



HUDSON VALLEY

NEW DEVELOPMENTS

Tucked away on a historic lakefront estate encompassing 200 acres of lush forest, [The Ranch Hudson Valley](#) awaits. The immersive health and wellness resort is just 45 minutes from New York City. Guests are enveloped by nature while partaking in The Ranch's holistic program, featuring invigorating hikes, dynamic fitness sessions, serene yoga practices, rejuvenating deep tissue massages and delectable organic fare. [Gatherwild Ranch](#), a glamping retreat, has reopened after a year of renovations. The upscale 15-acre property offers a unique blend of artistic workshops, luxury amenities and a pick-your-own veggie garden. Experience the beauty of the region in a new way with [Hudson Valley Detours](#), a touring company that presents guests with a chance to partake in a remarkable adventure, intertwining scenic biking excursions with upscale accommodations, gourmet dining and pampering spa treatments. Embark on a soaring adventure with the new Minifigure Skyflyer at [LEGOLAND New York](#), offering families a thrilling aerial tour of the theme park. Set to signature tunes, each pod features a spacious dance floor accommodating groups of ten, while the added bonus of Minifigures joining the festivities makes for an unforgettable experience.

DESCRIPTION

Following the majestic Hudson River from just north of New York City to Columbia County, the Hudson Valley has inspired artists, writers and statesmen for generations with its magnificent landscapes, history and culture. Charming river towns welcome travelers with dining both fine and relaxed, main streets dotted with local shops and galleries, and convenience to cultural settings and family-friendly attractions. Explore the [Franklin D. Roosevelt National Historic Site and Presidential Library and Museum](#) in Hyde Park; [Kykuit, the Rockefeller Estate](#), home to four generations of the Rockefeller family in Sleepy Hollow; or [LEGOLAND® New York Resort](#) in Goshen, featuring a year-round themed hotel with daily activities and entertainment for children.

With its proximity to NYC, the visual and performing arts are readily celebrated in the Hudson Valley with the historic [1869 Bardavon Opera House](#) in Poughkeepsie standing out as the oldest continuously operated theater in the state. [Dia Beacon](#) art museum, occupying a former Nabisco box-printing factory overlooking the Hudson River, not only helped transform the city of Beacon into an art destination but gets rave reviews for its collection of works from the 1960s to present day. The renowned [Hudson Valley Shakespeare Festival](#) draws upwards of 30,000 fans through the summer to its home in Garrison.

The great outdoors also can be enjoyed at every turn with thousands of miles of hiking and biking trails, including stretches of the famed Appalachian Trail and the [Empire State Trail](#), which cut through urban centers and rural communities alike. Boating and kayaking are popular on the Hudson, the Long Island Sound and many smaller streams and lakes. The ancient cliffs of the [Shawangunk Mountains](#) draw rock climbers from around the world with accessibility from the [Mohonk Preserve](#) in Gardiner. And the region is a hotspot for fishing, hunting and even sporting clays, with licenses and details available from New York's [Department of](#)

[Environmental Conservation](#). Shoppers can ease into their favorite sport at [Sugar Loaf Arts & Craft Village](#) where artists present their work in dozens of shops and galleries within strolling distance of friendly cafés, and [Woodbury Common Premium Outlets](#) in Central Valley with more than 220 stores and the world's largest collection of designer outlets.

Foodies can sate their appetites at abundant farm markets, artisanal cheesemakers and award-winning vineyards along the Dutchess and Shawangunk wine trails. The [Culinary Institute of America](#) is a world recognized culinary school with well-known alumnae and restaurants on its campus open to the public for dining. New to the region is a Japanese sake brewery's first U.S. location, [Dassai Blue](#). And visitors should plan to stay awhile with unique lodging options such as the classic [Mohonk Mountain House](#) surrounded by forests in New Paltz and [The Maker Hotel](#) in Hudson where each room celebrates the artisans, artists, craftsmen and builders who "make" the world.

There's no season like fall in the Hudson Valley with forests painted with reds, yellows and oranges. Halloween is celebrated with the enthusiasm one would expect in the home setting of Washington Irving's classic *The Legend of Sleepy Hollow*. Visitors can tour Irving's home [Sunnyside](#); families flock to [The Great Jack O' Lantern Blaze](#) set on an 18th century estate with spectacular pumpkin carvings; and those who dare can venture to [Sleepy Hollow Cemetery](#) for an evening lantern tour among gravestones.

GETTING THERE

The Hudson Valley is convenient to New York City and less than a day by car or rail from the northern reaches of New York State and parts of Canada.

- 30 minutes-2 hours from NYC
- 7 hours from Niagara Falls
- 4-5 hours from Montreal
- [Amtrak](#) to Yonkers, Croton-Harmon, Poughkeepsie, Rhinecliff, Hudson
- [Metro-North Railroad](#)
- [Stewart International Airport](#) in New Windsor
- [Westchester County Airport](#) in White Plains
- Also accessible from NYC airports [JFK International](#) and [LaGuardia Airport](#) in Queens

COUNTIES

Columbia, Dutchess, Orange, Putnam, Rockland, Ulster (Southeast), Westchester

MAJOR CITIES & TOWNS

Beacon, Cold Spring, Hudson, Kingston, Middletown, New Paltz, Newburgh, Nyack, Poughkeepsie, Rhinebeck, Tarrytown

CLIMATE

The diverse climate of New York State has four distinct seasons. Summers in the Hudson Valley are comfortable and warm, with daytime temperatures averaging in the mid-70s to mid-80s (degrees F.) and cooler evenings. The weather is moderately cool and sunny in springtime and autumn, when spectacular fall foliage attracts thousands of visitors. Cold, snowy winters create a wonderland of magnificent scenery along the riverside and in quaint villages and towns.

FURTHER INFORMATION

For more travel ideas and information, visit [iloveny.com](#) or the Hudson Valley's regional website: [travelhudsonvalley.com](#).

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