

Nature trails

in Balestrand



NESSADALEN
Route 1 : 300 – 574 – 300 m 2 h.
Route 2 : 300 – 740 – 300 m 4 h.



TENNDALEN
Route 3 : 20 – 740 – 20 m 8 h.



SAURDAL
Route 4-7 : 620 – 1136 – 100 m 10 h.



MUNKEGGI
Route 5 : 620 – 1270 – 620 m 10 h.



RAUDMELEN
Route 7 : 100 – 972 – 100 m 6 h.
Route 8-7 : 100 – 972 – 100 m 7 h.
Route 9-7 : 100 – 1136 – 100 m 10 h.



ESE
Route 11 : 20 – 370 – 20 3 h.
Route 11A : 20 – 535 – 20 m 4 h.



TJUATOTEN
Route 12 : 50 – 1098 – 50 m 7 h.



GAULARFJELLET
Route 14 : 700 – 764 – 20 m 6 h.



MENESSEGGI
Route 15 : 25 – 750 – 25 m 6 h.
Route 15-15A : 25 – 1406 – 25 m 10 h.



DALSDALEN
Route 19A 300 – 1426 – 10 12 h.
Route 19 : 300 – 1070 – 300 m 6 h.

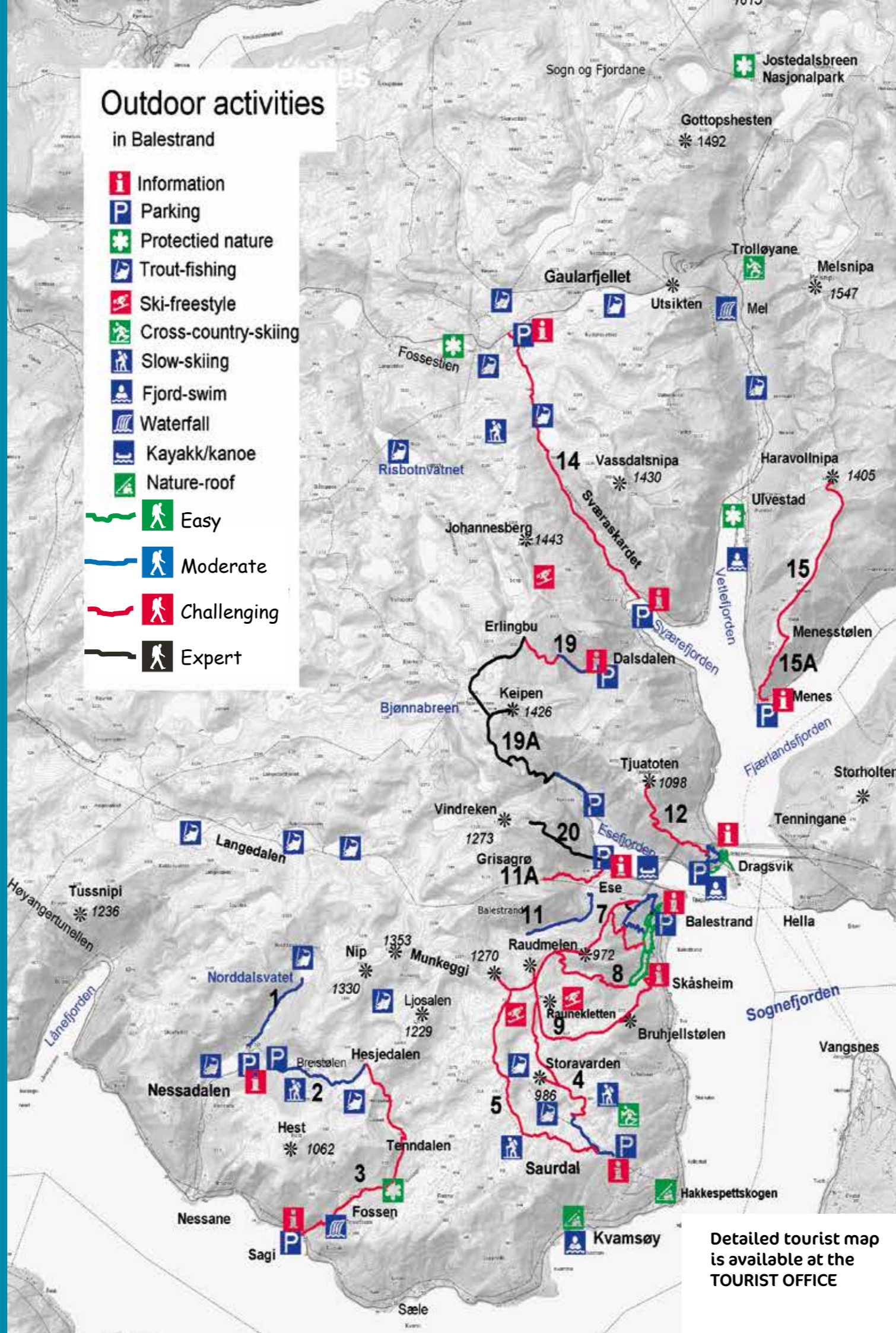


VINDREKEN
Route 20 10 – 1259 – 10 8h.

Outdoor activities

in Balestrand

- Information
- Parking
- Protected nature
- Trout-fishing
- Ski-freestyle
- Cross-country-skiing
- Slow-skiing
- Fjord-swim
- Waterfall
- Kayakk/kanoe
- Nature-roof
- Easy
- Moderate
- Challenging
- Expert



Outdoor activities in Balestrand



Balestrand
inspires you

Welcome to Balestrand

A traditional tourist resort noted for its magnificent mountain scenery, pure clean air and peaceful surroundings. In this brochure we will help you explore Balestrand following the trails. Balestrand makes a convenient starting point to discover the fjord by boat, ferry and bus. Daily excursions take you to the Nærøy fjord, recently added to UNESCO's world heritage list. To Fjærland and Jostedal with the glacier and the Glacier museums. To Flåm and the Flåm railway, to name a few. Rates, period of operation and opening hours vary. Most of the summer activities are concentrated in the months of May, June, July, August and September.

Guided tours and tourist maps available at the TOURIST OFFICE

Detailed tourist map is available at the TOURIST OFFICE

www.sognefjord.no



The Balestrand area offers excellent salt and freshwater fishing. Fishing with rods is free. The Vettefjord river is private. Fishing permits can be purchased at the Farnes store.

