

# Serenity in Saratoga County

EMBRACE CALM, CREATIVITY AND HANDS-ON CONNECTION.

Discover  
SARATOGA



## DAY 1: Creative Energy & Mindful Exploration



### morning

#### EXPLORE EXPRESSION AT SPRING STREET GALLERY

This art space showcases regional artists and fosters dialogue through exhibitions and performances. Step into a gallery that encourages thoughtful reflection and connection through art.



### mid-day

#### DISCOVER LOCAL TALENT AT THE COTTAGE OF ART & DESIGN

Located on Beekman Street, this collective gallery offers a rotating display of artwork across media. Browse, connect, and be inspired by these talented artists.



### afternoon

#### TURN WOOD INTO WONDER AT SARATOGA JOINERY

Try your hand at woodworking with beginner-friendly project classes at this community-supported space. Learn a craft rooted in tradition and intention—no experience required.



### evening

#### UNWIND WITH A BOWL AT THORN + ROOTS

Refuel with fresh, flavorful grain bowls, avocado toasts, and cold-pressed juices at this lively spot. With clean ingredients and bright energy, it's a nourishing way to wind down your creative day.

## DAY 2: Stillness, Fiber & Restorative Rituals



### morning

#### KNIT, FELT & SPIN AT COMMON THREAD

This welcoming yarn shop offers everything from beginner kits to advanced supplies for felting, spinning, and knitting. Join a social knitting circle or browse the colorful inventory to spark your next cozy creation.



### mid-day

#### QUILTED ALCHEMY AT GREENTREE FIBER ARTS

Explore art quilts, wearable fiber pieces, and guided creative programs from fiber artist Susan Rivers. Her innovative approach to textile art blends color, texture and even magic in every handcrafted design.



### afternoon

#### PLAY WITH CLAY AT SARATOGA CLAY ARTS CENTER

Located in Schuylerville, this hands-on ceramics studio offers classes in wheel throwing and handbuilding for all skill levels. Explore the exhibitions featuring clay artists or create your own masterpiece.



### evening

#### WIND DOWN AT HIGH PEAKS CANNA

Discover a new kind of calm at Saratoga Springs' first recreational dispensary. Whether you're curious or a connoisseur, explore high-quality THC and CBD products with expert guidance in a welcoming environment.

