NORTH CAROLINA

ROCKY MOUNT & NASH COUNTY

VISITOR GUIDE

Discover

A PLACE
YOU'LL BE GLAD
YOU FOUND.







WELCOMING COMMUNITIES.

Unforgettable Moments.

NASH COUNTY
ROCKY MOUNT, NC

WHAT'S *Inside*



BEGIN YOUR

Adventure

From local flavors and small-town charm to outdoor adventures and unforgettable stays, discover all the reasons Rocky Mount and Nash County are places you'll want to explore again and again.

Published by Nash County Travel & Tourism. Every effort has been made to ensure accuracy; however, errors or omissions may occur. Information is subject to change.

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ALLEGRA DESIGN & PRINTING • ROCKY MOUNT

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WELCOME TO

ROCKY MOUNT & NASH COUNTY

NORTH CAROLINA

Big adventures. Small-town charm.

AT A GLANCE

- **EASY ACCESS** — I-95 & US 64
- **2,400+ HOTEL ROOMS** — Places to stay
- **11 COMMUNITIES** — Worth exploring
- **OUTDOOR ADVENTUNITIES** — Trails, parks & more
- **LOCAL FLAVORS** — Dining, breweries & more
- **ARTS & HISTORY** — Culture & museums



PLAN MORE. MISS LESS.

TAKE NASH COUNTY WITH YOU

Find places to eat, stay,and explore in Rocky Mount and across Nash County. Browse events, save your favorites and plan as you go.

DOWNLOAD THE FREE EXPLORE NASH COUNTY APP

Available on the App Store and Google Play.



A WELCOME FROM ME TO YOU

I'm so glad you're here! Whether you're visiting for a weekend getaway, a business trip, a family adventure,or a special event, I hope you leave with great memories and a desire to come back again.

From our welcoming communities and rich history to local restaurants, unique shops,and outdoor escapes, there's so much to see, do,and discover.

On behalf of our community, thank you for choosing Rocky Mount and Nash County. Enjoy your visit!

Barbara Brabham
Executive Director
Nash County Travel & Tourism

SCAN TO DOWNLOAD THE APP

Explore NASH COUNTY NORTH CAROLINA

WORTH THE EXIT.
Come see what you'll discover.

INTERSTATE 95 | 64

Getting Around
Rocky Mount & Nash County

Centrally located and easy to reach, Rocky Mount and Nash County are the perfect getaway, closer than you think and worth the trip.



CLOSER THAN YOU THINK



HELPFUL VISITOR INFORMATION

VISITOR INFORMATION

Explore Nash County
Visitor Information Center
1104 Falls Rd., Rocky Mount, NC 27804
800-849-6825 | ExploreNashCounty.com

TRANSPORTATION OPTIONS

- Amtrak / NC By Train – Rocky Mount
- TRT2GO (Tar River Transit)
- Local Taxi Services
- Uber
- Lyft

NEARBY AIRPORTS

- Rocky Mount-Wilson Regional Airport (RWI) – 15 minutes
- Raleigh-Durham International Airport (RDU) – about 1 hour
- Pitt-Greenville Airport (PGV) – about 1 hour

HELPFUL VISITOR TIPS

- Easy access from I-95 Exits 138, 141 & 145.
- Convenient parking is available at the Rocky Mount Train Station.
- Most attractions are within a short drive of one another.
- Many hotels, parks, restaurants, and patios are pet friendly.

Scan the QR code for current events, attractions, restaurants, lodging, and maps.

Explore NASH COUNTY NORTH CAROLINA

We'd love to welcome you home.

Learn more:
ExploreNashCounty.com
800-849-6825



Outdoor ADVENTURE

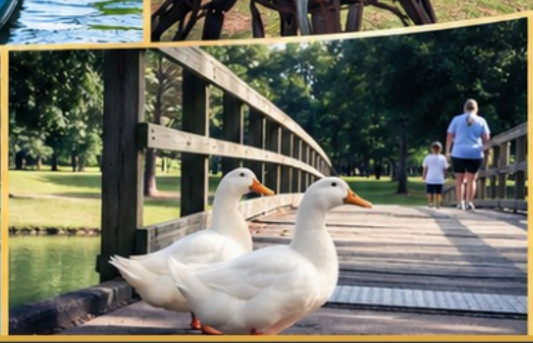
IN ROCKY MOUNT & NASH COUNTY

Photos by: Gerry Brabham











Rocky Mount and Nash County offer a range of outdoor activities, from peaceful river paddles and scenic greenways to golf courses and family-friendly parks. We invite you to get outside, slow down, and create unforgettable memories in every season.

TRAILS | PARKS | PADDLING | DISC GOLF | GOLF | TENNIS | FISHING

SCAN TO EXPLORE

EXPLORE MORE

Parks & Outdoor Spaces

Fresh Air. Open Spaces. Time Together.

Follow the Tar River along Rocky Mount's seven-mile greenway, connecting parks and outdoor spaces. Paddle along the river, challenge friends to disc golf, take the kids to a playground, or find a peaceful spot for a picnic. Across Rocky Mount and Nash County, there's plenty of room to get outside and enjoy nature.



PARKS BY TOWN

BATTLEBORO

- **Three Sisters Park**
  751 Morning Star Church Rd.

BAILEY

- **Bailey/Middlesex Community Park**
  8104 Stoney Hill Church Rd.

CASTALIA

- **Castalia Community Park**
  9656 Main Street

ELM CITY

- **Miracle Park at Coopers**
  3471 Joyner Rd.

NASHVILLE

- **J.W. Glover Memorial Park**
  174 J.W. Glover Memorial Park Dr.
- **Stoney Creek Environmental Park**
  455 W. Washington St.
- **Nash County Arboretum**
  1006 Eastern Ave.

SHARPSBURG

- **Annie Beasley Family Park**
  701 Mill Branch Rd.
- **Sharpsburg Community Park**
  Jessica Way

SPRING HOPE

- **Spring Hope Community Park**
  251 McLean St.

ROCKY MOUNT

- **Battle Park** 1308 Falls Rd.
- **Best Friend's Dog Park** 480 N. Lee St.
- **Buck Leonard Park** 929 S. Grace St.
- **City Lake Park** Sunset Ave. and Lake Dr.
- **Grover Lucas Park** 551 S. Halifax Rd.
- **Hornbeam Park** 150 Cunningham Dr.
- **Martin Luther King Jr. Park** 800 E. Virginia St.
- **Rocky Mount Sports Complex** 600 Independence Dr.
- **Stith-Talbert Park** 729 Pennsylvania Ave.
- **Sunset Park** 1550 River Dr.

RED OAK

- **W.B. Ennis Memorial Park**
  4605 N. Old Carriage Rd.







Next Adventure

TAR RIVER PADDLE TRAIL

Explore over 55 miles of connected waterways across Nash County & Rocky Mount.

Bring Your Best Friend Along

In Rocky Mount & Nash County, adventure is better together. From scenic trails and parks to pet-friendly patios and places to stay, there are plenty of ways to explore with your four-legged family member.

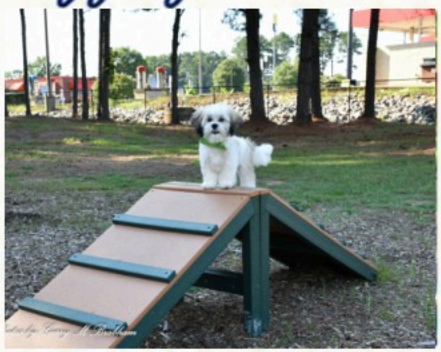
Tail-Wagging Adventures Await



Best Friend's Dog Park

480 N. Lee Street, Rocky Mount

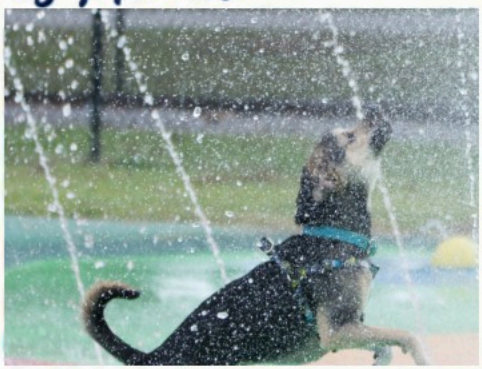
Nine fenced acres with separate areas for small and large dogs.



