

**NEW ENGLAND**

## **Best Easy Foliage Hike in Every New England State**

**From crowd-pleasers to hidden gems, we round up ideas for a laid-back autumn ramble that you'll want to check out.**

Yankee Staff · October 7, 2020 · [Add Comment](#)

In many parts of New England, when fall reaches its crescendo it seems you can count on seeing gloriously colorful trees while just running errands around town. But at a time when being outdoors feels more necessary than ever, look to your feet to carry you away from the manmade world and into the natural one, where the colors are laid out in brilliant carpets and canopies. And you don't have to embark on all-day treks to get an intense foliage fix — nature walks and laid-back hikes can be just as rewarding, in their own way, as a sweaty uphill climb that promises a big payoff.

Even better, easy foliage hikes are plentiful in New England's rural landscape, with many lesser-known ones that tend to be free of crowds. Below, we've rounded up suggestions for where to find great easy foliage hikes in every New England state, each with its own unique appeal. If you have one you'd love to share, please let us know in the comments!



Lincoln Woods State Park, Lincoln, RI | Easy Foliage Hikes Around New England  
Rhode Island Commerce Corporation

### Easy Rhode Island Foliage Hike | **Lincoln Woods Trail**

Situated in the town of Lincoln amid the Blackstone River Valley, **Lincoln Woods State Park** has been a haven for outdoor enthusiasts of all types for more than a century: swimmers, anglers, horseback riders, mountain bikers, snowmobilers, and of course, hikers. And at more than 600 acres, it gives its visitors room to spread out. Though there are a variety of interconnected trails to choose from (more than one hiker has advised bringing a GPS-enabled device if you're intent on exploring them), one of the most popular options is the 3.1-mile Lincoln Woods Trail loop that starts from the Route 146/Twin River Road Entrance. Routed partly on paved road and over fairly level terrain, it takes hikers past Olney Pond, whose still waters make a beautiful mirror for the foliage colors, and through woodlands studded with glacial boulders and small cliffs.