

3-DAY ITINERARY

EAT IN SEATTLE'S BACKYARD



ENJOY THE HONEY GARLIC KARAAGE AT ARASHI RAMEN IN TUKWILA.

While visiting Seattle Southside you will get a chance to sample some amazing food. From seafood caught right off our shores, to locally foraged food such as truffles to a melting pot of foods from around the world, you'll find it all in Seattle's Backyard.



Foodie Fanatic

Everyone seems to be a “foodie” nowadays and Seattle Southside is the place to be for unique sips and treats. There’s a lot more around here than just fish and chips (although we have some great fish and chips).



Day 1

The first day of this grand food tour starts at Westfield Southcenter, the shopping epicenter of Seattle Southside. In addition to dozens of boutique shops and major retailers, Westfield also boasts some of the hottest international restaurants, bakeries, and shops in the area. Stop by **Piroshky Piroshky**, a Russian bakery that got its start at Pike Place Market in the early 90s, and grab a handmade Moscow roll or smoked salmon pate before heading into the Filipino grocery juggernaut, **Seafood City**.



Inside Seafood City, you’ll see little known fruits, a diverse array of fish, a massive wall of lumpia, and some unique ice cream flavors (ever heard of cheese-flavored ice cream?). The unique flavors don’t stop there, right outside of the main entrance of Seafood City, you’ll find **Red Ribbon Bakeshop**, a small Filipino bakery which is home to the eye-catching vibrant purple Ube (purple yam) Overload Cake.

After all the snacking, you might want to let your stomach settle by shopping for a bit. Then, it’s time to enjoy some delicious dumplings at **Din Tai Fung**. Opening in Spring 2017, and known as the “tradition that crosses borders,” Din Tai Fung started in Taiwan back in the 50s; but their signature dumplings have recently become one of the biggest sensations to hit the Pacific Northwest since Nirvana. The lines may end up being long, but the steamed pork or veggie dumplings are an absolute must-try situation.



After your meal, you should stop by **Lolli & Pops**. A classically themed candy shop, filled with so many sweet treats, you’ll have to take some home with you. TIP: the friendly folks at Lolli & Pops will let you sample pretty much anything, so don’t be afraid to ask!

FOODIE FANATIC 3-DAY ITINERARY Continued



13 Coins



Odin Brewing Company

Day 2

Day two begins with an extravagant brunch at a Seattle classic. **13 Coins** has been serving the Seattle area with 24 hours of breakfast, lunch, and dinner since 1967. With some hilarious chefs and friendly staff, and an enormous menu with everything from their famous omelets, to Australian cold-water rock lobster, everyone in

your party is sure to leave full and satisfied. After a hearty brunch, head over to **The Scotch & Vine** and sample some 250-plus artisan wines and scotches. TIP: ask for a personalized tasting to learn more about scotch!

The day only gets better, as your next stop should be **Seattle Chocolates** for their Experience Chocolate factory tour. The favorite purveyor of delectable delights only recently opened their factory for tours and it does not disappoint. You'll get to see how the chocolate is made from start to finish and yes, there are plenty of choco-samples to go around.

End the day's foodie tour at **Odin Brewing Company**, where the Norse-inspired brewery is guaranteed to please the masses. Here is a tap room where you can feast like the gods on a Viking platter of BBQ meats and potatoes and sip on some of the finest craft brews in the Pacific Northwest. The food is delicious, the drink selection is endless and the staff is known to be quite friendly.



Copperleaf Restaurant & Bar

Day 3

Start your third day off at the **Des Moines Farmers Market**, checking out some of the best local produce vendors in the region. In addition to fresh tomatoes, carrots, strawberries, and more, enjoy live music from local blues, rock, and country music bands, some of the trendiest local food trucks, and the sights and smells of the beautiful Des Moines Marina.

After you've purchased all your fruits and veggies, head to the beautiful and eco-friendly **Cedarbrook Lodge**. Sitting on over 11 acres of naturally restored wetlands, this tranquil setting is perfect for a day at the spa. You might be thinking "what does a spa have to do with food?" Well, after experiencing an orange peel purifying facial, chai spice & vanilla body polish, or a hydrating honey, lemon,

and eucalyptus hand and foot treatment, you should be ready for your next foodie adventure at **Copperleaf Restaurant & Bar**.

Adding to the overall eco-friendliness of Cedarbrook Lodge, Copperleaf specializes in fresh, farm-to-table fare. When they say "farm-to-table," they mean from the onsite garden to your table! From time to time, by special request, Culinary Director Roy Breiman has been known to take groups on a garden tour, capped off with a seasonally inspired crafted cocktail. If you take the garden tour, you could also ask Roy for some of his recommendations on Copperleaf's extensive menu. Perhaps he will suggest crispy skin striped bass or the bacon-wrapped Lummi Island poulet bleu; either way, the final delicious decision is up to you.



Des Moines Waterfront Farmers Market

WHAT TO PACK FOR YOUR TRIP

COMFORTABLE SHOES are perfect for trips to the beach, mountains, or a power shopping excursion.



WATER BOTTLE/ CANTEEN for coffee/ water to keep hydrated and caffeinated.



LAYERS because the weather can change quickly—scarves and light coats depending on the time of year.



SUNSCREEN because we have more sun than rain here.



SUNGLASSES, although if you forget them, chances are you'll be able to find them here.



CHANGE/CASH for transit and farmers markets.



CAMERA to capture the mountain views. Don't forget the charger/extra batteries.



UMBRELLA maybe, just in case.



MOBILE TOOLS



General travel:
Washington State Department of Transportation has an app that provides information on traffic, ferry schedules, mountain pass conditions, and wait times to and from the Canadian border.
Price: Free



For traffic:
Waze tells you the best route based on current traffic patterns. If a better route becomes available, it will automatically reroute you.
Price: Free



For a ride:
LYFT is a rideshare service that pairs drivers with people who need a ride. Get your first ride for free when you use the code SEATTLESOUTHSIDE.
Price: Free for first ride; up to \$20



For public transportation in downtown Seattle:
One Bus Away is the app for many public transportation options in the Seattle area including Metro Transit, Sound Transit, and many others.
Price: Free



Transportation Fares:
Transit Go Ticket Buy your light rail, bus, water taxi, and Sounder tickets on the app! Buy as many tickets as you like. When you're ready to board, simply activate your ticket.
Price: Free



For dining options:
Open Table allows you to make reservations with a click of a button.
Price: Free



The ultimate transit app:
CityMapper provide A to B trip planning with ETA including all modes: bus, light rail, ferry, bike/ car sharing, and Uber.
Price: Free



For discounts and coupons:
The Do More - Save More Passport has deals on some of the most popular area attractions, restaurants, hotels, and experiences. Check your passport before paying full price!
Price: Free