NEW YORK STATE



Visit a Nature Center



Where do turtles live in the winter? How do owls see in the dark? Visit a state park nature center and find out. Here, families and school groups will discover more about the natural world. Through exhibits, hands-on programming and lectures, environmental educators and staff will share their knowledge from ecology to geology and help you connect with the outdoors.

Call ahead or visit parks.ny.gov for the park's programs and events near you.

NATURE CENTERS OPEN YEAR-ROUND

REGION	PARK	NAME OF NATURE CENTER	PHONE #	REGION	PARK	NAME OF NATURE CENTER	PHONE #			
Allegany	Allegany State Park – Red House	Red House Natural History Museum	(716) 354-9121	Central	Clark Reservation State Park	Clark Reservation Nature Center	(315) 492-1590			
Genesee	Letchworth State Park	Humphrey Nature Center	(585)493-3680		Glimmerglass State Park	Glimmerglass State Park Nature Center	(315) 492-1590			
Niagara	Niagara Falls State Park	Niagara Gorge Discovery Center	(716) 278-1070	Long Island	Hither Hills State Park	Hither Hills State Park Interpretive Center	(631) 668-2554			
Thousand Islands	Robert Moses State Park	Robert Moses Nature Center	(315) 764-5498	Niagara	Fort Niagara State Park	Fort Niagara Nature Center	(716) 282-5154			
	Wellesley Island State Park	Minna Anthony Common Nature Center	(315) 482-2479	i nagara						
Saratoga-	Thacher Lake State Park	Emma Treadwell Thacher Nature	(518) 872-0800		Beaver Island State Park	Beaver Island Nature Center	(716) 282-5154			
Capitol		Center	(Evangola State Park	Evangola Recreational and Nature Center	716-425-7243			
Taconic	Fahnestock State Park	Taconic Outdoor Education Center	(845) 265-3773	Palisades	Minnewaska State Park	Minnewaska Nature Center	(845) 255-0752			
Palisades	Bear Mountain State Park	Trailside Museums and Zoo	(845) 786-2701 ext. 265		Rockland Lake State Park	Rockland Lake State Park Nature Center	(845) 786-2701 ext. 265			
	Sterling Forest State Park	U.S. Senator Frank R. Lautenberg Visitor Center	(845) 351-5907							
				Saratoga-	Moreau Lake State Park	Moreau Lake State Park Nature Center	(518) 793-0511			
Long Island	Caleb Smith State Park Preserve	Caleb Smith State Park Preserve Nature Museum	(631) 265-1054	Capitol						
	Connetquot River State Park Preserve	Connetquot Interpretive Center	(631) 581-1005	Thousand Islands	Point Au Roche State Park	Point Au Roche State Park Nature Center	(518) 563-0369			
	Jones Beach State Park	Theodore Roosevelt Nature Center	(516) 679-7254		Higley Flow State Park	Higley Flow State Park Nature Center	(315) 262-2880			
New York City	Clay Pit Ponds State Park Preserve	Interpretive Center at Clay Pit Ponds State Park Preserve	(718) 605-3970	Please call nature centers for hours of operation and information on outdoor education programs.						

NATURE CENTERS OPEN SEASONALLY





The New York State Office of Parks, Recreation and Historic Preservation oversees state parks and historic sites in 11 regions of the state. Visit us at parks.ny.gov or call (518) 474-0456.

The Adirondack and Catskill Parks' regions are managed by the State Department of Environmental Conservation (DEC). Call (518) 457-2500 or visit: dec.ny.gov.

LONG ISLAND/NEW YORK CITY AREA

Susan B. Anthony

Lake Lauderdal



Looking for a gift for friends family or co-workers

with a Gif

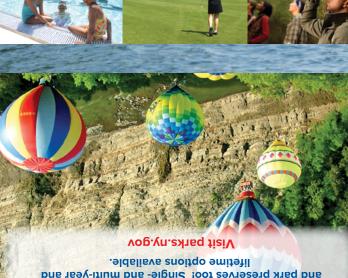
able for purcha and use at most New York State Parks campgrounds and golf courses

