

# Healthy Community Options

*Loma Linda University Health is committed to expanding the promotion, education, and options of available healthy foods and is proud to partner with Raincross Hospitality Management Corporation for a healthier community.*





# Healthy Community Options

*Includes: Coffee & Tea Service*

*\*Each additional menu option selection shall incur a \$2.25/plate fee.*

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## SALADS

*Choice of One - if opting for full Healthy Community Menu Service*

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Baby Kale and Roasted Beet Salad

Arugula, Grilled Eggplant and Bean Salad

Quinoa Waldorf Salad

Herb Freekeh Tabouleh



## ENTRÉES

*Choice of One*

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Vegetable Jambalaya

- *Mixed Vegetable Jambalaya | Steamed Basmati Rice*

Lentil & Vegetable Hot Pot

- *Green Lentils & Mixed Vegetable Hot Pot | Steamed Jasmine Rice*

Quinoa Chickpea Cakes

- *Quinoa Chickpea Cakes | Sautéed Baby Kale | Drizzled with Fire Roasted Red Pepper Coulis*

Eggplant Ratatouille Roulade

- *Grilled Italian Eggplant wrapped around Lightly Sautéed Vegetables | Drizzled with Yellow Pepper Coulis*

Bean & Barley Stew

- *Savory Mixed Beans | Vegetables | Potatoes | Barley Stew*

Roasted Mixed Vegetables & Lentil Lasagna

- *Layered Vegetables & Lentils | Layered into a Savory Lasagna*

Fava Bean & Polenta

- *Fava Bean | Grilled Polenta | Sautéed Mixed Greens | Rich Tomato Basil Sauce*

Stuffed Portobello

- *Portobello Mushroom | Stuffed with Rainbow Quinoa Stuffing & Mixed Vegetables*

*\*Ask your Catering Concierge for dessert selections*

*All menus are subject to a 22% administrative charge fee and applicable sales tax. Prices and menu item availability are subject to change.*