



STEAMBOAT MARATHON RUNNER'S GUIDE

CELEBRATING 45 YEARS

PRESENTED BY  **Alpine Bank**
Member FDIC

WELCOME TO THE STEAMBOAT MARATHON

We are thrilled that you'll be joining us in 2026 for the 45th running of the Steamboat Marathon, Half Marathon and 10K. Throughout this race, you'll run alongside the roaring Elk River, through the emerald green pastures on Country Road 129, surrounded by snow-capped Rocky Mountains. You'll soon see why the Steamboat Marathon, a certified Boston Marathon and Bolder Boulder Qualifier race, was ranked as one of the "Top 10 Destination Marathons in North America." We'll see you June 7th, 2026!





RACE DAY

5:45 - 6:15 a.m. Transportation pickup to the start of full marathon

6:00 - 6:30 a.m. Transportation to the start of half marathon

7:30 a.m. Start of the Marathon, Half Marathon & 10K

9:00 a.m. 10K Awards, awards tent located on 6th St. between Oak and Lincoln

10:00 a.m. Half Marathon Awards, awards tent located on 6th St. between Oak and Lincoln

11:30 a.m. Full Marathon Awards, awards tent located on 6th St. between Oak and Lincoln

11:45 a.m. BAR-U-EAT Fun Run

1:00 p.m. All race courses close

NOTE:

The Marathon and Half Marathon course will close at 1:00 p.m., 5 ½ hours from the start time, a marathon pace of about 12:30 per mile. We strictly enforce this policy. Race services, aid stations and traffic control will not be provided on the course after 5 ½ hours. An early start is not available. If you're unable to run the Full Marathon in less than 5 ½ hours, please register for the Half Marathon.

Important: Non-registered runners, pacers/escorts, inline skates, bikes, dogs, and baby joggers are strictly prohibited.



PACKET PICK-UP

Race bibs and t-shirts must be picked up at Packet Pick-Up located in the parking lot of Ski Haus at 1457 Pine Grove Road.

There is no race day bib pick-up. All bibs and t-shirts must be picked up at the below times:

FRIDAY, JUNE 5, 12 P.M. - 6 P.M.

SATURDAY, JUNE 6, 10 A.M. - 6 P.M.

The Sponsor Expo will also be held during packet pick-up. Come by and say hi to our sponsors and vendors!

Please email marathon@steamboatchamber.com if you have any questions.

RACE PARKING

Park near the bus pickup and race finish area located downtown between 5th and 7th Street. There is no parking at the start area of the Full or Half Marathon. Traffic on our **open course** is an added hazard and is strongly discouraged. We highly encourage racers to carpool, bike, or have a friend or family member drop them off downtown.

TRANSPORTATION TO THE START

Free transportation to the Marathon starting area will be available for participants only. Buses will leave from the corner of 8th and Oak Street in downtown Steamboat Springs.

BUSES BOARD 5:45 TO 6:15 A.M. FOR FULL MARATHON AND 6:00 TO 6:30 A.M. FOR THE HALF MARATHON.

Note: A bus at the start will be available to bring your personal items back to the finish. Layers are encouraged for the early morning temperatures, such as gloves, extra jackets or sweats. It's cold in the early mornings here in the Rocky Mountains! Please bring your own bag and identify it clearly with the bag tag provided at Packet Pick-Up. Your items will be waiting at the finish.



BUS PICK-UP MAP



ON COURSE RESOURCES

AID STATIONS

Aid stations for the Marathon and Half Marathon are located at miles 3, 6.5, 10, 13, 15.5, 18, 20.5, 22.5, 24.5, and the finish.

Event Medical Solutions staff is available at aid stations 2, 3, 5, 7, 8, 9, and the finish line.

For the 10K, an aid station will be located at the 5K mark and the finish line.



HYDRATION & NUTRITION

Precision Hydration will provide products at each aid station.