or more info

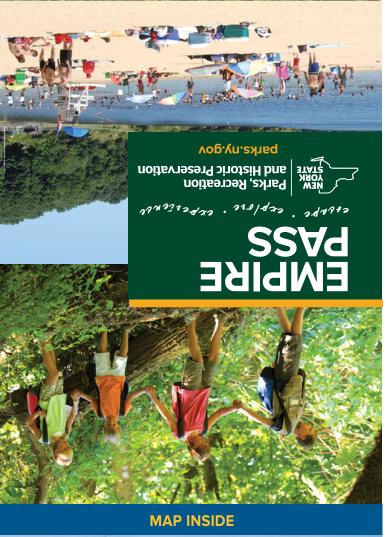
contact your nearest

State Park campground

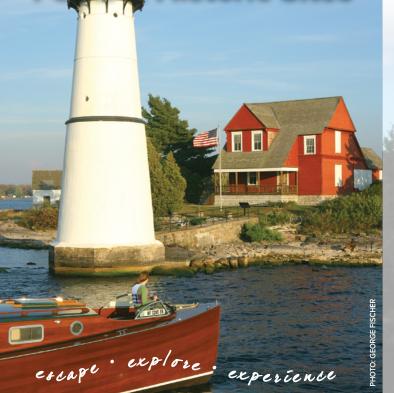
or golf course, or visit parks.ny.gov



and park preserves too! Single- and multi-year and smutervation forest preserves, boat launches, arboretums ay-use vehicle entry to state parks, Dept. of Environmental The Empire Pass: New, easy-to-use format for unlimited



New York State Parks & Historic Sites



parks.ny.gov

ALLEGANY

Regional Office: 716-354-9101 Come hike through the Allegheny Plateau, boat across Chautaugua Lake or camp along Lake Erie. This region



is the largest of New York's state parks. Amidst forest. mountains neadows. amaz ing rock formations, three lakes

has everything

for the outdoo

65,000 acres, Al-

legany State Park

enthusiast.

Comprising

and numerous streams and ponds this park offers year round adventure. With 424 campsites and 375 cabins, including winterized vacation rental cottages and cabins, Allegany is a true camper's paradise. The park's two developed areas, Red House and Quaker, have sandy beaches and hiking, nature interpretative programs, mountain biking and equestrian trails that double as cross-country ski and snowmobile trails in winter.

Midway State Park, right on Lake Chautaugua is one of

the oldest continually operating amusement parks in the nation. With the renovated 1928 roundhouse encasing the 1946 Allen Herschell carousel, this family-friendly park offers midway games, children's rides, go karts and



picnic shelters. Also Midway State Park located right on the lake, Long Point State Park has a marina and is a popular spot for muskellunge fishing.

Spectacular sunsets await you at Lake Erie State Park. take your pick from 100 campsites and 10 cabins seated on a bluff overlooking Lake Erie. Don't forget your binoculars, this park is a natural resting place for migrating birds

CENTRAL

Regional Office: 315-492-1756

Green Lakes State Park is a must see as the two aquahued glacial lakes will leave you mesmerized. Surrounded by forest, miles of trails, camping, a swimming beach and an 18-hole championship golf course, this park has it all.

Gilbert Lake State Park is known as the "wildlife" park of the region, featuring 135 campsites and 33 cabins. Or try **Bowman Lake State Park**, known for its spacious 180 campsites, 7

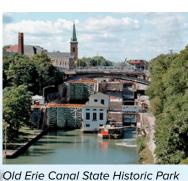
the eastern end of Oneida Lake, Verona Beach State Park boasts 49 campsites and outstanding shaded picnic areas. Pixley Falls State Park offers visitors a dramatic

50-foot waterfall, 22 stream-side campsites and



miles of trout streams. Chenango Valley State Park features two glacier-created kettle lakes, superb camping and an 18-hole golf course.

Visit the impressive 19th century **Fort Ontario State** Historic Site. From the French and Indian War through World War II, this star shaped fort played an important part in military history. Nearby **Sandy Island Beach State Park** offers a wide expanse of white sandy beach and a portion of a 17-mile stretch of protected dune and wetland system. Located on the heights above Lake Ontario, Selkirk Shores State Park is home to some of the finest fishing in the state and spectacular sunsets.



Hike, bike, canoe, kayak, or snowmobile at the Old Erie Canal State Historic Park. This 36-mile linear park runs alongside a historic waterway. Picnic creek-side at Chittenango Falls State Park as the water cascades ove

limestone terraces. Explore nearby Cazenovia and Lorenzo State Historic **Site** to tour the Lincklaen family's 1807 Federal-style home and formal gardens overlooking Cazenovia Lake.