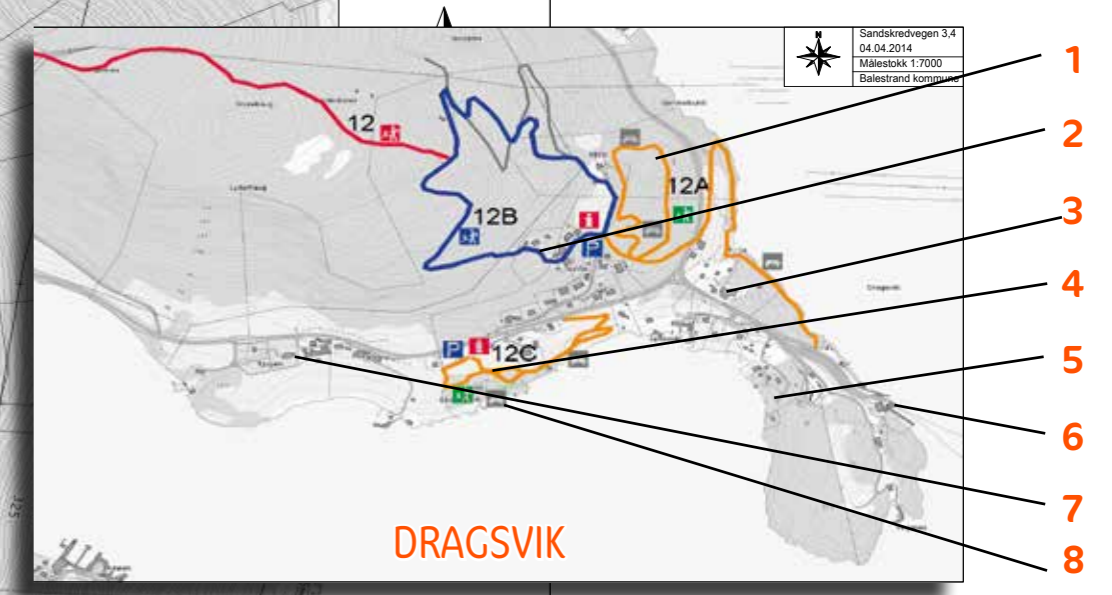
BE CAREFUL AND STAY PROPERLY EQUIPPED

The mountains around Balestrand are majestic and beautiful, but the weather in the area can change quickly. Always be properly equipped. Use caution along the steep mountainsides, never walk close to the mountain edge. Never walk without using ropes for safety on the glaciers. Also, bring ice axes and other safety equipment. Always bring extra clothing and leave a message about where you plan to go.

Be aware that in early summer large parts of the mountains may be covered in snow, so that paths and markings are not visible.

HAVE A NICE TRIP!





THE HERITAGE TRAIL

Stroll along the fjordside and discover Balestrand.
An easy level walk

- 20** The Church of St.Olof or the English Church was raised in 1897. The Church of England is responsible for the Church and maintains services throughout the summer months.
- 19** Since 1877 Kviknes Hotel has been a landmark in the Sognefjord, one of the largest wooden buildings in northern Europe, with 210 rooms. Serves a la carte in the Balholm bar.
- 14** Sognefjord Aquarium presents life in the Sognefjord from the deepest depths to the shoreline. The Gallery Munken has a unique collection of carvings telling of daily life in Sogn.

- Row boats, canoes, restaurant
- 23** Two Viking grave mounds remain, these graves contained remnants of a boat, jewellery and weapons revealing that both a man and a woman were laid in the tomb.
- 23** The German Emperor Wilhelm II gave this statue of King Bele in 1913 as a token of gratitude for his many summer visits to Balestrand. The statue represents a figure from the ancient saga of Fritjof the Warrior.
- 25** Balestrand Fruit Store freezes strawberries and raspberries. Balholm AS produces natural juice from apples and soft fruit.
- 26** Villas built in the Swiss style with decorations of dragonheads, a result of an effort by the new

Norwegian nation (formed in 1905) to create a national style of architecture. Many artists built these villas.

27 Askelund, the seat of the district bailiff from 1790 to 1899. Now fully restored as a Guesthouse.

Balestrand is situated almost midpoint in the Sognefjord, which has a total length of 180 kilometres (112 miles). The depths of the Sognefjord vary from relatively shallow at the mouth (100 to 200 meters) to 1303 metres at the deepest. Between Balestrand and Vangsnes it is 1100 meters deep.

- 1** Klibberg Nature trail
- 2** Enamel-Workshop
- 3** Dragsvik Fjordhotell
- 4** Lunde Arboretum
- 5** Veganeset camping
- 6** Ferry to Hella/Vangsnes
- 7** Tjugum Church
- 8** Fjord-bathing
- 9** Petrol/ garage
- 10** Kringsjø Hotel/ YH
- 11** Bank/ minibank
- 12** Police
- 13** Doctor
- 14** sognefjord Aquarium
- 15** TOURIST OFFICE
- 16** Post
- 17** Bus stop
- 18** Boat and ferry departure
- 19** Kviknes Hotel
- 20** The Church of St.Olof
- 21** Midtnes Hotel
- 22** Balestrand Hotel
- 24** Sjøtun Camping
- 28** Primary School
- 29** Cider House
- 30** Gallery