

10 Stunning U.S. State Parks That Have BOTH Mountains and Ocean

When the mountains meet the sea, it's the best of both worlds.

If you've ever found yourself staring out the window singing "America the Beautiful" while on a cross-country road trip, I can relate. As an [adventure travel coach](#) and outdoor enthusiast, I love helping others explore nature, including all of the stunning destinations found within the United States. Believe me when I say this country is chock full of stunning vistas, some of which offer two wildly contrasting views—the mountains and the ocean.

Picking between the hilly bluffs and briny deep is a great icebreaker question. But what happens if you love both? Simple, you visit both! Listed in no particular order are some of the most beautiful state parks with access to the mountains and the sea. Now, if you ever find yourself in another icebreaker pickle, feel free to thank (or blame) us for these new spots to add to your bucket list.



Fort Wetherill State Park

WHERE: Jamestown, Rhode Island

Let's face it; when history and nature collide, they can make the most fascinating havens. If you're curious how, meet [Fort Wetherhill State Park](#). Found in Rhode Island, this state park is known for its historical significance in controlling the East Passage of Narragansett Bay. During the colonial era, a strategic battery was created to control this passage. But as the years progressed and the fort expanded, it eventually became known as Fort Wetherhill, named after infantryman Captain Alexander Wetherhill. Because of its coastal location, it was even used during World War II. Nowadays, visitors come to explore this 61.5-acre park and coastal fort that perches high atop granite cliffs (100 feet to be exact). Imagine stunning vistas of Newport Harbor, prime spots to view tall boat events, an abundance of hiking trails, and an excellent scuba diving scene for spotting flounders, squid, and tiny seahorses.