Healthy Community Options

Loma Linda University Health is committed to expanding the promotion, education, and options of available healthy foods and is proud to partner with Raincross Hospitality Management Corporation for a healthier community.



Healthy Community Options

Includes: Coffee & Tea Service

*Each additional menu option selection shall incur a plate fee.



SALADS

Choice of One - if opting for full Healthy Community Menu Service

Baby Kale and Roasted Beet Salad

Arugula, Grilled Eggplant and Bean Salad

Quinoa Waldorf Salad

Herb Freekeh Tabouleh



Choice of One



Vegetable Jambalaya

• Mixed Vegetable Jambalaya | Steamed Basmati Rice

Lentil & Vegetable Hot Pot

• Green Lentils & Mixed Vegetable Hot Pot | Steamed Jasmine Rice

Quinoa Chickpea Cakes

• Quinoa Chickpea Cakes | Sautéed Baby Kale | Drizzled with Fire Roasted Red Pepper Coulis

Eggplant Ratatouille Roulade

• Grilled Italian Eggplant wrapped around Lightly Sautéed Vegetables | Drizzled with Yellow Pepper Coulis

Bean & Barley Stew

• Savory Mixed Beans | Vegetables | Potatoes | Barley Stew

Roasted Mixed Vegetables & Lentil Lasagna

• Layered Vegetables & Lentils | Layered into a Savory Lasagna

Fava Bean & Polenta

• Fava Bean | Grilled Polenta | Sautéed Mixed Greens | Rich Tomato Basil Sauce

Stuffed Portobello

• Portobello Mushroom | Stuffed with Rainbow Quinoa Stuffing & Mixed Vegetables