FINGER LAKES Regional Office: 607-387-7041

At Buttermilk Falls, Robert H. Treman, Stony Brook or Fillmore Glen State Parks, swim at the base of a waterfall, hike along the rim of a gorge and camp in a wooded glen. Take your time and walk a gentle trail through a rugged canyon at Taughannock Falls State Park to glimpse one of the highest waterfalls in the east, plummeting 215 feet on its way to Cayuga Lake. Allan H. Treman State Park, one of seven marinas in the region and one of the largest inland marinas in New York State, has 381 seasonal and transient slips and

also provides access to Cayuga Lake.

The experience at Watkins Glen State Park is truly unforgettable. Winding paths and steps will lead you over stone bridges, and behind waterfalls. Later relax at the Olympic sized pool or one of 305 campsites.

Taughannock Falls State Park



Known for its white sandy beaches and panoramic lake views from the campsite bluffs, Fair Haven Beach State **Park** is also great for boating and fishing. Anglers will fall madly in love with **Keuka Lake State Park** for its trout, bass and salmon, and Cayuga Lake State Park for its large- and small-mouthed bass, lake trout, salmon, perch and northern pike. Seneca Lake and Sampson State **Parks** offer a ton of water-based resources on Seneca Lake including a beach, marina and fishing, as well as a spray park at Seneca Lake. The Military Museum at Sampson draws visitors from all over.

For a change of pace visit Sonnenberg Gardens & Man-



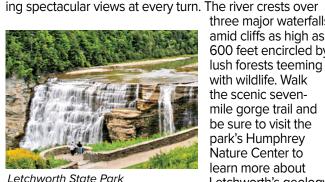
sively preserved country estates from the Victorian era. A short drive northeas will bring you to Ganondadar State Historic Site. the location of a major 17thcentury Iroquois town and its massive granary See a full size

replica of a bark long house, walk the interpretive trails, and learn about the history of the Seneca people, their customs and beliefs.

GENESEE

Regional Office: 585-493-3600 Known as the Grand Canyon of the East, **Letchworth** State Park, is a 14,350-acre masterpiece. A wild 17-mile gorge carved by the Genesee River tumbles over water-

alls and meanders through the heart of the park, provid-



amid cliffs as high as 600 feet encircled by lush forests teeming with wildlife. Walk the scenic sevenmile gorge trail and be sure to visit the park's Humphrev Nature Center to learn more about Letchworth's geology

This spot is also the start location for whitewater raft rides Choose from the 270 campsites and 82 cabins, or attend a nature, history or performing arts program. The beautifully restored Glen Iris Inn houses guests in exquisite period rooms and serves elegant meals.

Oak Orchard Marine State Park, Silver Lake State Park, Irondequoit Bay Marine Park and Conesus Lake Boat Launch provide boaters easy access to a day on the water and great fishing. Explore the historic 90 mile Genesee

the southern shore of



Lake Ontario, has superb Darien Lakes State Park fishing, several large swimming beaches, lakefront paths, great birding and a nature trail in the Yanty Creek Marsh

Also on Lake Ontario is Lakeside Beach State Park which offers fishing, picnicking, 2 disc golf courses and panoramic views that bring thousands of visitors to this serene park year after year.

LONG ISLAND

Regional Office: 631-669-1000

Jones Beach State Park, famous for its landmark water tower and popular sandy beach, is the most celebrated of the many parks on Long Island. The Theodore Roosevelt Nature Center features exhibits on beach ecology. Golfers can choose among five championship courses at the renowned Bethpage State Park or opt to hit the links at Montauk Downs State Park. Nissequogue River State Park connects with Sunken Meadow State Park allowing visitors to explore 153 riverfront acres of trails, saltwater



wetlands and wildlife habitats. Visitors can surf cast for striped bass at Camp Hero State Park. The boat basin at Captree State Park is popular with charter boats, and Connectquot **River State Park** Preserve is a favorite spot for fly fishermen Anglers can also enjoy some of the best surf fishing in

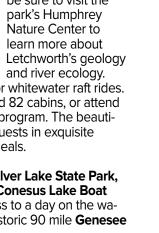
the world at Montauk Point State Park, where tides from the Atlantic and Block Island Sound converge. Hither Hills State Park campground delivers a one-of-a-kind oceanfront camping experience so popular that you should reserve a spot early. If you prefer a shaded woodland campsite, try Wildwood State Park where the camp-

ground is nestled on the headland overlooking the cool waters of Long Island Sound. The sweeping lawns, formal gardens and 65-room Tudor-style Gold Coast mansion of **Planting Fields Arbore**tum State Historic Park will take visitors back

formal Marshall Field III estate.

