

2024/2025



# I am Sognefjord



**SOGNEFJORD**  
[www.sognefjord.no](http://www.sognefjord.no)





SOGNEFJORD

**Welcome**  
to the Sognefjord  
- the whole year  
round!

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Visit Sognefjord has environmental  
certification

AURLAND | LÆRDAL | ÅRDAL |  
SOGNDAL | LUSTER | LEIKANGER |  
BALESTRAND | VIK | HØYANGER

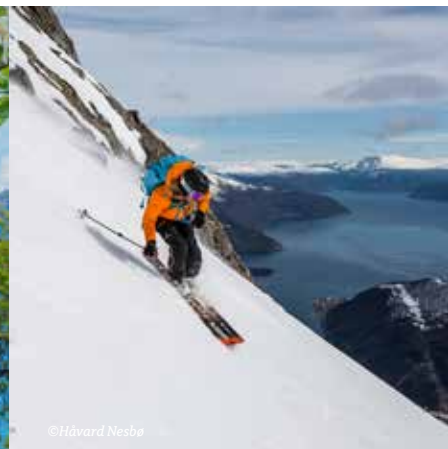
Design: Gasta design, gasta.no  
1st page photo: Visit Sognefjord



The Sognefjord is beautiful  
- **all four seasons**



©Håvard Nesbø



©Håvard Nesbø

**During spring** the waterfalls are large,  
fruit trees in blossom, mountaintops  
still white with frost and the air is  
crisp clear.

**Summertime** in the fjord brings  
a variation of experiences, as the  
cruise in UNESCO World Heritage  
Nærøfjord, visit the stave churches  
and let the guides give a hike on the  
Jostedalsglacier.

**In Autumn** the Sognefjord is covered  
with all the strong colours, red and  
yellow in the mountainarea, and later  
by the fjords. This is the best time for  
hiking the mountains, and go berry  
picking.

**The Winterfjord** gives you  
fjordexperiences, the magical  
blueicecaves under the glacier, off-  
piste skiing, fjordlight, snowshoe  
tours, alpineresorts and guided tours  
to the steep mountains.



©Håvard Nesbø



©Tulkeblakk



Fjord  
Norway

VISIT  
NORWAY  
.NO



# Sognefjord - major national attractions

Flåmsbana - ©Sverrehjørnevik.com / Norway's Best

Urnes Stavkyrkje på UNESCO si verdensarvliste ©Thomas Morel

Longest  
Biggest  
Highest  
Oldest

The longest fjord, the Sognefjord, lies in the heart of Fjord Norway and extends to the foot of the Jotunheimen and Jostedalsgreen National Parks. The area is both dramatic and hospitable, with exciting and invigorating activities for the whole family.

The Future of the fjords - Narøyfjorden ©Sverrehjørnevik / Norway's Best

Molden, Luster © Vegard Aasen / VERI Media

Stegastein, Utsiktspunkt Aurland ©Sverre Hjørnevik, Fjord Norway

Lærdalsøyri, Lærdal ©Havard Nesbø



# The Sognefjord

## - and the beautiful fjord arms

Høyanger © Vegard Aasen/VERI Media

UNESCO Nærøfjorden © Paul Edmundson

**The more than 204 km long Sognefjord lies in the heart of Fjord Norway, and is the longest and deepest fjord in Norway. At its deepest, the fjord plunges to more than 1,300 m and the mountains along the fjord rise to more than 1,700 m.**

The Sognefjord has several distinctive fjord arms winding their way between steep mountains to end in small, picturesque villages. One of the most well known branches of the Sognefjord is the narrow Nærøfjord, which is included on UNESCO's World Heritage List. You can choose between different boat trips to experience the beauty of the fjords all year round. Other tempting fjord activities are kayaking, fjord rafting, angling, rowing, swimming and much more.

The Sogn Fjord Museum at Kaupanger tells the story of life beside the fjord, and the Sognefjord Aquarium gives you a picture of life in the fjord itself.

## Highlights



### The West Norwegian Fjords

Since 2005, the area defined as the West Norwegian Fjords, comprising the Geirangerfjord, Nærøfjord and Aurlandsfjord, has been included on UNESCO's World Heritage List of the world's cultural and natural heritage of outstanding universal value. The world heritage value of the Nærøfjord area can be summed up as follows: a fjord landscape with active geological processes, a rich flora and fauna, and a beautiful natural landscape from fjord to mountains, with glaciers, forests, waterfalls and free-flowing rivers, and a cultural landscape that adds perspective to the natural landscape.

### Nærøfjord - narrow and dramatic

The Nærøfjord is the narrowest, wildest and most famous of the fjord arms, and is a UNESCO World Heritage Site. The surrounding mountains rise steeply to reach towering heights and create a unique magical atmosphere. A ferry trip on the Nærøfjord, from Kaupanger to Gudvangen, and a passengerboat from Flåm/Aurland, will take you through some of the most spectacular scenery in Norway.

### Lusterfjord - inland towards the Jotunheimen, Breheimen and Jostedalsbreen

The landscape around the Lusterfjord is very picturesque, and many great artists have been inspired by the unique beauty of its scenery. The Lusterfjord extends all the way to the foot of the Jotunheimen and Breheimen mountains and the Jostedalsbreen glacier, and from Skjolden

in the East to Solund in the West the Sognefjord measures an impressive 204 kilometres.

### Fjærlandsfjord - inland towards the Jostedalsbreen Glacier

This beautiful fjord arm extends almost all the way up to the glacier tongues that reach down to the village of Fjærland, and most of the year the fjord has a beautiful bright green colour because of the meltwater from the glaciers that flows into the fjord.

### Finnafjord - roadless and exotic

At the head of the distinctive Finnafjord, the mountains are steep and the scenery is spectacular. The famous cheese-maker Synnøve Finden was born and brought up beside this lovely fjord.



# «Hiking buses» around the Sognefjord



Public transport to and from amazing hiking areas to Aurlandsdalen Valley, Jotunheimen National park, Jostedalsbreen glacier/National park and National tourist route Sognefjellet. Route information: [www.skyss.no](http://www.skyss.no) and [www.google.com](http://www.google.com) daily departures:

**Prest:** Flåm - Aurland – Stegastein – Prest:  
[www.norwaysbest.com](http://www.norwaysbest.com), [www.el-tour.no](http://www.el-tour.no)

**Aurlandsdalen Valley:** Flåm - Aurland – Vassbygdi - Østerbø: [www.norwaysbest.com](http://www.norwaysbest.com), [www.skyss.no](http://www.skyss.no)

**Jotunheimen National park and Utladalen valley:**  
(route 14-127 Øvre Årdal – Hjelle – Turtagrø)  
JVB Travel [www.jvb.no](http://www.jvb.no)

**Jostedalsbreen National park, Nigardsbreen glacier:** (route 144 Sogndal – Lom – Otta)

**Glacier Bus Fjærland**  
[www.skyss.no](http://www.skyss.no)

**Sognefjellet, National tourist route:**  
(route 144 Sogndal – Lom – Otta)



## Getting to and around the Sognefjord

**Round trip by public transport:** [www.fjordtours.com](http://www.fjordtours.com)

**By car:** [www.vegvesen.no](http://www.vegvesen.no) and [www.maps.google.no](http://www.maps.google.no)

**By air:** [www.wideroe.no](http://www.wideroe.no), [www.scandinavianskies.net](http://www.scandinavianskies.net), [www.seaplanes.no](http://www.seaplanes.no)

**Express boat:** [www.norled.no](http://www.norled.no)

**Express buses:** [www.vy.no](http://www.vy.no) and [www.nor-way.no](http://www.nor-way.no)

**Train:** [www.vy.no](http://www.vy.no) or [www.norwaysbest.com](http://www.norwaysbest.com)

### To Norway:

**By air:** incoming flights to Bergen and Oslo Airport

**Ferry:** [www.colorline.com](http://www.colorline.com), [www.dfds.no](http://www.dfds.no), [www.fjordline.com](http://www.fjordline.com), [www.stenaline.no](http://www.stenaline.no)



## Sognefjord - Autumn and Winter

Sognefjorden has the best off-piste areas, good ski lifts and unique Fjord experience all year. The road to Jostedal and Jotunheimen is short, where you find tours and guides that are highly valued.



### GUIDED TOURS AND COURSES

The Sognefjord invites you to amazing free skiing nature, as from the mountain top to the fjord. You will find experienced guides that take you to the best snow, and offer guiding and courses for all levels. Snowshoe-tours, iceclimbing courses, avalanche courses and tours to the magical caves under the Nigardsglacier are some of the things you can do! The Fjellsportfestival which translates to Mountainsportfestival, is located in Sogndal and has become the winter highlight during winter for locals and guests of the fjord.



### ACTIVITIES

The Sognefjord is the center for adventurous experiences where you are close to nature, in a kayak or a RIB-tour during Autumn, and in winter with the snow covered mountains. Explore the fjord with a bike during Autumn, or try the biketrails close to the fjord. Perceive the colours of the Autumn in the fantastic tour areas in Jotunheimen Nationalpark with the Hurrungane and Utladalen in Årdal, Stølsheimen, Aurlandsvalley, Rallarway, Molden and many more...



### THE WINTERFJORD

Cruises in the UNESCO world heritage Nærøfjord during the Autumn and Winter, gives experiences with fjordlight and the brilliant area with steep mountains, wild waterfalls and the vivid cultural landscape. Flåmsrailway is crowned as one of the worlds most beautiful railway distances and is open all year round. In addition there are many other activities that are open all year, for example the viewpoint of Stegastein.



### SKI RESORTS

There are several resorts in the Sognefjord, but mainly Sogndal skicenter and Sogn Skicenter which lies only 25 minutes from each other, with one joint pass. The centers have different skilevels and fulfill each other perfectly. You will find childrenparks, cross-country and lighted trails, large off-piste areas and groomed skiing for learners and experienced skiers. Skitours into the UNESCO world heritage, Off-piste with a fjord view and Vetti area with the glaciers kingdom in Årdal.





Nasjonal turistveg Aurlandsfjellet ©Sverre Hjørnevik, Fjord Norway



Tindevegen - ©Dick Brunsvold

## National Tourist Routes in Sognefjord



Nasjonal turistveg Sognefjellet  
©Werner Harstad / Statens vegvesen

### NATIONAL TOURIST ROUTE AURLANDSFJELLET

You will see snow lying beside the road during most of the summer, which is why the road is often called the 'Snow Road'. The route has attractions such as the artwork 'Den' (Bjørnehiet) and the spectacular Stegastein viewing platform, and it is famous for its breathtaking views. The road from Aurland to the Stegastein viewpoint is open all year.

### NATIONAL TOURIST ROUTE GAULARFJELLET

The Gaularfjellet mountains lie to the north of Balestrand, and the road from Balestrand to Moskog (near Førde) and Eldalosen - Sande passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route. On the top, the spectacular viewpoint «Utsikten» was opened in 2016.

### NATIONAL TOURIST ROUTE SOGNEFJELLET

Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.

[www.nasjonaleturistveger.no](http://www.nasjonaleturistveger.no)



"Utsikten", Nasjonal turistveg Gaularfjellet. ©Jiri Havran

## Other nice mountain passes

### TINDEVEGEN

A beautiful mountain road between Øvre Årdal and Turtagrø, with great views of magnificent scenery and the impressive peaks of the Jotunheimen mountains. Just a short walk from the road, you can enjoy fantastic panoramic views of the Hurrungane peaks and Store Skagastølstind mountain in the east, and of the inner reaches of the Sognefjord and Skjolden in the west. Tindevegen is a toll road for motorbikes, private cars, camper vans and caravans.

### VIKAFJELLSVEGEN (STØLSHEIMEN)

The road through the mountain area between Vik and Vinje/Voss (route 13) provides an ideal base for hikes in both the Vikafjellet and the Stølsheimen mountains, where there are many old summer pasture farms set in hilly terrain. All of the old mountain pasture

*Most roads are open all year, but some are closed during the winter months. For information about current road conditions, please call (+47) 815 48 991 (hold for information in English). For information on bus services across the mountains, please call (+47) 57 65 95 12 or visit [www.skyss.no](http://www.skyss.no) and [www.vy.no](http://www.vy.no)*



Stølsheimen ©Thomas Morel



# The Jostedalsbreen National Park

## - and the beautiful glacier arms

At 500 square kilometres, Jostedalsbreen is the largest glacier in mainland Europe. This gigantic mass of ice covers mountain peaks and deep valleys in the National Park and its spectacular arms of blue ice extend down to the lush valleys near our fjords. Many people are amazed when they realize how accessible these glacier arms are, and discover that it can be almost as warm by the ice as it is down by the fjord.



Breheimssenteret, Jostedal - ©Vegard Aasen / VERI Media



Norsk Bremuseum, Fjærland - ©Gaute Dvergsdal Bøyum

In Jostedal, Fjærland and several other places, you can enjoy glacier walks, led by experienced guides who know the area like the palm of their hands. On the Nigardsbreen glacier in Jostedal, daily family walks are among activities organised throughout the summer. Visit the national park centers Norwegian Glacier Museum and the Breheimsenteret (Jostedal Glacier Visitors Centre) to learn more about the Jostedalsbreen National Park and Breheimen National Park.

## Highlights

### Nigardsbreen Glacier, Jostedal

This is one of the most accessible glaciers, where you can peer into the blue ice at very close range, and everyone above the age of six can join guides on glacier walks. You can also walk alongside the lake. Children above 8 years old can participate.

### Flatbreen / Supphellebreen Glacier, Fjærland

The Flatbreen glacier can be seen from the fjord, and can be reached on foot. The beautiful walk up to the glacier and the Flatbrehytta cabin takes about 3 hours. Guided glacier walks on Flatbreen can be ordered. You can drive by car to Supphellebreen.

### Bergsetbreen Glacier, Jostedal

The spectacular Bergset glacier, only an hour's easy walk from the road, is one of the most beautiful and impressing glacier arms.