Nashville Bark Park

455 W. Washington Street, Nashville

Off-leash play with agility equipment and a water station.



Dog Day Events at the Splash Pad

Special splash days for dogs and their owners. Check event dates before visiting!

PARKS & TRAILS

Explore the Tar River Trail, Battle Park, Sunset Park and more.

DINE OUTSIDE

Many locally owned restaurants welcome dogs on their patios. Please confirm pet policies.

STAY TOGETHER

Find pet-friendly hotels and unique places to stay. Please confirm pet policies.

MEMORIES TO TAKE HOME

Beautiful places, friendly faces, and wagging tails—memories that last a lifetime.

Plan Your Pet-Friendly Visit

Find parks, pet-friendly hotels, restaurants, seasonal events and more. → **explorenashcounty.com**

FAMILY Adventures



From museums and indoor play to outdoor excitement, Nash County is packed with family adventures.

ROCKY MOUNT

GAME DAY ADVENTURES
Climbing walls • Ninja ropes course
Arcade • Soft play playground
285 NE Main Street, Rocky Mount

IMPERIAL CENTRE FOR ARTS & SCIENCES
Children's Museum • Science exhibits
Live animal gallery • Art galleries
270 Gay Street, Rocky Mount

THE BOWLING CENTER
32 bowling lanes • Arcade • Snack bar
3250 N. Church Street, Rocky Mount

MINI PUTT FAMILY ENTERTAINMENT
18-hole indoor mini golf • Arcade
Air hockey • Pool tables
900 Benvenue Road, Rocky Mount

UEC THEATRES 14
First-run movies for the whole family
821 Benvenue Road, Rocky Mount

STAR CITY SKATE & PLAY
Roller skating • Indoor playground
Arcade games • Parties
1131 N. Wesleyan Boulevard, Rocky Mount

SKY-VUE SKATE CENTER
Roller skating • Family sessions
Games • Parties
13734 US 64 Alternate, Rocky Mount

DENTON STREET POOL
Competition pool • Spray features
Zero-depth entry (Seasonal)
1434 Denton Street, Rocky Mount

HARRISON FAMILY YMCA
Indoor pool • Climbing wall
Gymnastics • Walking track
Family programs
1000 Independence Drive, Rocky Mount

OTAKU NIGHT IN
Manga • Anime • Trading cards
In-store play
1151 Falls Rd., Suite 2027, Rocky Mount

GOLDEN EAST RAILROAD MODELERS
Model train displays
Open Saturdays, 11 a.m. to 4 p.m.
1100 N. Wesleyan Blvd., Rocky Mount

BAILEY
Step into history

COUNTRY DOCTOR MUSEUM
Rural medical history • Guided tours
7089 Peele Road, Bailey

ATTRACTIONS CLOSE BY
Worth the short drive

WILSON

VOLLIS SIMPSON WHIRLIGIG PARK
Wind-powered folk art • Open-air family fun
301 S. Goldsboro Street, Wilson

WILSON BALLPARK
Wilson Warbirds baseball • Family game days
401 Goldsboro Street S, Wilson

SCOTLAND NECK

SYLVAN HEIGHTS BIRD PARK
Up-close with more than 2,000 birds from around the world • Walk-through aviaries, gardens and natural areas
500 Sylvan Heights Park Way, Scotland Neck

ELM CITY

COUNTY LINE RACEWAY
Saturday night dirt track racing
6953 Stagecoach Road, Elm City

Discover even more family fun, seasonal events, and attractions!

ExploreNashCounty.com

Arts & Culture

WHERE CREATIVITY COMES TO LIFE

Art. History. People. All Here.



THE DUNN CENTER

Enjoy concerts, theatres, art exhibits, and cultural events at one of Eastern North Carolina's premier performing arts venues.

3400 N. Wesleyan Blvd., Rocky Mount
dunncenter.com

A Creative Escape

WORTH EXPLORING

Creativity is woven into everyday life in Nash County & Rocky Mount, from live performances, and inspiring exhibits to hands-on discovery; there are so many ways to experience the arts here.

Whether you're a lifelong arts enthusiast or simply looking for something new, you'll find inspiration around every corner.

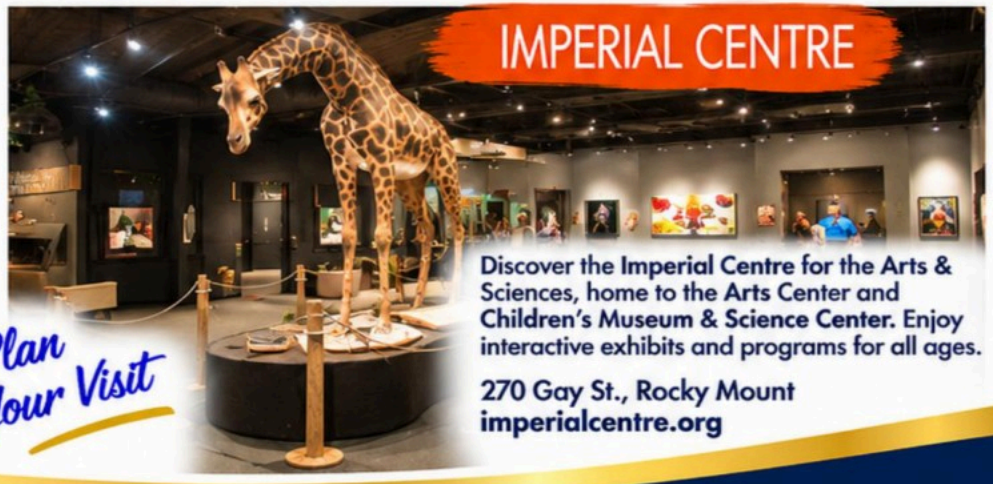


NASH ARTS

Enjoy concerts, theatre, exhibits, and cultural programs in the heart of Nashville.

106 E. Washington St., Nashville
nasharts.org

Photo courtesy of Reid Thomas.



IMPERIAL CENTRE

Plan Your Visit

Discover the **Imperial Centre for the Arts & Sciences**, home to the **Arts Center** and **Children's Museum & Science Center.** Enjoy interactive exhibits and programs for all ages.

270 Gay St., Rocky Mount
imperialcentre.org



Art in Every Direction

OUTDOOR ART AT CITY LAKE

Explore unique outdoor art along the scenic trails at City Lake. These creative metal sculptures add a special charm to one of Rocky Mount's most loved outdoor destinations.

Sunset Avenue and Lake Drive
Rocky Mount



TAR RIVER ART GALLERY AT THE MILLS



Discover professional artwork from up to 40 North Carolina artists, featuring paintings, sculpture, pottery, jewelry, photography and more. Enjoy artist-led classes and community events.

1121 Falls Road, Rocky Mount

TAR RIVER ORCHESTRA & CHORUS



Photo courtesy of Tar River Choral & Orchestral Society

Experience the joy of live music. Visit tarriverlive.com for upcoming performances, dates, and ticket information.

Discover More →

Arts & Culture in Rocky Mount & Nash County

DOWNTOWN MURALS

Rocky Mount's

OUTDOOR ART GALLERY

EVERY MURAL TELLS A STORY.

Discover downtown Rocky Mount through colorful works that celebrate music, history, transportation,and the creative spirit of our community.



THELONIOUS MONK MURAL

Honoring Rocky Mount native Thelonious Monk, whose compositions helped shape the sound of jazz.

Artist: Scott Nurkin

★ FEATURED MURALS ★



THE CHAMPION

Celebrating a legendary passenger train and Rocky Mount's rich railroad heritage.

Designed by: Marion Clark Weathers
Painted by: Ashley Fabrizio



MUSICAL LEGENDS

Celebrating seven musical figures whose contributions connect Rocky Mount and eastern North Carolina.

