

BIKING

Queenstown and Wānaka Travel Trade Training



Wānaka



LEISURE BIKING

Queenstown and Wānaka are home to some of New Zealand's most scenic biking trails, offering routes for all ages, skill levels, and styles of riding.

Queenstown is home to the Queenstown Trail, one of New Zealand's Great Rides. This 150km+ off-road network weaves through lakeside tracks, backcountry valleys, and historic goldmining towns, connecting Arrowtown, Lake Hayes, Gibbston wine country, and beyond. Trails are split into sections ranging from Grade 2 to 4, making them accessible for riders of all abilities.

Wānaka offers its own spectacular leisure rides, with trails winding around the shores of Lake Wānaka and Lake Hāwea, linking to riverside paths and backcountry tracks. The relaxed pace, wide open spaces, and stunning alpine backdrop make Wānaka a favourite for those seeking a scenic, low-impact ride.

Bike hire, e-bikes, children's equipment, and guided or self-guided options are widely available, ensuring everyone can enjoy the trails with ease.



Wānaka

Queenstown

NEW ZEALAND

MOUNTAIN BIKING

Queenstown and Wānaka are recognised internationally as one of the world's greatest mountain biking regions, offering everything from flowing singletrack to steep alpine descents. The region is home to three lift-assisted bike parks – Coronet Peak, Ben Lomond Trails, and Cardrona Alpine Resort – alongside Bike Glendhu, a modern, sustainably designed park just minutes from Wānaka.

The region also features one of the world's most legendary dirt jump parks, supported by extensive trail networks shaped by dedicated local clubs. Constant innovation and community passion ensure a thriving bike culture, with year-round trails that welcome riders of every ability.

Off the trails, bike-friendly cafés, pubs, and a vibrant après-bike scene complete the experience, making it as social as it is adventurous. With easy access to bike hire, shuttles, guiding, and progression sessions, Queenstown and Wānaka deliver a seamless, world-class mountain biking destination for every style of rider.



BIKE TOURS & HELI BIKING

Queenstown and Wānaka both offer unique ways to elevate the biking experience. Clients can choose from short scenic rides to half or full-day tours, often guided by locals with deep knowledge of the land.

In Queenstown, heli-biking provides access to untouched backcountry terrain, with vertical descents from as high as 2,000m above sea level. Riders descend thrilling alpine trails such as Advance Peak or old goldminers' routes from The Remarkables to Arrowtown. Shuttle services also make it easy to explore multiple trails in one day.

In Wānaka, guided bike tours connect visitors with lakeside scenery, riverside trails, and hidden backcountry tracks, offering a softer but equally rewarding adventure. Bike Glendhu also offers guided progression sessions for riders keen to develop skills in a world-class setting.

Bike rental, guided rides, and shuttle services are readily available, ensuring seamless access to everything from family rides to extreme downhill heli-biking.