### AUSTERDALSBREEN GLACIER, VEITASTRAND

"The finest ice scenery in Europe", said the English mountaineer W.C. Slingsby about Austerdalsbreen and the three ice falls called Loke, Odin and Tor.

In 2008, Luster municipality with its three national parks (Jotunheimen, Jostedalsbreen and Breheimen) was designated a national park municipality. This is a hallmark of significance and administrative areas granted this status encompass large and invaluable wilderness areas.



Luster  
nasjonalparkkommune





### Bøyabreen Glacier, Fjærland

You can see the Bøyabreen at quite close range from the main road in Fjærland, or admire it from the Brævvasshytta restaurant, even closer to the ice.

### Guided glacier walks

If you join a guided glacier walk you can visit several other beautiful glacier arms, both in Jotunheimen and in Jostedalen (for instance the Austdalsbreen and the Tunsbergdalsbreen).

Be aware that the glacial ice is always in motion and blocks of ice can break off from the glacier front. Never hike on the glacier without a local guide or venture past the barriers that have been erected.

## Transport to the Glacier

### JostedalsBrebussen – the Jostedalsbreen glacier bus

- Daily departures Sogndal - Nigardsbreen (Jostedal). [www.skyss.no](http://www.skyss.no)
- Connections from Balestrand, Leikanger, Vik, Flåm, Lærdal, Årdal and other places.
- A great opportunity for glacier walking, kayaking, canyoning, rafting or just admire the glacier and visit the Breheimsenteret.
- Tickets can be purchased on board the bus.

### Brebåten - the glacier boat, Jostedal

- Season: Daily from approx 10 June – 30 Sept (usually 10 – 18)
- Provides a daytime shuttle service in the summer season between the car park at Nigardsbrevatnet lake and the Nigardsbreen glacier.
- From approx. 20 June – approx. 20 August There is a ticket sale at the end of the car park where you go down to the quay, or on board the boat.

### Brebussen – the glacier bus, Fjærland

- Daily service starting from the ferry landing in Mundal and going via the Norwegian Glacier Museum to the Bøyabreen glacier, with connections from Sogndal, Flåm, Balestrand and other places in the summer season.
- A great opportunity to see the glacier and visit the Norwegian Glacier Museum etc.
- Season: June, July, August.
- Ticket on board the bus, or as a round trip with [glaciertour.no](http://glaciertour.no)



## NORSK BREMUSEUM\*

& Ulltveit-Moe climate centre



### Opening hours:

April – May – September – October: 10:00 – 16:00  
June – July – August: 09:00 – 19:00  
November – March: At request

[www.bremuseum.no](http://www.bremuseum.no)

N-6848 Fjærland, Norway | tel: +47 57 69 32 88 | e-mail [post@bre.museum.no](mailto:post@bre.museum.no)

Café | Free parking | Charging station electric cars





Jotunheimen Nasjonalpark - ©Sverre Hjørnevik Fjord Norge AS Fjord Norway

# The Jotunheimen National Park

## - and other beautiful mountain areas



You can ramble beside the fjord, follow culture trails and historical roads or head for the mountains and enjoy unique views of the fjord, mountains and glaciers. Many places also offer guided treks, walks, glacier walking and climbing

### Large network of paths and mountain cabins

The Norwegian Trekking Association (DNT) has many waymarked trails and welcoming staffed lodges and cabins in the mountains around the fjord, and Luster is the municipality in Norway with most DNT cabins. The standard ranges from rather luxurious staffed lodges that serve meals to simple selfservice cabins. You can walk from cabin to cabin or use the cabins as a base for day hikes in the mountains.

### Seasons and weather

The Sognefjord is a great area for outdoor pursuits all year round, but July, August and September are the very best months for walking in the mountains. Remember that the weather changes faster in the mountains than in the lowlands and that you may be surprised by sudden storms and mist. The main rules are easy: Be considerate and thoughtful. Don't damage nature and the surroundings.

### Aurlandsdalen

The track through the legendary Aurlandsdalen valley is one of the ancient routes between Eastern and Western Norway. Beautiful and wild, rich in flora and fauna, cultural heritage, history, varied geology and good trout fishing. You can go walking for several days and stay overnight in trekking association cabins in

the valley, or go on shorter walks based on travelling by bus or using your own car.

### Breheimen National Park

Breheimen is the mountain area between the two national parks of Jotunheimen

and Jostedalsbreen. The walk through the Mørkridsdalen valley is regarded as one of the most beautiful in Norway, and the Norwegian Trekking Association has voted it the walk with the richest flora. There are many summer pasture farms and large fishing lakes in the area, which are used extensively by both the locals and visitors.

### Jostedalsbreen National Park – the largest glacier

Almost half of the Jostedalsbreen National Park is covered by the Jostedalsbreen glacier, which is the largest glacier in mainland Europe.

### Jotunheimen National Park – the highest mountains in Norway

The whole of the Jotunheimen National Park consists of high mountains and glaciers, and it is here that you find Norway's highest mountains. The three highest peaks are Galdhøpiggen (2,469 m), Glittertind (2,465 m) and Store Skagastølstind (2,405 m). A drive along the national tourist road over the Sognefjell mountain between Lom in the East and Luster in the West gives you a close up view of Store Skagastølstind (Storen) and many other impressive peaks. In the summer season there is a bus service twice a day across the Sognefjell Road from Otta to Sogndal with correspondence from Oslo and Trondheim.



Aurlandsdalen - ©Thomas Rasmus Skaug



Camping i Jotunheimen - ©Sverre Hjørnevik / fjordnorway.com



## Kongevegen

Kongevegen, the old King's Road over the Filefjell mountain pass was completed in 1793. It was the first road between Eastern and Western Norway. The road, which is a valuable part of Norway's cultural heritage, runs east from Lærdalsøyri to the village of Vang in the Valdres area and is approximately 80 km long. Here, you can go on short or long walks, and it will be possible to cycle some sections of the road. Along the whole valley from Filefjell down to Lærdal, there are waymarked historical sections of the road that make ideal walks. The best known section is Vindhellavegen, which starts near Borgund Stave Church.

## The Utladalen valley

The Utladalen valley is wild and dramatic. It is surrounded by the highest mountain area in Norway, with many summits of more than 2,000 metres. Here, you will find Vettisfossen, which, with a free fall of 275 metres, is the highest waterfall in Northern Europe. Utladalen is one of the deepest valleys in Europe, and visitors find its wild and fertile scenery spellbinding.



## STØLSHEIMEN

The Stølsheimen landscape preservation area is a mountain area with many summer pasture farms in hilly terrain bordering on a spectacular fjord landscape. Within the protected area you will also find the roadless and exotic Finna fjord in the municipality of Vik.

*There are plenty of other attractive mountain areas around the fjord. Contact the tourist information offices for more information.*



Balestrand ©Håvard Nesbø



There is a great variety of lakes, streams and rivers in the Sognefjord region. Most of the lakes are in the mountains, and the region is therefore ideal for visitors who like to combine fishing and hiking. The mountain trout you can catch in these clear, freshwater lakes is considered a delicacy.

There are several rivers along the fjord where you can fish for salmon or sea trout. The area has a long tradition of fishing, and salmon rivers have enjoyed high status among anglers for more than a century. Fishing in the fjord is free throughout the year, and you may catch sea trout, cod, haddock, whiting and more.

There are some organized fishing trips you can join or you can rent a boat or fish from shore. Many accommodation sites along the fjord and lakes also have boats for their guests.

## Norwegian fishing licence fee

Before purchasing a permit for a lake or river containing salmon and sea trout, you have to pay the Norwegian fishing licence fee at [www.inatur.no](http://www.inatur.no) Salmon are protected in some places, but you can nevertheless fish for sea trout in these lakes and rivers.

## Season

You can normally fish in the mountain lakes as soon as the ice on the lakes has melted in spring, and in most lakes and rivers containing salmon and sea trout the fishing season is from approx. 1 July to 15 September.



# Famous hikes

- Aurlandsdalen/Aurland
- Kongevegen/Lærdal
- Utladalen/Årdal
- Molden/Luster
- Keipen/Balestrand
- Prest/Aurland
- Fannaråken/Jotunheimen/Luster
- Mørkridsdalen/Luster
- Torsteinen/Lærdal
- 1000 meteren/Årdal
- Stølsheimen / Vik



Scan the QR-code to find more hikes



## LUSTRABADET

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**LUSTRABADET** Rådhusvegen 7B | N-6868 Gaupne | tel +47-57 68 56 80 | [www.lustrabadet.no](http://www.lustrabadet.no) | [f Lustrabadet](https://www.facebook.com/Lustrabadet)




### GLACIER WALKS CLIMBING SKI TOURING

[breogfjell.no](http://breogfjell.no)  
[post@breogfjell.no](mailto:post@breogfjell.no)

 **BREOGFJELL**  
MOUNTAIN GUIDES



## Sognefjord Cabins

Five cabins beautifully located by the Esefjord, a little fjord branch of the Sognefjord.

[www.sognefjordcabins.com](http://www.sognefjordcabins.com)



# Attractions

The wonderful Sognefjord landscape, with its cascading waterfalls, blue glaciers, fertile valleys, narrow fjord arms, massive mountain ranges and idyllic villages has been a magnet for explorers, mountaineers and artists for more than 150 years. It has an abundance of interesting culture and is home to many national cultural treasures. Vibrant communities offer genuine cultural experiences, unique visitor centres, museums, art galleries, stave churches and historical sites.

## AURLANDS SHOE FACTORY

Visit the Aurland Shoe factory  
Place: Aurland  
Tel: (+47) 57 63 32 12  
[www.aurlandskoen.no](http://www.aurlandskoen.no)  
Season: Open all year

Meet the artisans of shoe making, follow the steps of the production process and discover interesting elements of the historic craft. Make sure to take home with you a pair of proper shoes as a souvenir.

## BREWERY PUB

Ægir BrewPub  
Place: Flåm  
Tel: (+47) 57 63 20 50  
[www.flamsbrygga.no](http://www.flamsbrygga.no)  
Season: Open all year

We invite you to our Viking style brewpub with slate floor, driftwood walls, dragon heads, and a 9 metre high fireplace. Production of handcrafted beers. Viking-inspired menu based on our culinary philosophy: Ægir beer in the food and to the food! Special offer: Beer tasting every day.

## FLÅMSBANA

The Flåm Railway  
Place: Flåm  
Tel: (+47) 57 63 21 00  
[www.visitflam.com](http://www.visitflam.com)  
Season: All year

The Flåm Railway invites you on a spectacular train journey with a panoramic view of some of the wildest and most striking examples of Norwegian fjord and mountain landscape. In less than an hour the train ascends 865 meters from Flåm to Myrdal going through 20 tunnels. The Flåm Railway runs year-round.

## FLÅM RAILWAY MUSEUM

The Flåm Railway Museum  
Place: Flåm  
Tel: (+47) 57 63 21 00  
[www.visitflam.com](http://www.visitflam.com)  
Season: Open all year

Learn more about the history and construction of one of the steepest railway lines in the world, the technological development and the people behind this stunning achievement of railway engineering. Free admission and open daily throughout the year.

## NATIONAL TOURIST ROUTE

Aurlandsfjellet  
Place: Aurland/Lærdal  
[www.sognefjord.no](http://www.sognefjord.no)  
Season: Juni - Oktober

## SIGHTSEEING

Rallartoget  
Place: Flåm  
Tel: (+47) 99 37 23 38  
[www.rallartoget.no](http://www.rallartoget.no)  
Season: May - Medio Sept

## STAVE CHURCH & VILLAGE WALK

Life in a small fjordvillage with its small church.  
Place: Undredal, location at the visitor center.  
[www.exploreundredal.tours](http://www.exploreundredal.tours)  
[booking@exploreundredal.com](mailto:booking@exploreundredal.com)  
Season: Open all year

The mountainroad between Aurland and Lærdal is open from the 1st of June to approx. 15th of October. From Aurland to the viewpoint - Stegastein - 7,5 km - the road is open all year. The crossing Aurland - Lærdal - Aurlandsfjellet is 48 km and the highest point 1306 m a.s.l. Fantastic view - snow along the road most of the summer - also called the "Snowroad".

You'll find Rallartoget next to the railway station in the center of Flåm from the beginning of May to middle of September. Daily departures in the main season every hour from 10:00 am to 4:00 pm. A roundtrip last about 45 minutes. A nice trip around Flåm.

Join a guided walk and learn about life in a fjord village. The walk ends up with a guided experience in Undredal Stave Church, where the guide will take you on a journey of the religious and social history of the church and the village, putting the architectonical changes into historical context over the last 850 years. Undredal Stave Church was built in the middle of the 12th century and is still in regular use.

## VISITOR CENTER ELDHUSET

A taste of Undredal  
Location: Undredal Bryggje  
[www.visitundredal.no](http://www.visitundredal.no)  
Tel: (+47) 95 03 98 81  
[booking@exploreundredal.com](mailto:booking@exploreundredal.com)  
Season: May - September

The exhibition takes you into the history of local farming and goat cheese tradition. You can taste the typical Norwegian brown goat cheese, different kinds of white and other traditional foods. We also serve Norwegian dinners, based on local goat meat and cheese.

## VIKING VALLEY GUDVANGEN

phone +47 462 45 462  
[www.vikingvalley.no](http://www.vikingvalley.no)  
season all year

Entertaining and educational for the whole family. Guided tours, archery, axe throwing, Chieftains Hall, the Blacksmithy and other activities, all incl in the tickets.

## TOURIST ROUTE

Tindevegen  
Place: Årdal/Turtagrø  
[www.tindevegen.no](http://www.tindevegen.no)  
Season: Seasonal

Tindevegen is the beautiful mountain road that runs between Øvre Årdal and Turtagrø (32 km). At Turtagrø, you join the Sognefjellsvegen road, a National Tourist Route that runs west down to Skjolden (17 km) and Gaupne by the Sognefjord in Luster, and east to Lom in the Gudbrandsdalen valley. There are terrific views of magnificent scenery and the peaks of Jotunheimen from many places along the Tindevegen road.

