

# CAPITOLS, MONUMENTS & BATTLESHIPS

## DAY ONE - WASHINGTON D.C.

Arrival in the afternoon at the Nation's Capital, Washington DC. Start at **The National Mall** home to a host of museums, including the **National Gallery of Art**, where the U.S.'s only Leonardo Da Vinci painting hangs, and the **National Archives**, which houses the original Constitution and Declaration of Independence. Dinner at **Union Station**, where there are a number of sit-down and quick-service restaurants to sample. Plus, the glorious beaux-arts train station is the departure point for tours of the monuments at moonlight offered by **Old Town Trolley**.

For something a bit quirkier, **Bike and Roll**, **Bike the Big Capital** and **City Segway Tours** (for ages 16 & up) also offer evening tours in season. Even if you've made the rounds at all the monuments and memorials by day, there's something extra-special and magical about a nighttime tour.



## DAY TWO - WASHINGTON D.C.

Head to the **Arts District/U Street/Shaw** neighborhood for breakfast at a DC institution, **Ben's Chili Bowl**. Or, if you're visiting on a weekend, visit the colorful farmer's markets at **Dupont Circle** or **Eastern Market** on Capitol Hill. The blueberry buckwheat pancakes at Eastern Market is a local favorite. After breakfast, tour the **Capitol Hill** neighborhood and explore the **U.S. Capitol**, **Library of Congress** and **Supreme Court**. The neighborhood is also home to the Folger Shakespeare Library, which houses the largest collection of Shakespeare memorabilia outside of England.

For lunch, head to the **Downtown/Penn Quarter/Chinatown** neighborhood, where you'll find an array of options. Or feast on fresh noodles and flavorful soups in Chinatown. And don't forget to snap a photo of the ornate Friendship Arch that looms over H Street. Go undercover at the **International Spy Museum**, where you can crack codes, take on covers and even lead a covert operation. Or stop by the **National Portrait Gallery** and the **Smithsonian American Art Museum** to see portraits of some of the country's most famous historical figures.

End the evening discovering DC's theater scene. **The Kennedy Center's Millennium Stage** offers free performances at 6:30 p.m. nightly, along with a host of ticketed performances from opera to musicals to jazz. Other theaters, such as the **Shakespeare Theatre Company**, **Arena Stage**, **Warner Theatre** and **National Theatre**, regularly present familiar classics. For something a bit more contemporary, catch a show at Woolly Mammoth Theatre Company or Studio Theatre.

## DAY THREE - RICHMOND, VA

Just only two hours away is Virginia's State Capital Richmond, Virginia. Begin your Richmond Region adventure with a tour of the **Virginia State Capitol**. Designed by Thomas Jefferson, this architectural marvel is home to the oldest continually-operating legislative assembly in the Western Hemisphere. The Capitol also served as the White House in Stephen Spielberg's 2012 Oscar-nominated film, Lincoln.



Follow the cobblestone streets of **Shockoe Slip** and **Shockoe Bottom** and explore the many dining options for lunch. Stop in one of the many shops along the way for a few great souvenirs to take home. After lunch take a tour of the **American Civil War Museum & White House of the Confederacy**. The White House, a National Historic Landmark, has been carefully restored to its wartime elegance as Confederate President Jefferson Davis' executive mansion. Then relive history at **St. John's Church**, the oldest church in Richmond, where Patrick Henry delivered his famous "give me liberty, or give me death"

speech. Stroll along **Monument Avenue** – the only street in the United States to be named a National Historic Landmark. Take in the grandeur of the street's seven larger-than-life statues and its impressive historic homes. Visit the **Virginia Museum of Fine Arts** and do a scavenger hunt or a docent-led tour. Dinner at the museum's elite restaurant Amuse is a great way to preface an evening of entertainment options.

## DAY FOUR - RICHMOND, VA

Start your next day in Richmond, Virginia with a journey to **Henricus Historical Park** and explore the re-created site of the second successful English settlement in the New World. The 1611 Citie of Henricus was the site of the first English hospital in the New World and served as the home of Pocahontas and her husband John Rolfe.

Enjoy lunch and shopping in **Carytown**, which offers a variety of eclectic shops, boutiques and food stores. Take a walking tour with the **Valentine History Center** that includes the 1.25 mile stretch of historic Canal Walk, Trolley tour or a Segway Tour around the city, or visit the Virginia War Memorial. Sitting on a hill overlooking the city, this memorial honors all Virginia fallen soldiers from World War II to current conflict. Groups can do a wreath-laying ceremony and see the film "Into Battle."

End the day with a visit to the **Lewis Ginter Botanical Garden**, **Hanover Tavern**, or take a narrated canal cruise on a charming bateau boat. Do not forget to visit scenic **Hollywood Cemetery**, which serves as the final resting place of Jefferson Davis and his family, 25 Confederate generals and 18,000 Confederate soldiers. Take in a show at one of our beloved dinner theatre's **Swift Creek Mill**, or an evening with a performance by the **Virginia Repertory Theater**, the **Richmond Ballet**, **Virginia Opera**, the **Richmond Symphony** or just relax and take in one of our four wineries, twenty breweries, Virginia's first urban Cidery and Moonshine Distillery.

## DAY FIVE - NORFOLK, VA

Continue your journey to Coastal Virginia only 1.5 hours away. Start off the morning walking in the shoes of a five-star general at the final resting place General Douglas MacArthur, **The Douglas MacArthur Memorial**. Discover the story of an Army General and pay tribute to millions of men and women who served with the General in three wars.



Uncover the mystery behind the power of the sea at **Nauticus**, an interactive science and technology center, where you can explore the hands-on exhibits. While there, step aboard the **Battleship Wisconsin**, one of the last and largest battleships built by the U.S. Navy. For lunch, eat and shop at **MacArthur Center**, a downtown shopping experience.

In the afternoon, set sail aboard a cruise on the **American Rover Sailing Cruise** or the **Victory Rover Naval Base Cruise**. Enjoy the breathtaking panoramic views of the Virginia Waterfront's skyline with a narrated tour and great music as you cruise Norfolk's historic waterways. On the Victory Rover Naval Boat Cruise you will see the world's largest naval base, **Naval Station Norfolk**.

Enjoy the evening tasting Norfolk's finest local cuisine on a **food tour** of Historic Ghent or downtown Norfolk. Then stop for ice cream with a famous cone from **Doumar's**. Doumar's is where Abe Doumar invented the waffle cone by taking a waffle and rolling it into a cone, to which he added ice cream.

## DAY SIX - NORFOLK, VA

Start your morning with a 45-minute bus tour of the world's largest naval station, at **Naval Station Norfolk**. An enlisted sailor takes you onto the base and shows you how our Navy works, lives and protects our country. Then step back in history with more than 5,000 years of art at the **Chrysler Museum of Art**. Explore the largest collection of Tiffany glass on the East Coast. Stop by the **Chrysler Museum's Perry Glass Studio**, where glass blowing artists create pieces of art right before your eyes.

For lunch stroll down Colley Avenue in **Historic Ghent** for some great local finds with more than 20 locally owned restaurants and shops all within walking distance. End the trip by relaxing and sipping wine at Virginia's first urban winery, the **Mermaid Winery**. Or pub crawl to **O'Connors Brewing Company** and **Smartmouth Brewing Company**.

## PLAN YOUR ADVENTURE TODAY!

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