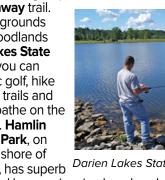






Valley Greenway trail.

Try the campgrounds in the hilly woodlands of Darien Lakes State Park where you can fish, play disc golf, hike the multi-use trails and swim or sunbathe on the sandy beach. **Hamlin** Beach State Park, on





NEW YORK STATE PARKS & HISTORIC SITES HIGHLIGHTS

NEW YORK CITY

Regional Office: 212-866-3100

Located in upper Manhattan, Riverbank State Park offers amazing views along the Hudson River and yearround recreational enjoyment. Its 28 acres include an ice rink, indoor pool, gymnasium, waterfront amphitheater, 400-meter running track, indoor theater, playing fields,



playgrounds picnic areas and a kid-designed carousel. Roberto **Clemente State** Park. located along the Harlem River in the Bronx offers year-round sports and athletics programs, cul tural and creative

arts, a huge sum

Roberto Clemente State Park

mer bbg scene, as well as a state-of-the-art playground. East River State Park on the Brooklyn waterfront in Wil liamsburg offers newly restored access to the East River waterfront featuring a sandy beach and the spectacular Manhattan skyline – the perfect backdrop for enjoying the many cultural and food related events at the park. Gantry Plaza State Park on the Long Island City, Queens

waterfront offers thrilling views and is an ideal spot for riverside recreation and a break from hectic city life. Brinc your binoculars and fishing pole to **Bayswater Point State** Park in Queens and take a tour of this delicate bird habitat and prime fishing location on Jamaica Bay. Head out to Staten Island and explore Clay Pit Ponds State Park **Preserve**. This 260-acre preserve is a mixture of unique habitats with a rich variety of plant and animal life and features a nature center plus miles of hiking and horseback

Take the tram to New York State's newest park in NYC

on Roosevelt Island Franklin D. Roosevelt Four Freedoms State Park is the only memorial dedicated to the former President in his home state of New York. The serenely beautiful park is the last work of the late Louis I. Kahn, an iconic

riding trails.

Franklin D. Roosevelt Four Freedoms architect of the 20th State Park

century. Four Freedoms Park celebrates the Four Freedoms as pronounced in President Roosevelt's famous 1941 State of the Union

NIAGARA Regional Office: 716-278-1770

Speech

Nothing will prepare you for your first visit to the spec-



Falls State Park. Only then will you understand what keeps millions of visitors returning year after year to the oldest state park in the country. For a complete Niagara experience, you nust board the

famous Maid of the Mist boats which will bring you front and center to the mighty falls. Afterwards, descend down into the gorge for the Cave of the Winds excursion bringing you under the falls and within arms reach of the thundering waters.

Passionate anglers will flock to the Niagara Gorge salmon run at Whirlpool and Devil's Hole State Parks, both with trails that travel 300 feet into the gorge. Nearby along the Niagara River is Earl W. Brydges Artpark, devoted to the visual and performing arts. Artpark offers a full spectrum of performances from Broadway musi-

cals to indie rock bands to cultural festivals. The park also offers nature trails, picnic facilities and fishing access. Fort Niagara State Park has access via two boat launches to the Lower Niagara River and Lake Ontario, hiking trails, swimming pools, playing fields and tennis courts. Adjacent to the park is Old Fort Niagara State Historic Site steeped in history and strategically located at the mouth of the Niagara River. This imposing fortification, built by the French in 1724 controlled access to the

Great Lakes and the westward route to the North American frontier. The site offers tours, programs and annual reenactment events. Thousands enjoy lake-

side camping annually,

especially at Four Mile

Creek, Golden Hill, and

Evangola State Parks



Golden Hills State Park

which has 82 campsites and each park has two yurts for those wanting to try something a little different! Check out the Buffalo waterfront and gorgeous Lake Erie at Buffalo Harbor State Park. With a 1000-slip marina, playground and dining options, the newest state park is not to be missed.