## BORGUND STAVE CHURCH AND VISITOR CENTRE

Fortidsminneforeningen  
Place: Borgund  
Tel: (+47) 57668109  
[www.stavechurch.com](http://www.stavechurch.com)  
Season: medio april - medio oktober

Borgund is a very well preserved stave church, and appears almost as it did when the church was built in the 1180s. The church is the most distinctive of the stave churches with its characteristic carvings and dark, tar-brown color. The interior has been preserved as in Catholic times. Visitor center with a stave church exhibition, cafe and souvenir shop. Borgund stave church is located along Kongevegen, between the impressive Vindhellavegen and Sverrestigen

## THE KING'S ROAD

(Kongevegen) over Filefjell  
Place: Lærdal  
Tel: (+47) 40 06 50 69  
[www.visitkongevegen.no](http://www.visitkongevegen.no)

The King's road over Filefjell from the 1790s was the first road in which one could drive by horse and cart between east and west in Norway, and is today one of the finest road-historical cultural heritage in the country, going from mountain to fjord. A major restoration has been done later on the 100 kilometer long road from Vang to Lærdal center. The road has in recent years both won the Europa Nostra award and Beautiful Roads Prize, and there are several companies offering accommodation and servings along the road.





## SECONDHAND BOOKS

*The Norwegian Book town*  
*Place: Fjærland*  
*Tel: (+47) 57 69 22 10*  
*www.bokbyen.no*  
*Season: May - Sept*

The Norwegian Book Town in Fjærland has more than 250,000 second-hand books in several different languages. Old byres and boathouses have been converted into bookshops. Some of the bookshops also double as small cafés and art galleries, or handicraft outlets.



## GLACIER MUSEUM

*Norsk Bremuseum*  
*Place: Fjærland*  
*Tel: (+47) 57 69 32 88*  
*www.bremuseum.no*  
*Season: April - Okt*  
*(Nov - March reservation required)*

A hands-on museum about ice, glaciers, landscape and climate. Do your own experiments with 1000-year old ice from the Jostedalsbreen glacier. Don't miss the breathtaking panoramafilm from the glacier. Travel through time and experience our planet from her birth, warm periods, ice ages, before you walk into the future.



## MUSEUM

*De Heibergske Samlinger - Sogn Folkemuseum*  
*Vestreim, Kaupanger*  
*Tel: (+47) 57 67 82 06*  
*misf.no/de-heibergske-samlinger*  
*Open all the year. Main season from Mai 2. - September 30.*

One of the oldest and largest folk museums in Norway, with comprehensive exhibitions, an open air museum with buildings from medieval times to the 1980s and a traditional farm with animals. Guided tours and activities every day in the main season. Cafeteria with homemade local food and a souvenir shop. More information on [www.dhs.museum.no](http://www.dhs.museum.no)



## MUSEUM

*Sogn Fjord Museum*  
*Kaupanger*  
*Tel: (+47) 57 67 82 06*  
*misf.no/sogn-fjordmuseum*  
*Season: 19.06 - 13.08*

Sogn Fjordmuseum is a part of De Heibergske Samlinger - Sogn Folkemuseum. Here is a unique collection of boats from Sogn, maritime artefacts, a tavern from the early 19th century, a reconstructed boat builder's workshop, and a film showing boat building. The museum also has a cafeteria and souvenir shop. See more information on [www.dhs.museum.no](http://www.dhs.museum.no)



## KAUPANGER STAVE CHURCH

*Place: Kaupanger*  
*Fortidsminneforeninga*  
*www.stavechurch.no*  
*Season: June - Aug*

The biggest stave church in Sogn (c. 1140), it has been in continuous use as a parish church for more than 850 years. Its medieval design has been preserved, and the body of the church is supported by 22 staves, the largest number of staves found in any stave church. Most of the interior dates from the 17th century.



## GLACIER MUSEUM

*Breheimsenteret*  
*Place: Jostedal*  
*Tel: (+47) 57 68 32 50*  
*www.jostedal.com*  
*Season: 1. may - 30. sept*

Breheimsenteret is a National Park Visitor's centre for the Jostedalsbreen National Park. You will find exhibitions, souvenirs and a cafeteria at the Breheimsenter, and it is also starting/meeting point for activities in Jostedalen such as glacier walks, rafting, guided hikes, kayaking on glacier lakes and more. Local food.



## NATIONAL TOURIST ROUTE

*Sognefjellet*  
*Place: Sognefjellet*  
*www.sognefjord.no*

Route 55 across the Sognefjell mountain area between Luster and Lom is the highest and most impressive mountain pass in Northern Europe (highest point 1430 meters), and it has been awarded the status of National Tourist Route because of the spectacular and wild mountain scenery it passes through in the Jotunheimen National Park.



## URNES STAVE CHURCH

*Place: Urnes*  
*Fortidsminneforeninga*  
*Tel: (+47) 57 67 88 40*  
*www.stavechurch.no*  
*Season: May - Sept*

The oldest stave church in the country (1130) and the only stave church to be included on UNESCO's World Heritage List. The church contains ornaments dating from the 1060's and is unusually ornately decorated. It's beautifully located by the Lustrafjord. Visitor centre with exhibition and small shop by the church.



## THE CULTURAL HERITAGE SITE THE WITTGENSTEINHOUSE

*Skjolden*  
*Tel: (+47) 91 75 88 12*  
*www.wittgenstein-foundation.no*  
*Season: 01.05. - 31.10.*

Ludwig Wittgenstein (1889-1951), maybe the most influential philosopher of the 19th century, built a house on a remote hillside in Skjolden in 1914 to find peace and quiet for his work. In 1958 the house was moved. Restored to its original location in 2018, it is now a cultural heritage site. You may rent a key at Coop Skjolden or Vassbakken and have a 25-min. scenic walk to stay alone inside for one hour.



## CHURCH

*St. Olavs Church*  
*Place: Balestrand*  
*www.sognefjord.no*  
*Season: May - Sept*

The English church, which was built in 1897, is a copy of the old stave churches. It is under the authority of the Archbishop of Gibraltar. In summer, Anglican mass is held here by English vicars.



## AKVARIUM

*Sognefjord Akvarium*  
*Place: Balestrand*  
*Tel: (+47) 40 29 55 64*  
*Season: May - Sept*

A fjord centre situated in the centre of Balestrand and devoted to information about the Sognefjord. Here, you can study more than 100 different species from the fjord and study models and exhibitions. Film to the accompaniment of local folk music. Fishing activities, rowing boats and canoes. Gallery. Quayside restaurant.



## CIDER HOUSE / VINEYARD

*Ciderhuset*  
*Location: Balestrand*  
*Phone: (+47) 95 90 21 90*  
*www.ciderhuset.no*  
*Season: May 10-Sept 10*  
*Monday-Saturday*

A cider house nestled in an organic orchard, a 15-minute walk from the center of Balestrand and Kviknes Hotel. Économusée - artisans at work. Production of cider, "Champagne-cider" and fruit brandies. Cider tasting and sale of Balholm juice, cider, jams, and chocolate. Restaurant: June 19th August 19th Monday - Saturday.



## MUSEUM

*The Norwegian Museum of Travel and Tourism*  
*Place: Balestrand*  
*Tel: (+47) 47 45 30 53*  
*misf.no/norsk-reiselivsmuseum*

Venture in to an interactive, digital exhibition that presents the history of tourism as a phenomenon, and development of the Norwegian tourism industry. Walls carved in the bedrock, the museum and the museum café have a special connection to Norwegian nature



## NATIONAL TOURIST ROUTE

*Gaularfjellet*  
*Place: Dragsvik/Førde*  
*www.sognefjord.no*

(Rv13) The Gaularfjell mountains lie to the north of Balestrand, and the road between Dragsvik and Moskog (near Førde) passes through them. On the Balestrand side, the road twists and turns through nine hairpin bends. There are many beautiful rivers and waterfalls along the route.



## HOVE STONE CHURCH

*Place: Vik i Sogn*  
*Fortidsminneforeninga*  
*www.fortidsminneforeninga.no*  
*Season: Medio June - Medio aug*

Dating from c. 1170. Rich grave finds from Roman times indicate that Hove was an early chieftain's residence. In the 1880s, the church was bought and restored by architect Blix, who saved it from demolition. The church's medieval interior is beautiful and richly decorated. Architect Blix was buried under the floor of the church.



## HOPPERSTAD STAVE CHURCH

*Place: Vik i Sogn*  
*Fortidsminneforeninga*  
*www.fortidsminneforeninga.no*  
*Season: Medio May - Medio Sept*

Hopperstad stave church is assumed to have been built around 1130 and still stands at its original location, offering a wonderful view over Vik town centre and the Sognefjord. The church is a triple-nave stave church. It has three portals, and the west portal is an example of Norwegian medieval wood carving at its finest. The 14th century alter canopy is the only one of its kind still existing in Norway.



**MUSEUM**

Høyanger Industrial Museum  
Tel: (+47) 57 71 15 00  
[www.industristadmuseet.wordpress.com](http://www.industristadmuseet.wordpress.com)  
Season: Open all year

The exhibitions of Høyanger Industrial Museum portray the more than 99 year old industrial and working history of Høyanger through pictures and texts. Become acquainted with the trade union struggles, the war years, the living conditions and see how a worker would spend his time at work and at home.

**MUSEUM**

The Gunnar S. Gallery  
Place: Høyanger  
Tel: (+47) 57 71 15 00  
[www.gunnarsgalleriet.no](http://www.gunnarsgalleriet.no)  
Season: Open all year

The gallery features Høyanger municipality's collection of original artworks by Gunnar S. Gundersen. The collection consists of more than 30 works by the artist and covers the period from approximately 1950 to approximately 1980. The works consist of drawings, watercolours, paintings and serigraphs. A large painting is on loan from Sparebanken Vest. In addition, drawings, sketchbooks, jewellery and photographs will be exhibited in a separate display.

**OTHER ATTRACTIONS**

Product	Company	Place	Tel	Web
Museum	Munthehuset	Kroken/Luster	57 68 35 00	<a href="http://www.munthehuset.no">www.munthehuset.no</a>
	Post – og Telemuseet	Lærdal	47 71 09 01	<a href="http://www.laerdal.kommune.no">www.laerdal.kommune.no</a>
Historical sites	Vikøyri strandsitjarstad	Vik	91 13 08 43	<a href="http://www.sylvringen.no">www.sylvringen.no</a>
	Wittgenstein-huset	Skjolden	57 68 61 88	<a href="http://www.skjolden.com">www.skjolden.com</a>
	Slaget ved Fimreite - minnestein	Nornes	97 60 04 43	<a href="http://www.sognefjord.no">www.sognefjord.no</a>
	Henrik Angell - minnestein	Luster	97 60 04 43	<a href="http://www.sognefjord.no">www.sognefjord.no</a>
	Moahaugane, gravhaugfelt	Vik	91 13 08 43	<a href="http://www.sylvringen.no">www.sylvringen.no</a>
	Lusakaupangen	Kaupanger	48 00 48 17	<a href="http://www.knaken.no">www.knaken.no</a>
	Runesteinen på Stedje	Sogndal		
	Lokalhistorisk senter / Galleri Vinjum	Aurland	57 63 29 00	<a href="http://www.sognefjord.no">www.sognefjord.no</a>
Gallery/exhibitions	Haukaas Emaljeverksted	Balestrand	90 59 79 23	<a href="http://www.solveighaukaas.no">www.solveighaukaas.no</a>
	Sivle samlinga	Aurland	57 63 29 00	
	Balestrand Art Village	Balestrand	57 69 12 55	<a href="http://www.kunstbygda.no">www.kunstbygda.no</a>
	Energiutstilling	Aurland	57 63 29 00	<a href="http://www.aurland.kommune.no">www.aurland.kommune.no</a>
	Det gylne hus, Bjørg og Arthur	Balestrand	915 62 842	<a href="http://www.detgylnehus.no">www.detgylnehus.no</a>
	Sogn Kunstsenter	Lærdal	48 86 47 87	<a href="http://www.sfk.museum.no">www.sfk.museum.no</a>
	Utladalen Naturhus	Årdal	57 66 15 70	
	Breheimen utstillinga	Skjolden	57 68 67 44	<a href="http://www.skjolden.com">www.skjolden.com</a>
	Kvamsøy kyrkje	Balestrand	57 69 15 48	(on req.)
	Stedje kyrkje	Sogndal	57 67 99 85	<a href="http://www.sogndal.kyrkja.no">www.sogndal.kyrkja.no</a>
Church	Leikanger kyrkje	Leikanger	57 67 99 85	<a href="http://www.leikanger.kommune.no">www.leikanger.kommune.no</a>
	Vangen Kyrkje	Aurland	95 86 25 20	<a href="http://www.aurland.kommune.no">www.aurland.kommune.no</a>
	Undredal stavkyrkje	Undredal	95 03 98 81	<a href="http://www.undredal-stavkyrkje.com">www.undredal-stavkyrkje.com</a>
	Hauge Kyrkje	Lærdal	40 43 69 71	<a href="http://www.laerdal.kommune.no">www.laerdal.kommune.no</a>
	Fjærland Kyrkje	Fjærland	57 67 99 85	<a href="http://www.sogndal.kyrkja.no">www.sogndal.kyrkja.no</a>
	Gaupne Gamle kyrkje	Gaupne		<a href="http://www.fortidsminneforeningen.no">www.fortidsminneforeningen.no</a>
Statue	Fridtjof statuen	Vangsnes	91 13 08 43	<a href="http://www.sylvringen.no">www.sylvringen.no</a>
	Kong Bele statuen	Balestrand		<a href="http://www.kunstbygda.no">www.kunstbygda.no</a>
	Baldersteinen	Leikanger		
	Gjest Baardsen statue	Sogndal		
	Tell Teigen Monument	Høyanger	99 23 15 00	<a href="http://www.sognefjord.no">www.sognefjord.no</a>
Other attractions	Bautastein Lærdalskompaniet	Lærdal		
	Bjørkumkaupangen	Lærdal		
	Amtskontoret	Leikanger	57 65 56 00	<a href="http://www.leikanger.kommune.no">www.leikanger.kommune.no</a>
	Jutlamannen	Lærdal		
	Nårekista	Lærdal		
	Fugletitting	Balestrand	90 59 79 23	<a href="http://www.enamel.no">www.enamel.no</a>
	Sculpture Park	Solvorn	57 68 20 80	<a href="http://www.walaker.com">www.walaker.com</a>
	Eldhuset, center for local goat cheese tradition	Undredal	95 03 98 81	<a href="http://www.visitundredal.no">www.visitundredal.no</a>
	Verdsarvhus, world heritage exhibition	Undredal	95 03 98 81	<a href="http://www.visitundredal.no">www.visitundredal.no</a>
	BesteBakken	Luster	90 16 84 49	<a href="http://www.bestebakken.no">www.bestebakken.no</a>
Permaculture garden	BesteBakken	Luster	90 16 84 49	<a href="http://www.bestebakken.no">www.bestebakken.no</a>
Alpaca	BesteBakken	Luster	90 16 84 49	<a href="http://www.bestebakken.no">www.bestebakken.no</a>
Viking	Njardarheimr	Gudvangen	46 24 54 62	<a href="http://www.vikingvalley.no">www.vikingvalley.no</a>

**MUSEUMS OF SOGN OG FJORDANE**

NORSK  
REISELIVSMUSEUM

**The Norwegian Museum of Travel and Tourism  
Balestrand · phone: +47 47 45 30 53**

The beautiful village of Balestrand is home to the Norwegian Museum of Travel and Tourism, where you can explore Norwegian tourism history from the early 1800s to the present day. The museum also offer a movie theatre, gift shop, a library and a café.



