

# What to Know When Making a Face Mask



Masks should **tightly enclose** the area around the **nose and mouth**. The covered area should include the bridge of the nose, the chin, and the cheeks so there are **no gaps** when walking or moving.



## Use fabric that is:

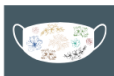
1. Tightly woven but breathable
2. Double-layered
3. Machine washable
4. Able to handle high temperatures and bleach (like tea-cloth for outer layers and micro-fleece and tea-cloth for the inner layers)



Use an **accordion fold** to mimic a hospital mask as much as possible.



Use a **fat, woven, shoelace-type material** to bind the sides (i.e. quilt binding)



Use elastic straps **that loop** behind the ears. If elastic isn't available, use cloth straps that **tie behind the head**.

**To donate masks**, please drop them off at the **COVID-19 Donations Center** at 5460 E. State St., Rockford, IL **M-F** 10am-2pm

Handout last updated 4/13/2020



Winnebago County

**Health Department**

**IDPH COVID-19 Hotline: 1-(800)-889-3931**

**WCHD COVID-19 Hotline: (815)-319-6705**

**Covid19@wchd.org**