Each Aid Station will have:

- PF 30 Gel, PF 30 Chew (Original), PF 30 Chew (Mint & Lemon), and PH 1000 Electrolyte Drink
- PF 30 Gel delivers 30g of carbohydrate into your system, fast.
- PF 30 Chews are a great way to mix up your fueling plan. Each packet contains 2 chews, each delivering 15g of carbs.
- The Mint & Lemon flavor PF 30 Chew is a refreshing option when you're working hard, especially in hot conditions.
- PH 1000 is a low-calorie, high-strength electrolyte drink designed to help you stay hydrated when you're sweating..



REDUCE YOUR IMPACT

BRING A REFILLABLE BOTTLE / CUP

An easy way to reduce waste and your environmental footprint is to bring a refillable bottle or cup on race day.

BRING A BAG

Bring your own bag on race day. We will have a bag drop at the Full and Half Marathon start lines. Attach the tag from your bib to your bag and pick it up at the finish.

DON'T LITTER

Whether it's snack wrappers or cups, please wait until the next aid station to toss your trash. Keep our course beautiful!

NO TRESPASSING

Our course is surrounded by historical ranches and private property. We ask that you stay on the course and do not trespass onto these properties. Each aid station has portable toilets provided for your use.



RESPECT THE RURAL

Running through the Yampa Valley means passing through working landscapes that have been home to local families for generations. Please follow these guidelines to keep our community safe and our environment healthy.

Rules of the Road & Livestock Safety

- Yield to Animals: If you encounter livestock, continue running alongside them, not through them. Don't yell or wave your arms to move them along. Don't pet any livestock, guardian dogs, or horses, and give them a wide berth to prevent stress on the animal.
- Be Patient with Equipment: Tractors and farm machinery cannot stop or maneuver like a standard car. Give them plenty of space and time to move.
- Livestock Guardian Dogs: If you encounter a herd, stay calm and give the guardian dogs plenty of space. Do not run or drive into the middle of animal herds.
- Mind the Gate: Always leave gates exactly as you find them—if it was closed, leave it closed; if it was open, leave it open.

Land & Water Stewardship

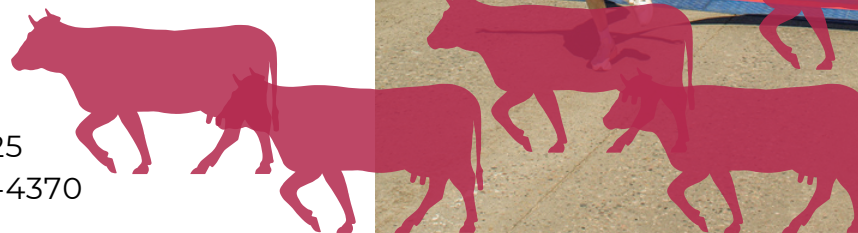
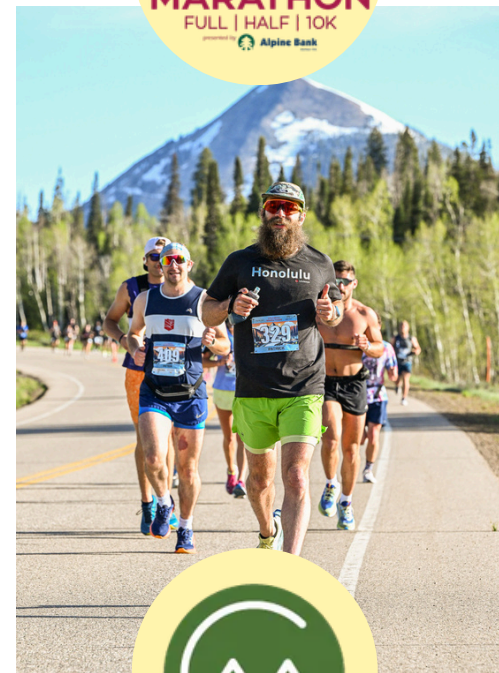
- Protect the Yampa River: The water in our basin is critical for agriculture, wildlife, and our drinking supply. Help support a healthy river system by being mindful of your interactions with the local ecosystem.
- Respect Private Property: Do not trespass. Always adhere to landowner directions—if you don't know, don't go.
- Fence-Out Laws: Be aware that Colorado is a "fence-out" state, meaning livestock can open graze and roam.
- Pack it Out: Help us manage our land by keeping it clean of all trash and debris.

