

30 Years of Scenic Splendour: The Thames Path Journey



The Thames Path National Trail is celebrating its 30th anniversary this year. There will be plenty of opportunities, to make this, the year your group takes a walk along the 185.2 miles of the Thames Path!

Anniversary plans include:

- A relay walk along the Thames Path over three weeks in June between the Source of the River Thames in Trewsbury Mead and the Woolwich Foot Tunnel in London
- At least 30 poems written by poet Robert Seatter celebrating the beautiful, sporting and historic features of the Thames and the National Trail
- A large mural on a riverside building in Henley, designed and painted by local artist Vickie Amiralis as part of her 'Beautiful Blue' project
- Photo-blog posts by Jon Mason aka @theearlybirder of at least 30 exceptional places for wildlife along the River Thames, where people can experience peaceful tranquillity

Have you walked the Thames Path before? The team are keen to hear from everyone who loves walking and running the Thames Path with their favourite sections, where they go for a 30-minute peaceful riverside stroll, and their top 30 reasons for walking the Thames Path!

More information will be posted on the websites: www.visitthames.co.uk and www.nationaltrail.co.uk/en_GB/trails/thames-path/ and follow @thamespathnt on social media.

Suggestions for Groups

Walking along the Thames Path offers a variety of walking routes through peaceful water meadows rich in wildlife, historic towns and cities such as Oxford, Reading, Henley, Marlow and Windsor, many lovely villages and some of the best-known landmarks of London. Whether your group is looking for a short accessible stroll, pub walks, wildlife and historic walks, or a guided walk along the Thames, there's plenty of choice. Change the second to last sentence to something like this: Self-guided walks are easy, and the Visit Thames website offers directions and accessibility information for over 40 sections of the trail.

www.visitthames.co.uk/things-to-do/walking-thames-path/

Combine a walk with a boat trip

Henley: Hobbs of Henley www.hobbsofhenley.com/group-trips/

Windsor, Maidenhead and Runnymede: French Brothers www.frenchbrothers.co.uk/group-travel/

Reading: Thames Rivercruise www.thamesrivercruise.co.uk/group-boat-trips

London – Westminster, London Eye, Tower Bridge and Greenwich: City Cruises
www.cityexperiences.com/london/city-cruises/group-sightseeing/

IDEAS FOR WALKS ALONG THE THAMES PATH



Reading Step Free - 3 Bridges Walk

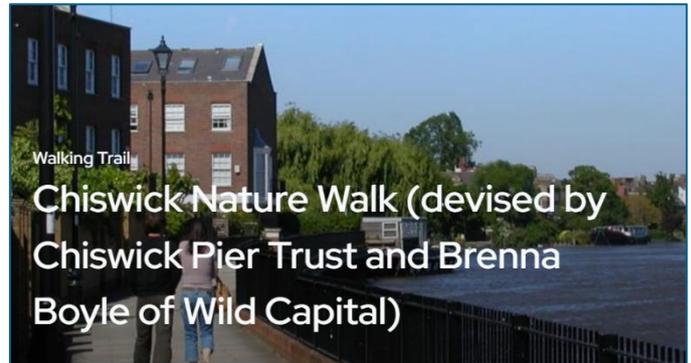
Easy

Distance: 2 ml
Duration: 2 hr

Best Time of Year: Mar 01 - Nov 01

[Learn more here](#)

Although this is an urban stretch of the Thames Path, the green spaces of Christchurch Meadow make this a very picturesque walk. You will see three of Reading's six bridges – Christchurch, Caversham and Reading Bridge. This walk is step-free, making it accessible for most people, however, there is one steeper slope, marked on the attached route document – click on 'Learn more here' to view. Parking and accessible parking can be found at Reading Station and the Thames Promenade Car Park, both of which are relatively near the start point.



Walking Trail

Chiswick Nature Walk (devised by Chiswick Pier Trust and Brenna Boyle of Wild Capital)

Easy

Distance: 4 ml
Duration: 2 hr
Ascent: 0 ft
Descent: 0 ft

Best Time of Year: Jan 31 - Nov 30

<https://chiswickpier.org.uk/wp-content/uploads/2019/04/CPT-Nature-Walk.pdf>

This fabulous nature walk has been devised by Chiswick Pier Trust and Brenna Boyle of Wild Capital. The 6km route allows you the opportunity to spot various flora and fauna of the area, proving that nature is truly flourishing in our capital city! A relatively flat walk with plenty of refreshment stops along the way.



Walking Trail

Wallingford Loop (2.5 miles)

Easy

Distance: 2 ml
Duration: 1 hr
Ascent: 0 ft
Descent: 0 ft

📍 Wallingford Town Hall, Market Place, Wallingford OX10 0EG

Best Time of Year: Apr 30 - Oct 31

[Learn more here](#)

This lovely circular route includes some of Wallingford centre and also gives great views of the town and Oxford University Boat Club from the opposite bank as you walk through the Riverside Meadows.

This is certainly a walk for architecture or church lovers because you pass St Peter's Church, a grade II* listed building, St Leonard's Church which is believed to be of Saxon origin and pass through the quaint hamlet of Newham Murren with its pretty 12th Century Church.



A Walk on the Thames in Eton

Easy

Distance: 3 ml
Duration: 2 hr
Ascent: 0 ft
Descent: 0 ft

Best Time of Year: May 01 - Oct 01

[Learn more here](#)

This walk has plenty for history lovers – the oldest building on Eton High Street, Windsor Castle, with 1,000 years of royal history and the architecture of the Church of St John the Evangelist.

The walk starts at Windsor Bridge, crosses the River Thames walking towards Eton and passes Eton College Boat House on to The Brocas. This is a wide open meadow where local farmers can still exercise their Lammas Rights by grazing their cattle here in August. On this walk there is the most splendid view of Windsor Castle, the largest inhabited castle in Europe.