

Vegan travelers have more options than ever. Disney just raised the bar.



By [Hannah Sampson](#)
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Eric Brent recently went on a cruise to the Baltics with more than 800 people, and there was a twist that he couldn't have imagined a few decades ago: It was a "fully vegan" cruise ship.

"There's all different companies doing this now," says Brent, founder of [HappyCow](#), an app and website that lists vegan dining options in 180 countries. "It is becoming more popular."

Last year, tour company Intrepid Travel [introduced](#) "vegan food adventures" to India, Italy and Thailand. This year, cruise lines including Oceania Cruises and Regent Seven Seas Cruises [announced](#) new plant-based [menus](#) with more than 200 options to choose from. Royal Caribbean International [added](#) a vegan menu in the summer. Providence, R.I., opened a new [vegan food hall](#) called Plant City in June that has become a tourist destination. And, of course, Burger King took the plant-based patty to the masses when it [announced](#) it would roll out the Impossible Whopper across the country by the end of the year.