Concept by: Marion Clark Weathers
Painted by: Sean Kernick



COASTLINE HOTEL

A colorful tribute to Rocky Mount's grand hotels and downtown architecture.

Designed by: Marion Clark Weathers
Painted by: Mike Bennett

MORE TO DISCOVER

Scan to explore more of Rocky Mount and Nash County.

MUSIC
HISTORY
ART

Find your next favorite corner.

Discover more at ExploreNashCounty.com

EXPLORE NASH COUNTY

RETAIL Therapy

SHOP SMALL. DISCOVER MORE.

Shop Local for Unique Gifts.



From charming downtowns to locally owned boutiques and specialty shops, shopping in Rocky Mount and Nash County is about more than what you buy. It's about discovering unique treasures, meeting friendly business owners, and taking home a piece of the place you'll be glad you found.







EXPLORE MORE SHOPPING

Scan to discover boutiques, specialty shops, local markets, and unique finds throughout Rocky Mount and Nash County.

DISCOVER MORE LOCAL SHOPPING.

Fresh *from the Farm*



NASH COUNTY & ROCKY MOUNT

FARM MARKETS
PICK-YOUR-OWN
LOCAL FLAVOR

Spend the day in Nash County and Rocky Mount discovering our agricultural heritage. Pick your own strawberries, browse local farm markets, and enjoy fresh seasonal produce grown by local families.



STRAWBERRY CITY

5384 S. NC Highway 58
Nashville, NC 27856

Strawberries, U-Pick and pre-picked berries, jams, jellies, and ice cream.

Season: April – May

252-904-5594
VisitStrawberryCity.com



THE STRAWBERRY PATCH AT FISHER FARMS

11735 Watson Seed Farm Road
Whitakers, NC 27891

Pick your own strawberries and enjoy ice cream and homemade strawberry smoothies.

Open during strawberry season.

252-442-6235
FarmingFishers.com



WRENN'S FARM

5078 Brantley Road
Zebulon, NC 27597

U-pick and pre-picked strawberries, cut flowers, seasonal treats, and a farm store.

Strawberries: April–May
Flowers: Spring into fall
October: Corn maze & fall activities

919-306-2735
WrennsFarm.com

SUPPORT LOCAL.
TASTE THE DIFFERENCE.

DISCOVER MORE

Farm Experiences
in Nash County

FARM MARKETS & Local Flavor

Good Food Grows Here.

NASH COUNTY & ROCKY MOUNT



NASH COUNTY FARMERS MARKET

OPEN SEASONALLY

1006 Peachtree Street
Rocky Mount, NC 27804

SATURDAY
8:00 AM – 1:00 PM
April–October

TUESDAY
3:00 – 6:00 PM
June–August

Produce • Plants • Baked goods • Meats • Honey • Handmade products

Nash.CES.NCSU.edu/Farmers-Market-Rocky-Mount



NASHVILLE FARMERS MARKET

at Nashville Junction

OPEN SEASONALLY

725 S. Barnes Street
Nashville, NC 27856

FRIDAYS
3:00 – 7:00 PM
April–August

Produce • Homemade goods • Crafts • Seasonal vendors

Facebook.com/NashvilleNCFarmersMarket

LOCAL FARMS & FARM STORES



LOCAL CHARM ON THE FARM & ROB'S PRODUCE

OPEN YEAR-ROUND

5094 Strickland Road
Bailey, NC 27807

Fresh-picked produce, local farm goods and hand-scooped ice cream.

252-966-2228

Facebook.com/RobsfreshProduce



M&H EDWARDS FARM

OPEN SEASONALLY

May–July and September–mid-October
1157 Old White Oak Road
Nashville, NC 27856

Hydroponic lettuce, pumpkins, and fresh seasonal produce.

252-885-2737

Facebook.com/EdwardsFarmPumpkins



HS HOWELL FARMS FARM STORE

OPEN YEAR-ROUND

4371 Massey Road
Zebulon, NC 27597

Local produce, plants, homemade goods, and locally made North Carolina products.

984-318-4088

HShowellFarms.com

NASH COUNTY
ROCKY MOUNT, NC

SUPPORT LOCAL.
TASTE THE DIFFERENCE.

DISCOVER MORE
Farm Experiences in Nash County

FIND YOUR Flavor

Local Flavor. Big Experiences.



Every craving *has a destination.*

From local legends to global flavors, your next favorite meal is waiting in Rocky Mount & Nash County. From a special occasion, a quick bite, or a weekend adventure, you'll find more than 100 restaurants serving up something for every taste.







COMMUNITY FAVORITES

Discover the local restaurants residents recommend again and again, from legendary barbecue and Southern comfort food to longtime neighborhood favorites.

CHEF-CRAFTED DINING

Savor elevated dining experiences created by passionate local chefs, from creative interpretations to beautifully prepared favorites.

INTERNATIONAL FLAVORS

Explore authentic flavors from around the globe, including Caribbean, Haitian, Filipino, Indian, Mexican, Japanese, Thai, Chinese, and more.

Explore the Flavors of

ROCKY MOUNT & NASH COUNTY



Photos by: Gerry Brabham

FIND YOUR NEXT FAVORITE MEAL.

Find the perfect spot for every craving.

- American & Casual Dining
- Barbecue
- Steaks
- Italian & Pizza
- Mexican & Latin
- Asian
- International Cuisine
- Seafood
- Cafés & Grills

STAY IN THE KNOW.

Scan to explore local restaurants, dining options, and places to enjoy your next meal.

COFFEE & Sweet Treats

GOOD COFFEE. SWEET TREATS. HAPPY MEMORIES. ♡

SIPS
SWEETS
SMALL TOWNS
BIG FLAVOR
♡



From cozy coffee houses and fresh-baked goodies to handmade candies and creamy ice cream, Rocky Mount & Nash County are full of **sweet reasons to visit!** ♡

Find Your Sweet Spot



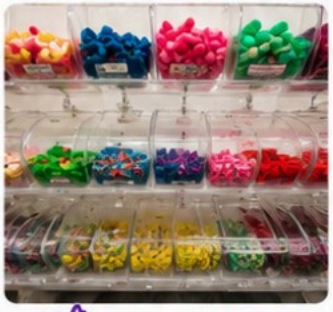
COFFEE HOUSES ♡

Find your next favorite cup at **Larema's Coffee House, Morning Addiction Coffee House**, River Walk Coffee Co. at the Mills, Packhouse Coffee Co., Cordiform Coffee, The Roasted Mullet, or B's Coffee.



BAKERIES ♡

Make a sweet stop at **Anne's Donuts, Cupcake Concept, Pacelli's Bakery, Petite Treats Miniature Desserts, The Dessert Cake Company,** or **Las Delicias Panaderia & Pasteleria & Tortilleria.**



CANDY SHOP ♡

Discover the candy grapes that helped **Kristie's Kandies** build a following on TikTok, along with chocolate-covered strawberries, Oreos, candied pickles, and other colorful treats.



ICE CREAM SPOTS ♡

Cool off with a creamy scoop, cone, or sundae at **Scoops on Main, Visit Streamside Ice Cream** for a sweet treat and a chance to see the farm animals. Prefer something fruity and frosty? Refresh your day with a frozen treat at **Sunset Slush.**

Sip. Savor. Repeat. ♡ *Baked with love.* ♡ *Sweet smiles inside!* ♡ *Cool treats. Big smiles.* ♡

DON'T MISS! ♡

SMOOTHIES & JUICE

Refresh your day at Renew Nutrition, Happy Friends Nutrition, Nashville Nutrition, or Elizabeth's Healthy Nutrition.

PLAN A SWEET STOP

Scan to explore local coffee houses, bakeries, candy shops, and frozen treats.

SIPS & SPIRITS

Raise a glass to local flavor.

Good company. Local flavor. A reason to linger.
Discover Nash County & Rocky Mount one glass at a time.

For craft beer, explore **Bright Penny Brewing**, **HopFly Brewing**, and **NC Beer Factory**.

Make an afternoon of it, meet up with friends, and find your next favorite pour.



DISCOVER YOUR NEXT POUR

Explore local beer, wine & cocktails.
Scan for current details.

