



THE ADIRONDACKS

NEW DEVELOPMENTS

The mountains and lakes of the Adirondacks offer a cool escape for summer visitors ready to explore a host of natural attractions. Celebrating its centennial this year, the [Northville-Placid Trail](#) winds 138 miles through some of the Adirondack Park's most remote and beautiful areas with moderate hiking trails. Explore the trail's 100-year history at the [Adirondack Experience Museum](#) through a special "Woods & Waters" exhibit highlighting its construction, map collections, trail markers and more. Or, take to the water during the month-long [Celebrate Paddling ADK](#) series of events for all ages and skill levels around Saranac Lake this June balanced with guided fishing trips from [Battle Fish Charters](#). For cyclists, the initial leg of the [Adirondack Rail Trail](#) connects Lake Placid with Saranac Lake, with the balance of the 34-mile route along the former New York Central Rail Line opening in two phases by 2025.

Wind down after all that fresh air and outdoor adventure with a visit to [RiverTrail Beerworks](#) opening this summer as Saranac Lake's only riverfront dining and a craft brewery or Lake Placid's new [West Shore BBQ](#) with Texas-style, wood-fired meats. More family fun in the Adirondacks includes Six Flags Great Escape's thrilling new wooden coaster, [The Bobcat](#), and the start of a multi-year historical celebration at [Fort Ticonderoga](#) tied to our nation's 250th anniversary and Revolutionary War.

DESCRIPTION

Spread like a blanket over six million acres, or one-fifth of New York State, the Adirondack Park is a remarkable mix of wilderness and civilization amid spectacular landscapes of skyscraping mountain peaks, lush green forests and abundant waters from rushing rivers to island-speckled lakes. Avenues of exploration include thousands of miles of hiking trails and paddling routes; more than 3,000 lakes, rivers and streams; and the 46 High Peaks from Couchsachraga (3,820 feet) to towering Mount Marcy (5,344 feet) where the Hudson River gets its start at Lake Tear of the Clouds. [Ausable Chasm](#) is nicknamed the "Grand Canyon of the Adirondacks" and is one of the country's oldest natural attractions.

While many travel to the Adirondacks to metaphorically lose themselves in the wild, the region offers some very civilized cultural possibilities as well. The [Hyde Collection](#) is a small fine art museum in Glens Falls that exhibits works spanning 6,000 years from antiquities to Old Masters such as Rembrandt and Rubens and modern artists including Picasso and Renoir. Not to be outdone, the [Plattsburgh State Art Museum](#) is home to more than 10,000 works of art and artifacts from ancient to contemporary, an outdoor sculpture park and exhibition areas throughout the campus.

The [Adirondack Cuisine Trail](#) offers six branches to pique the variable interests and appetites of foodies and adventurers hungry to experience local foods, brews and flavors of the region. Breweries have sprouted in abundance, with the list including [Lake Placid Pub and Brewery](#), [Big Slide Brewery & Public House](#) and [Great Adirondack Brewing Company](#) in Lake Placid; [Valcour](#)

[Brewing Company](#) and [Oval Craft Brewing](#) in Plattsburgh; [Paradox Brewery](#) in North Hudson; [Blue Line Brewery](#) in Saranac Lake; [Raquette River Brewing](#) in Tupper Lake; and [Township 7 Brewing Company](#) in Dickinson Center. [barVino](#) in North Creek serves a creative menu featuring plates that are perfect for sharing and pairing with a rustic chic menu highlighting local products that changes seasonally to incorporate the freshest ingredients. And don't skip the tasting room and tavern at [Nettle Meadow Farm](#). It's award-winning sheep and goat cheeses are sold in an historic log cabin in Lake Luzerne also featuring unique local products.

GETTING THERE

As the largest publicly protected area in the contiguous U.S., there is no shortage of entries to the Adirondacks, portions of which lie within a day's drive of New York City and Canada.

- 3.5-6 hours from NYC
- 6-7 hours from Niagara Falls
- 1-3 hours from Montreal
- Accessible by rail on Amtrak
- Nearby airports: [Albany International Airport](#), [Adirondack Regional Airport](#), [Floyd Bennett Memorial Airport](#), and [Plattsburgh International Airport](#)

COUNTIES

Clinton, Essex, Franklin, Herkimer, Hamilton, Lewis, St. Lawrence (Southern), Warren

MAJOR CITIES & TOWNS

Ausable Chasm, Bolton Landing, Blue Mountain Lake, Canton, Chazy, Crown Point, Glens Falls, Keene, Lake George, Lake Placid, Long Lake, Lowville, Malone, North Creek, Peru, Plattsburgh, Potsdam, Rouses Point, Saranac Lake, Schroon Lake, Ticonderoga, Tupper Lake, Warrensburg

CLIMATE

The diverse climate of New York State has four distinct seasons. Summers in the Adirondacks are comfortable and warm with daytime temperatures averaging in the mid-70s to mid-80s (degrees F.) balanced with cooler evenings. The weather is moderately cool and sunny in springtime and autumn, when spectacular fall foliage attracts thousands of visitors. Cold, snowy winters create a wonderland of magnificent scenery in villages, resorts and ski centers.

FURTHER INFORMATION

For more travel ideas and information, visit iloveny.com or the Adirondacks' regional website: visitadirondacks.com.