DE HEIBERGSKE SAMLINGER  
Sogn Folkemuseum

**The Heiberg Collection – Sogn Museum of Cultural History  
Vestheim, Kaupanger · phone: +47 57 67 82 06**

Open all year round, with peak season from May 2<sup>nd</sup> to Sept. 30<sup>th</sup>. Exhibitions. Open air museum with buildings from the 1500s to the 1980s. Farm with animals. Guided tours and activities. Fairytale forest and nature paths. Café and gift shop.



SOGN  
FJORDMUSEUM

**Sogn Fjord Museum, Kaupanger · ph: +47 57 67 82 06**  
Season: June-August. Unique collection of old boats and maritime artefacts right alongside the Sognefjord. Boat builder workshop and films about boat construction. Public house from the early 1800s. Café and gift shop.



SOGN  
KUNSTSENTER

**Sogn Art Centre, Lærdalsøyri · phone: +47 57 64 12 00**  
Sogn Art Centre exhibits artworks from the large collection after Lærdal artist Hans Gjesme, and is open throughout the extended summer season. The collection contains several thousand works of art, the majority being landscapes and portraits. Sogn Art Centre also hosts contemporary exhibitions, and is located alongside the Norwegian Wild Salmon Centre.



**misf.no**



Photo: Henning A. Hellebust and Thomas Bickhardt/BickFoto



# Activities

The Sognefjord landscape is full of contrasts, making it an ideal place to enjoy breathtaking nature experiences and invigorating activities. There are few places in the world that can offer such a large selection of activities in such a small area! Regardless of whether you are looking for relaxation or physical challenges, you are sure to find an activity that will bring you into close contact with nature. Expert guides lead organized activities that are adapted to suit all age groups.

## KAYAK & BOAT RENTAL IN UNDREDAL

Reception: Undredal Bryggje  
www.visitundredal.no  
Tel.: (+47) 95 03 98 81  
booking@exploreundredal.com  
Season: May - September

Enjoy the spectacular Aurlandsfjord and Nærøfjord by boat or kayak on your own. Find yourself as close as possible to our Unesco heritage landscape, waterfalls and if you are lucky wild animals as seals and eagles.

## CYCLING

Fjord Cycling  
Place: Sognefjord: Vik - Skjolden  
Tel: (+47) 988 85 415  
www.fjordcycling.com  
Season: mai - September

Get close to Norways longest and deepest fjord on a bicycle adventure. Starting in Bergen, before rolling through the fjord landscape. Feel the fresh fjord and mountain air and become one with the sublime landscape surrounding you. Tour cycling on narrow paved roads, will allow you to experience the real Norwegian culture, nature and heritage up close. The tour must be booked in advance.

## EXPRESS BOAT

Bergen - Sogn/Flåm - Bergen  
Place: Bergen - Sogn/Flåm - Bergen  
booking@norled.no  
www.norled.no  
Season: All year

A trip by express boat is a welcome break from the hectic pace of daily life. Relax in comfortable chairs, breathe in the fresh sea air on deck or enjoy refreshments from our kiosk. Good discounts for families, groups, students and senior citizens. Have a great trip!

## FJORD CRUISE

Fjord cruise Nærøfjord  
Place: Flåm / Gudvangen  
Tel: (+47) 57 63 14 00  
www.visitflam.com  
Season: All year

Explore the UNESCO World Heritage Area Nærøfjord year-round. The roundtrip includes a one-way fjord cruise from Flåm to Gudvangen or vice versa, and a shuttle bus return to the starting point.

## SNOWSHOE HIKING

FjordSafari Norway AS  
Place: Flåm  
Tel: +47 57 63 33 23  
www.fjordsafari.com  
Season: Dec 26th - March 31st

Come and experience the Norwegian winter on snowshoes! Enjoy the amazing fjord view and have fun hiking in our snowy mountains. Your guide will share insights to the unique local nature and history. Hot beverages will be served during the hike. The trip is suitable for everyone (average fitness but no experience needed).

## BICYCLE TRIP

Cafe Rallaren AS  
Place: Myrdal stasjon  
Tel: (+47) 57 63 37 56  
(+47) 970 89 052  
www.caferrallaren.no  
Season: June - sept

At Myrdal station, the last stop of Flåmsbana, Cafe Rallaren is situated. At Cafe Rallaren you can rent bike with helmet. The journey from Myrdal to Flåm is 20 kilometers and time on the bike is approximately 1,5 hour. Down the Flåm valley you will experience the wonderful Norwegian nature. Bike journey requires bike abilities.

## FJORD SAUNA

Fjord Sauna AS  
Place: Flåm & Aurland  
Tel: +47 96005305  
www.fjordsauna.com  
Season: Flåm: All Year /  
Aurland: summer

Located in one of the world's most spectacular fjord landscapes, the floating sauna offers an authentic and sustainable nature and recreational experience, all year round. The world heritage fjord is the cold pool, while the floating sauna will provide warmth and comfort. The combination of swimming and sauna in majestic surroundings in Flåm will give you a unique experience.

## FJORDSAFARI

FjordSafari Norway AS  
Place: Flåm & Aurland  
Tel: +47 57 63 33 23  
www.fjordsafari.com  
Season: All year

Experience the UNESCO World Heritage Site with FjordSafari! In our secure and comfortable RIB-boats you'll have the best opportunity to experience the beautiful Aurlandsfjord and Nærøfjord. Join us, and get closer to nature and the rich wildlife of the fjords! The tours can also be combined with hiking tours and local food experiences.

## SIGHTSEEING

Sightseeing Tour to  
Stegastein Viewpoint  
Place: Flåm / Aurland  
Tel: (+47) 57 63 14 00  
www.visitflam.com  
Season: All year

Take the bus sightseeing tour from Flåm, via Aurland, to the spectacular and award-winning Stegastein viewpoint - a wooden design platform perching 650 meters above sea level overlooking the astounding landscape of the Aurlandsfjord.

## HIKING

FjordSafari Norway AS  
Place: Flåm  
Tel: +47 57 63 33 23  
www.fjordsafari.com  
Season: All year

Join us on a guided hiking tour departing from Flåm! Hiking route and destination changes depending on season, and in the winter season we hike on snowshoes. Your guide will share insights to the unique local nature and history. Check our website to find more information on available tours. We can also customize private hikes on request.

## HIKING, HISTORY, CULTURE

Sognefjord Guiding  
Place: Kaupanger  
Tel: (+47) 906 65 533  
www.sognefjordguiding.no

Sognefjord guiding offers activities in Sogndal, Kaupanger and Lærdal. We offer soft adventure activities for everyone all year round. Our activities are for beginner level from 4 years and upwards. All activities take approximately 2.5 hours to complete.

- Kayak
- Climbing
- Hiking
- Cultural walks
- Waterfall tour with farm visit and applejuicetasting
- Salmon safari and cultural walk

## SAUNA

Heit Sogndal Sauna  
Place: Sogndal  
Tel: (+47) 41 63 30 16  
heitsogndal.no  
Season: Open all year

Welcome to Heit Sogndal sauna and idyllic Loftesnes fruit farm. Here you will experience beautiful Sogn, surrounded by mountains, fjords and apple trees. We offer a pleasant warm and wood-fired sauna. Combine this with a revitalising swim in the Sognefjord, all year round! Look forward to a local and sustainable recreational experience that you will carve for a long time.

## CIDER TASTING AND FARM VISIT IN SOGNDAL

Haug Gard - Odelsgut  
Fimreite  
Phone: (+47) 98 300 400  
www.odelsgut.no  
Season: 1 June - 31 August

Welcome to Haug Gard in Fimreite - a historic treasure just 21 km from the center of Sogndal, where taste, nature, culture and history meet in perfect harmony. Get ready for a memorable experience that will take you on an unforgettable adventure! At Odelsgut, we offer exciting cider tasting and authentic farm experiences that will enrich your senses. (Group packages and individual trips out of season - get in touch)

## FJORDCRUISE SOGNDAL

FjordX  
Sogndal  
Tel: (+47) 57 62 74 00  
www.fjordx.no  
Season: 1st. June - 31st. August

FjordX offers 2 different fjord cruises from Sogndal every day in the season. Experience the Historic Viking Cruise from Sogndal to Fimreite where you get the history of the Battle of Fimreite in 1184, and the submarine hunt in the Sognefjord during the Cold War or an evening cruise from Sogndal to Årøy. Experience the sunset from the fjord.





### INDOOR SWIMMINGPOOL

Vesterland Resort  
Tel: (+47) 57 62 71 00  
Place: Kaupanger  
www.vesterland.no  
Season: All year

Next to the main pool the swimming hall also has a children's pool as well as chairs for those who just want to relax. Coffee, tea, soft drinks or fruit can be purchased on site. The water is kept at 33 °C every day. Shower mats for babies are available on request.



### INDOOR PLAYPARK

Vesterland Resort  
Tel: (+47) 57 62 71 00  
Place: Kaupanger  
www.vesterland.no  
Season: All year

Indoor playground for children between 1 to 14 years. Playland consists of a large climbing frame with slides, tunnels, mazes, ball cannons and glide path. In addition, it hosts 4 bouncecastles, play cars, various ball games and climbing wall. Indoor swimming pool.



### SAUNA

«ABSOLUTELY ON THE EDGE»  
Raaum Gard, Hafslø  
+47 99 59 20 48  
www.raaum.no  
Season: All year

Enjoy a visit in the sauna with perhaps Norway's most stunning view. Bring your friends or family, and relax in the warmth at Raaum Gard.



### HOT TUB

«ABSOLUTELY ON THE EDGE»  
Raaum Gard, Hafslø  
+47 99 59 20 48  
www.raaum.no  
Season: All year

450 meters above the Lustrafjord located at Raaum Gard, you'll find Norway's best-placed hot tub. Relax, enjoy a cold drink, and just let the warm water embrace your body. The perfect way to end the day!



### FJORD RIB ADVENTURE

Adventure Tours Norway  
Place: Lustrafjord, Skjolden.  
Tel.: +47 969 13 130  
www.adventuretours.no  
Season: April-October

Join us for an adventure in a rigid inflatable boat (RIB)! Feel the breeze in your hair and relax to music from the stereo, while you enjoy beautiful views of the fjord, mountains and waterfalls. The tours are comfortable, secure and suitable for all ages, and can be combined with mountain hikes and food of local produce. Daily guaranteed departures in the summer season.



### LUSTER FJORDSPA

Luster Fjordhytter / Høyheimsvik  
Tel (+47) 48008374  
www.luster-fjordhytter.com/  
luster-fjordspa  
Season: All year

In our special spa area at Luster Fjordhytter we can offer ice-cold fjords, a hot sauna and the most enjoyable hot-tub experience of all time right by the fjord. Enjoy the mountains, enjoy the fjord and enjoy the warmth!



### BICYCLE, E-BIKE, STAND UP PADDLING, FISHING

Adventure Tours Norway  
Place: Skjolden  
Tel.: +47 969 13 130  
www.adventuretours.no  
Season: April-October

Adventure Tours Norway offers bicycle, e-bike, Stand Up Paddle (SUP), snowshoeing, and fishing activities in Skjolden. You can either rent the equipment and explore on your own, or join us on a guided tour. Visit our webpage for further information about the tours and rentals.



### KVAM GUIDING & SERVICE

Hafslø  
Tel: (+47) 46 29 79 18  
www.kvamgs.no  
Season: All year

- Guided RIB at Veitastronds lake
- RIB & Bike to Veitastrand
- RIB & Hike to Yngsdalen
- Horse carriage / sleigh
- Lefse cooking class and meet the locals
- Learn how to fly fish
- Guided hikes and bike rides
- Ice fishing if the ice is safe
- E-bikes, SUP, kayaks and fish equipment for rent



### ZIPLINE & RAFTING, KAYAK & GLACIER HIKES

ICETROLL  
Place: Jostedal  
Tel: (+47) 97 01 43 70  
www.icetroll.com  
Season: Mai - Sept

ICETROLL offers guided zipline, rafting, kayaking and glacier hikes in Jostedal. The tours are in small groups, max 9/guide. ICETROLL offers half-day, day and overnight tours. The tours can be combined.



