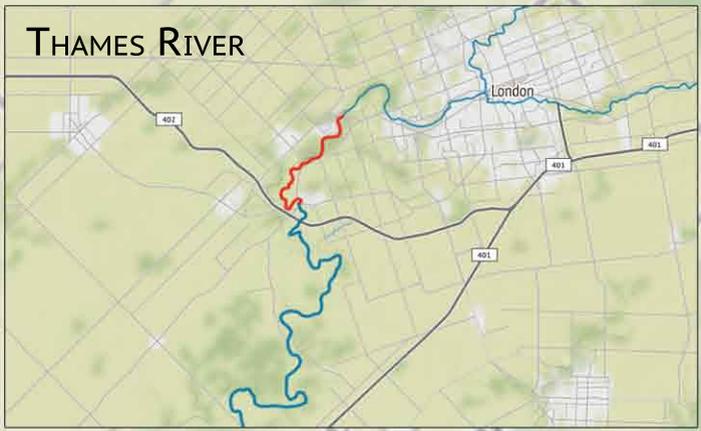


RECOMMENDED FLOW RATE
10-65 CU/M/SEC
NOVICE - 25 CU/M/SEC
 CU/M/SEC - CUBIC METRES PER SECOND

OLD RIVER RD TO DELAWARE
12KM - 3HR

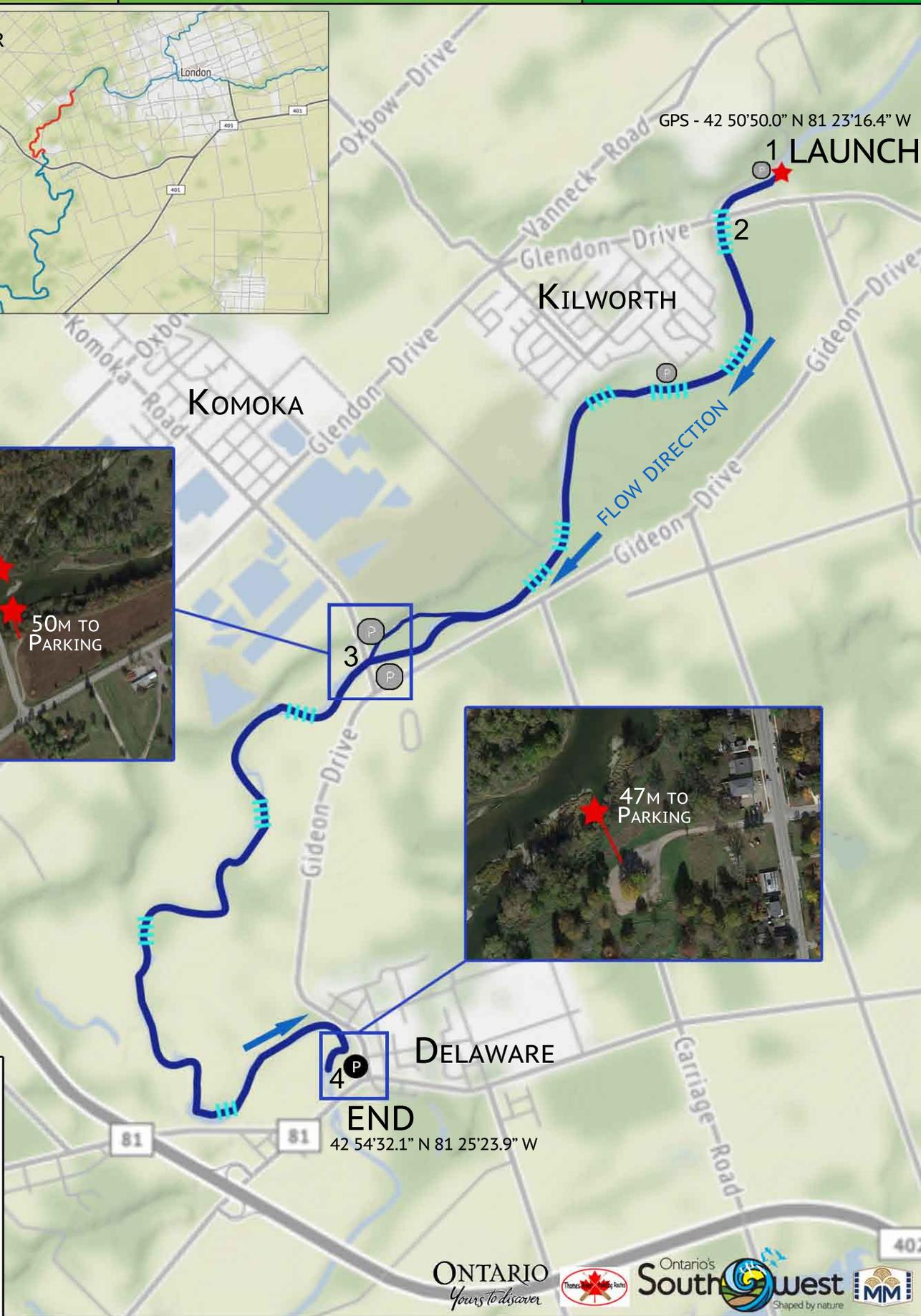
1	Old River Road (@ Roadside Access)	TO	Oxford St. West (Kilworth Bridge)	0.33 km	0.1 hours
2	Oxford St. West (Kilworth Bridge)	TO	Komoka Rd Bridge	4.9 km	1.2 hours
3	Komoka Rd. Bridge	TO	Delaware Conservation Area	6.75 km	1.7 hours

CHECK LIVE FLOW RATES AT:
[HTTP://BIT.DO/THAMESFLOWRATES](http://bit.do/thamesflowrates)
GAUGE: BYRON



LEGEND

- PARKING LOT
- RAPIDS
- PORTAGING
- ROADSIDE PARKING
- ACCESS POINT



DISCLAIMER: DISTANCES AND TIMES BETWEEN BRIDGES AND POINTS ARE REFERENCE ONLY AND SHOULD NOT BE CONSIDERED 100% CORRECT. TIMES ARE BASED ON AN AVERAGE SPEED OF 5KM/HR. FLOW RATES CAN ALTER TIMES AND SAFETY. RECOMMENDED FLOW RATES ARE A GUIDE ONLY, AND ONE SHOULD ALWAYS PADDLE WITHIN THEIR OWN SKILL AND CAPABILITIES. LOW FLOW CAN MEAN LOTS OF PORTAGING, WHILE HIGH FLOW RATES CAN CREATE FAST WATER AND POTENTIALLY DANGEROUS SITUATIONS. MMP, ONTARIO'S SOUTHWEST, AND TRPRP ARE PROVIDING THIS ROUTE AS INFORMATION ONLY AND NOT AS ADVICE. PADDLERS ASSUME ALL RISK AND RESPONSIBILITY WHILE ON THE WATER.