Good Sips. Great BBQ. Challenge Accepted.

For your next glass of wine, explore **Bin & Barrel, Goat Island Bottle Shop,** and **The Vino Market.**

For cocktails and good company, make **Mixers Kocktail Bar** and **The Renaissance Rooftop Bar & Lounge** part of your evening.



Bring Your Appetite for Adventure

Explore local barbecue and craft beer across Nash County and Rocky Mount on the BBQ & Ale Trail. Take the challenge, discover new favorites, and complete the participating stops to earn a BBQ Prize Pack.





NASH COUNTY & ROCKY MOUNT

BBQ & ALE TRAIL

Take the Challenge!

Visit every participating stop, then swing by the Visitors Center to claim your prize and bragging rights.



SCAN FOR DETAILS

NC Ale Trail by Rail

ROCKY MOUNT, NC







Imagine stepping off the train at Rocky Mount's historic station for a getaway filled with craft beer, local flavor, and time to explore. Plan transportation from the station to Rocky Mount Mills and your accommodations before you arrive.

At the Mills, stroll between breweries, sample crisp lagers and bold IPAs, and settle in for a meal. A bottle shop, coffee and bookstore stop, live music, and seasonal events give you more reasons to linger.

Stay nearby at River & Twine, where colorful tiny homes put you close to the Mills' breweries and restaurants. Explore more of Rocky Mount with a visit to the Tar River, Battle Park, or Sunset Park.

Prefer a traditional stay? Choose from over 2,400 hotel rooms throughout Rocky Mount, with dining, attractions, and events to round out your visit.

Come for the ale trail.

Stay for the experience.

PLAN YOUR TRIP

CRAFT BEER & BREWERIES | LIVE MUSIC EVENTS | PARKS & TRAILS | UNIQUE STAYS OR 2,400+ HOTEL ROOMS | EASY ACCESS BY TRAIN

PLACES TO STAY

Rest easy. Adventure awaits.

More than 2,400 guest rooms throughout Nash County & Rocky Mount.



Photo courtesy of Garry Hodges

PROPERTY & CONTACT	BREAKFAST	POOL	PET FRIENDLY	MEETING CAPACITY (UP TO)
EXIT 138 • ROCKY MOUNT				
Candlewood Suites 688 English Rd. | 252-467-2550	-	-	Yes	-
Courtyard by Marriott 250 Gateway Blvd. | 252-451-4800	$	I	-	-
Country Inn & Suites by Radisson 672 English Rd. | 252-442-0500	Free	-	Yes	100
DoubleTree by Hilton Rocky Mount 651 N. Winstead Ave. | 252-937-3688	$	O	Yes	132
Fairfield Inn & Suites 187 Wesleyan Dr. | 252-231-9006	Free	O	-	40
Hampton Inn Rocky Mount 530 N. Winstead Ave. | 252-937-6333	Free	O	Yes	-
Holiday Inn Express Rocky Mount 200 Gateway Blvd. | 252-279-3100	Free	O	Yes	50
Holiday Inn Rocky Mount 200 Enterprise Dr. | 252-937-7100	$	O	Yes	75
Homewood Suites by Hilton 231 Gateway Blvd. | 252-451-4804	Free	O	Yes	-
Residence Inn by Marriott 230 Gateway Blvd. | 252-451-5600	Free	O	Yes	-
Tru by Hilton Rocky Mount 255 Gateway Blvd. | 252-618-0022	Free	O	Yes	-

PROPERTY & CONTACT	BREAKFAST	POOL	PET MEENDLY	FMIETING CAPACITY (UP TO)
EXIT 141 • ROCKY MOUNT				
Affordable Suites 1144 Independence Dr. | 252-451-0015	-	-	Yes	-
Americas Express Inn 307 Mosley Ct. | 252-977-2858	-	-	Yes	-
Days Inn by Wyndham 1340 N. Wesleyan Blvd. | 252-366-3482	Free	O	Yes	25
Economy Inn 3330 N. Church St. | 252-446-5171	-	-	-	-
Executive Inn 1821 N. Wesleyan Blvd. | 252-446-3201	-	-	-	-
Hal Orr's Inn 2420 N. Wesleyan Blvd. | 252-442-4151	-	-	-	-
Quality Inn 1200 Benvenue Rd. | 252-972-9400	Free	O	Yes	25
Rocky Mount Inn 9321 N. Wesleyan Blvd. | 252-270-1700	Free	-	-	-
Sunshine Inn 1621 N. Wesleyan Blvd. | 252-445-7195	-	-	Yes	-
EXIT 145 • BATTLEBORO				
121 Motel 7532 NC Hwy. 48 | 252-279-5501	-	-	Yes	-
Baymont by Wyndham 7095 NC Hwy. 4 | 252-985-1480	Free	O	Yes	-
Econo Lodge 7048 NC Hwy. 4 | 252-972-9426	-	O	Yes	-
Quality Inn 7797 NC Hwy. 48 | 252-442-5111	Free	O	Yes	25
Red Carpet Inn 8035 NC Hwy. 48 | 252-446-0771	Free	O	Yes	-
Red Roof Inn 6955 NC 4 | 252-446-2411	-	-	Yes	-
SHARPSBURG				
Holiday Lodge 300 S. Wesleyan Blvd. | 252-442-8018	-	-	-	-

POOL: I = Indoor | O = Outdoor

$ = Breakfast available for purchase | - = Not listed



Photos by: Gerry Brabham

Unique Stays

From cozy bed & breakfasts to stylish stays with historic charm, these unique properties offer a memorable experience.

River & Twine
North Carolina's Largest Tiny-Home Hotel
24 E. Elm St.
Rocky Mount, NC 27804
252-904-4731
riverandtwine.com

Guest House at the Mills
1151 Falls Rd.
Rocky Mount, NC 27804
252-904-4731
riverandtwine.com

The Avent on Falls Bed & Breakfast
529 Falls Road
Rocky Mount, NC 27804
aventonfalls.com

BOOK YOUR STAY

REST HERE. EXPLORE MORE.

HISTORY. HOSPITALITY. A BRIGHTER TOMORROW.

explorenashcounty.com/places-to-stay/

ROCKY MOUNT

NORTH CAROLINA

HISTORIC ROOTS. BRIGHTER TOMORROWS.



Photo by: Gerry Brabham
Tar River Falls at Rocky Mount Mills

WHERE HISTORY FLOWS FORWARD

There's something special about a place where history isn't just remembered. It's part of everyday life.

Along the banks of the Tar River, Rocky Mount invites you to discover a community rich in character and full of possibility. Explore downtown's shops, dining, arts, and historic streets. Wander through historic Rocky Mount Mills and experience the warmth of a city that welcomes you like an old friend.

Come for the history. Stay for the experiences. Leave with stories worth sharing and a reason to return.

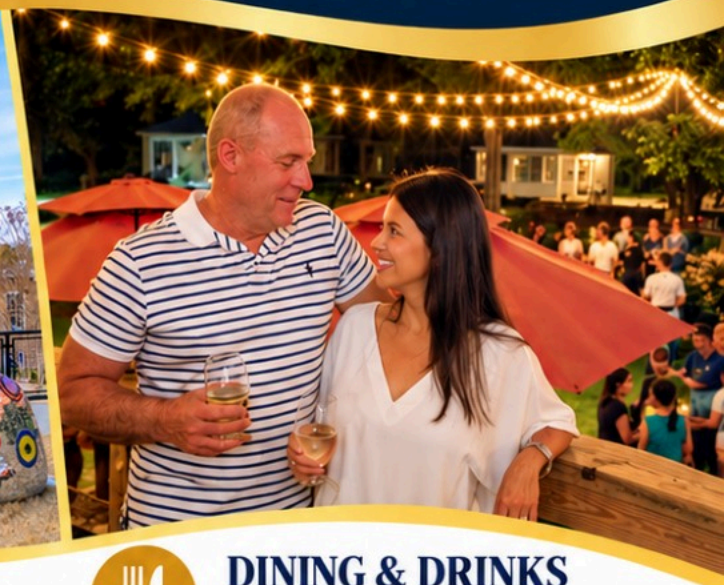
EXPLORE. EXPERIENCE. BELONG.

