

LUSTER

WALKS



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SOGNEFJORD

www.sognefjord.no Maps: www.ut.no

Planning your hike

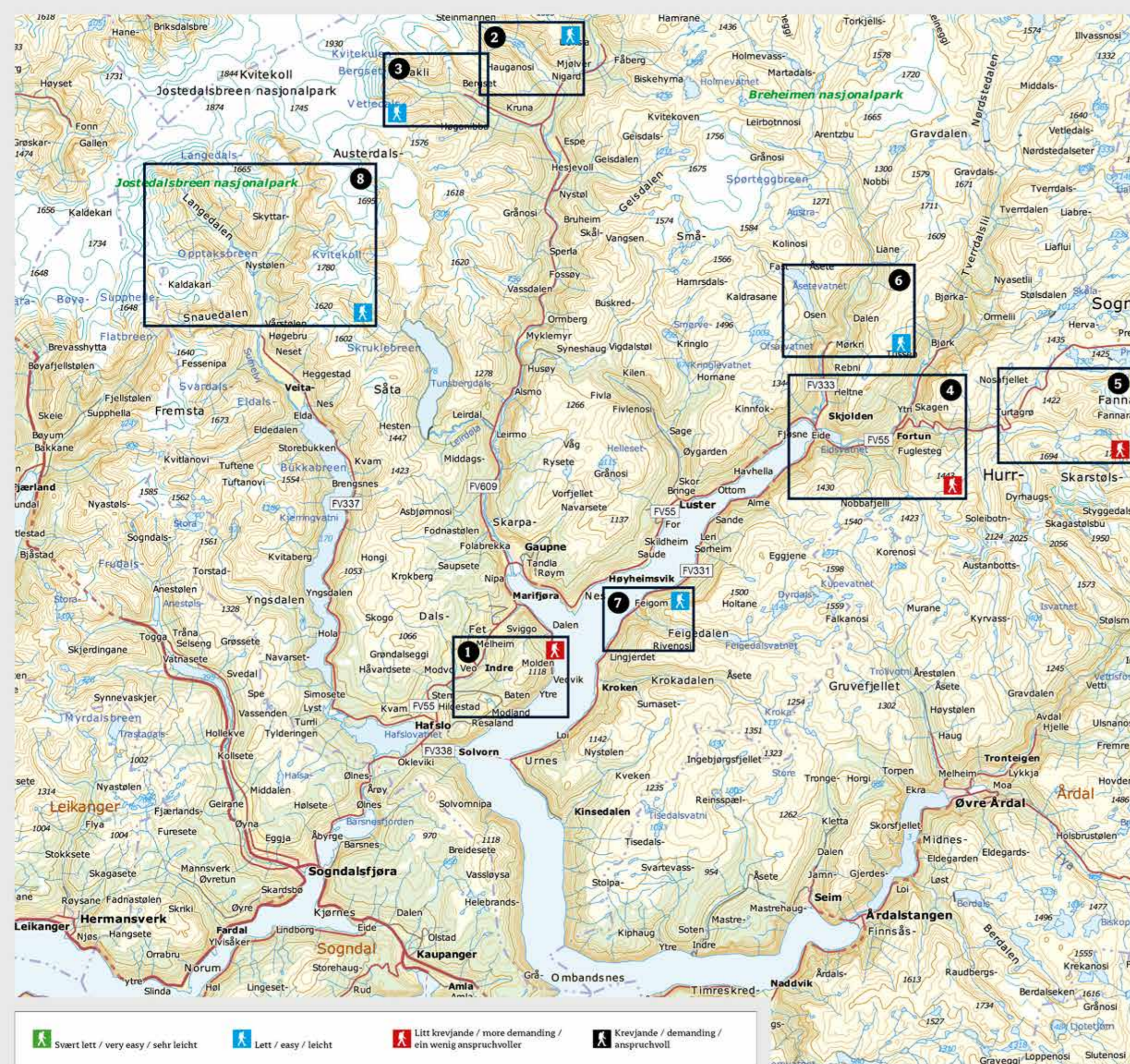
Before embarking on any hike, it's essential to check current trail conditions, weather forecasts, and ensure you have the necessary equipment, especially for challenging hikes.

The overview maps and information about the trip in this brochure is only for inspiration. Do not use this map for the hike. Buy a proper map or contact a guiding company in the Sognefjord.

Hiking Etiquette:

Respecting the environment and fellow hikers is paramount in maintaining the pristine beauty of the Sognefjord region. Abide by these guidelines to ensure a harmonious coexistence with nature and fellow explorers:

-  Dispose of Garbage Responsibly: Carry out all waste and dispose of it properly.
-  Considerate Camping: If camping in open country, maintain a minimum distance of 150 meters from houses or cottages. Longer stays require owner consent.
-  Visit the toilet before your hike. There are no toilets along the trail. Do not poop in nature.
-  Fire Safety: The campfires in nature are prohibited from April 15 to September 15. Exercise caution when lighting a campfire and extinguish it completely before departure.
-  Wildlife Respect: Avoid disrupting birds and animals, particularly during breeding and nesting seasons. Respect grazing livestock and close all gates behind you.
-  Solitude and Silence: Acknowledge and respect others' desire for solitude and silence.
-  Preserve Vegetation: Do not harm vegetation, especially endangered and vulnerable species.