### LUSTRABADET

Place: Gaupne  
Tel: (+47) 57 68 56 80  
www.lustrabadet.no  
Season: All year

Indoor waterpark that gives you a unique experience! We offer 4 different pools, outdoor hot tub and ice bath, grotto, saunas, diving platforms, climbing wall, slides, fountains, water massage, bubbles and lots of great artwork on the walls! Enjoy a break with ice cream or food from the cafeteria. Swimming gear can be purchased from our little shop. Welcome!



### FJORD CRUISES

Lustrabaatane  
Place: Flåm / Gudvangen  
Tel: +47 992 78 837  
www.lustrabaatane.no  
Season: April-October

Offers fjordcruises on the World Heritage Fjord with daily departures between Flåm and Gudvangen. Experience one of the most spectacular fjord landscapes in Norway. Guiding and cafeterias on all the vessels. Online booking or call +47 992 78 837



### CIDERMAKERS DINNER

Ciderhuset  
Stad: Balestrand  
Tel: (+47) 95 90 21 90  
www.ciderhuset.no  
Sesong: 25.juni – 25. august  
Tuesday - Saturday

Welcome to Cidermaker's Dinner at Ciderhuset. This will be an interactive dinner where the cidemaker and chef from Ciderhuset will guide you through seasonally inspired meze dinner with some of the award-winning ciders produced in Balestrand and the Sogn region. This evening is dedicated to harmony between food and ciders. The dinner takes place in the glasshouse of the farm with views of the apple orchard and Sognefjord as the backdrop. Limited to 40 guests. Advance reservation is required.



### CIDER TASTING

The Cider House  
Location: Balestrand  
Phone: (+47) 95 90 21 90  
www.ciderhuset.no  
Season: May 15 - September 15  
Monday - Saturday

Learn about apples and their journey from seeds to bottle, in an orchard with an expansive view of the Sognefjord. Cider tasting, cider & lunch or cider & dinner. Non-alcoholic option. Online booking. For groups by appointment: cooking classes and a heritage tour in the Art village of Balestrand.



### BIKE AND HIKE BALESTRAND

Balestrand Fjord Angling, Balestrand  
Tel: (+47) 90 08 19 39  
www.balestrandfjordangling.com  
Season: Open all year/request

We have the nice blue, sporty and practical electric bikes from Electra! Experience fantastic Balestrand by bike! Take the 3 fjords scenic route to Menes village, see dragon villas along the promenade or take a full day bike ride to the stave church in Vik or experience picturesque Arnafjord and Fresvik!



### GUIDED FISHING TRIP - UNIQUE FJORD ATTRACTION

Balestrand Fjord Angling, Balestrand  
Tel: (+47) 90 08 19 39  
www.balestrandfjordangling.com  
Season: Open all year/request

An award-winning, entertaining and educational fjord fishing experience together with our local Captain Tor. Starting price includes 4 people in a private boat. Clean, nice, simple and safe. Sightseeing, fishing, storytelling and childhood memories in one package. Build unity, find inspiration and explore the Sognefjord.



### GUIDED FAMILY FISHING-TRIP - QUALITY TIME

Balestrand Fjord Angling, Balestrand  
Tel: (+47) 90 08 19 39  
www.balestrandfjordangling.com  
Season: Open all year

An award-winning, entertaining and educational small family expedition, where we pull up an exciting fishing net and together with our experienced Captain Tor. Starting price includes 4 people in a private boat. Clean, nice, simple and safe. Sightseeing, fishing, storytelling and childhood memories in one package. Build unity, find inspiration and explore the Sognefjord together.





**GUIDA RIB-TURAR**  
*Balestrand Fjord Adventure*  
*Balestrand*  
*Tel: +47 47 85 53 23*  
*Balestrandfjordadventure.no*  
*Season: Open all year*

Wind through your hair. Fjord below your feet. We offer you guided RIB-BOAT tours on the Sognefjord. We aim to give our customers the best way to enjoy the fjord and nature as possible. Welcome on board and enjoy the trip!



**GUIDED HIKES**  
*Sylvringen*  
*Place: Vik i Sogn*  
*Tel: (+47) 911 30 843*  
*www.sylvringen.no*  
*Season: Moy – Sept*

Vik is a village rich in history and cultural treasures. Join in on a memorable journey through history and the beautiful landscape in the heart of Sogn. Experience Vikøyri beachdweller settlement, Hopperstad stave church, Hove stone church and "Gamalost" cheese. All within walking distance.



**FARM VISIT**  
*Steim Gard*  
*Place: Vik*  
*Tel: 94059400*  
*www.steim.no*  
*steim.info@gmail.com*  
*Season: May – August*

Come see the alpacas, goats and ducks on this beautiful farm, surrounded by idyllic nature, overlooking Vik and the Sognefjord. We offer a guided hiking tour or a farm visit, either way you will enjoy great views, local tastes and the company of our wonderful guide and the friendly animals.



**VIK ADVENTURE**  
*Place: Vik i Sogn*  
*Tel: (+47) 90 10 86 31 / (+47) 91 70 59 88*  
*booking@vikadventure.com*  
*www.vikadventure.com*  
*Season: All year*

Join Vik Adventure on an adventure!

- Guided fishing trips
- Boat rental
- Car rental
- El-scooter rental
- SUP rental
- Rental/sale of fishing equipment
- Fishing permits and more!



**HØYANGERBADET**  
*indoor pool*  
*Place: Høyanger*  
*Tel (+47) 57 71 27 00*  
*www.hoyangerbadet.no*  
*Season: All year*

A modern water park where the whole family can enjoy. Big indoor pool with water slides 56 m, special therapy pool, pool for small children, sauna and a small café. Outdoor pool with 28 ° C (25 x 12,5 m) and lawn area. Celebrating kids birthday possible.

## Other activities

Activity	Company	Place	Tel	Web
Alpaca hiking	BesteBakken	Luster	90 16 84 49	www.bestebakken.no
Aquarium	Sognefjord Akvarium	Balestrand	40 29 55 64	www.kringsja.no/eakvarium.html
Hot tub	Raaum Gard	Hafslo	95 08 78 88	www.raaum.no
	Nes Gard	Høyheimsvik	95 23 26 94	www.nesgard.no
Glacier walks	Breogfjell	Indre Sogn	57 67 88 55	www.breogfjell.no
	Fjord Active	Luster	47 02 78 78	www.fjordactive.com
	Ice troll	Jostedal	97 01 43 70	www.icetroll.com
	Jostedalen Breførarlag	Jostedal	57 68 31 11	www.bfl.no
	Fjærland Guiding	Fjærland	95 82 91 71	fjaerlandguiding.com
Boat trips	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Ice troll	Jostedal	97 01 43 70	www.icetroll.com
	Lustrabaatane AS	Luster	91 72 17 19	www.lustrabaatane.no
	Glaciertour.no	Balestrand/ Fjærland	40 67 34 93	www.glaciertour.no
	Balestrand Fjord Adventure	Balestrand	47 85 53 23	www.balestrandadventure.no
	Charter Cruise	Sognefjorden	48 08 23 61	www.chartercruise.no
	Fjord Tours	Sognefjorden	55 55 76 60	www.fjordtours.com
	Vik Adventure	Vik	90 10 86 31	www.vikadventure.com
	FjordX	Sogndal	57 62 74 00	www.fjordx.no
	Top the Fjords	Sognefjord	93 23 68 68	www.topthefjords.com
Boat rental	Tjugum Hytter	Balestrand	95 04 16 51	www.tjugumcabins.no
	Sognefjord Cabins	Balestrand	90 86 89 43	www.sognefjordcabins.com

Activity	Company	Place	Tel	Web
	Lyngmo Gjestehus & Camping	Hafslo	57 68 43 66	www.lyngmoinfo.com
	Villa Solvorn	Solvorn	99 29 66 72	www.villasolvorn.com
	Gamle Trevaren fiske og båtutleige	Vik	90 10 86 31	www.gamletrevaren.no
	Undredal Bryggje	Undredal	95 03 98 81	www.visitundredal.no
	Nesheim Camping	Bjordan	99 52 68 34	nesheim-camping.no
	Alvørn Gard	Lavik	92 42 55 44	www.alvørn.no
DMC	Amazing Fjords	Sognefjord	48 08 23 65	www.amazingfjords.com
	Footprint Tours	Leikanger	91 82 03 04	www.footprinttours.no
	Wonderlust	Sognefjord	92 40 89 40	www.wonderlust.no
Electric bike rental	Jostedal Camping	Jostedal	97 75 67 89	www.jostedalcamping.no
	Fjordsplorer	Aurland/ Flåm	91 92 91 45	www.fjordsplorer.no
	Lavik Fjordhotel & Apartments	Lavik	57 71 40 40	www.lavikfjordhotel.com
	BesteBakken	Luster	90 16 84 49	www.bestebakken.no
	Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
	Eikum hotel	Hafslo	57 68 06 00	www.eikum.no
	Sogndal Skisenter Hodlekve	Sogndal	45 81 95 19	www.sogndalskisenter.no
	Raaum Gard	Hafslo	99 59 20 48	www.raaum.no
	Kjørnes Camping	Sogndal	97 54 41 56	www.kjornes.no
	Balestrand Fjord angling	Balestrand	90 08 19 39	www.balestrandfjordangling.com
	Malena Kafé	Vadheim	90 95 42 58	www.malenakafe.com
Fishing trips	Maristuen Fjellferie	Filefjell	57 66 87 11	www.maristuen.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Balestrand Fjord Angling	Balestrand	90 08 19 39	www.balestrandfjordangling.com
	Nesheim Camping	Bjordan	99 52 68 34	nesheim-camping.no
	Dripfiske	Balestrand	90 21 37 49	www.dripfiske.no
	Sogndal Skisenter	Sogndal	57 62 48 08	www.sogndalskisenter.no
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
	Vik Adventure	Vik	90 10 86 31	www.vikadventure.com
Mountain climbing	Breogfjell	Indre Sogn	57 67 88 55	www.breogfjell.no
	Fimbul Jostedal	Jostedal	99 45 09 21	www.fimbuljostedal.no
Hiking trip/ Summit trip	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Sognefjord Guiding	Kaupanger	90 65 55 33	www.sognefjordguiding.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Jostedalen Breførarlag	Jostedal	57 68 31 11	www.bfl.no
	Ice troll	Jostedal	97 01 43 70	www.icetroll.com
	Nes Gard	Høyheimsvik	95 23 26 94	www.nesgard.no
	Sylvringen	Vik	91 13 08 43	www.sylvringen.no
	Lavik Fjord Hotel & Apartments	Lavik	57 71 40 40	www.lavikfjordhotel.com
	Breheimsenteret	Jostedal	57 68 32 50	www.jostedal.com
	Fjærland Guiding	Fjærland	95 82 91 71	fjaerlandguiding.com
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
Farm visit	Blaaflat Gard	Lærdal	95 83 27 15	www.blaaflat.no
	Steim Gard	Vik	94 05 94 00	www.steim.no
	Skjolden Llamas	Skjolden	97 42 53 69	www.skjoldenllamas.net
	Henjatunet	Leikanger	41 51 17 74	www.henjatunet.no
	Alm Gard	Feios	48 26 78 98	www.almgard.com
	Haug Gard Odelsgut	Fimreite	93 05 08 59	www.odelsgut.no
Golf simulator	Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Cave trips	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
Guided ski tours	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
	Nes Gard	Luster	95 23 26 94	www.nesgard.no
Horse riding	Alm Gard	Feios	48 26 78 98	www.almgard.com
Horse and sleigh	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
Ice cave trips	Snøikker	Jostedal	95 92 36 89	www.facebook.com/icecave
Body Rafting	Fjord Active	Luster	47 02 78 78	www.fjordactive.com
Kayak	Njord	Flåm	91 32 66 28	www.njord.as
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Sogndal Kajakk	Sogndal	97 76 88 62	facebook.com/dampskipskaiensogndal
	Fjordseal	Marifjøra	95 77 41 96	www.fjordseal.com
	Ice troll	Jostedal	97 01 43 70	www.icetroll.com
	Villa Solvorn	Solvorn	99 29 66 72	www.villasolvorn.com
	Undredal Bryggje	Undredal	95 03 98 81	www.visitundredal.no
	Nærøyfjorden Camping	Gudvangen	90 88 57 98	www.naeroyfjordencamping.no
	Fjærland Guiding	Fjærland	95 82 91 71	fjaerlandguiding.com
	Nes Gard	Luster	95 23 26 94	www.nesgard.no



