

Description:

A lovely family friendly short loop from Henley train station that takes you through the green spaces of Mill Meadows and along the Thames Path National Trail on the banks of the river Thames.

Entertainment stops are available at several points on this walk; the River and Rowing Museum, Mill Meadows Adventure playground, or the adventure golf course which celebrates the cultural and sporting heritage of the town. The town centre of Henley is also just a short walk and boasts many shops, cafes and restaurants.

Distance: 1.3km**Duration:** 1hr**Difficulty:** Easy**Parking, refreshments, and toilets:**

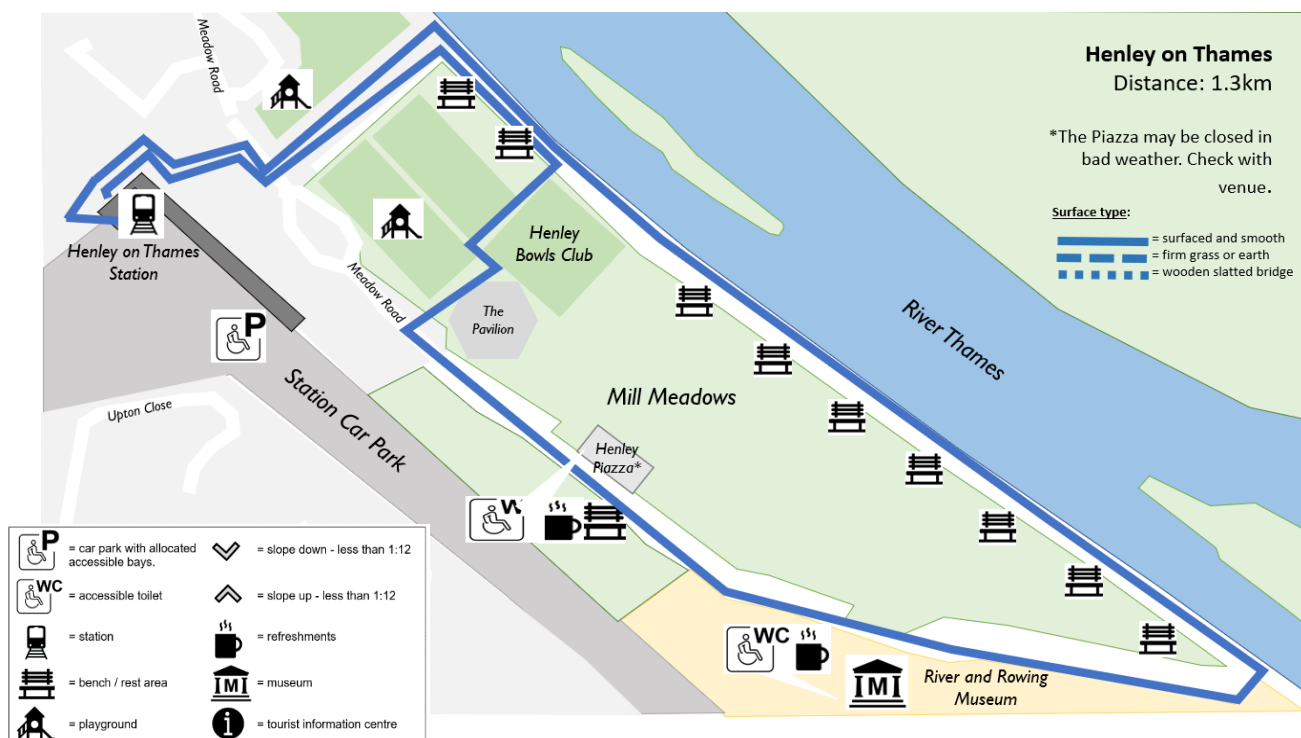
Refreshments, accessible toilets and accessible parking can be found at Henley train station and the River and Rowing Museum. There are also refreshments at the Piazza (this closes in bad weather, so check ahead).



Narrow boat moored at the side of the river



Photo showing the path through Mill Meadows



Full Route Description:

This accessible walk starts at Henley-on-Thames on the Great Western Railway which has regular trains & buses. Opposite the station there are toilets and also car parking is available here.

With the car park and toilets on your left, turn right to walk down the alleyway beside the station. You will only be on the alley for a short distance, but it is worth noting that it is narrow in places so double buggies and extra-large wheelchairs may have limited room either side. Continue to follow the alleyway with a brick wall on your left and metal fence on the right. As you exit you will be on Meadow Road - turn right here and walk along it.

Just along the road is a zebra crossing (with drop kerb), use this to cross over Meadow Road. Once you have crossed the road continue straight on a flat path which will lead you straight to the riverside. There is a playground on your right - Mill Meadows Adventure Playground – which may prove a popular stopping place if you have younger walkers with you!

At the river turn right and continue along the Thames Path. You will see an Obelisk in the meadow to your right – this is a Grade II structure. It was erected in Marketplace as a symbol of civic pride.

From here you will be on the Thames Path for 0.28 miles. Enjoy the views but be careful of the river's edge! Keep walking on the trail until you have passed the river and rowing museum across to your right. Take the sharp turn into the end of the carpark for the River and Rowing Museum and walk along here.

At this point, if you'd like to extend your walk you can continue along the Thames Path to Marsh Lock- the trail is flat and paved all the way.

If you'd like to stop off at the River and Rowing Museum, it makes for a lovely stop off. At the time of writing prices for adults are £10 and concessions are available. Check the website for up-to-date opening times. The museum also has a lovely café and toilets onsite. Once you are finished at the museum make your way back to the river and turn right to re-join the Thames Path.

Shortly after the museum bridge, on your right you will see Henley Piazza set in the greenery of Mill Meadows. This sells refreshments and ice-creams and makes for a nice stop off. Follow the road around the café and continue until you find another set of toilets on your right.

When you have passed the toilets, turn right. Take the next left to walk along the avenue of trees. Turn right at the end to walk through the winding path that goes through the Sensory Garden. This path will take you back to the riverside – once you reach the river turn left.

Keep walking until you see a large-curved bench, and then turn left again. This brings us back to the path on our left-hand side the way we took right at the start of the walk - the adventure park should be on your left - from here follow the path back up to the zebra crossing and the station.