## SUFFERED IN ANY WAY BECAUSE OF COVID-19?

## Connect with Colorado Spirit

If you are stressed or other-wise impacted because of the pandemic, help is available.

Colorado Spirit is a FEMA-funded recovery program to provide disaster survivors with community-based outreach, stress and resilience education, and connection to mental health and other community resources.

## Contact one of our Outreach Specialists Today

Megan Vilece Team Lead 970.985.5511 MVilece@MindSpringsHealth.org

Jana Chapin Outreach Specialist 970.531.6533 JChapin@MindSpringsHealth.org

Senior (970.985.9483), Child (970.531.7450) & Bilingual (970.531.5582) Specialists Available



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