



Media Release

For Immediate Release

DOWN UNDER DISCOVERIES EXPANDS WITH SIGNATURE ELEMENTAL FLOW EXPERIENCES

Bringing Transformative Nature-Based Wellness Tourism to Perth Hills, Peel & Australia's South West

Western Australia's wellness tourism scene is set to expand with the launch of Down Under Discoveries' signature Elemental Flow experiences - a series of immersive nature-based offerings designed to promote deep relaxation, connection, and renewal. Now available in the Perth Hills, Mandurah, Dwellingup, Dunsborough and Margaret River, these experiences harness the restorative synergy between water and forest environments.

For over a decade, Chelle Fisher - Certified Eco Therapist, Nature & Forest Therapy Guide, and founder of Down Under Discoveries, has developed guided experiences that support well-being through nature connection. Drawing from her lived experience, she has curated the following Elemental Flow experiences:

Darling Range: Waterfalls & Wildflower Immersion – A breathtaking journey through the Perth Hills, where cascading waterfalls and vibrant wildflowers create a sensory-rich escape.

John Forrest: Waterfalls, Wandoo & Wildflowers – A deep dive into the ancient Wandoo forests, blending mindfulness, gentle movement, and the healing presence of waterfalls and wildflowers.

Seascapes: Ancient Forest & Ocean Serenity – A serene embrace of ancient limestone forests, caves & cliffs, tranquil waters, and soft, sandy beaches.

Dwellingup: Murrays Embrace: Forest & Water Renewal – A tranquil immersion in Dwellingup's pristine landscapes, combining flowing waterways and towering forests to foster restoration.

Dunsborough Coastal Escape: Tides & Tranquility – A rejuvenating experience along the stunning Dunsborough coastline, where the rhythmic tides and natural surroundings guide participants toward inner peace.

South West Escape: Karri and Capes Immersion – A multi-sensory experience in the heart of the South West, blending lush forests, water elements, and mindful engagement with the land.

"I've seen firsthand how powerful these environments can be—not just in my own life, but through the many experiences I've guided over the years," Chelle shares. "As demand for nature-based wellness experiences



continues to grow, this is an opportunity to offer something truly unique—an experience that honors the healing power of both land and water."


With Western Australia's stunning forests and pristine coastline providing the perfect setting, Elemental Flow experiences are ideal for wellness travelers, corporate groups, and individuals seeking meaningful reconnection with nature. Sustainability remains at the heart of Down Under Discoveries, ensuring each experience nurtures both environmental stewardship and personal well-being.

<https://downunderdiscoveries.au/elemental-flow-ocean-and-forest-therapy/>

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