EXPERIENCE ROCKY MOUNT
NORTH CAROLINA

RIVER VIEWS.
RICH HISTORY.
REAL CONNECTIONS.

From outdoor adventures and cultural attractions to great food and unique shopping, Rocky Mount offers experiences that inspire every kind of traveler.





ROCKY MOUNT MILLS

A historic mill campus along the Tar River with dining, shopping, events, and scenic river views. Explore local businesses, then enjoy nearby trails, Battle Park, and Sunset Park.

DINING & DRINKS

Enjoy casual favorites, chef-crafted cuisine, craft beverages, and Southern classics in welcoming settings throughout Rocky Mount.







IMPERIAL CENTRE FOR THE ARTS & SCIENCES

Explore art, science, and live performances, with interactive exhibits and shows for all ages.

SHOP LOCAL

Browse boutiques, antique shops, and specialty stores in downtown Rocky Mount and surrounding communities.

OUTDOOR ADVENTURES

From paddling and fishing to hiking and biking, find ways to get outside and enjoy Rocky Mount's natural beauty.

EXPLORE. EXPERIENCE. BELONG. | EXPLORENASHCOUNTY.COM | #VisitRockyMount

NASHVILLE
NORTH CAROLINA

Welcome to the Original Nashville.

Small-Town Charm. Unexpected Discoveries.

Nashville is a welcoming town with historic roots, local shops, restaurants, outdoor adventures and unique attractions that come together to create a memorable visit.



A PIECE OF HISTORY

President Harry S. Truman visited Nashville in 1960. His footprints are preserved at the Nash County Courthouse.



OUTDOOR FUN

Play at **Glover Park**'s playground, disc golf course,and splash pad. Bring your pup to **Stoney Creek Dog Park** or explore the trails.

Glover Park
Playground
Disc Golf
Splash Pad

Stoney Creek Dog Park

Trails



DOWNTOWN FINDS

Browse **Jody's of Nashville**, **The Painted Teacher**,and **The Heritage Co.** Stop at **Vino Market** for wine by the glass, shopping,and special events.

Unique Shops

Dining

Vino Market
Wine by the Glass
Special Events



NASHVILLE JUNCTION

Explore shops, dining, coffee, a seasonal farmers market and community events, including live music, in this repurposed space on South Barnes Street.

723 S. Barnes St., Nashville

PLAY & UNWIND

JB's Billiards: Pool, pinball, darts,and big-screen football.

117 W. Church St., Nashville



NASH COUNTY ARBORETUM

Explore themed gardens, discover plants and pollinators, and find inspiration for your own garden.

1006 Eastern Ave., Nashville

Gardens | Pollinators | Walking Paths | Family Friendly

Nashville Blooming Festival

EVERY MOTHER'S DAY WEEKEND

A beautiful celebration of spring!

Celebrate spring with a parade, live music, arts and crafts, delicious food and family fun.

RED OAK

NORTH CAROLINA

Where Traditions Bring People Together

Red Oak is shaped by traditions, gathering places, and neighbors who know how to make visitors feel welcome. Spend time outdoors at W.B. Ennis Jr. Park, explore the town's historic landmarks, and enjoy local dining favorites. Red Oak offers a warm and friendly experience for the whole family.



OUTDOOR PLAY

W.B. ENNIS PARK
4605 N. Old Carriage Rd.

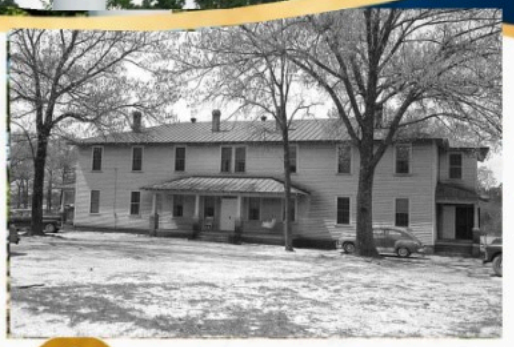
Enjoy baseball and soccer fields, basketball and tennis courts, a playground, and a walking trail. Picnic shelters, restrooms, and a concession stand round out the park's amenities.



HISTORIC LANDMARKS

RED OAK COMMUNITY BUILDING AND LOG CABIN
4845 Church St.
EXTERIOR VIEWING ONLY

These historic landmarks tell our story and have served as a gathering place since 1935.



RED OAK TEACHERAGE

5576 Red Oak Rd.
RESTORATION SITE | EXTERIOR VIEWING ONLY

Originally the girls' dormitory for Red Oak Farm-Life High School, this is the only original campus building still standing. Later used as teacher housing, it is now being restored as a business and civic centerpiece.

SIGNATURE EVENT

RED OAK CLASSIC

FIRST WEEKEND AFTER LABOR DAY

Antique tractors, classic cars, live music, delicious food, and family activities come together for a celebration the whole community looks forward to every year.





DORTCHES

Where Traditions Taste Better

In Dortches, a familiar stop can feel like coming home. At Smith's, generations gather around the flavors they remember, neighbors linger over a meal, and families celebrate life's special moments together.

THESE ARE JUST A FEW WAYS TO ENJOY DORTCHES. THERE IS ALWAYS MORE TO DISCOVER.



SMITH'S RED & WHITE

3635 N. Halifax Rd.
(off Hwy 43 in Dortches)

A local family favorite since 1954, Smith's Red & White produces over 10,000 pounds of local sausage, roasts 30 barbecue shoulders, and uses more than 1,000 pounds of sharp cheddar in its homemade pimento cheese each week. Come hungry and take a little Nash County home.



SMITH'S RESTAURANT

3635 N. Halifax Rd.
(Adjacent to Smith's Red & White)

Begin the morning with a hearty country breakfast or settle in for a Southern lunch. Pull up a chair, slow down, and enjoy familiar cooking served in a place where good food and conversation belong together.



SMITH'S PAVILION

3713 N. Halifax Rd.
(Behind Smith's Red & White)

Picture family and friends gathered beneath the pavilion for a wedding, reunion, or community celebration. Surrounded by trees and open air, every gathering has room to become a lasting memory.



DID YOU KNOW?

Each December, Smith's Red & White becomes part of the holiday tradition. Families travel from across the region to enjoy the lights, festive decorations, nostalgic candy, and holiday treats before taking home the famous fresh sausage they have shared for generations.

PLAN YOUR VISIT
Find events, places to stay, and more in Nash County.
EXPLORENASHCOUNTY.COM

Small town charm, lasting impressions.

Spring Hope
NORTH CAROLINA



Town of Many Gables

Slow down and discover Spring Hope's local flavor, creativity, and history.

Explore Spring Hope's walkable downtown filled with unique shops, local dining, handcrafted coffee, art,and rich history. From community events to small-town hospitality, Spring Hope offers an authentic North Carolina experience that keeps visitors coming back season after season.

PRIDGENS FARMHOUSE
108 N. Pine St.
A charming boutique offering home décor, unique gifts,and more.



SPRING HOPE HISTORICAL MUSEUM
400 W. Main St.
Discover Spring Hope's past through period furnishings and local memorabilia.



B'S COFFEE SHOP
121 W. Main St.
Handcrafted coffee, refreshing drinks,and a welcoming place to relax.



MICHAEL'S SHOWSIDE GRILL
102 N. Pine St.
Great food, friendly service,and a local favorite for steaks and hearty meals.



ARTISTS ART CENTER
116 N. Pine St.
Local art exhibits and creative experiences by local and visiting artists.



ANNUAL FESTIVAL

NATIONAL PUMPKIN FESTIVAL

FIRST WEEKEND IN OCTOBER

Celebrate fall in Spring Hope with pumpkins, local vendors, delicious food, live entertainment, and family-friendly festivities in the heart of downtown.

Plan Your Visit | ExploreNashCounty.com

BAILEY
NORTH CAROLINA

Come Spend the Day

GOOD FOOD. LOCAL FAVORITES.
SMALL TOWN CHARM.

