

# Paducah, KY

## "Paducah Quilt Trail"

Paducah, KY, is a city where historic and artistic legacies come to life through its quilts. From the quilts displayed in iconic galleries to those still being created, the city celebrates both traditional quilting and the innovative work of modern artists. Visitors can explore the National Quilt Museum, discover local shops stocked with fabric, notions, and tools, and even create their own quilted masterpieces. It's clear why Paducah is known as Quilt City USA---the city's vibrant quilting culture inspires beginners and ensures this American tradition thrives for future generations.

Day 1

### Breakfast

Indulge your taste buds at the **Gold Rush Café**, featuring a good old-fashioned breakfast menu highlighted by the local favorite — the mouthwatering bread pudding waffles. These unique waffles are so perfectly crafted they don't require any syrup to enhance their flavor. Whether you're a breakfast enthusiast or looking for a delightful dessert, these are a must-try culinary experience that will leave you craving more. After breakfast, explore **Muppin's Sewing Emporium** and its selection of vintage linens and antique sewing tools, plus popular designer quilt fabrics and notions. Muppin's is within walking distance of the National Quilt Museum and other downtown shops and restaurants.



### Calico Country Sew & Vac

**Calico Country Sew & Vac** is a full-service sewing machine, vacuum, and quilting store, making it a premier destination for crafters and fabric enthusiasts alike. This locally owned shop offers an extensive selection of unique fabrics, quilting supplies, and distinctive gifts. Knowledgeable staff are on hand to provide expert advice, ensuring every visitor leaves with the tools needed to pursue their crafting passions.



## Lunch

Enjoy lunch at **Kirchhoff's Bakery & Deli** and savor the culinary legacy of this fifth-generation establishment. Indulge in gourmet sandwiches, salads, and homemade soups that reflect time-honored traditions. Delight in their freshly baked pastries, cakes, and cookies crafted with love and meticulous attention to detail. Become part of their storied history, continuing a tradition of exceptional food and warm hospitality that has been cherished by the community for decades — this is a true culinary gem where generations of expertise come together to create a memorable dining experience.



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## Bricolage Art Collective

**Bricolage Art Collective** showcases a diverse selection of works by local artists, providing a vibrant space for creativity. Explore a dedicated vinyl record section to enrich your music collection and shop for unique, Paducah-centric T-shirts. As a consignment space for artists, Bricolage offers the chance to acquire one-of-a-kind items while supporting local talent.



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## Artist Endeavors

Unleash your innovative spirit at **Artist Endeavors**, a captivating stop where imagination knows no bounds and creativity thrives. Explore the gallery of local artists pushing the boundaries of quilt artistry with innovative techniques as traditional quilting meets contemporary expression. After your visit, you'll want to become a quilter yourself.



# Day 1

## Dinner

Enjoy dinner at the **Freight House**, an unforgettable dining experience where culinary excellence is brought to life by owner and renowned chef, Sara Bradley. Winner of Food Network's *Chopped* and runner-up on Bravo's *Top Chef*, Chef Sara's masterfully crafted dishes showcase her culinary expertise and passion for locally sourced ingredients. Bask in a contemporary yet welcoming ambiance as you indulge in a menu that highlights the best of regional flavors and innovative culinary techniques. From the first bite to the last, you'll savor the artistry and flavors of each dish paired with an extensive selection of fine wines and craft cocktails.



# Day 2

## Breakfast

Start the day with breakfast at **Etcetera Coffeehouse** on North 6th Street, Paducah's home for coffee and bubble tea. This neighborhood shop is a city staple, and over the years has expanded its menu and developed its surroundings to include an art walk, labyrinth, and mural walls.



## Cherrywood Fabrics at Pinecone Gallery

The **Pinecone Gallery** is a dual art gallery and fabric shop located in the beautiful Lower Town Arts District. Pinecone is Kentucky's premier seller of Cherrywood Hand Dyed Fabrics, perfect for quilts, garments, and home decorating.



## Day 2

### *Paper Pieces*

In a world of precision and artistry, explore the meticulously crafted paper piecing templates and tools at **Paper Pieces**. Ignite your creativity with a curated collection of unique patterns and designs. From high-quality papers to essential supplies, Paper Pieces offers everything you need to bring your quilting visions to life. Witness live demonstrations on how to English Paper Piecing provided by knowledgeable staff members. Whether you're a seasoned quilter or a novice, this quilting haven is a must-stop on your journey through Quilt City.



### *National Quilt Museum*

The **National Quilt Museum** is a captivating stop where the world of quilting transcends tradition and embraces contemporary artistry. Here, discover stunning fabric creations that push boundaries and redefine quilting as an expressive art form. The National Quilt Museum showcases a remarkable collection of contemporary quilts, each a testament to the boundless imagination and skill of its creators. You'll be inspired by the fusion of fabric, color, and design that transforms quilts into breathtaking works of art. This is quilting like you've never seen before.



### *Lunch*

Take a break from exploring and enjoy lunch at **Stella's**, located in the historic C.C. Cohen building. Stella's is the perfect spot to enjoy inspired cuisine of elevated comfort food prepared by Chef Casey Broussard, as well as crafted cocktails in a warm and familiar atmosphere.



## Yeiser Art Center

**Yeiser Art Center** is a vibrant hub for visual arts in Historic Downtown Paducah. Yeiser Art Center features a permanent exhibition space hosting seven shows annually, each showcasing a diverse collection of more than 200 works. Engage with the arts through educational classes for all ages, public gallery talks, and inspiring artist lectures. Yeiser Art Center is in historic Downtown Paducah at Market Square alongside the Market House Theatre and the William Clark Market House Museum.



## PAPA Gallery

The **Paducah Area Painters Alliance** (PAPA) invites guests to discover a stunning collection of original paintings created by more than 100 talented, regional artists. This locally owned and operated nonprofit gallery welcomes all to experience the vibrant local art scene firsthand. Find the perfect piece to take home as a unique Paducah souvenir.



## Art Guild of Paducah

Nestled in the heart of historic Downtown, the **Art Guild of Paducah** boasts a stunning array of beautiful artwork and handmade crafts created by talented Guild members. With a wide variety of pieces, there's something for everyone — the perfect place to find that special piece made locally.



## Hancock's of Paducah

Experience a paradise for fabric enthusiasts at **Hancock's of Paducah**. This renowned store offers an extensive selection of fabrics, sewing notions, and crafting supplies to satisfy those creative quilting needs. Immerse in a world of color and texture in aisles filled with a diverse range of fabrics, from quilting cotton to designer prints. Knowledgeable staff members are available to assist and inspire, ensuring customers find the perfect materials for their next project.



## English's Sew & Vac

**English's Sew & Vac** is a family-owned Paducah establishment, dating back over 50 years. An authorized Brother dealer, English's is ready to pair you with the fabric, notions, and machines you need to create your next masterpiece. Connect with the friendly, knowledgeable staff and peruse a large variety of sewing and embroidery machines in this quilt shop that is a favorite for locals and visitors alike.



## Dinner

Feeling a bit famished after exploring this Creative City all day? Have no fear — Paducah offers generations-old flavors that come to life courtesy of culinary masters putting bold, creative spins on local fare. **Southern comfort foods**, **Cajun cuisine**, and Paducah's trademark **Western Kentucky BBQ**... You'll want to sample every delicious dish — better get a to-go box.



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