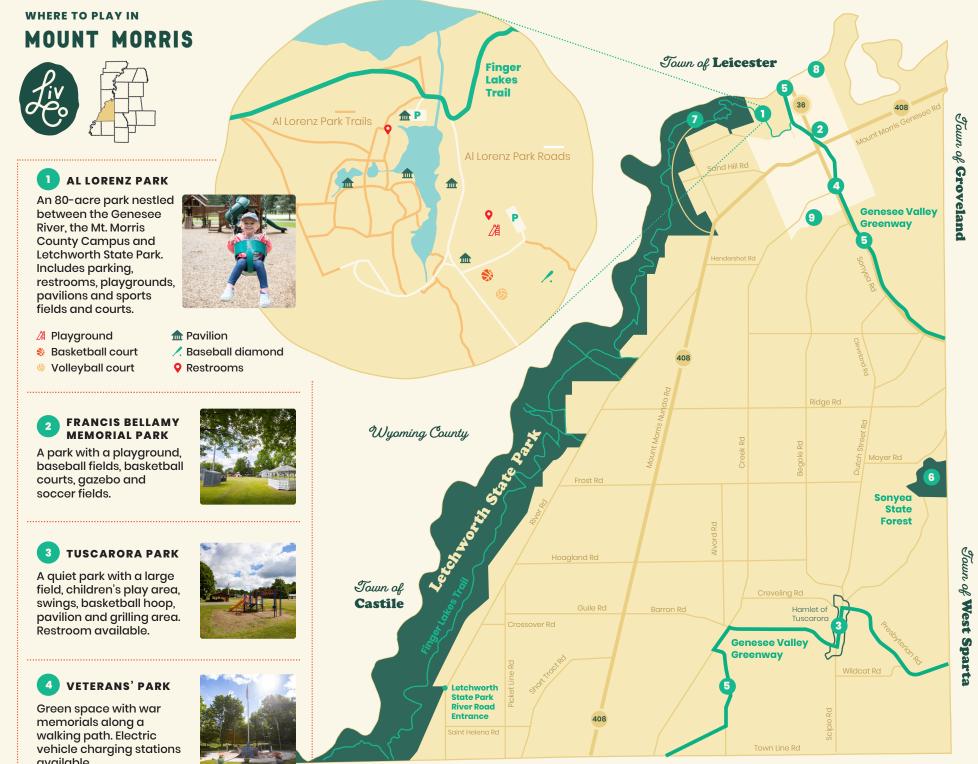
A newly renovated recreation area near Lower Falls including outdoor ping pong tables, badminton and pickle ball courts, bocce and shuffleboard, as well as a fitness loop.



HIGHBANKS RECREATION AREA

This area includes open space, pavilions, a playground, picnic tables and Harvey Swimming Pool, which offers aquatics programs, lap swimming, free swim, and swimming lessons.





Town of Portage

GENESEE VALLEY GREENWAY 5 GENESLE STATE PARK

A 90 mile recreational trail, a straight, level surface consisting of cinders, gravel and mowed grass. Hiking, biking, cross-country skiing and snowmobiling.



6 SONYEA STATE FOREST

A 922-acre reserve of rustic woods & streams, that features several waterfalls and canyon-like gorge walls used for hiking, camping, hunting & fishing.



MOUNT MORRIS DAM & **RECREATION AREA**

A park near the Mount Morris dam that includes kid's play areas, picnic tables, pavilions, educational signage, a visitor center, free dam tours, and public restrooms.



JOHN WESLEY POWELL 8 PARK AND BOAT LAUNCH

Free parking lot with easy access ramp to launch a canoe or kayak into the Genesee River.



MMCSD PLAYGROUNDS 9 & OUTDOOR FITNESS CENTER

Mount Morris Central School offers an outdoor fitness center as well as a community walking program and weight room availability.

> **VIEW THIS MAP ON YOUR PHONE** IF YOU'D LIKE TO ZOOM IN:



Town of Nunda

available.