Come hungry, stay curious, and explore Bailey at an easy pace. Sip coffee at a local coffee house, discover handcrafted treasures at Dan Finch's Pottery, explore hometown history, browse unique shops, and linger over dinner.





TRACY'S CAFÉ
6487 Deans St.

Start the day at Tracy's Café, serving breakfast in a former tire shop with big garage doors. Order a tenderloin or hop cheese biscuit, grab a cup of coffee, and stay long enough to feel like a regular.



THE COUNTRY DOCTOR MUSEUM
7089 Peele Rd.

Step back in time at the Country Doctor Museum. Discover how rural doctors prepared medicines on the spot and why live leeches were once part of a doctor's toolkit.



MAIN STREET MARKETPLACE
6163 Main St.

Shop local at Main Street Marketplace, with more than 30 vendors offering gifts, clothing, handmade finds,and local products. Then visit Local Charm on the Farm for fresh produce and grocery store favorites.



THE LEANING TREE
6168 Deans Rd.

End the day on the grounds of The Leaning Tree, where gardens and a historic carriage house make dinner feel like an occasion. Choose Italian dining or pick up a pizza from Mary's Pizza and enjoy the hidden garden.



DON'T MISS!
NC SWEET POTATO FESTIVAL
Third Weekend in May

Plan Your Visit
Explore more things to do, places to stay, and upcoming events at
EXPLORENASHCOUNTY.COM

CASTALIA
NORTH CAROLINA

Countryside Charm

SMALL TOWN HOSPITALITY.
RICH HISTORY. NATURAL BEAUTY.

History lives on through the pride of Castalia's people. Older buildings find new uses and neighbors preserve the places and stories that make this town special.



HISTORIC CASTALIA ROSENWALD SCHOOL

Step inside a historic classroom and discover the educational experiences and legacy of generations past.

10445 Lancaster Store Rd.
252-220-9422
castaliarosenwald.wixsite.com/castaliarosenwald

TOURS BY APPOINTMENT ONLY
$7 Admission | Donations welcome.



TEMPEST CELLARS

Taste handcrafted dry and sweet wines at this family winery.

6506 NC Hwy 56 E
540-220-2962
TempestCellars.com

VISITS BY APPOINTMENT ONLY



CASTALIA COMMUNITY PARK

Let the children play, take a walk, or relax in the open green space. The park also features an outdoor stage for community gatherings.

9656 Main St.



RECENT BUZZ

Castalia resident Madison Magana is bringing color to the wall of the town's hardware store with a mural inspired by her love for the community. Her work adds a new point of interest to a familiar local business and invites visitors to see the town through a resident's eyes.

★ SIGNATURE EVENT

Fourth of July Celebration

Celebrate summer the Castalia way with a hometown parade, local vendors, live entertainment, and a spectacular fireworks display.

Plan Your Visit

Find events, places to stay, and more in Nash County at
EXPLORENASHCOUNTY.COM



More Communities to Discover

From small-town charm to friendly faces,

Whitakers | Middlesex
Sharpsburg | Momeyer

offer warm hospitality, local flavors, family-friendly parks, and treasured traditions. Whether you're picking fresh strawberries, enjoying a hometown meal, or taking time to explore the unique character of each community, you'll find special places and authentic experiences across Nash County.



Fremont E. Hatton Park

WHITAKERS

Enjoy a little room to play, walk, and unwind at this welcoming community park.



Wigg's Family Restaurant

MIDDLESEX

On Nash County's western edge, Middlesex pairs agricultural roots with hometown dining.



Town Hall

SHARPSBURG

Incorporated in 1883, this three-county town sits along US Highway 301 in Nash, Edgecombe, and Wilson.



Town Office

MOMEYER

Between Spring Hope and Nashville, Momeyer is home to Bass Farm Sausage, a longtime local business.

Discover More → ExploreNashCounty.com

All Aboard!

OUR RAILROAD HERITAGE

Trains brought people, opportunity, and progress to our community, setting the stage for rail landmarks and museums that remain today.

Completed in 1840, the 161½-mile railroad between Wilmington and Weldon was the world·s longest. It connected Rocky Mount with new opportunities for travel, commerce, and industry, and its legacy lives on in our rail landmarks and museums.



Photo courtesy of William Manley

Helen P. Gay Rocky Mount Historic Train Station

EST. 1893 | A LASTING CONNECTION

THEN

Built in 1893 for the Wilmington & Weldon Railroad, the station began as a two-story brick Romanesque building with one-story wings. In 1911–1912, the Atlantic Coast Line Railroad added floors to the wings.

NOW

Today, the restored station remains an active Amtrak stop. From its historic architecture to the trains that arrive and depart, this landmark connects Rocky Mount with destinations across the country.

101 Coastline Street
Rocky Mount, NC 27804
Amtrak.com



CSX Carolina Connector (CCX)

Opened in 2021 in neighboring Edgecombe County, the Carolina Connector is five miles from I-95. Three massive cranes transfer shipping containers between trains and trucks, linking eastern North Carolina with markets nationwide.

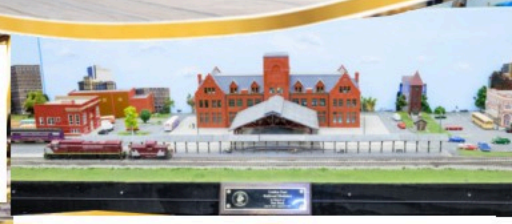




Rocky Mount Railroad Museum

Discover railroad artifacts, photographs, and model trains that preserve and celebrate Rocky Mount's rail heritage.

100 Coastline Street
Rocky Mount, NC 27804
Saturday, 12 PM·3 PM
Except holidays
rmrailroad.org



Golden East Railroad Modelers

SMALL TRAINS. BIG STORIES.

Explore miniature towns and moving trains on model railroad layouts crafted by dedicated club members, bringing small scenes to life with big stories.

1100 N. Wesleyan Boulevard
Rocky Mount, NC 27804
Saturday, 11 AM·4 PM
germnc.com

Our Stories *Shape Today*

THE PAST HAS A NEW PURPOSE

Across Nash County & Rocky Mount, historic places have found new purpose. Once centers of industry, learning and commerce, these landmarks offer fresh experiences while honoring the people and history that built our community.



ROCKY MOUNT MILLS

EST. 1818 | HISTORIC MILL WITH A BRIGHT FUTURE

Established along the Tar River in 1818, Rocky Mount Mills became an important part of Rocky Mount's industrial heritage, providing jobs, opportunity and a sense of community for generations.

Today, this historic mill campus has been thoughtfully reimagined into a vibrant destination with locally owned restaurants, shops, breweries, events, outdoor spaces and one-of-a-kind places to stay, including the *River & Twine* tiny-home hotel. Rocky Mount Mills blends history, creativity and community in an unforgettable setting.





1151 Falls Road, Rocky Mount, NC 27804

RockyMountMills.com



IMPERIAL CENTRE FOR THE ARTS & SCIENCES

EST. 1903 | FROM TOBACCO FACTORY TO ARTS, SCIENCE AND CULTURE

Once home to the Imperial Tobacco Company and the Braswell Memorial Library, the Imperial Centre has served Rocky Mount for generations.

Today, the Imperial Centre is a dynamic hub for the arts, science and culture, featuring art exhibitions, hands-on experiences, theater performances and special events. This beautifully restored landmark continues to inspire curiosity, creativity and connection in the heart of Rocky Mount.

270 Gay Street,
Rocky Mount, NC 27804

ImperialCentre.org

Tuesday–Saturday:
10 AM – 5 PM
Sunday: 1 PM – 5 PM
Monday: Closed

252-972-1266



Photo courtesy of Garry Hodges

DOUGLAS BLOCK

ROOTS DATING TO CIRCA 1915

Named for Dr. Junius D. Douglas, Rocky Mount's first Black pharmacist, the Douglas Block grew around his pharmacy building, begun around 1915. An important center of Black business and community life, the district now welcomes visitors with restaurants, shops, offices and events. Home to the historic Booker T. Theater, it celebrates Black history and the resilience and spirit of Rocky Mount, honoring the past while building an exciting future.