Community Connections

- Be a Good Neighbor: Community is what makes Routt County special. Smile, wave, and be polite to the residents who share their roads with us.
- Learn More: For additional resources on rural living or land management, visit the Routt County CSU Extension or the Community Agriculture Alliance.

Emergency Contact Information:

- Routt County CSU Extension: 970-879-0825
- Community Agriculture Alliance: 970-879-4370



RaceJoy Virtual Race Tracking How-To

- 1 Download RaceJoy: Download the RaceJoy app to your smartphone or tablet from the App Store or GooglePlay.

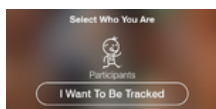


- 2 Find Race: Click Featured Races and then access your event. Or search by race name in search field.
- 3 Phone Set Up: Follow the prompts carefully to get set up properly for race day.
- 4 Race Day: Turn tracking ON in RaceJoy and click Start My Race to begin your personal race clock.

Set Up

1. Click the "I Want to Be Tracked" button upon initial setup. Follow the prompts and select the course(s) you plan to complete.
2. Adjust your audio settings to your personal preferences. Recommend turning off progress alerts if using training app.
3. Participants must carry their phones and turn on tracking the day of their race for tracking to function.

There is no personal pre-loading of maps required for RaceJoy.



Warning: Turn OFF Wi-Fi on race day. This will cause tracking to disengage.
Tracking is activated 30 minutes before the official race start time.

Race Day

1. Turn tracking on by clicking the green, blinking button on your Race Day.
2. Select the course you are about to begin.
3. Click START MY RACE as you begin to start your personal clock. For on-site courses: Click this as you cross the START LINE. This is optional for on-site courses, but provides a more accurate finish time.

RaceJoy auto detects when you finish the distance selected. No need to click finish button.



Virtual Results & Race Redo

Automated Virtual Results - Available for most virtual races in RaceJoy.

Enter the Bib number provided to you by the race to have your RaceJoy finish data automatically submitted for scored results.

Race Redo - You can redo the distance or onsite route to submit a new finish time.

Select the Redo button to re-complete the distance. Warning: This will erase previous performance data.

Track Yourself and Up to 50 Other People

1. Add participants to your participant list:
 - Click on the icon on the upper corner of your screen and search for your participant.
2. Track in a map view:
 - Apple Users: click the feet icon at the bottom of the screen. Android Users: click the Track button at the top menu bar.
3. Track with GPS-based progress alerts:
 - The number of alerts vary by race and are typically sent out at every mile.
 - You will automatically receive audio updates for yourself and notifications for those you track.
 - Click Buzz and then Progress Alerts to view progress alerts for yourself and those you have tracked.
 - Make sure you have your Notifications ON and your volume up to receive alerts.

