



Engage

Engage in active, heart-healthy activities that are sure to motivate attendees

Confluence Park

With environmental education as its core purpose, Confluence Park is envisioned as an interactive teaching tool that inspires a greater understanding of Texas ecotypes and watershed dynamics.
(210) 224-2694



Eforea Spa at Embassy Suites at Brooks

A full service spa featuring the only salt cave in San Antonio.
(210) 982-4030

Aerial Horizon*

Learn how to be an aerial acrobat with Aerial Horizon. Private classes and aerial entertainment offered.
(210) 908-7816

Blue Cat Yoga in Hemisfair*

Center your mind and body with Blue Cat Yoga. Located in Hemisfair park just a short distance from the convention center.
(210) 367-7764

Camp Gladiator*

If you are ready for a fun and challenging workout then Camp Gladiator is for you. Endurance, strength and agility training classes are available.
(512) 494-6966

Clay Casa

Paint to your hearts content at our local pottery studio. Groups and individual painters are welcome.
(210) 446-3273

Downtown Run Group

If you are looking for a running buddy, join our local runners in the Downtown Run Group.
Downtownrungroup.org

JoyRide

JoyRide Cycling + Fitness offers boutique studio classes to tone every muscle in your body while improving your state of mind!
(210) 228-0797

Mission Adventure Tours

Plan a day on the river. Mission Kayak offers five different custom kayak trips for groups, corporations and destination management companies.
(210) 383-0872

GO RIO Cruises

GO RIO offers narrated river barge cruises, as well as spin classes, dinner cruises and river shuttle service from Downtown to the Museum Reach.
(210) 227-4746

*Convention Center Friendly

San Antonio Botanical Garden

Enjoy the serenity and beautiful scenery at the Botanical Gardens as you connect with nature through experience, education and research.
(210) 536-1415

Mobile OM*

Yoga that comes to you. Create a yoga experience wherever you are. From bridges to breweries, rooftops to riversides, class locations are carefully curated to showcase some unique local spaces.
(936) 499-4804

Nomadik Yoga*

Yoga under the stars at the beautiful Pearl Plaza. Classes vary. See website for schedule.
(210) 383-1418

Painting with a Twist*

Fun, instructor lead classes for all ages. Create a masterpiece as our artists walk you step by step through the process.
(210) 462-1397

SA Humane Society*

Partner with the SA Humane Society to create an interactive feel good experience with dogs and cats.
(210) 226-7461

Therapy Animals of San Antonio*

Therapy Animals offers engaging opportunities to make connections with dogs and their caregivers.
(210) 614-6734

Zenergy Wellness*

Professional chair massages for corporate offices, conferences, conventions and events.
(210) 842-3750

River City Run

River City Run is a unique tour company based in San Antonio, Texas. We offer 5K running tours including 18 landmarks around the River City every weekend.
(210) 201-3786

Hover and click over each icon to learn more.