Activity	Company	Place	Tel	Web
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
	Alvørn Gard	Lavik	92 42 55 44	www.alvarn.no
Climbing	Sogndal Klatresenter	Sogndal	46 82 18 25	sogndal.spenst.no
Rock climbing	Breogfjell	Indre Sogn	41 14 60 70	www.breogfjell.no
Heritage-, Cultural walk	Sanden Pensjonat	Lærdal	57 66 64 04	www.sandenpensjonat.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Ciderhuset	Balestrand	90 83 56 73	www.ciderhuset.no
	Undredal Bryggje	Undredal	95 03 98 81	www.visitundredal.no
	Henjatunet	Leikanger	41 51 17 74	www.henjatunet.no
	Kultur på fatet	Aurland	48 12 51 38	www.kulturpafatet.no
	Sylvringen	Vik	91 13 08 43	www.sylvringen.no
	Hansagarden	Undredal	90 94 86 60	www.hansagarden.no
Lama walks	Skjolden Llamas	Skjolden	97 42 53 69	www.skjoldenllamas.net
"Meet the locals"	Sognefjord Guiding	Kaupanger	90 65 55 33	www.sognefjordguiding.no
Pumptrack	Nordbohus Sykkelpark	Sogndal	45 81 95 19	www.sogndalskisenter.no
	Kaupanger Pumptrack	Kaupanger		www.facebook.com/kaupanger.idrettslag
RIB-boat tours	FjordSafari Norway	Flåm	99 09 08 60	www.fjordsafari.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Balestrand Fjord Adventure	Balestrand	47 85 53 23	www.balestrandadventure.no
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
	Vik Adventure	Vik	90 10 86 31	www.vikadventure.com
Sauna	Dampen Sauna	Fjærland	95 82 91 71	fjaerlandguiding.com
	Fjord Sauna	Flåm	90 93 41 59	www.fjordsauna.no
	Auga (The Eye)	Lærdal		Lærdal badstuforening (matrixbooking.no)
	Luster Fjordhytter	Luster	48 00 83 74	www.luster-fjordhytter.com
	Sognefjord Hotel	Leikanger	57 65 11 00	www.sognefjordhotel.no
	Nes Gard	Høyheimsvik	95 23 26 94	www.nesgard.no
	Heit Sogndal Sauna	Sogndal	41 63 30 16	www.heitsogndal.no
SPA	BesteBakken	Hafslo	90 16 84 49	www.bestebakken.no
	Leikanger Fjordhotel	Leikanger	57 65 60 20	www.leikangerfjordhotel.no
Bike rides	Fjord Cycling	Sognefjorden	98 88 54 15	www.fjordcycling.com
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Fjordsporer	Aurland/Flåm	91 92 91 45	www.fjordsporer.no
	Lavik Fjord Hotel & Apartments	Lavik	57 71 40 40	www.lavikfjordhotel.com
Bike rental	Villa Solvorn	Solvorn	99 29 66 72	www.villasolvorn.com
	Balestrand Adventure	Balestrand	94 19 64 05	www.balestrandadventure.no
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Lavik Fjord Hotel & Apartments	Høyanger	57 71 40 40	www.lavikfjordhotel.com
	Bøyum Camping	Fjærland	48 23 57 24	boyumcamping.no
	Eplet	Solvorn	41 64 94 69	www.eplet.no
	Fjordsporer	Aurland/Flåm	91 92 91 45	www.fjordsporer.no
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
	Visit Kongevegen	Lærdal	40 06 50 69	www.visitkongevegen.no
	Malena Kafè	Vadheim	90 95 42 58	www.malenakafe.com
	Cafe Rallaren	Myrdal	97 08 90 52	www.caferrallaren.no
	Norway's best	Flåm	57 63 14 00	www.norwaysbest.com
Stand up paddling	SUP Norway	Gudvangen	93 45 31 14	www.supnorway.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Raaum Gard	Hafslo	99 59 20 48	www.raaum.no
	Vik Adventure	Vik	90 10 86 31	www.vikadventure.com
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
	Alvørn Gard	Lavik	92 42 55 44	www.alvarn.no
Train	Flåmsbana	Flåm	57 63 21 00	www.norwaysbest.com
Snowshoe hike	FjordSafari Norway	Flåm	99 09 08 60	www.fjordsafari.no
	Bulder & Brak	Årdal	97 52 21 39	www.bulderogbrak.no
	Uteplassen Sogndal	Sogndal	46 91 04 56	www.ute-plassen.com
	Adventure Tours Norway	Skjolden	96 91 31 30	www.adventuretours.no
	Balestrand Adventure	Balestrand	94 19 64 05	www.balestrandadventure.no
	Breheimsenteret	Jostedal	57 68 32 50	www.jostedal.com
	Kvam Guiding & Service	Hafslo	46 29 79 18	www.kvamgs.no
Science center	ViteMeir	Kaupanger	41 40 34 44	www.vitemeir.no
	Årdal Teknologipark	Årdal	40 02 05 14	www.ardal-teknologipark.no
ZipLine	Flåm ZipLine	Vatnahalsen	97 74 43 18	www.flaamzipline.no

**fjordmap.no**

Get the perfect overview of attractions, activities and accommodation surrounding the Sognefjord.

# Events

Use your phone and scan the QR-code on the right and get an overview of all the events by the Sognefjord





Prest, Aurland © Håvard Nesbø



Lærdal © Håvard Nesbø



Fjord Husky, Sogndal © Fjord Norway



Skjolden © Håvard Nesbø



Årdal © Falkeblått AS



The Sognefjord region contains more than 15 scenic Fjord villages. Every single village has its own unique set of secrets and specialities. They offer unique accommodations, activities, local food and culture. The villages are connected to three National Scenic Routes surrounded by the longest fjord, the largest glacier and the highest mountains. Experience the real "Fjordlife" along the Sognefjord.



## In the heart of the Sognefjord



### WITH A PANORAMIC VIEW OF THE FJORD AND MOUNTAINS

Leikanger Fjordhotel is beautifully located in the heart of the Sognefjord. An excellent base for experiencing all the beauty this part of Norway has to offer. At the same time, enjoy the mild climate, which ensures that both peaches, apricots and walnuts thrive here. We, who work in this wonderful hotel from 1920, ensure additional well-being.

Leikanger has traditions as a royal settlement dating back to the Viking Age. Strandavegen is a walk through ancient heroic history, Viking history and cultural history. Strandavegen runs east along the fjord from the stairs at Leikanger Fjordhotel to Leikanger Church.

In 2021, we expanded the hotel with Sogna Spa, which contains a wellness department with sunbeds, massage chairs, jacuzzi, sauna with a view and treatment rooms.

Leikanger Fjordhotel has its own sandy beach, and there are swimming stairs directly from the spa department. We can also tempt you with the rental of SUPs and kayaks.



.. UNIKE ..

LEIKANGER FJORDHOTEL

SOGNEFJORDEN

+47 57 65 60 20

post@leikangerfjordhotel.no

www.leikangerfjordhotel.no



- 1 Fjord:** UNESCO Nærøfjord (1A), Fjærlandsfjord (1B).
- 2 Glacier:** Jostedalsbreen (2), Nigardsbreen (2A), Bøyabreen (2B), Supphellebreen (2C), Bergsetbreen (2D), Austerdalsbreen (2E), Tunsbergdalsbreen (2G)
- 3 Waterfalls:** Vettisfossen (3A), Feigumfossen (3B), Kjosfossen (3C), Kjelfossen (3D), Kvinnafossen (3E), Drivandfossen (3F), Åsafossen (3G)
- 4 Churches:** UNESCO Urnes Stave Church (4A), Borgund Stave Church (4B), Hopperstad Stave Church (4C), Kaupanger Stave Church (4D), Undredal Stave Church (4E), Hove Stone Church (4F), St. Olafs Church (4G), Dale Stone Church (4H), Gaupne old Church (4I), Aurdalen Graveyard (4J).
- 5 Hiking:** Aurlandsdalen (5A), The Utladalen Valley (5B), Jotunheimen/Hurrungane (5C), The old King's Road (5D), Stølsheimen (5E), Rallar-vegen (5F), Saurdal (5G), Molden (5H), Nigardsvatnet (5I), Keipen (5J)
- 6 Attractions:** Flåmsbana – The Flåm Railway (6A), The Aurland shoe (6B), The Norwegian Book Town (6C), Cider Cellar (6D), Ægir Bryggeri & Pub (6E), Gamle Lærdalsøyri – old village centre (6F), Utsikten (6G), Galleri Walaker 300 (6I), The Magic White Caves (Gudvangen 6J), Otternes (6K), Open-air swimming pool (6M), Fridtjov den Frøkne Statue (6N), Stegastein view point (6O), Lærdalstunnelen – world's longest tunnel (6P), Kayak (6Q), RIB (6R), Rafting (6S), Sup (6T), Vesterland Indoor Playpark (6U), Juving (6V), Fjord fishing (6W), Lustrabadet indoor waterworld (6X), Høyangerbadet indoor waterworld (6Y), Tindevegen – tourist route (6Z), Vikøyri - historical shore dweller site (6AA), Glacier Hikes (GAB), Njardarheimr (6AC)
- 7 National Tourist Routes:** Sognefjellet (7A), Aurlandsfjellet (7B), Gaularfjellet (7C).
- 8 Museums and centers:** De Heiberske Samlinger – Norwegian folk Museum (8A), Norwegian Wild Salmon Centre (8B), Norsk Bremuseum – glacier museum (8C), Breheimsenteret – glacier museum (8D), Flåm Railway Museum (8E), Kristianhus Boat- and Motormuseum (8F), Høyanger Industrial Museum (8G), Sognefjord Aquarium (8H), Norwegian Tourism museum (8I), Post- and tele museum (8J), Munthehuset (8K), Saftuset – "The Juice House" (8L), ViteMeir (8M), Sogn Art Centre (8N)

sognefjord.no





# Waterfalls

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The tourist information offices and websites [www.sognefjord.no](http://www.sognefjord.no) can help you to find accommodation. If you are planning to visit the area in the high season (July/August) it is best to book in advance to make sure you get the type of accommodation you want.

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

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# Hansagarden

-a pearl in the UNESCO fjord landscape



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[Hansagarden.no](https://Hansagarden.no)



## VETTISRKET RESORT

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At [Vettisriket.no](https://Vettisriket.no) you will find overall information of accommodation in Årdal, and many of the different activities in the area. Klingenberg Hotel and Sitla Hotel have the same owner, and are situated in **Årdalstangen** and **Øvre Årdal**. Through Vettisriket, Klingenberg also operates Vetti farm and tourist station in Utladalen.

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## CAFE Rallaren

### CAFE / BIKE RENTAL Souvenir shop / Luggage storage

Cafe Rallaren AS is situated at Myrdal,  
the end station of the famous  
Flåms-bana 867 meters above sea level.  
Opening hours Café: April - October.  
Opening hours bike rental: 1.6. - 30.9

[info@caferallaren.no](mailto:info@caferallaren.no) [www.caferallaren.no](http://www.caferallaren.no)  
+47 97089052 / +47 97710940 /  
+47 57633756 (sesong)

## 29/2 AURLAND BOUTIQUE HOTEL



BESPOKE EXPERIENCES  
LOCAL AND ORGANIC FOOD  
[booking@292aurland.com](mailto:booking@292aurland.com)



**ALVÆRN GARD**






**• ABOUT US**  
Alvern gard is beautifully located by the Sognefjord. The farm has a long shoreline, a view of the Sognefjord, swimming areas and hiking possibilities. We also have a cozy boathouse that can be rented for events - private or corporate.


**• WE OFFER**

- Cabins and guest house
- Sea view
- 38 Beds
- Boat and kayak rental
- Play area and beach
- Ideal place for families
- Meeting room
- Catering in the boathouse



**CONTACT US** +47 92426544  
post@alvernhytte.no  
www.alvern.no


**Sanden** Pensjonat



**Accommodation in Lærdal since 1897**  
-where the King's road meets the Sognefjord!

Historical Sanden Guesthouse has 6 rooms with on suite bathrooms, a lovely garden and a cozy lounge.  
We wish you a warm welcome.  
Jon & Hallvard

Sanden Pensjonat, Øyragata 9, NO-6887 Lærdal  
Tlf. +47 57666404 - SMS. + 47 47669909  
post@sandenpensjonat.no - www.sandenpensjonat.no



**LÆRDAL HOTEL**




Lærdal Hotel is located in a beautiful scenery between mountains and fjords in Sognefjorden. Surrounded by wonderful trails for hiking and exploring such as; Rallarvegen, Kongevegen, Utladalen, Aurlandsdalen og Flåmsdalen. Come and experience our beautiful nature!

**Lærdal Hotel AS**  
Håbnavegen 5, 6886 Lærdal  
Tlf: 0047 57 66 77 00  
post@lerdalhotel.no www.facingfjords.no

**Maristuen** Fjellferie

830 m.a.s.l. by the E16

**High standard cabins in the mountain area by E16**

Hiking – cycling – cross country skiing – trout fishing – old roads, King's road over Filefjell – camping

Nearby (by car): the fjords, the Sognefjord, Jotunheimen mountains, Borgund stavechurch, alpine skiing






**Maristuen Fjellferie AS** | N-6888 Borgund  
+47-57668711 | post@maristuen.no | www.maristuen.no




Where old and new stories come together

**Lindstrøm**  
HOTEL

lindstroemhotel.no



**BORGUND HYTTESENTER OG CAMPING**



Cabins with or without shower/toilet, for up to 7 persons. Food and beverages: traditional Norwegian food, fast food, soft drinks, beer and wine.

Campingsite for mobilehome, caravan and tent  
Bicycle rental, trout fishing, hiking trails, children's playground, sanitary facilities. Central location for day-trips by car.


Only 1.5 km away from Borgund Stave church and the old road Vindhellavegen.

6888 Borgund i Lærdal  
Phone: +47 57 66 81 71 | mob: +47 906 20 859  
www.hyttesenter.com | Mail: ovoldum@alb.no




www.gste.no

**HOFSLUND FJORD HOTEL**



From 1912 | Sogndal - Sognefjorden



Welcome to a traditional and family run hotel in Sogndal

Fjørevegen 37 | N-6856 Sogndal  
Tel: (+47) 57 62 76 00  
E-mail: booking@hofslund-hotel.no  
**www.hofslund-hotel.no**





## Fjord Cruise The Majestic Sognefjord

Journey into Norway's pristine beauty. Explore Sognfjord & Fjærlandfjord its majestic glaciers, and awe-inspiring landscapes. Join us on a voyage of wonder suitable for all ages.

- ✦ Visit the Glacier Museum!
- ✦ Meet friendly Glaciertour Staff
- ✦ Fjord cruise & bus, daily departures:  
Visit our website for schedules & points of departure  
[www.glaciertour.eu](http://www.glaciertour.eu)



Scan QR  
Discount



Guided bus from Bergen & Voss. Fjord Cruise from Vik, Balestrand, Fjærland



## QUALITY HOTEL SOGNDAL

- 226 hotel rooms
- 3 restaurants, bar & outdoor serving
- Central location by the Sognefjord



[www.qualityhotelsogndal.no](http://www.qualityhotelsogndal.no) | +47 57 62 77 00 | [q.sogndal@strawberry.no](mailto:q.sogndal@strawberry.no)



# Lustrabaatane

## 2-Hour Fjordcruise Flåm-Gudvangen

Daily departures-audio guiding-cafeteria



**booking@lustrabaatane.no**  
**+47 992 78 837**  
**www.lustrabaatane.no**



## DMC



©Wonderlust

A DMC can provide memorable experiences and services based on local knowledge about the Sognefjord region. The DMCs on this list can arrange transport, hotel accommodation, restaurants, activities, excursions, conference venues, themed events, gala dinners and logistics, as well as help overcome language barriers.



