

5K
3.1 Miles
ROUTE



10K
6.2 Miles
ROUTE

General Information

Asheboro and Randolph County have many excellent areas to run. Both the 10k and 5k Road Runner courses shown on the map are USATF certified and both start and finish at Memorial Park in Asheboro.

If you would like a track run... The South Asheboro Middle School track facility is always open.

Directions

To reach Memorial Park... locate Asheboro High School on US Hwy 64 (West Dixie Drive). The High School is easily to locate, because the football stadium is parallel to US Hwy 64. Turn on Park Street & follow the map.

Local Races

Each year two competitive road running races are held in Asheboro on these courses.

5k Health Run & Smile Mile - Last Saturday in April

10k Fall Festival Run - First Saturday in October

For information on these races and other local fitness activities contact any of the following:

Randolph Road Runners Club

www.randolphroadrunners.org

Heart of NC Visitors Bureau

www.heartofnorthcarolina.com

Asheboro Parks & Recreation

www.asheboroparksandrecreation.com

336-626-1240