221 S. Church Street, Rocky Mount, NC 27804

History *Still* Lives Here

Across Nash County and Rocky Mount, historic places and gathering spots tell the story of our community. From downtown districts and family traditions to parks, museums, and landmarks, discover the history that still lives here today.



Photo by Garry E. Hodges

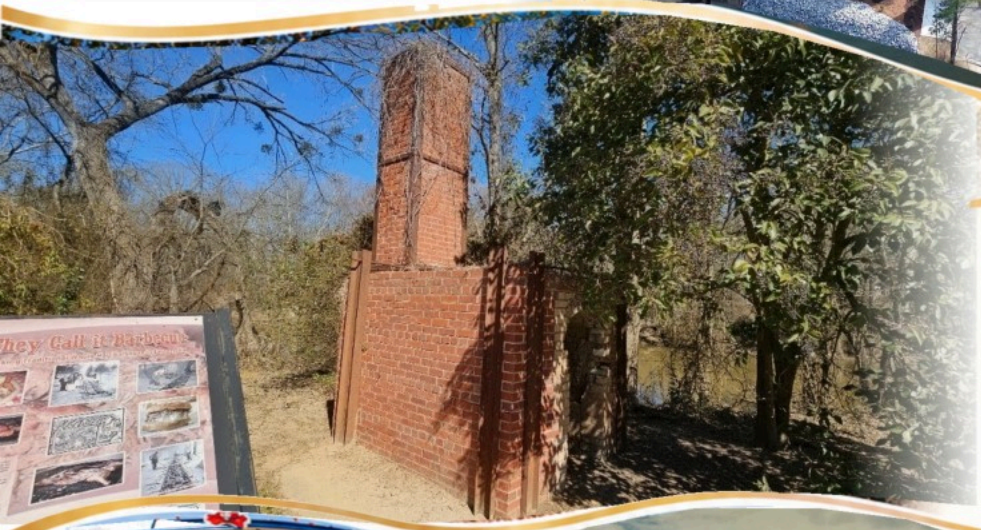
City Lake & Historic Power Plant

FROM POWERING A CITY TO BRINGING PEOPLE TOGETHER

THEN The 1924 power plant supplied electricity. New Deal-era City Lake provided recreation and an emergency water reservoir.

NOW Stroll around City Lake, enjoy its fountain and gazebo, and dine at Chico's Mexican Restaurant in the repurposed power plant.

- City Lake: Sunset Avenue & Lake Drive, Rocky Mount, NC 27804
- Chico's at the Power Plant: 1701 Sunset Avenue, Suite 150, Rocky Mount, NC 27804



Barbecue Park

WHERE CULINARY HERITAGE MEETS NATURE

THEN Bob Melton helped establish Rocky Mount's reputation for Eastern North Carolina barbecue, bringing visitors together through a beloved tradition.

NOW Explore the preserved brick barbecue pit and displays celebrating Rocky Mount's barbecue history in a scenic setting near the Tar River.

- 377 Morgan Street, Rocky Mount, NC 27804



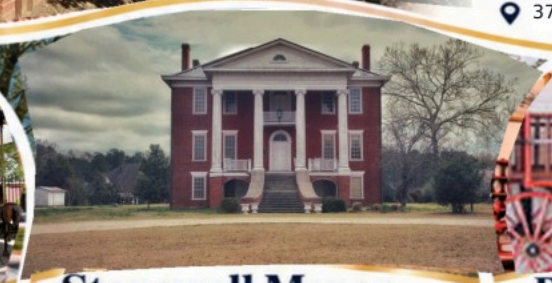
Sunset Park

GENERATIONS OF MEMORIES

THEN Sunset Park became a favorite family destination. Its historic carousel was added in 1952, beginning a tradition enjoyed for generations.

NOW Enjoy the carousel, miniature train, seasonal spray play, playground, disc golf, sports courts, picnic shelters, and boat ramp beside the Tar River.

- 1550 River Drive, Rocky Mount, NC 27804
- rockymountnc.gov/parks



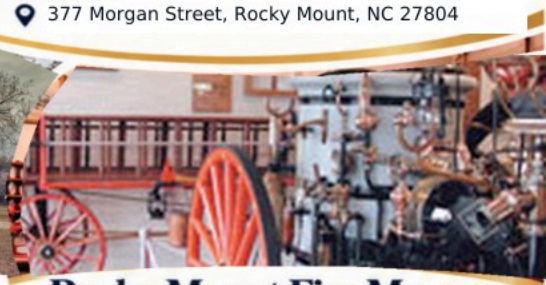
Stonewall Manor

A GRAND PART OF OUR STORY

THEN Built around 1830, Stonewall Manor offers a glimpse into Nash County history and the area's architectural heritage.

NOW This beautifully preserved historic home welcomes visitors for guided tours and special occasions.

- 1331 Stonewall Lane, Rocky Mount, NC 27804
- www.stonewallmanor.com
- Private tours by appointment: 252-314-7407
- $10 per person; $25 minimum per group.



Rocky Mount Fire Museum

PRESERVING A PROUD TRADITION

THEN The historic building dates to 1924 and originally housed Fire Station No. 2, serving Rocky Mount for many years.

NOW Historic firefighting equipment and exhibits celebrate the men and women who have protected the community through the decades.

- 404 S. Church Street, Rocky Mount, NC 27804
- Open Monday-Friday, 8:30 AM - 5:00 PM (by appointment).
- 252-972-1151

Legacies *That Live On*

PEOPLE. PLACES. STORIES THAT

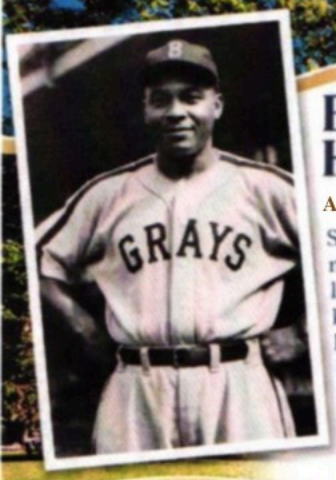
Nash County & Rocky Mount's history is enriched by the vision, determination and contributions of remarkable people and the places that preserve their stories. Their legacies continue to inspire generations and make our community a special place to live, visit and call home.



Dr. Martin Luther King Jr.
Booker T. Washington High School
Rocky Mount | November 27, 1962
Photo: J. B. Harren
Courtesy N.C. State University
Special thanks to Dr. Miller, N.C. State University

A DREAM SPOKEN HERE

On November 27, 1962, Dr. Martin Luther King Jr. delivered an early version of his historic "I Have a Dream" speech at Booker T. Washington High School in Rocky Mount, months before the March on Washington. His message of hope, equality and opportunity continues to inspire our community and reminds us of the power of dreaming bigger together.



BUCK LEONARD HOME MUSEUM

A BASEBALL LEGEND'S HOME

Step inside the home where Rocky Mount native and Negro Leagues legend Buck Leonard lived from 1934 to 1997. Discover his personal keepsakes and the remarkable journey that led him from the Homestead Grays to the National Baseball Hall of Fame.

605 Atlantic Avenue, Rocky Mount, NC 27801
252-469-7914
Tours by appointment, Tuesday–Saturday.



TWIN COUNTY HALL OF FAME

HONORING THOSE WHO MAKE A DIFFERENCE

The Twin County Hall of Fame celebrates the extraordinary men and women from Nash and Edgecombe counties who have excelled in business, education, government, the arts, athletics and community service. Their stories reflect the talent, leadership and commitment that continue to shape our region.

Located inside the Rocky Mount Event Center
285 NE Main Street, Rocky Mount, NC 27801
252-231-3490



Real people. Real places. Real hospitality.

Begin Your FOREVER

IN ROCKY MOUNT & NASH COUNTY



Beautiful places. Easy access. Unforgettable weddings.

From intimate vineyard ceremonies to grand celebrations and everything in between, you'll find the perfect setting for your special day. With 2,400 hotel rooms, unique dining, and convenient access along I-95 and U.S. 64, your wedding becomes more than a day. it becomes a destination.

