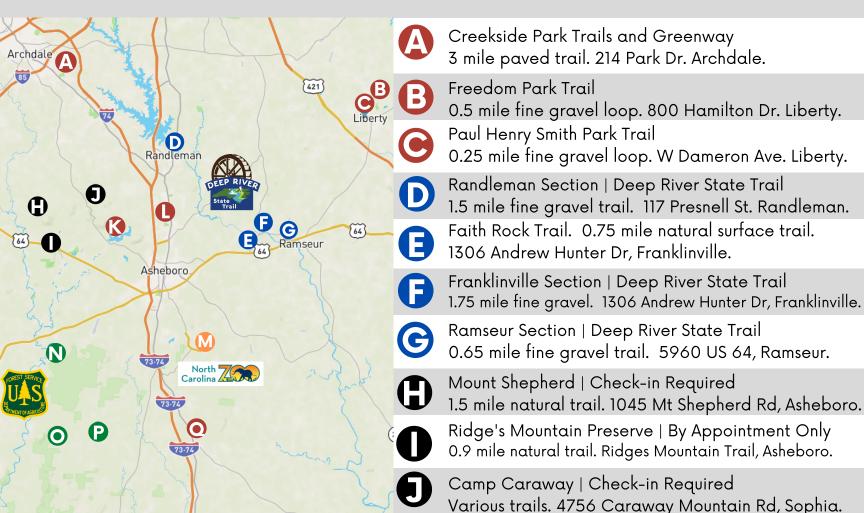
RANDOLPH COUNTY TRAIL GUIDE



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- Lake Lucas Trail
- 0.25 paved loop. 358 Old Lexinton Rd. Asheboro.
- North Asheboro Park Trail 0.25 paved loop. 1939 Canoy Dr. Asheboro.
- - North Carolina Zoo Trails 4 trails through beautiful forests totaling 2.85 miles.
 - 4401 Zoo Parkway, Asheboro, NC 27205. Birkhead Mountains Wilderness
 - 15 mile natural surface trail system accessible by 3 different trailheads:
 - 1. Trailhead at 3091 Tot Hill Farm Rd, near golf course.
 - 2. Thornburg trailhead near 3935 Lassiter Mill Rd.
 - 3. Robbins Branch trailhead at 5527 Lassiter Mill Rd.
- Uwharrie Trail | This 40 mile National Recreation Trail continues South with access points at Luther Place Trailhead and Joe Moffitt Traihead.
- Pisgah Covered Bridge Trail | 0.25 mile natural surface loop. 6900 Pisgah Covered Bridge Rd, Asheboro.
- - Clay Presnell Park Trail 2 mile fine gravel trail. 5129 Seagrove Plank Rd.

HIKING TIPS

- 1. Know where you are going. Be sure to have a map or guide with you.
- 2. Bring plenty of water.
- 3. Dress appropriately with comfortable, supportive shoes and clothing layers to adjust to the changing weather.
- 4. Stay on the trail and leave local plants and animals alone.
- 5. Don't over exert yourself. Take a break or turn back if your body needs to.
- 6.Tell a friend where you're going and let them know when you've made it back safely.
- 7. Carry out what you carry in. Don't leave your trash behind.

For a comprehensive trail guide visit www.piedmonttrails.org/trails-nearasheboro/