Amazing Fjords  
©Falkeblikk

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AMAZING FJORDS  
post@amazingfjords.com  
+47 480 82 365  
Amazingfjords.com

FOTEFAR TEMAREISER  
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fotefartemareiser.no  
+47 918 20 304

WONDERLUST  
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wonderlust.no  
+47 924 08 940





**Gaupnetunet**  
Hotel, Cabins & Camping

 Family Accomodation  
 Restaurant & Bar  
 Between the fjord, mountains and glacier



www.gaupnetunet.no

**Open year round!**

Gaupnetunet & Pluscamp Sandvik  
6868 Gaupne  
www.gaupnetunet.no | post@gaupnetunet.no | +47 992 06 110



Experience the most scenic car ferries in the world!

Enjoy UNESCO-listed fjords, mountains and cascading waterfalls.

**Daily departures**  
Nærøyfjord and Sognefjord:  
Gudvangen to/from Kaupanger  
Geirangerfjord:  
Geiranger to/from Hellesylt





Book here  
[fjordtours.com](https://fjordtours.com)



**Bed and breakfast**  
Family rooms - Reasonable prices  
25 rooms, 2- 7 beds  
Scandinavian breakfast buffet

**Camping**  
7 cabins. Spaces for tent, caravans and campers.

**Activities**  
Boat- and canoe rental  
Beach at the campsite  
Pool, table tennis and airhockey  
Beachvolley




Lyngmo Guesthouse and Camping | Lyngmo 21, 6869 Hafslø  
Tlf (+47) 57 68 43 66 | [booking@lyngmoinfo.com](mailto:booking@lyngmoinfo.com)  
[www.lyngmoinfo.com](http://www.lyngmoinfo.com)



**Welcome to Marifjora Sjøbuer**

Four nice cottages in "rorbu" style, right by the fjord in the owner's garden at Marifjora. Fully equipped cabins with kitchen, wc, shower, satellite TV and free WiFi. Fine view over the fjord and Jostedal glacier in the distance, and out towards the mountains and Feigumfossen waterfall. Marifjora Sjøbuer can be your starting point for an unforgettable vacation in Indre Sogn.

**More information at [www.rorbu.net](http://www.rorbu.net)**

*Marifjora Sjøbuer*

Tel. +47-48 14 43 09 | [post@rorbu.net](mailto:post@rorbu.net) | [www.rorbu.net](http://www.rorbu.net)




WELCOME TO

**SOGNDAL**  
*Bed & Breakfast*


OPEN 17.JUNE-11.AUGUST 2024

Helgheimsvegen 9 +47 57 62 75 75  
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**LUSTER FJORDHYTTER**

Cabins by the fjord at the foot of mountains and glaciers – open all year round.



[www.luster-fjordhytter.com](http://www.luster-fjordhytter.com)






## HAFSLO hytteutleige

Five comfortable cabins (built from 1991 to 2000) located in scenic Straumane, close by Hafslo Lake. A great place for trout fishing or magnificent mountain hikes.

tel. +47 99 42 15 06  
booking@hafslohytteutleige.com  
www.hafslohytteutleige.com

## Jostedal Camping

Welcome to an active vacation on glaciers, lakes and mountains in beautiful and peaceful surroundings in the two surrounding National Parks.

3 km to Breheimsenteret, the starting point for guided walks on Nigardsbreen and Styggevatnet.

Glacier trips | Hikes | Kayaking | Rafting from the campsite

- 12 cabins
- 40 electrical outlets for tents, campers and caravans
- Sanitary dump station
- Modern sanitary facilities, kitchen, lounge and laundry facilities
- Free WiFi

www.jostedalcamping.no  
post@jostedalcamping.no | tel +47-97756789

## SOGNEFJORD HOTEL

Sognefjord Hotel on Leikanger is beautifully situated on a small peninsula. The hotel has a lovely outdoor area, where you can hire paddleboards, rowboats or kayaks. Right outside the hotel, you can dive into the Sognefjord and then get warm again in our floating sauna.

For those who want a mountain and fjord holiday, the hotel is perfectly located as a starting point for day trips to some of the most beautiful natural gems in Norway. In the afternoon you can enjoy the evening sun with a good meal from our chefs. Welcome to Sognefjord Hotel and have the perfect fjord holiday!

www.sognefjordhotel.no  
post@sognefjordhotel.no  
tel: 57 65 11 00



Since 1877 a tradition in the fjords

*You deserve it!*

Enjoy a few wonderful days by the Sognefjord. Kviknes Hotel in Balestrand is one of the most distinctive hotels in Norway. An atmosphere of cultural heritage, an international cuisine and a well stocked wine cellar will give your senses memories for life. Not far away you will find Fjærland, the Norwegian Glacier Museum, the Flåm Railway, the Nærøfjord and Urnes Stave Church, which draw visitors from all over the world. You can also visit the Norwegian Museum of Travel and Tourism close by, or experience the unique view on the National Tourist Route Gaularfjellet just a short drive away.

The hotel offers a variety of room categories in the modern and historic part.





Hand carved wooden furniture in the Høyvik Room.

The atmosphere is included

International kitchen

## KVKNES HOTEL

For more information: + 47 57 69 42 00 or www.kviknes.no

DE HISTORISKE



## Midtnes Hotel



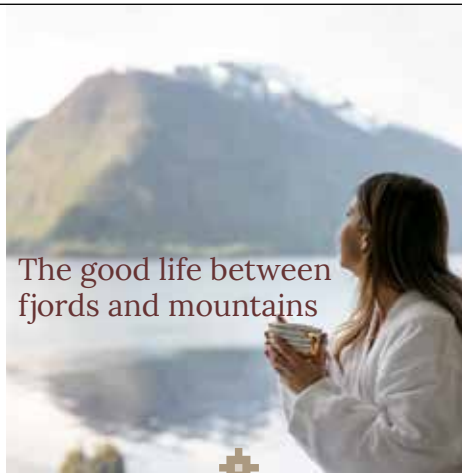
*The place for you to stay  
in Balestrand!*

Visit our website: [www.midtnes.no](http://www.midtnes.no)



Midtnes Hotel • N- 6898 Balestrand  
Tlf: +47 57 69 42 40  
E-post: [booking@midtnes.no](mailto:booking@midtnes.no)

The good life between  
fjords and mountains



**DRAGSVIK**

— FJORDHOTELL —

[dragsvik.no](http://dragsvik.no)

## Powerful experiences in the industrial town of Høyanger



**"Power trips"**  
Nature, culture  
and history.  
All at once!

Choose between «the Power route over Bergefjell» or «the Power duo in Høyanger» with a mountain hike on the first day and activities in Høyanger the following day. Get in touch for more information.

Høyanger provides an unique insight in a local community founded on electricity generation. Here you will experience culture, history and a charming village from the inside!

### RICH INDUSTRIAL HISTORY



### CHARMING VILLAGE



TOURIST INFORMATION: +47 57 71 15 91



A tour on the Esefjord guided by Lars Arne Målsnes, a 11th generation farmer from Balestrand

## Welcome to Balestrand

The very last cruise ship visited Balestrand in 2018.  
Since then, it's been quieter here

Since 2018, Balestrand has been cruise-free. They are no longer allowed to anchor here. This means that here there is a quiet and relaxing atmosphere with clean air and plenty of space.

So when you visit, you're a real guest. And we think you'll like it here, among high mountains and fine wooden architecture

You'll meet local characters and hear our stories while you taste cider, while you hike, while you pull your fishing line. Many times we've talked to guests who

have said "If only I had known what it was like here, I would have stayed a little longer." Don't make their mistake!

Check out our article "Things to do in Balestrand" by scanning the QR code below.





[www.lavikfjordhotel.com](http://www.lavikfjordhotel.com)

Lavik - Tlf. + 47 577 140 40 - [info@lavikfjordhotel.com](mailto:info@lavikfjordhotel.com) - [www.lavikfjordhotel.com](http://www.lavikfjordhotel.com)

# The Fjord Mirror

– Accommodation with a view

Culinary experiences | [nesgard.no](http://nesgard.no) | [post@nesgard.no](mailto:post@nesgard.no) | tel: +47 952 32 694

*Nes Gard*  
Der fjord, fjell og folk møtes

# tindevegen.no

- knutepunktet mellom Sogn og Nasjonalparkriket

Tindevegen – the great road connection between Sogn and the National Park  
The Tindevegen road is the tourist route between Årdal and Turtagrø. It is located between Norway's spectacular fjords and the mountains in Jotunheimen National Park. From Tindevegen you will have the magnificent views of Norway's highest peaks and the mountains of Breheimen National Park. Tindevegen is known as «the Short cut through Jotunheimen». Season: May-November.  
Read more at [www.tindevegen.no](http://www.tindevegen.no)



# Where to eat & drink

Fjord Cycling ©Veri Media

**Hotels not in this list may serve buffets in the evening. Some of the restaurants are only open in the summer season, please contact the tourist information offices or see [www.sognefjord.no](http://www.sognefjord.no) for more information.**

## RESTAURANTS

Hotel Aurlandsfjord	Aurland	94 86 21 00	<a href="http://www.norwaysbest.com">www.norwaysbest.com</a>
Geiterygghytta	Aurland	90 60 14 53	<a href="http://geiterygghytta.dnt.no">geiterygghytta.dnt.no</a>
Vangsgaarden Gastropub	Aurland	57 63 35 80	<a href="http://www.vangsgaarden.no">www.vangsgaarden.no</a>
Dragsvik Hotel	Dragsvik	57 69 44 00	<a href="http://www.dragsvik.no">www.dragsvik.no</a>
Fretheim Hotel	Flåm	57 63 63 00	<a href="http://www.norwaysbest.com/no">www.norwaysbest.com/no</a>
Flåmsbrygga - Flåmstova Restaurant	Flåm	57 63 20 50	<a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a>
Ægir BryggeriPub	Flåm	57 63 20 50	<a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a>
Flåm Marina	Flåm	57 63 35 55	<a href="http://www.flammarina.no">www.flammarina.no</a>
Gudvangen Seafood restaurant	Gudvangen	48 07 55 55	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Gudvangen Fjordtell À la carte restaurant	Gudvangen	48 07 55 55	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Gudvangen Old hotel buffet restaurant	Gudvangen	48 07 55 55	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Heidrun	Gudvangen	46 24 54 62	<a href="http://www.vikingvalley.no">www.vikingvalley.no</a>
Østerbø Fjellstove	Østerbø	57 63 11 77	<a href="http://www.aurlandsdalen.com">www.aurlandsdalen.com</a>
Aurlandsdalen Turisthytte Østerbø	Østerbø	48 38 82 87	<a href="http://aurlandsdalen.dnt.no">aurlandsdalen.dnt.no</a>
Stalheim Hotel	Stalheim	56 52 01 22	<a href="http://www.stalheim.com">www.stalheim.com</a>
Undredal Bryggje	Undredal	95 03 98 81	<a href="http://www.visitundredal.no">www.visitundredal.no</a>
Café Rallaren	Myrdal	57 63 37 56	<a href="http://www.caferallaren.no">www.caferallaren.no</a>
Lærdal Hotel	Lærdal	57 66 77 00	<a href="http://www.lerdalhotel.no">www.lerdalhotel.no</a>
Lindstrøm Hotell	Lærdal	57 66 69 00	<a href="http://www.lindstroemhotel.no">www.lindstroemhotel.no</a>
Borgund Stavkyrkje og Besøkscenter	Borgund	57 66 81 09	<a href="http://www.fortidsminneforeningen.no">www.fortidsminneforeningen.no</a>
Strondi Restaurant & Pub	Årdal	57 66 58 00	<a href="http://www.klingenberghotel.no">www.klingenberghotel.no</a>
Tya Bakeri og Tya Bryggeri	Årdal	90 26 74 00	<a href="http://www.facebook.com/tyabakeri">www.facebook.com/tyabakeri</a>
Svalheim Gard	Årdal	90 97 03 73	<a href="http://www.utla.no">www.utla.no</a>
Fjora Gastropub & Fjora Pub	Sogndal	96 91 40 45	<a href="http://www.fjoragastropub.no">www.fjoragastropub.no</a>
Eppel Bar & Restaurant	Sogndal	57 62 77 00	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
Vågal Burger & Gin	Sogndal	57 62 77 00	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
La Pergola	Sogndal	57 62 77 00	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>