-  Svært lett / very easy / sehr leicht
-  Lett / easy / leicht
-  Litt krevjande / more demanding / ein wenig anspruchsvoller
-  Krevjande / demanding / anspruchsvoll

1 Molden



Starting point	Mollandsmarki (Krossen car park)
Total walking time	3 hours total
Km	8 total
Ascent	500 – 1116 masl
Season	May – November

Drive RV55 to Mollandsmarki. The trailhead and parking is situated on the Mollandsmarki road, just where it levels out after rising steeply from the RV55 junction. The trail starts 20 m up the road with a short uphill, just past the cattle grid. The trail is marked in red and Sherpa steps have been built so it is easier to walk the path.

The trail is both on gravel roads and natural trail. Turning off the first leg on gravel, the trail gets steeper, until it levels out at Svarthiller, a good place for a break. The path now turns ninety degrees and winds its way past steep crags. After the steep crags, the trail levels out, and the remaining piece of trail is fairly easy to the cairn on the summit of Molden.



2 Nigardsbreen Viewpoint



Starting point	Breheimsenteret, Jostedal
Total walking time	3 hours total
Km	5 total
Ascent	253 – 316 masl
Season	May – September

To reach the Nigardsbreen Glacier, drive FV604 to Jostedal. Follow signs to Breheimsenteret. Breheimsenteret is both a museum, an information centre and the first trailhead. Glacier hikes can be booked at the Breheimsenteret. If you wish to park at the Breheimsenteret, you follow a footpath through interesting moraine landscape. The path from the parking lot by the lake to the glacier is approx. 1 km estimated walking time 30–45 min to the glacier. The path crosses rocks and rivers, but offers good steps and bridges. From the Breheimsenteret, it is also possible to drive for approx. 3.5 km (toll road) and park by the lake Nigardsbrevatnet. From there, follow a footpath on the right side of the lake to the glacier, or you can go by boat (needs to be booked in advance at the Breheimsenteret).



3 Bergsethreen/Krundalen Viewpoint



Starting point	Carpark at Bergseth
Total walking time	3 hours total
Km	7 total
Ascent	400 – 460 masl
Season	May – October

Drive FV604 to Jostedal, and turn towards Krundal. The starting point for this walk is the car park at Bergseth, at the end of the road in Krundalen. The route is well suited for families with small children. From the car park, the route follows an old farm road for a short while, and then becomes a very good and well-marked path along the level Bergseth valley. The path crosses several small rivers, streams and boggy ground, but most of the time there are small bridges and wooden logs to keep your feet dry. Finally, the path turns into gravel and rock, but remains clear and easy to follow.



4 Fuglesteg



Starting point	Fortun
Total walking time	3 hours total
Km	5 total
Ascent	60 – 630 masl
Season	May – October

Drive FV55 pass Skjolden and towards Fortun. There is a parking lot 200 m from the church. The trail head is a gate to your right, situated a 500 m walk along the FV55 towards Sognefjellet Mountain and Lom. An old farm road takes you up Veteleåsen. From there the road veers left, and you start on the steep path towards Fuglesteg.



5 Fanaråken



Starting point	2 bend from Turtagrø Hotel direction Lom (fv55)
Total walking time	6–7 hours
Km	15 total
Ascent	900 – 2068 masl
Season	June – October

Drive FV55 to Turtagrø Hotel. The hike follows the main road from Turtagrø as far as the second bend and then goes by a road up Helgedalen. High up in Helgedalen you pass the intake to a tunnel feeding water to the Fortun hydro-electric power station. The trail then swings steeply up to the Keiserpasset – Skogadalsbøen road fork. From here a good and visible path twists and turns up to Fanaråken.



6 Mørkridsdalen/Bølifossen



Starting point	Hyrnavollen, Mørkridsdalen
Total walking time	5 hours
Km	7 (10 km)
Ascent	100 – 500 m (900 masl)
Season	May – October

Drive FV55 to Skjolden and then FV333 toward Mørkrid. Park at Hyrnavollen, 5 km from Skjolden. The path follows the river up to the remarkable Stortjørni. Keep to the left at the first lake. Follow the path to the left over rough terrain with stones before you reach the top of the hill and descend again towards the mighty Mørkridselven river. Follow the path along the river until you meet a small bridge. When you get to the bridge, you will see Bølifossen waterfall. You can choose whether you want to continue past the waterfall on the left, and up to Knivabakkli farm. At Knivabakkli you can see over to Dulsete, but there is no bridge here. Then you must go to Dalen to cross the river and go back down to via Dulsete.



7 Feigumfossen



Starting point	Car park by road 331 (Ornes – Skjolden)
Total walking time	1 hour
Km	4 total
Ascent	0 – 150 masl
Season	May – October

One of Norway's highest waterfalls, Feigumfossen, drops 218 metres. Take the ferry from Solvorn to Ornes, or drive FV55 pass Skjolden towards Ornes. There is a marked path up to the viewpoint below the waterfall. The path starts from the main road to Ornes about 300 m past the car park. There is a path from the Viewpoint and up to the Waterfall where the end of the path tends to be rocky, but it is well marked and easy to walk. It takes about half an hour to walk up from the road to the viewpoint, 150 m above sea level.



8 Austerdalsbreen Viewpoint



Starting point	Tungestølen
Total walking time	3 hours total
Km	12 total
Ascent	250 – 420 masl
Season	May – October

Drive RV55 to Hafslø and then FV337 to Veitastrand. The starting point for the walk is Tungestølen, deep in the Veitastrand Valley. The path begins just over the bridge and is well marked and easy to find. It continues along the west side of the Austerdal river, right up to the glacier. It is mostly level, with occasional short, sharp climbs. Although it might be tempting to walk close to the glacier, be sure to keep your distance! Glaciers are unpredictable and potentially very dangerous.