Live Tracking Verification



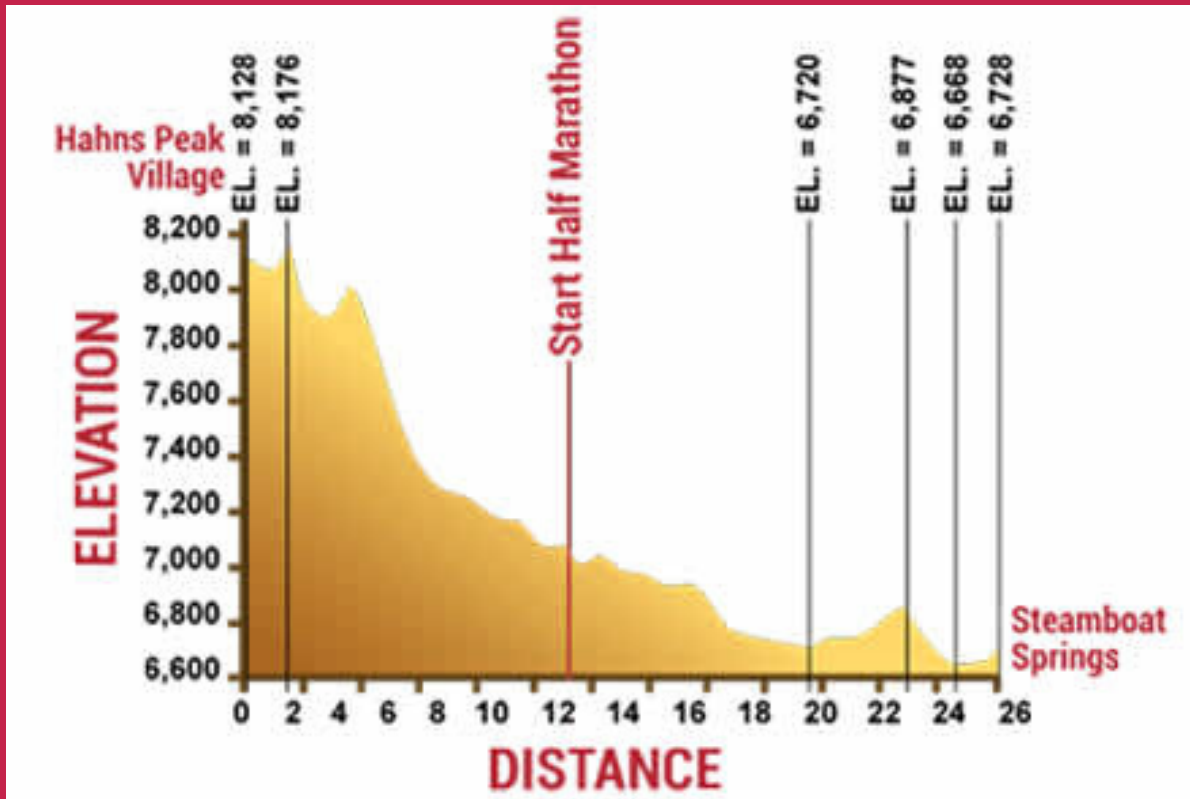
[See RaceJoy Tutorial Video](#)

[See Battery Preservation Tips](#)

