



CENTRAL NEW YORK

DESCRIPTION

Nestled in the heartland of the state, Central New York beats a lively rhythm for travelers with famous attractions, beautiful state parks and historic towns waiting to be enjoyed. History and culture add to the allure of this region. The [Anderson Center for the Performing Arts](#) at Binghamton University is a destination for enriching events with more than 125 performances annually, ranging from student recitals to world-class performances. Cooperstown is home to the [National Baseball Hall of Fame and Museum](#), packed with millions of artifacts including more than 140,000 baseball cards. The [International Boxing Hall of Fame](#) in Canastota preserves the rich heritage of the sweet science, and the [National Abolition Hall of Fame and Museum](#) in the historic hamlet of Peterboro honors abolitionists who worked to end slavery.

For an active winter escape, [Osceola Tug Hill X-C Ski/Mountain Biking Center](#) in Camden offers over 20 miles of expertly groomed trails for cross-country skiing and lessons for beginners.

Among the icons of the region's food & beverage scene is [Brooks House of Bar-B-Q](#), the takeout-only restaurant that is renowned as some of the best barbecue in the Northeast. Binghamton, home of the "Spiedie," is quickly becoming a "foodie's paradise" with great new restaurants, brew pubs and coffee shops as well as events like Binghamton and Endicott Restaurant Weeks, The Binghamton Wine & Tapas Tour and Binghamton Martini Walk. Other options include the picturesque [Schoharie Beverage Trail](#) with wineries, cideries and breweries, and [Saranac F.X. Matt Brewery](#) in Utica, one of the first craft breweries in the U.S., family owned and operated for 125 years, where tours finish with a tasting of fine craft beers and soda in the 1888 Tavern. Beer connoisseurs can visit [Brew Central](#) to plan their itinerary and check out the latest festivals and events.

WHERE TO STAY

[The Brewster Inn](#), a charming establishment in Cazenovia nestled on the picturesque shores of [Cazenovia Lake](#) in Madison County, offers a delightful getaway for history buffs. Built in 1890, this historic inn features an award-winning restaurant with outdoor seating and 17 inviting guest rooms, providing a perfect blend of comfort, history, and natural beauty. Overlooking [Otsego Lake](#), the [Otesaga Resort Hotel](#) in Cooperstown provides a blend of historic charm and modern luxury. This grand hotel provides elegant accommodations, a spa, and fine dining at [Hawkeye Bar & Grill](#). Guests can enjoy lakeside views and nearby attractions like the [National Baseball Hall of Fame](#). Johnson City is home to the luxurious [Traditions at the Glen](#), where guests can enjoy refined, yet relaxing accommodations in elegantly appointed rooms and suites that blend historic charm with modern amenities. Featuring a full-service spa, a championship golf course with stunning views of the [Susquehanna River](#), and exceptional dining options, from gourmet meals at the Tavern to casual bites at Bogey's Grill, guests can find a peaceful retreat or an indulgent getaway.

GETTING THERE

- 3-5 hours from NYC
- 4-5 hours from Niagara Falls
- 4-5 hours from Montreal
- Amtrak train
- [Greater Binghamton Airport](#); accessible from I-81, I-88, Route 17

COUNTIES

Broome, Chenango, Herkimer, Madison, Montgomery, Oneida, Otsego, Schoharie

MAJOR CITIES & TOWNS

Amsterdam, Binghamton, Canastota, Canajoharie, Cazenovia, Cherry Valley, Chittenango, Cobleskill, Cooperstown, Hamilton, Herkimer, Johnson City, Little Falls, Ilion, Norwich, Oneonta, Rome, Sharon Springs, Sylvan Beach, Utica, Verona, Vestal.

CLIMATE

The diverse climate of New York State has four distinct seasons. Summers in Central New York are comfortable and warm, with daytime temperatures averaging in the mid-70s to mid-80s (degrees F.) and cooler evenings. The weather is moderately cool and sunny in springtime and autumn, when spectacular fall foliage attracts thousands of visitors. Cold, snowy winters create a wonderland of magnificent scenery in villages and towns.

FURTHER INFORMATION

For more travel ideas and information, visit iloveny.com or Central New York's regional website: visitcentralnewyork.com

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