If you appreciate architecture and design do not miss the Darwin Martin House Complex, one of Frank Lloyd Wright's most celebrated Prairie style homes. Nearby, the 950-acre Beaver Island State Park offers a marina on the Niagara River, an 18-hole championship golf course, and a half-mile sandy beach for swimming. In the historic village of East Aurora sits Knox Farm State Park. This 633-acre original horse farm encompasses a variety of habitats for hiking, biking, horseback riding, walking or nature study.

PALISADES

Regional Office: 845-786-2701

In the mountains on the west bank of the Hudson River lies Bear Mountain State Park, home of the Trailside Museums and Zoo and the historic Bear Mountain Inn overlooking Hessian Lake. From the Perkins Memorial Tower, visitors can enjoy panoramic views of the Hudson Highlands, and on a clear day, the Manhattan skyline. Go boating, and fish in the lake, or in the Hudson. Swim in the enormous pool, picnic, hike, bike, cross-country ski or snowshoe on the trails. In winter, there is skating on the

rink nestled at the base

Harriman State Park

hike through scenic

highlands and beside

Swim, boat, picnic o

fish at Lake Tiorati,

Lake Sebago or Lake

Welch. Anthony Wayne

Recreation Area is host

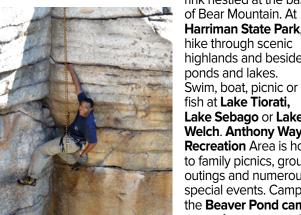
to family picnics, group

special events. Camp in

the **Beaver Pond camp**

outings and numerous

ponds and lakes.



ground or rent a rustic Minnewaska State Park Preserve cabin at Lake Sebago.

Rock climbers are welcome at Minnewaska State Park Preserve's sheer ledges of the Shawangunk Mountain ridge that rises more than 2,000 feet above sea level. Explore the park on foot, by bike, on horseback or on cross-country skis along a 50-mile network of carriageways and trails.

History buffs will revel in the area's rich military heritage. Explore the exhibits and ruins at Fort Mongomery State Historic Site and learn why this fort was considered key to American defenses. A visit to the Washington's Headquarters State Historic Site in Newburgh is a must. This national landmark, and the nation's first stateowned historic site is where Gen. Washington brought the Revolutionary War to a close and helped shape a new American republic. Tour the visitor's center and see costumed interpreters at nearby New Windsor Cantonment to gain insight into the weaponry and activities of life as a Continental soldier. The site serves as home to the National Purple Heart Hall of Honor.

Sterling Forest State Park, a magnificent natural refuge. is just an hour northwest of New York City. This park's hiking trails feature

dense woodlands, lakes, marshes, and dazzling views of the New York-New Jersey Highlands. For a quick escape trv Rockland Lake State Park for its ina trail. swimmina

and golf. Hike and



Sterling Forest State Park horseback ride amidst the solitude and dramatic scenery of the region's undeveloped parks such as Goosepond Mountain, Blauvelt and Highland Lakes State Parks.

SARATOGA-CAPITAL Regional Office: 518-584-2000

Reminiscent of an earlier era, Saratoga Spa State Park is like no othe



With its effervescent waters, towering pines, and elegant buildings, this nationa historic landmark property tination. The

is a top despark includes the Victoria pool, Saratoga Performing Arts Center, historic Gideon

Putnam, Hall of Springs, Lincoln Baths, a children's pool complex, and two golf courses. John Boyd Thacher State Park is known for its panoramic views of the Hudson and Mohawk valleys and the Adirondack and Green Mountains. Visit the Welcome Center to learn about the park's history and fossil-rich geology. Enjoy the dramatic views from the observation deck. The park offers miles of trails for hiking, biking, cross country skiing, snowshoeing and snowmobiling. Stay overnight at the park's Thompson's Lake Campground and visit the nature center for children's activities and environmental education. Swim at the sandy beach, rent a rowboat, fish or play volleyball.

