

You Can Help Supply Face Masks and other Personal Protective Equipment to LVHN

During the coronavirus (COVID-19) health emergency, personal protective equipment (PPE) is in critical supply. Face masks, a needed type of PPE, help protect our team from droplets that may be expelled by a cough or sneeze as they interact with people seeking care. Given the continually increasing numbers of COVID-19 cases Monroe County, PA has experienced during this emergency, **Lehigh Valley Hospital-Pocono** is in need of donations of face masks and other PPE.

We will gladly accept new, unused PPE, such as:

- N95 respirators
- Dust masks
- Eye protection
- Goggles
- Face shields
- Boxes of nitrile gloves
- Hand sanitizer

If You Can Sew, Make Face Masks

You – and your sewing skills – can help make a big difference if you can sew face masks that our team can wear, wash and reuse. This helps us preserve our supply of professionally manufactured PPE.

Use tightly-woven, breathable cotton fabric (preferred) or another tightly-woven, breathable fabric blend, in any color or pattern for the face mask(s) you make. You also will need elastic banding that's used for sewing.

Sewing Instructions and Videos

You can use any instructions you find online to make a facemask, but here are some we recommend:

- [Facemask tutorial](#)
- [DIY mask with replaceable filter](#)
- [Printable pattern with video](#)
- [CDC tutorial](#)

Important: To ensure the health and safety of our employees, only healthy individuals with no one in their household experiencing symptoms should consider donating fabric and masks. Masks donated to LVHN will be laundered prior to use by LVHN colleagues

Drop-Off Information: Please contact **Sandy Sames @ Sandra.Sames@lvhn.org** or via phone **@570-476-3502** between 7 a.m. – 2 p.m. M-F.