- CEREMONY & RECEPTION SPACES
- LOCAL HOSPITALITY & FLAVOR
- 2,400 HOTEL ROOMS
- PICTURE PERFECT BACKDROPS
- EASY ACCESS FROM I-95 & U.S. 64









Wedding Venues

Factory 633 | 2721 S Halifax Rd., Rocky Mount
Faithful Staples & Venue | 2685 S. Old Carriage Rd., Rocky Mount
Forever Oaks | 5730 Red Oak Rd., Battleboro
Northgreen Country Club | 930 Northgreen Ln., Rocky Mount
Peachtree Hills Country Club | 3512 Peachtree Hills Rd., Spring Hope
Rocky Mount Event Center | 285 NE Main St., Rocky Mount
Rocky Mount Mills The Power House | 1151 Falls Rd., Rocky Mount
Roger Strickland Farm | 7890 Liles Rd., Bailey
Rose Hill Estate | 3815 Rose Hill Ln., Nashville
Seven Paths Manor | 8446 Seven Paths Ln., Spring Hope
Smith's Pavilion of Dortches | 3713 Halifax Rd., Rocky Mount
Stonewall Manor | 1331 Stonewall Lane, Rocky Mount
The Gateway | 101 Gateway Blvd., Rocky Mount
The Venue 1912 | 1912 Sunset Ave., Rocky Mount
Webb's Mill | 9245 Mill Rd., Spring Hope
Wollet Mill Pond Venue | 9965 Red Oak Rd., Whitakers

We're Here to Help!

Our team can connect you with venues, hotel room blocks, rehearsal dinner locations, and local resources to make planning simple.

SCAN FOR MORE INFORMATION

Venues, planning tools, local vendors, and more.

Photography: **Danielle Flake Photography** (bride portrait) | **Kristen Stevens Photography** (Rose Hill Estate ceremony)

NASH COUNTY
ROCKY MOUNT, NC
NORTH CAROLINA

WORTH THE EXIT.
A destination your guests will love.
explorenashcounty.com

INTERSTATE 95 | 64

MEET WHERE *Connections* HAPPEN

ROCKY MOUNT & NASH COUNTY

From productive meetings to unforgettable conferences, Rocky Mount and Nash County deliver the perfect combination of convenience, versatile venues, and genuine Southern hospitality. We have everything you need to plan, connect, and accomplish more.





HISTORIC VENUES

Unique spaces with character and charm for memorable events.



MODERN MEETING SPACES

Flexible rooms and breakout spaces designed for productivity.



MEETING & CONVENTION VENUES

From intimate meetings to large conventions, find the perfect space for every gathering.

Everything You Need. RIGHT HERE.

EASY I-95 ACCESS
Strategically located along I-95 and U.S. 64 for convenient access to major markets across the East.

2,400+ HOTEL ROOMS
A wide range of accommodations to fit every group and budget.

WALKABLE & ENTERTAINING
Great dining, local attractions, and entertainment just steps away.

LOCAL EXPERTS
Our experienced team is here to help you plan a successful and seamless event.

SOUTHERN HOSPITALITY
Warm welcomes, delicious food, and genuine service.

SUSTAINABLE CHOICES
We support green practices for events that make a positive impact.



PLAN YOUR MEETING

Scan to explore

venues, hotels, services, and request planning assistance from our team of experts.



Game On

INDOOR. OUTDOOR. YEAR-ROUND.

PLAY. STAY. EXPLORE. REPEAT.

From championship tournaments to weekend games, Nash County & Rocky Mount bring athletes, teams, and families together with premier venues, easy access, over 2,400 hotel rooms, great food, and unforgettable experiences, all in one place.



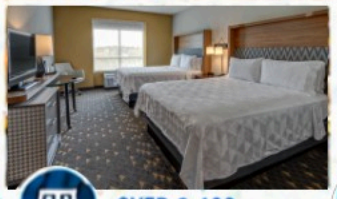
ROCKY MOUNT EVENT CENTER

- 165,000 sq. ft. sports venue
- 8 basketball courts
- 16 volleyball courts
- Meeting spaces & catering
- Ideal for basketball, volleyball, wrestling, cheer & dance, gymnastics and more.



ROCKY MOUNT SPORTS COMPLEX

- Six youth baseball fields
- Four interchangeable baseball/softball fields
- Eight soccer/football fields
- Disc golf course
- Two outdoor basketball courts
- Picnic shelters & walking trail



OVER 2,400 HOTEL ROOMS

- A wide range of hotels from national brands to local favorites
- Options for teams, families, and fans
- All within minutes of our sports venues
- Stay close to the action with shopping, restaurants, and entertainment nearby



GREAT FOOD

- Local favorites and chef-crafted dining options
- From casual bites to unforgettable meals
- Family-friendly restaurants throughout Nash County & Rocky Mount



MORE TO EXPLORE

- Indoor attractions
- Museums and breweries
- Unique shopping and historic downtowns
- Outdoor recreation, parks and trails
- Fun for all ages, on and off the field

CHAMPIONSHIP-QUALITY FACILITIES | **TEAMS, FAMILIES & FANS WELCOME** | **CONVENIENTLY LOCATED ALONG I-95 & U.S. 64** | **TOURNAMENTS YEARROUND**

NASH COUNTY
ROCKY MOUNT, NC

Plan Your Next Tournament →

SCAN THE QR CODE TO EXPLORE SPORTS VENUES, HOTELS, RESTAURANTS AND MORE.

95 | 64

WORTH THE EXIT.

A destination you'll love.

Love It Here? *Make It Home.*



Some visitors arrive for a weekend and discover something unexpected.

Friendly neighbors. Beautiful places. Opportunity around every corner.

Whether you're considering your next home, growing a business, or simply imagining what life could look like here, Rocky Mount and Nash County have a way of making people feel welcome.

WELCOMING COMMUNITIES

Small-town warmth, vibrant downtowns, and neighborly hospitality make it easy to feel right at home.

TALENT & EDUCATION

Strong schools, colleges, and career training develop skilled, motivated talent ready to power our region's future.

BUSINESS OPPORTUNITY

A strategic East Coast location, pro-business environment, and strong local partnerships help companies start, grow, and succeed.

QUALITY OF LIFE

Affordable living, beautiful outdoor spaces, local dining, and a relaxed pace that lets you enjoy what matters most.

Business & Community *Resources*



Grow your business through local connections.

Alan Matthews
Rocky Mount Chamber of Commerce
252-973-1213
alanm@rmchamber.com



Expand or relocate your business in Eastern North Carolina.

Tracy Crenshaw
Carolinas Gateway Partnership
800-550-6151
tcrenshaw@cgp.net



Navigate county resources and business services.

Susan Phelps
Nash County Economic Development
252-459-9868
susan.phelps@nashcountync.gov

EDUCATION. OPPORTUNITY. OUR FUTURE.

From career training to higher education, Rocky Mount and Nash County offer opportunities to learn, grow, and build a brighter future.

NASH COMMUNITY COLLEGE
nashcc.edu

EDGECOMBE COMMUNITY COLLEGE ROCKY MOUNT CAMPUS
edgecombe.edu

NORTH CAROLINA WESLEYAN UNIVERSITY
ncwu.edu

We'd love to welcome you home.

Find events, places to stay, and more in Nash County.
EXPLORENASHCOUNTY.COM

PLAN YOUR VISIT

Local Favorites
from Rocky Mount & Nash County

Take a Little Nash County Home

Discover locally made products that capture the flavor, creativity, and character of Rocky Mount and Nash County.

The Butterfields Buds Sampler

From Sweet to Sublime, Try All Nine!





Shop Local

From handcrafted candies and small-batch coffee to locally made honey, grits, candles, body products, and more, you'll find unique items and thoughtful gifts that support our local businesses and community.

DISCOVER MORE LOCAL FAVORITES

Scan to explore more Rocky Mount & Nash County products and find out where to shop or order.







Small towns. *Big heart.* Unforgettable experiences.

BAILEY ♥ CASTALIA ♥ DORTCHES
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