Peebles Island State Park sits at the confluence of the Hudson and Mohawk Rivers with river views along miles of paths. Picnickers and fishermen come to relax, and winter visitors can cross-country ski, hike and snowshoe. At Crailo State Historic Site learn about Dutch life in the upper Hudson River Valley through exhibits and artifacts in this unique museum. Schodack Island State Park provides hiking trails and a boat launch along the Hudson River; bring your binoculars to spot some resident Bald Eagles.

On a forested mountain ridge Grafton Lakes State Park offers five ponds with excellent swimming and fishing and ice-skating in winter. Twenty-five miles of trails are open for hikers and equestrians in summer and to crosscountry skiers and snowmobilers in winter. In Hoosick Falls visit Bennington Battlefield State Historic Site where in 1777, American militiamen defeated General Burgoyne's forces. View the Interpretive signs, enjoy

the scenery and stop by the visitor's center in the nearby Barnett House.

Moreau Lake State Park offers rustic, tranquil campsites in the Adirondack foothills. Take a



Moreau Lake State Park

drive north to Lake Champlain and explore Crown Point State Historic Site and marvel at the spectacular views and preserved ruins of Fort St. Frederic (1734) and His Majesty's Fort of Crown Point (1759).

TACONIC

Regional Office: 845-889-4100

At Clarence Fahnestock Memorial State Park, a short drive from New York City, one can be fully immersed in nature, camp amid oaks and hemlocks, swim at sandy Canopus Beach and soak in the magnificent views along miles of trails, including the Appalachian Trail. Camp at Taconic State Park, where swimming is available at the Ore Pit Pond and recreational opportunities available on the Harlem Valley Rail Trail. The challenging terrain of the park's extensive trails system also provides ac-



Clermont State Historic Site

the elegant estate of the distinguished Livingston family at Clermont State Historic Site, which offers lovely grounds and Hudson River views. Check out more Hudson River views and step back in time by visiting the Gilded Age mansion at Staatsburgh State Historic Site.

The carriage paths, guiet meadows and shaded woodland oasis of the Rockefeller State Park Preserve will charm joggers, bird watchers and equestrians alike.

Franklin D. Roosevelt State Park is a perfect spot to host a family reunion and then cool off in the pool or play on its ball fields. Nestled in the Westchester countryside is **John** Jay Homestead, the gracious retirement home and farm of



cess to Bash Bish

Massachusetts stat

line. Playgrounds,

campsites, lake-

side cottages and a

beach attract families

to the hills and lush

forestland of Lake

Taghkanic State

Park. Be sure to tour

Falls, along the

John Jay, a founding father, patriot and first Chief Justice of the Supreme Court.

If you need a little inspiration, try Olana State Historic Site. This turn of the century Persian-style villa constructed by Hudson River School artist-owner Frederic E. Church will not disappoint. The exotically furnished interior, paintings, grounds, intricate stencils and exquisite views at the 250-acre estate will fill you with a sense of wonde

At James Baird State Park, play tennis or enjoy a round of golf at the Robert Trent Jones-designed championship course; or play 18 holes at Mills-Norrie State Park's Dinsmore Golf Course, one of the oldest public courses in the country. At the park's marina, anchor your boat overnight or for the season. For other water sports, try kayaking on the Hudson and on the nearby creeks from paddle centers at either Mills-Norrie or Annsville Creek, part of Hudson Highlands State Park Preserve.

THOUSAND ISLANDS Regional Office: 315-482-2593

Wellesley Island State Park on the St. Lawrence River is the largest camping complex in the region offering tent and trailer sites, cabins, a marina and four boat launches, as well as year-round activities found at its



Seaway Trail. Pitch a tent or Southwick Beach State Park rent a cabin, enjoy some of the best fishing in the northeast, picnic swim, and hike trails that wind through fields, forests and wetlands. Southwick Beach State Park on Lake

Minna Anthony

Ontario is popular with campers and day-use visitors for the outstanding swimming and sunbathing on its long sandy beach For quiet and seclusion, try camping at Coles Creek and **DeWolf Point** and particularly the island parks

Canoe-Picnic Point or Cedar Is-Coles Creek State Park

land. Kring Point State Park is on a peninsula that extends into the St. Lawrence. From any point in the park including campsites and cabins, you can see the water and many of the 1,700 islands from which the region gets its name.