Restauranthuset Malin	Sogndal	57 67 87 00	<a href="http://www.restauranthusetmalin.no">www.restauranthusetmalin.no</a>
Kafè Timber Vesterland	Kaupanger	57 62 71 00	<a href="http://www.vesterland.no">www.vesterland.no</a>
SmakeMeir	Kaupanger	41 40 34 44	<a href="http://www.smakemeir.no">www.smakemeir.no</a>
Fjærland Fjordstue Hotell	Fjærland	48 23 78 44	<a href="http://www.fjaerlandhotel.com">www.fjaerlandhotel.com</a>
Henjatunet	Leikanger	41 51 17 74	<a href="http://www.henjatunet.no">www.henjatunet.no</a>
Gaupnetunet Hotell og Hytter	Gaupne	99 20 61 10	<a href="http://gaupnetunet.no">gaupnetunet.no</a>
BesteBakken	Hafslo	90 16 84 49	<a href="http://www.bestebakken.no">www.bestebakken.no</a>
Eikum Hotel	Hafslo	57 68 06 00	<a href="http://www.eikum.no">www.eikum.no</a>
Jostedal Hotel	Jostedal	99 22 50 49	<a href="http://www.jostedalhotel.no">www.jostedalhotel.no</a>
Breheimsenteret	Jostedal	57 68 32 50	<a href="http://www.jostedal.com">www.jostedal.com</a>
Skjolden Hotel	Skjolden	57 68 23 80	<a href="http://www.skjoldenhotel.no">www.skjoldenhotel.no</a>
Vassbakken Kro og Camping	Skjolden	57 68 61 88	<a href="http://www.vassbakken.com">www.vassbakken.com</a>
Walaker Hotell	Solvorn	57 68 20 80	<a href="http://www.walaker.com">www.walaker.com</a>
Tungestølen Turisthytte	Veitastrond	48 50 48 51	<a href="http://tungestolen.dnt.no">tungestolen.dnt.no</a>
Nes Gard	Luster	95 23 26 94	<a href="http://www.nesgard.no">www.nesgard.no</a>
Kviknes Hotel og Balholm Bistro	Balestrand	57 69 42 00	<a href="http://www.kviknes.no">www.kviknes.no</a>
Ciderhuset	Balestrand	95 90 21 90	<a href="http://www.ciderhuset.no">www.ciderhuset.no</a>
Blix Hotell	Vik i Sogn	57 69 65 50	<a href="http://www.blixhotell.no">www.blixhotell.no</a>
Lavik Fjord Hotel & Apartments	Lavik	57 71 40 40	<a href="http://www.lavikfjordhotel.com">www.lavikfjordhotel.com</a>
Hansagarden	Undredal	90948660	<a href="http://www.hansagarden.no">www.hansagarden.no</a>

## CAFÉ / SNACK / BARS

Skjerdal Stølsysteri og Kafè	Aurland	94 82 94 31	<a href="http://www.facebook.com/skjerdalstolsysteriogkafe">www.facebook.com/skjerdalstolsysteriogkafe</a>
Sognaporten	Aurland	46 70 85 13	<a href="http://www.norwaysbest.com">www.norwaysbest.com</a>
Bakkastova	Flåm	57 63 63 00	<a href="http://www.norwaysbest.com">www.norwaysbest.com</a>
Flåm Bakeri	Flåm	99 20 26 04	<a href="http://www.norwaysbest.com">www.norwaysbest.com</a>
Furukroa Kafé	Flåm	57 63 20 50	<a href="http://www.flamsbrygga.no">www.flamsbrygga.no</a>
Nærøyfjorden Camping	Gudvangen	90 88 57 98	<a href="http://www.naeroyfjordencamping.no">www.naeroyfjordencamping.no</a>
Cafe Gudvangen	Gudvangen	91 30 84 79	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Travelers cafeteria	Gudvangen	48 07 55 55	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Viking Veikro Gudvangen	Gudvangen	94 13 14 44	<a href="http://www.gudvangen.com">www.gudvangen.com</a>
Borgund Hyttesenter & Camping	Borgund	90 62 08 59	<a href="http://www.hyttesenter.com">www.hyttesenter.com</a>
Cafe Fløyfisken, Sognefjord Akvarium	Balestrand	57 69 13 03	<a href="http://www.kringsja.no">www.kringsja.no</a>
Norsk Reiselivsmuseum	Balestrand	474 53 053	<a href="http://www.reiselivsmuseum.no">www.reiselivsmuseum.no</a>
Café Sogningen	Sogndal	57 62 99 90	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
Caffè Prego	Sogndal	57 62 77 31	<a href="http://www.qualityhotelsogndal.no">www.qualityhotelsogndal.no</a>
Konditoriet	Sogndal	57 67 69 50	<a href="http://www.sogningen.no">www.sogningen.no</a>
Dalalåven	Sogndal	45 81 95 19	<a href="http://www.sogndalskisenter.no">www.sogndalskisenter.no</a>
Bøyum Camping	Fjærland	48 23 57 24	<a href="http://www.boyumcamping.no">www.boyumcamping.no</a>
Fjærland Fjordstove Hotell	Fjærland	41 00 02 00	<a href="http://www.fjaerlandhotel.com">www.fjaerlandhotel.com</a>
Brevasshytta	Fjærland		<a href="http://www.brevasshytta.no">www.brevasshytta.no</a>
Sogn Folkemuseum	Kaupanger	57 67 82 06	<a href="http://www.dhs.museum.no">www.dhs.museum.no</a>
Kafeen på Pyramiden	Gaupne	91 18 56 10	<a href="http://www.pyramidensenter.no">www.pyramidensenter.no</a>
Breheimsenteret	Jostedal	57 68 32 50	<a href="http://www.jostedal.com">www.jostedal.com</a>
Jostedal Hotel	Jostedal	99 22 50 49	<a href="http://www.jostedalhotel.no">www.jostedalhotel.no</a>
Kafé Marifjora	Marifjora	57 68 35 00	<a href="http://www.torvis.no">www.torvis.no</a>
Fjordstova	Skjolden	57 68 67 44	<a href="http://www.skjolden.com/fjordstova">www.skjolden.com/fjordstova</a>
Vassbakken Kro og Camping	Skjolden	57 68 61 88	<a href="http://www.vassbakken.com">www.vassbakken.com</a>
Lustrabui	Luster	90 41 48 21	<a href="http://www.lustrabui.no">www.lustrabui.no</a>
Stolpen	Hafslo	40 16 60 32	<a href="http://www.hafsløblisenter.no">www.hafsløblisenter.no</a>
TINE Meieriet Vik Ostebar	Vik i Sogn	90 10 57 25	<a href="http://www.tine.no">www.tine.no</a>
Blix Hotell	Vik i Sogn	57 69 65 50	<a href="http://www.blixhotell.no">www.blixhotell.no</a>
Sognasmak	Lærdal	40 84 15 31	<a href="http://www.facebook.com/Sognamat">www.facebook.com/Sognamat</a>
Laksen Bakeri & kafé	Lærdal	99 20 26 14	<a href="http://www.norwaysbest.com">www.norwaysbest.com</a>
Malena Kafé	Vadheim	90 95 42 58	<a href="http://www.malenakafe.com">www.malenakafe.com</a>



# Practical information

Country code for Norway : +47.

## SHOPPING

AMFI Sogningen	Sogndal	95 19 13 00	www.amfi.no
Pyramiden Senter	Gaupne	57 68 67 05	www.pyramidensenter.no
Årdsalserteret	Årdal	48 23 99 82	www.facebook.com/ardsalserteret
Flåm Ferdaminne	Flåm	95 83 29 96	fminne@online.no
Memories from Flåm	Flåm		www.norwaysbest.com
Flåmsbanamuseet	Flåm		www.norwaysbest.com
Mall of Norway	Aurland	57 11 00 11	www.mallofnorway.com

## FITNESS CENTRE / SPA

BesteBakken	Hafslo	90 16 84 49	www.bestebakken.no
Yt Xtra	Hafslo	57 68 46 00	www.yxhafslo.no
Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Fortun Treningssenter	Fortun	91 53 27 90	www.fortunsdalen.no
Idrettssenteret Spenst	Sogndal	57 62 90 00	sogndal.spenst.no
Årdal Gym	Årdal	48 15 66 66	www.ardalgym.no
Høyanger Treningssenter AS	Høyanger	92 89 81 80	facebook.com/hoyangertreningssenter

## SWIMMING POOL / SAUNA / INDOOR PLAY PARK

Fjordstova	Skjolden	57 68 67 44	www.skjolden.com/fjordstova
Vesterland Feriepark	Kaupanger	57 62 71 00	www.vesterland.no
Lustrabadet	Gaupne	57 68 56 80	www.lustrabadet.no
Høyangerbadet	Høyanger	57 71 27 00	www.hoyangerbadet.no
Friluftsbadet i Årdal	Årdal	57 66 53 71	www.sognefjord.no
Aurlandshallen	Aurland	57 63 29 00	www.aurland.kommune.no

## BEACHVOLLEYBALL

Lyngmo Gjestehus & Camping	Hafslo
Bøyum Camping	Fjærland
Flåm Beach	Flåm
Grandane	Lærdal
Skjolden	Skjolden
Fosshaugane Campus	Sogndal
Sogndal Bed & Breakfast	Sogndal
Vik idrettspark	Vik
Høyanger	Høyanger
Årdalstangen IL	Årdal
Svalheim Gard	Årdal

## EMPTYING FACILITIES for camper vans

Djuvik Camping	Vangsnes
Systrond motell	Leikanger
Viki Fjordcamping	Luster
Lyngmo Ungdomssenter AS	Hafslo
Bøyum Camping	Fjærland
Utladalen Camping	Årdal
Joker Gudvangen	Gudvangen

## KAFFIBRENNERI

Sognefjord Kaffibrenneri	Sogndal
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## FUEL FILLING FROM THE QUAY

Balestrand Marina / Joker Balestrand	Balestrand
Slindesenteret	Slinde/Sogndal
Gjestehavn	Balestrand, Flåm, Vik, Fresvik og Høyanger
Ornes Båtbyggeri	Ornes
Tanken	Vik

## TRANSPORTATION

Vegmelding	175 / 81 54 89 91	www.vegvesen.no
Ruteopplysning	177 eller 57 65 95 12	www.skyss.no
<b>Bus companies</b>		
Vy Buss	40 70 50 70	www.vy.no
Nor-way Bussekspress	22 31 31 50	www.nor-way.no

Vy express	40 70 50 70	www.vy.no
Tide	5505	www.tide.no
<b>Airlines</b>		
Widerøe	81 00 12 00	www.wideroe.no
Scandinavian Skies	94 12 22 08	www.seaplanes.no
<b>Car ferries / Passenger boats</b>		
Norled	51 86 87 00	www.norled.no
Solvorn-Urnes-Solvorn	91 79 42 11	www.lustrabaatane.no
Fjord1 Fylkesbaatane	55 90 70 70	www.fjord1.no
Nigardsbreen brebåt	57 68 32 50	www.brevegen.no
Fjærlandsfjorden	56 65 38 36	www.glaciertour.no
The Fjords	57 63 14 00	www.norwaysbest.com
Lustrabaatane AS	91 72 17 19	www.lustrabaatane.no
<b>Car rental</b>		
Europcar/Toyota Sogn	Kaupanger/Sogndal flyplass	57 67 66 70 www.europcar.no
Hertz/Toyota Sogn	Kaupanger/Sogndal flyplass	57 67 99 70 www.hertz.no
Sogndal Rentalcar	Sogndal/Kaupanger/Sogndal flyplass	90 55 65 57 www.sogndal-bilutleie.no
SIXT	Sogndal	81 52 24 66 www.sixt.no
Vik Adventure	Vik	91 70 59 88 www.vikadventure.no
Balholm bilutleige	Balestrand	41 24 82 53 www.leigebil.no
eMobility	Flåm	45 50 02 22 www.emob.no
<b>Rescue service</b>		
NAF Redningsteneste		08505 www.naf.no
Viking Redningsteneste		06000 www.vikingredning.no
West – maskin/Falck	Lærdal	02222 www.west-maskin.no
<b>LokalTaxi</b>	see ad page 41	www.lokaltaxi.no/vestland
Sogndal Limo & Taxi	Sogndal	91 86 82 68 post@sogndallimo.no

## CHARGING STATION FOR ELECTRIC CAR

AMFI Sogningen	Håbakken Lærdal	Sanden Pensjonat
BesteBakken	Joker Gudvangen	Skjolden Hotel
Blix Hotel	Jostedal Camping	Sogndal Bed & Breakfast
Ciderhuset	Jostedal Hotel	Sogndal Bilpleie
Dragsvik Fjordhotell	Kviknes Hotel	Sogndal Skisenter Hodlekve
Eikum Hotel	Lindstrøm Hotel	Sognefjord Cabins
Fjærland Fjordstove Hotell	Lunden Ferie	Sognefjord Hotel
Flåm Camping	Luster Fjordhytter	Tine i Vik
Flåm Marina	Lyngmo Ungdomssenter AS	Vassbakken Kro & Camping
Fortun Bensinstasjon	Lærdal Hotel	Vesterland Feriepark
Fretheim Hotel	Marifjøra Sjøbuer	Viki Fjordcamping
Gaupnetunet	Maristuen Fjellferie as	Østerbø Fjellstove
Geir Willy Nesse Taxi	Midtnes Hotell	292 Aurland
Gudvangen Fjordtell	Nes Gard	Maps showing where public charging stations can be found here: www.ladestasjoner.no/kart
Gudvangen Budget Hotel	Nesheim Camping	
Hertz Sogndal	Norsk Bremuseum	
Hofslund Fjord Hotel	Quality Hotel Sogndal	
Hotel Aurlandsfjord	Raaum Gard	

## USEFUL PHONE NUMBERS DOCTOR 116117

<b>Weather</b>	yr.no	storm.no
<b>Tour information</b>	ut.no	

**EMERGENCY NUMBER Fire: 110 | Police: 112 | Ambulance: 113 | Doctor 116117**

*We are not to be held responsible for mistakes or changes in the given information.*







**Jostedal**  
NORWAY

**Brevandring**

[www.bfl.no](http://www.bfl.no)

**Zipline og Rafting**

[www.icetroll.com](http://www.icetroll.com)

**Brevandring og Kajakpadling**

[www.icetroll.com](http://www.icetroll.com)

**Skiturar**

[www.jostedalski.com](http://www.jostedalski.com)

**Besøkscenter nasjonalpark Breheimsenteret**

[www.jostedal.com](http://www.jostedal.com)

**Jostedal Hotell**

[www.jostedahlhotel.no](http://www.jostedahlhotel.no)

**Villa Fjellheim**

[www.villafjellheim.no](http://www.villafjellheim.no)

**Jostedal Camping**

[www.jostedalcamping.no](http://www.jostedalcamping.no)

**Veg og båt til breen**

[www.brevegen.no](http://www.brevegen.no)

[www.brevegen.no/bten](http://www.brevegen.no/bten)

# Jostedalen



**Informasjon:**

Breheimsenteret

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+47 57 68 32 50

[jostedal@jostedal.com](mailto:jostedal@jostedal.com)

[www.jostedal.com](http://www.jostedal.com)







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