



Visit  
SACR★MENTO

KAISER PERMANENTE.  
**IRONMAN**  
CALIFORNIA★



# WELCOME TO SACRAMENTO

## Visit SACRAMENTO SPECTATOR GUIDE

### FORK AROUND

Sacramento is America's Farm-to-Fork Capital, and that means it has fantastic food. Sacramento is an agricultural hot spot, boasting a year-round growing season, an ideal climate, and plenty of agriculture to harvest. Chances are that while enjoying a meal in the Sacramento region, the ingredients were sourced from a local farm up the road. We invite you to check out the businesses offering discounts through Friends of IRONMAN aka Sacramento Badge Pass and enjoy a meal from local restaurants with the voucher in the athlete's packet. [CLICK HERE](#) for a list of participating locations.



A variety of food trucks and a beer garden will be available at the Finish Line (south side of Capitol Mall between 6th St. and 7th St.) from 2:00 PM until 1:00 AM.

River Cats Stadium will open its concessions for food and drink Thursday - Sunday.

### THINGS TO DO

Sacramento is full of things to do while in town, whether it's catching a live music performance, visiting a museum, enjoying the outdoors, checking out our 800+ murals, or any number of other activities. [CLICK HERE](#) to view Visit Sacramento's website for attractions and things to do.

### SHOW YOUR SUPPORT

Head to IRONMAN Village to create signs of support at the Fan Sign-Making Station presented by Downtown Commons (DOCO). Spectators will have the opportunity to make custom posters to wave along the course on Sunday. Be sure to visit DOCO at 405 K St



### WHERE TO WATCH



- Swim Start: Live stream viewing at River Cats Stadium Jumbotron
- Swim Finish: Etenesh Zeleke Public Dock, Tower Bridge Gateway, River Walk Trail



- Riverfront St & Ballpark Dr (the hot corner)
- Silt Wine Co. (reservations required)



- Tower Bridge Area
- Old Sacramento - River Bike Trail & K St.
- Discovery Park | 1600 Garden Hwy.



- Capitol Mall between 8th and 7th St  
700 Capitol Mall

[CLICK HERE](#) for More Race Watching Options

#### Spectator Map Guide



1. AC Hotel
2. The Citizen Hotel
3. The Delta King
4. Embassy Suites Sacramento Riverfront
5. The Exchange Hotel
6. Holiday Inn Sacramento Downtown Arena
7. Home2 Suites West Sacramento
8. Hyatt Centric Downtown Sacramento
9. Hyatt Regency Sacramento
10. Inn Off Capitol Park
11. Kimpton Sawyer Hotel
12. Residence Inn Sacramento Downtown at Capitol Park
13. Sheraton Grand



Enter via 32555 Jefferson Blvd  
Reservations Required for Watch Party

Enter off Jefferson Blvd  
Follow Detour Signage



Scan QR Code or [CLICK HERE](#) for More IRONMAN California Information

### SCHEDULE OF EVENTS

#### THURSDAY, OCTOBER 24

12 PM to 5 PM

IRONMAN Village & Official IRONMAN Store  
400 Ballpark Dr

#### FRIDAY, OCTOBER 25

9 AM to 5 PM

IRONMAN Village & Official IRONMAN Store

7 PM to 8 PM

Welcome Ceremony - California State Capitol  
10th St & Capitol Ave

#### SATURDAY, OCTOBER 26

9 AM

Kaiser Permanente IRONKIDS Fun Run

9 AM to 3 PM

IRONMAN Village & Official IRONMAN Store

5:30 - 6:30 PM

Golden Hour at the Finish Line  
700 Capitol Mall

#### SUNDAY, OCTOBER 27

7 AM

IRONMAN California Start

5:30 AM to 7 PM

IRONMAN Village & Concessions

#### MONDAY, OCTOBER 28

7 AM to 12 PM

IRONMAN Village & Official IRONMAN Store

9 AM to 10 AM

Celebration Day Breakfast - IRONMAN Village

9 AM

Awards Ceremony & 2025 VinFast IRONMAN World Championship Slot Allocation/Rolldown Ceremony

#### Course Maps

[CLICK HERE](#) to view course maps

#### Race Day Shuttles

Shuttles for Athletes & Spectators will run continuously between the finish line area and Transition/IRONMAN Village between 10 AM and 1 AM on race day. ADA shuttles will be available.



#### Track Your Athlete

To follow your athlete's progress on race day, download the IRONMAN Tracker app to your smartphone, find the 2024 IRONMAN California event, and search the Tracker.