

THE ST. JOSEPH RIVER + POINTS ALONG THE WAY

If The Bend has one defining physical feature, it's the St. Joseph River. Indigenous peoples used the river to provide for their families and travel. European explorers later navigated the river, eventually establishing a local fur trade that led to permanent settlements like South Bend. Industrialists harnessed the river's power to build up our cities and towns.

The river remains an important part of our area's fabric to this day. We invite you to experience the river from the water or the banks. However you choose to explore, these are some of the places to see and things to do along the St. Joe.



Paved Trails

The Indiana-Michigan River Valley Trail covers 17 miles, connecting

Mishawaka while running through

South Bend. The entire trail system

Refer to the map and legend to see

smaller sections for walkers and

runners or bigger stretches for bikers. There are dozens of points

downtown Niles to downtown

is paved. It can be utilized in

of interest along the way.

in The Bend that utilize the river as a centerpiece.

Along with some of the notable parks mentioned on the map, here are some others along the river:

South Bend: Pinhook Park (K1) | Keller Park (L2)

Mishawaka: Kate's Garden (O6) | Lincoln Park (O6) | Merrifield Park

It's probably no surprise that there are several parks

Niles: Riverfront Park (B2)

Leeper Park (M2) | Gov. Joe Kernan Park (O3) | Seitz Park (N3)

(O8) | Margaret Prickett Marina Park (O8) | Shiojiri Niwa (O8)



Downtown Niles, MI (B2)

Parks and places to eat make up downtown Niles, which continues to grow in popularity. Iron Shoe Distillery (burger photo) and Front Street Pizza Pub are among the most popular places to visit when exploring this area

St. Patrick's County Park (G2)

Eddy Street Commons (M3) **Eddy Street Commons** is

home to several restaurants and shops just south of the

Notre Dame campus. Local

favorites include O'Rourke's

Public House (chicken wings photo) and BRU Burger Bar. If

you need something for the

road, Trader Joe's is at the

south end of the street.

Situated right along the St. Joseph River, St. Patrick's County Park is one of our most beloved outdoor spaces. It offers miles of trail for hiking and activities all year round, like canoeing and cross country skiing. It's featured on the Indiana Birding Trail.

Boating + Kayaking

Walking or biking along the river is one thing. Getting in it is another. Boating, canoeing, kayaking and rafting are popular ways to explore

the river. Below are options for seasonal kayak and canoe rental. Refer to the fishing section below for boat and kayak launches.

East Race Waterway (N3)

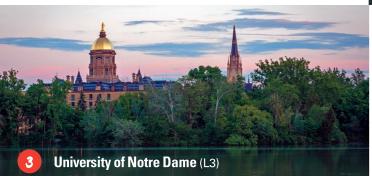
Season for this Class II rapids course runs from June to September. Must be 54" tall. Children under age 16 that meet the height must be accompanied by an adult.

Ferrettie/Baugo Creek County Park (P8)

Available from May to September. Paddle Baugo Creek and out to Baugo Bay. Renters must be at least 18 years old Both canoes and kayaks available at this site.

St. Patrick's County Park (G2)

Group canoe rentals available May to September. Choose between trips ranging from 4 to 10 miles. Three person max per canoe.



Known the world over, the **University of Notre Dame** is worth a stop. Campus includes several iconic landmarks, like the Grotto of Our Lady of Lourdes and the Basilica of the Sacred Heart. Photo ops await in front of the "Word of Life" mural, better known as Touchdown Jesus, and the Golden Dome.

Howard Park + East Bank Village (N3)

There are few better places to get up close to the river than Howard Park, where paths run right along the banks. Park highlights include an ice skating trail during winter, an ADA accessible playground and splash pad. The surrounding East Bank Village bustles with bars, restaurants and shopping.

Fishing

Grab your rod and reel — the St. Joseph River is considered one of the best fisheries in the Midwest. Coho salmon, steelhead, smallmouth bass and walleye are among the popular species in the river. Bank fishing is popular and there are signs along the river that note the best spots to do so. Fishing is not permitted off bridges. Fish ladders are located in South Bend and Mishawaka near the dams.

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Along with the public boat dock at Gov. Joe Kernan Park (O3), there are several boat launches along the river:

South Bend: Keller Park (L2) | Pinhook Park (K1) | Riverside Park (J1) | St. Patrick's County Park (G2) | Veterans Memorial Park (P4)

Mishawaka: Beutter Park (O7) | Central Park (O7) | Crawford Park (O8) | Kamm Island (O6) | Margaret Prickett Marina Park (N8)



Downtown South Bend (N3) Downtown South Bend is a

hub of activity with dozens

of bars, restaurants and

attractions. Visitors might

want to hang around after

dark as the South Bend River

Lights splash across the river,

Market District (O4)

Following the trail this direction means the opportunity to explore the historic South Bend Farmers Market. Also nearby: Ironhand Wine Bar, Bamber's Superette and Oh Mamma's on the Avenue, a delightful locally owned cheese shop.

Potawatomi Zoo, Conservatory + Park (O5)

Potawatomi Zoo is a favorite destination for families and one of Indiana's most popular zoos. Nearby Potawatomi Park includes a massive playground for kids and a splash pad. Potawatomi Conservatories is a tranquil getaway with paths through lush plant life.

Bridges

Several bridges cross the river in South Bend and Mishawaka.

Here are five of the most historic and eve catching:

Darden Bridge: Built in 1884 and originally downtown, this pedestrian bridge is part of the trail system along the river. (I1)

Leeper Bridge: One of the most beautiful bridges in South Bend, it crosses the river just north of downtown. (M3)

Jefferson Boulevard Bridge: Cross the river in downtown South Bend. Built in 1905, it's oldest bridge in the city still in use. (N3)

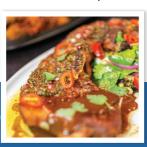
Twyckenham Drive Bridge: Notable for its height, this bridge was built in 1929 and is one of South Bend's most striking. (P4)

Logan Street Bridge: Located in Mishawaka, this concrete arch bridge was built in 1913. (P6)





Adjacent to the Riverwalk, downtown Mishawaka offers a variety of things to do within walking distance. Restaurants like Jesús Latin Grill (pork chop photo) and Chicory Café are popular spots. Indiana Rug Co. Studio and Gift Shop is one of the area's most unique stores.







These paths loop around both sides of the river while connecting multiple Mishawaka parks: Battell, Beutter, Central Park (photo above), Ironworks Plaza (home of the Mishawaka Farmers Market) and Kamm Island. The Riverwalk is popular with bikers, runners and walkers alike.

SCAN FOR INFO ABOUT:

OUTDOORS + RECREATION









