

# THIS WEEK IN SONOMA VALLEY\*

## EVENTS

### Spring Yoga, Stretch & Flow - Sat, 5/2, 9:30 - 10:30 am:

Start your Saturday with a gentle stretch, strengthening exercises & meditation with Euphoria Retreats, Flatbed Farm, 13450 Sonoma Hwy, Glen Ellen (707) 309-0010

[euphoriaretreats.com/day-retreats](http://euphoriaretreats.com/day-retreats)

### Oak Knoll Spring Celebration - Sat, 5/2, 11 am - 4 pm:

Enjoy a wine flight, food truck treats, live music by Jacob Philip Benning & beautiful views, Bartholomew Estate Winery, 1000 Vineyard Ln, Sonoma (707) 509-0540

[bartholomewestate.com/bartholomew-news-events-calendar](http://bartholomewestate.com/bartholomew-news-events-calendar)

### The Pink Party at Anaba - Sat, 5/2, Noon - 3 pm:

Go pink and enjoy some rosé (and other favorites), Brazilian-themed bites and Bossa Nova tunes, Anaba Wines, 62 Bonneau Rd, Sonoma (707) 996-4188

[anabawines.com/events/the-anaba-pink-party](http://anabawines.com/events/the-anaba-pink-party)

### Brunch & Blush - Sun, 5/3, 10:30 am - 12:30 pm:

Welcome Spring at this rosé-inspired brunch featuring seasonal ingredients paired with delicious wines, St. Francis Winery & Vineyards, 100 Pythian Rd, Santa Rosa (707) 833-

[stfranciswinery.com/event\\_post/brunch-and-blush](http://stfranciswinery.com/event_post/brunch-and-blush)

### Bottles & Bites - Sun, 5/3, 11:30 am - 4:30 pm:

Pair Ollie's wood-fired pizza with a glass of wine and settle in for a laid-back Sunday in the vineyard, Sangiacomo Wines, 21545 Broadway, Sonoma (707) 934-8445

[sangiacomowines.com/visit-us/sunday-bottles-and-bites](http://sangiacomowines.com/visit-us/sunday-bottles-and-bites)

### Tuesday Farmers' Market - Tue, 5/5, 5 - 8 pm:

The farmers' market on the Plaza is back and offers great local produce, artisan vendors, food trucks and live music - Fun!, Sonoma Plaza, Sonoma

[sonomastuesdaynightmarket.com](http://sonomastuesdaynightmarket.com)

### Acoustic Sunsets - Wed, 5/6, 5:30 - 7:30 pm:

Picnic and enjoy live music, lawn games & family activities as the sun sets in the garden (every Wed), Sonoma Botanical Garden, 12841 Sonoma Hwy, Glen Ellen (707) 996-3166

[sonomabg.org/visit/acoustic-sunsets](http://sonomabg.org/visit/acoustic-sunsets)

## UPCOMING EVENTS

### Spring Wellness Workshop - Fri, 5/8, 9 am - 1:30 pm:

Reset/realign at this half-day retreat with yoga, sound healing & a seasonal lunch, MacArthur Place Hotel and Spa, 29 East MacArthur St, Sonoma (707) 938-2929

[macarthurplace.com/wellness/wellness-happenings](http://macarthurplace.com/wellness/wellness-happenings)

### Battle of the Bands - Sat, 5/16, Noon - 5 pm:

Music in Place presents a free, family-friendly event in which top middle/high school bands compete for prizes, Grinstead Amphitheater, Sonoma Plaza, Sonoma

[musicinplace.org/battle-of-the-bands](http://musicinplace.org/battle-of-the-bands)

### Western Reserve - Sat, 5/16, 3 - 9 pm:

Sporting events followed by a wine reception, BBQ dinner, live music, custom hat design + an auction, Wing & Barrel Ranch, 6600 Noble Rd, Sonoma

[sonomavalleywine.com/western-reserve](http://sonomavalleywine.com/western-reserve)

[sonomavalley.com](http://sonomavalley.com)

## ARTS/EXHIBITS

### Wildflower Walk - Sat, 5/2, 9:30 am - 12:30 pm:

Join California Naturalist John Lynch on a wildflower walk to "knock your socks off," Sugarloaf Ridge State Park, 2605 Adobe Canyon Rd, Kenwood (415) 833-5712

[sec.regfox.com/knock-your-socks-o-wildflower-walk-522026](http://sec.regfox.com/knock-your-socks-o-wildflower-walk-522026)

### Cinco de Mayo - Sun, 5/3, Noon - 6 pm:

Enjoy authentic Mexican food, live music, folkloric dance, family activities & more - presented by La Luz, Sonoma Plaza, Sonoma (707) 938-5131

[laluzcenter.org/events](http://laluzcenter.org/events)

### Portrait of a Community - Tue - Fri, thru May, 1 - 5 pm:

Exhibit featuring Sonoma-based filmmaker & photographer Austin Aviles, Art Escape, 17474 Sonoma Hwy, Sonoma (707) 938-5551

[artescapesonoma.com/gallery-exhibits](http://artescapesonoma.com/gallery-exhibits)

### Embracing Art - Wed - Mon, thru 6/1, 11 am - 5 pm:

Featured artist Donna Loftus creates abstract, landscape & still life paintings inspired by color and nature, Arts Guild of Sonoma, 140 East Napa St, Sonoma (707) 996-3115

[artsguildofsonoma.org](http://artsguildofsonoma.org)

### Spirit Guides - Daily, thru 9/7, 10 am - 5 pm:

Brightly colored sculptures of hybrid animals throughout the garden are inspired by spirit guides, Sonoma Botanical Garden, 12841 Sonoma Hwy, Glen Ellen (707) 996-3166

[sonomabg.org/visit/spirit-guides](http://sonomabg.org/visit/spirit-guides)

*Sonoma Valley*  
VISITORS BUREAU



\* Courtesy of Sonoma Valley Visitors Bureau

## MUSIC/THEATER/LECTURES

### Authors on the Plaza - Sat, 5/2, 11 am - 2 pm:

An engaging afternoon of conversation and storytelling at this family-friendly outdoor gathering, Sonoma Plaza, Sonoma

[svauthorsfest.org/authors-on-the-plaza](http://svauthorsfest.org/authors-on-the-plaza)

See the full music list in Friday's Index-Tribune

### Bat Night at the Barracks - Sat, 5/2, 6 - 8:30 pm:

California State Parks presents a program by Nor Cal Bats that will feature "live" bats, Sonoma Barracks, 36 East Spain St, Sonoma (707) 938-9560

[sonomaparks.org/events/bat-night-at-the-barracks](http://sonomaparks.org/events/bat-night-at-the-barracks)

### Sonoma Arts Live - Thu - Sun, thru 5/10, 7:30 pm\*:

Sonoma Arts Live presents *The Light in the Piazza* - a romantic musical set in Italy (\*2 pm Sun), Sonoma Comm Center, 276 East Napa St, Sonoma (707) 204-9990

[sonomaartslive.org](http://sonomaartslive.org)

### Back pOrchEstra - Thu, 5/7, 6 - 8 pm:

Music by Back pOrchEstra as their New American Roots Album Awareness Tour continues, Jack London Saloon, 13740 Arnold Dr, Glen Ellen (707) 938-8510

[backporchestra.com/#cal](http://backporchestra.com/#cal)

Last Updated: 4/30/2026