

HOW TO CONTACT TRACE

#1: IDENTIFY INFECTIOUS PERIOD OF POSITIVE TEST CASE

Infectious period: The period of time the person is considered most infectious.

Symptomatic individuals = begins two days before symptoms start, up to 10 days after symptoms have started or longer.

Asymptomatic individuals = begins two days before test date, up to 10 days after the test date.

#2: IDENTIFY WHO WAS IN CONTACT WITH THE POSITIVE TEST CASE DURING THAT TIME

- Had direct physical contact - hug, kiss, handshake, etc.
- Were within 6 ft. for a total of 15 mins. or more in a single day.
- Had contact with respiratory secretions - coughed/sneezed on, touched dirty tissue, shared personal items, etc.
- Stayed overnight for at least one night in a house with the person.

*Regardless of whether either person wore a mask/face covering.

#3: NOTIFY CLOSE CONTACTS AND PROVIDE INFORMATION

- Inform close contacts of their exposure to a Positive Test Case, keeping the identity of that Positive Test Case confidential.
- Provide quarantine instructions (see 'What is a Close Contact?' flyer) for close contacts. Instruct them to stay home for 14 days after last contact with the PTC who tested positive.

#4: PROVIDE TESTING RESOURCES

Advise close contacts to be tested. Encourage close contacts who are identified as high risk (65+ years old or have preexisting medical conditions) to speak with their health care provider.

*Testing resources can be found under the 'COVID-19 Testing' tab on the Portage County COVID-19 dashboard.

Household contacts to a positive case should be sent home and instructed to quarantine. Their local health department will conduct follow-up with those who are household contacts.

