



HEALTHY COMMUNITY OPTIONS

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# Healthy Community Options



Includes: Coffee & Tea Service

\*Each Additional Menu Option Selection Shall Incur a Plate Fee

Loma Linda University Health is committed to expanding the promotion, education, and options of available healthy foods and is proud to partner with Raincross Hospitality Management Corporation for a healthier community.

## Salads

Choice of 1 - if opting for full Healthy Community Menu Service

### **BABY KALE AND ROASTED BEET SALAD**

### **ARUGULA, GRILLED EGGPLANT AND BEAN SALAD**

### **QUINOA WALDORF SALAD**

## Entrées

Choice of 1 - if opting for full Healthy Community Menu Service

### **LENTIL & VEGETABLE HOT POT**

Green Lentils and Mixed Vegetable Hot Pot with Steamed Jasmine Rice

### **QUINOA CHICKPEA CAKES**

Quinoa Chickpea Cakes, Sautéed Baby Kale, drizzled with a Fire Roasted Red Pepper Coulis

### **EGGPLANT RATATOUILLE ROULADE**

Grilled Italian Eggplant wrapped around Lightly Sautéed Vegetables, drizzled with Yellow Pepper Coulis

### **ROASTED MIXED VEGETABLE & LENTIL LASAGNA**

Vegetable and Lentil layered into a Savory Lasagna

### **STUFFED PORTOBELLO**

Portobello Mushroom stuffed with Rainbow Quinoa and Mixed Vegetables

### **SEARED SUNDRIED TOMATO HERB RISOTTO CAKE**

Risotto Cake resting on a Bed of Mixed Sautéed Greens and Fable Mushroom Protein with a Tomato Basil Sauce

### **FABLE MUSHROOM PROTEIN BALLS (CAN BE VEGAN WITH NO CHEESE)**

Two Large Mushroom Protein Balls on a bed of Basil Cauliflower Mash, served with Roasted Brussel Sprouts in a Spiced Romesco Sauce and topped with Shaved Parmesan Cheese

### **CURRY VEGETABLE STIR-FRY WITH FABLE MUSHROOM PROTEIN**

Stir Fried Vegetable and Mushroom Protein in a Sweet and Spicy Coconut Milk Curry Sauce with Ginger Scented Jasmine Rice



Vegetarian



Vegan



No Gluten Added



Dairy Free



Healthy Community Option

\*All Menus are Subject to an Administrative Charge Fee and Applicable Sales Tax. Prices and Menu Item Availability are Subject to Change.

Please Consult your Convention Service Coordinator for More Information.