

5 Beautiful U.S. Islands Every Woman Should See Now

Leave the world behind in one of these magical destinations.

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When life gets hectic, I close my eyes and dream of escaping to an island. My [worries](#) fade into the distance as the mainland disappears, and I feel like I've discovered a new world.

Over the years, I've found that some of the best island experiences are close to home. Here are five unforgettable getaways where you can clear your mind and reset your psyche in a weekend or less.



Overhead view of a beach on Block Island, Rhode Island. Jesse Burke

Block Island, RI

Traditional and high-speed ferries carry visitors from Newport, RI and New London, CT, to this “best-kept secret” hideaway. Once you arrive, the vibe is New England rustic, from the historic Southeast Lighthouse to Victorian-era inns like the Hotel Manisses, The Sullivan House and the Avonlea. Explore the 10-square-mile island by bicycle, moped or on foot; don't miss Mohegan Bluffs, a secluded beach sheltered by 200-foot-high cliffs, or the white-sand Mansion Beach. The Clay Head Preserve boasts a nature trail with spectacular ocean views and some of North America's best birdwatching, especially during migrations in the spring and fall. Later, kick back with a beer and a Lobster BLT at Dead Eye Dick's or an expertly crafted cocktail at the Block Island Oyster Bar & Grill.

More information: blockislandinfo.com