Take a history break and tour Sackets Harbor Battlefield State Historic Site, the command center of the American naval and military operations on Lake Ontario during the War of 1812. Find out how Americans held their ground during a surprise attack by British forces in 1813. At the far eastern portion of the region is Point au Roche State Park, with its expansive vistas of Lake Champlain and the Adirondack Mountains. This scenic park offers swimming, picnicking, hiking trails, cross country skiing and a boat launch, while Cumberland Bay State Park, with 2,700 feet of beach on Lake Champlain offers 152 campsites



Wild Forest.

CATSKILLS

opportunities. Hikers can climb

lofty peaks with spectacular views in the Slide Mountain Wilderness, or observe the splendor of the Hudson Valley from atop a fire tower in the Overlook Mountain Wild Forest. In the Elm Ridge Wild Forest.

for people of all ages.

Since the 1800's the Catskills have been a destination for vacationers seeking a temporary reprieve from urban life. Today, eight state-operated campgrounds continue this tradition, providing over 700 individual sites and additional amenities such as picnicking, swimming, and fishing. For winter time activities, there's no better place to play in the snow than the Belleayre Mountain Ski Center, where 55 downhill trails, 8 lifts and a terrain park invite skiers and snowboarders of all abilities.



xperience the beauty of snow-covered landscapes and breathtaking winter scenes. New York offers an abundance of outdoor winter activities and snowmobiling is one of the most popular. Today, there are over 10,400 miles of state-funded, interconnected snowmobiling trails across the state. The trail system passes through more than 47 counties and is maintained with the help of approximately 200 local snowmobile clubs. This vast network includes lands under the jurisdiction of State Parks, the New York State Department of Environmental Conservation (DEC), NYS Canal Corporation, local governments and many private landowners.

For winter family fun, take advantage of the variety of snowmobile trails and winterized cabins at many parks, including Allegany and Letchworth State Parks.

(518) 474-0446.



\star^* Sleep under the Stars \star^*

ADIRONDACKS

With nearly three million acres of "forever wild" Forest Preserve, the Adirondack Region offers some of the most wild and remote places in the state. With over 3,000 lakes and ponds and forty peaks exceeding 4,000 feet in elevation, this rugged landscape is a paradise for hikers and paddlers alike.

For breathtaking 360-degree views, hike into the High Peaks Wilderness and climb Mt. Marcy, New York's tallest peak. Experience backcountry solitude while canoeing in the Five



Ponds Wilderness, or paddle in the company of loons in the Essex Chain Lakes Primitive Area. Those seeking class IV whitewater can do so in the Hudson Gorge

Wilderness, one

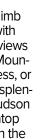
of the North-Essex Chain Lakes Primitive Area east's premier rafting attractions, while mountain bikers ride the Flume Mountain and Beaver Brook trail systems in the Wilmington

Camping opportunities abound in the Adirondacks, whether you prefer the amenities of one of 44 state-operated camparounds. or vou'd rather hike or paddle in to one of 250 lean-tos located throughout the backcountry.

Evidence of pivotal battles of the American Revolution are on display at the Crown Point State Historic Site and Lake George Battlefield State Historic Site. Hikers and bicyclists can journey back to a different era of Adirondack history at the Camp Santanoni Historic Area and experience a restored 19th century Great Camp.

For snow lovers, the Whiteface Mountain Ski Center and Gore Mountain Ski Center offer a multitude of winter activities, including downhill and cross-country skiing, snowboarding, and snow tubing. Experience the thrill of a bobsled ride at the Mt. Van Hoevenberg Olympic Sports Complex.

For centuries the Catskill Mountains have been cherished for their natural beauty and dramatic vistas. Today, thanks in part to the nearly 300,000 acres of "forever wild" Forest Preserve, the region remains a popular destination for those seeking awe-inspiring sights and outstanding recreational



North-South Lake

northern Catskills, hikers traversing the Escarpment Trail in the Windham-High Peak Wilderness and North-South Lake Campground are rewarded by sweeping vistas, while mountain bikers of all abilities can explore 12 miles of trail in the

The Catskills were the birthplace of fly fishing in the United States, and the sport continues to thrive in the region today. The Esopus Creek in the Shandaken Wild Forest and the Willowemoc Creek in the Willowemoc Wild Forest provide abundant opportunities for trout fishing, while Big Pond in the Delaware Wild Forest is a popular ice-fishing destination

For schedules and information on courses or to download a copy of the NYS Snowmobiler's Guide, visit our website at parks.ny.gov/ recreation/snowmobiles. To request a copy of the NYS Snowmobiler's Guide please call

State provides many ways to sleep under the stars, from 15,000 plus state-operated campsites and cabins for tents and RVs to nearly 800 cabins and vacation rentals, a lighthouse, yurts and more! Choose from tranquil tent sites in woods to boat-access only waterfront sites to multi-room cottages and everything in between. Many state campgrounds are conveniently located near day-use parks, trails, historic sites, golf courses and other family-friendly destination offering adventure and relaxation of all kinds.

Your next adventure starts here! New York

The Department of Environmental Conservation oversees 52 state

campgrounds in the Adirondack and Catskill Parks. DEC campgrounds provide a wide variety of experiences, including island camping, tent and trailer camping, boat aunching facilities, hiking trails, beaches and day use areas with picnic tables and grills.

proughout the rest of New York. With 8,500 sites for tents and RVs, over 800 cabins ttages, along with yurts, a lighthouse and more, there's an option for every type of Most sites have a picnic table, fire pit or ring and nearby comfort stations and de amenities such as electric, water and sewer hook-up, and platforms.

ble from one day nce by visiting rveamerica.com o





STATE PARK GOLF COURSES

	COURSE NAME	INFORMATION	COURSE	YARDS	HOLES	LCA.
	Gov. Alfred E. Smith/	631-269-5351	Blue	3046	9	
	Sunken Meadows, Kings Park		Green	3264	≠9	
			Red	3133	9	
	Bethpage, Farmingdale	516-249-0700	Black	7366	18	
			Blue	6638	18	
			Green	6378	18	res.
1			Red	7014	18	
			Yellow	6324	18	-2
	Montauk Downs, Montauk	631-668-5000		6976	18	
	Robert Moses, Babylon	631-669-0449	Pitch/Putt	1425	18	
	Rockland Lake, Congers	845-268-7275		6864	18	
		845-268-7930	Executive	2780	18	
	Sag Harbor, Southhampton	631-725-2503		2732	9	
	Saratoga Spa, Saratoga Springs	518-584-2006		7141	18	
			Executive	1635	9	
-	James Baird, Pleasant Valley	845-452-1489		6815	18	
	Dinsmore, Staatsburg	845-889-4071		5759	18	
	St. Lawrence, Ogdensburg	315-393-2286		2914	9	
	Wellesley Island, Fineview	315-482-9622		2730	9	
	Battle Island, Fulton	315-593-3408		5973	18	
	Springbrook Greens, Sterling	315-947-6115		5993	18	
-	Chenango Valley, Chenango Forks	607-648-9700		6478	18	
	Green Lakes, Fayetteville	315-637-6111		6212	18	
	Bonavista, Ovid	607-869-9909		3332	9	
	Pinnacle, Addison	607-359-2767		3259	9	
1	Indian Hills, Painted Post	607-523-8060		6626	18	
-	Soaring Eagles, Horseheads	607-739-0551		7067	18	
51	Beaver Island, Grand Island	716-773-4668		6645	18	1



At any of more than 180 State Parks, boaters can choose to enjoy some of the best waterways in the state including the Atlantic Ocean, Great Lakes, Lake Champlain, Hudson, Mohawk and St. Lawrence Rivers, Erie Canal, and a multitude of small lakes and ponds. Select parks include marinas, launch ramps, while others may rent motor boats, canoes, kayaks or rowboats.

It is strongly recommended that everyone complete a boating safety course before venturing out on the water. Boating safety information along with a statewide list of Boating Safety Courses can be found at parks.ny.gov. Any motor boat operator born on or after May 1, 1996 is now required to have a boating safety certificate and be at least 10 years of age. All personal watercraft operators are required to have a boating safety certificate and be at least 14 years of age. Individuals may rent motor boats and personal watercraft, without the otherwise required certificate, provided they are given alternative instruction at the point of rental. The operator must be at least 18 years of age.



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In New York can be found within state parks, including the famed Black Course thpage State Park, site of two pre vder Cup, the Robert Trent Jones designed Green Lakes and James Baird ourses and the 18-hole championship course at Saratoga Spa.