COURSE MAP - MARATHON AND HALF MARATHON

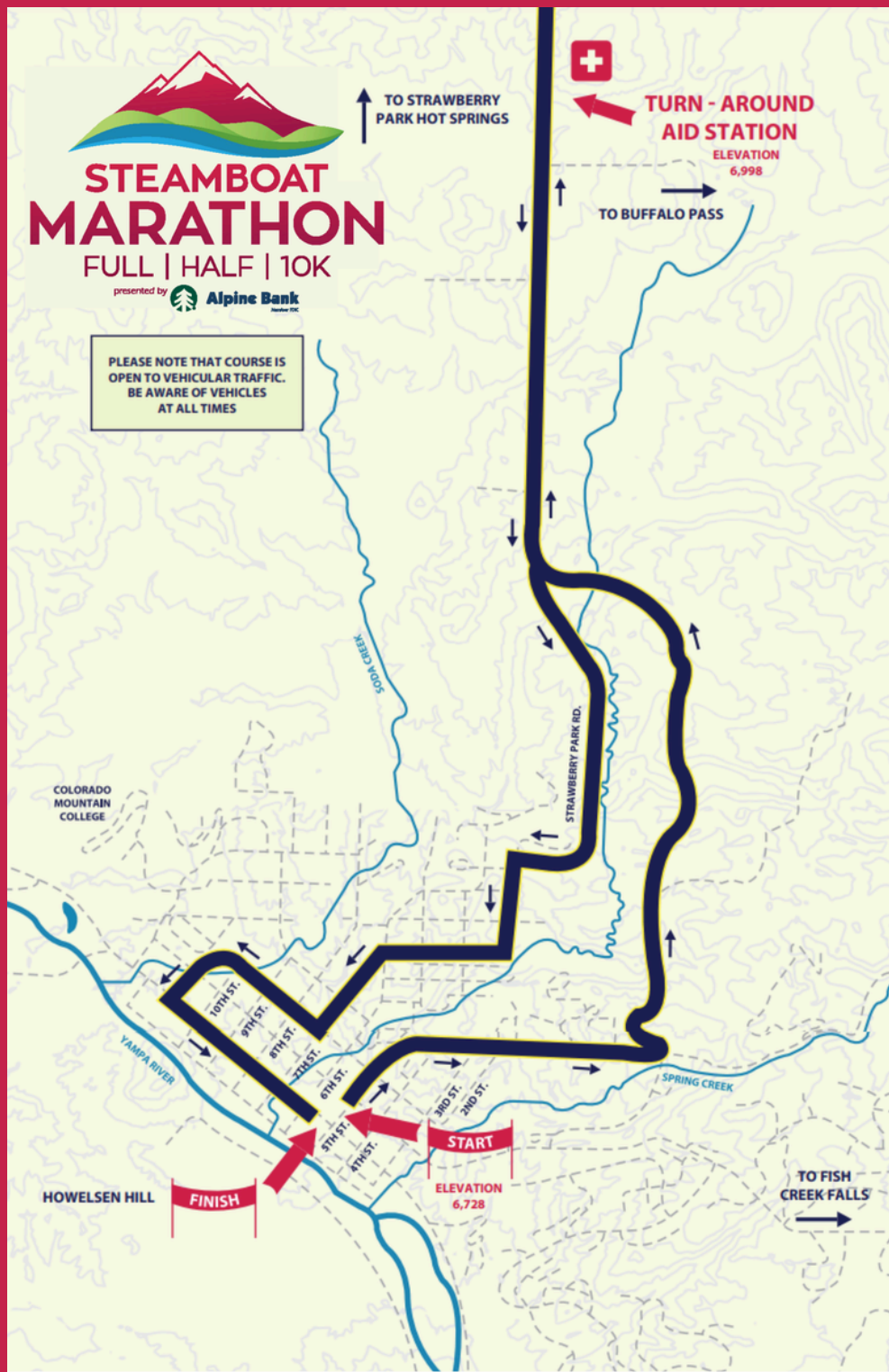


ELEVATION PROFILE



The Half Marathon USATF Certified Course begins at the mid-point of the Marathon course locally known as Moon Hill at an elevation of 6,990' and finishes at the same location as the Marathon in downtown Steamboat Springs.

COURSE MAP - 10K



The course begins and ends at the courthouse in downtown Steamboat Springs.

ADDITIONAL INFORMATION

SLOPESIDE & STORM PEAK BREWING AT THE FINISH LINE

Two of our awesome sponsors, Slopeside and Storm Peak Brewing, will provide finish-line beers and burritos. After working up your appetite for 6.2, 13.1, or 26.2 miles, reward yourself with a couple of delicious treats!

AWARDS

We will announce the top three overall males and females in the 10K, Half and Full Marathons, Masters (40+), and Rount (Local Runners) Divisions. Age groups will not be announced on Race Day, but runners can stop by the awards tent or the Chamber Visitor Center before Friday, June 12th to collect their awards. No awards will be mailed. Runners can check their results by visiting the Awards Tent. Age group winners will be posted after each awards ceremony.

PHOTOGRAPHY INFORMATION

Race images are taken by JKP Sports. Images can be found by searching for your bib number on our website after the race. Be sure to have your bib number visible when passing photographers and smile big!

FAMILY AND FRIENDS SUPPORT CREW

The best place to watch & cheer is in Downtown Steamboat. It is strictly prohibited for your support crew to meet you on the course. CR 129 is a rural two-lane road. Your support crew will be able to watch you cross the finish line outside of the Steamboat Courthouse when you finish the race. We appreciate your understanding and cooperation!

FREQUENTLY ASKED Q'S

Q: WHAT DO I NEED TO CARRY ON RACE DAY?

Our course is on a country road that is open to traffic. We place aid stations where we safely can, but you may find that you need water between stations. We strongly encourage runners to carry water.

We're working hard to make our race as sustainable as possible. Bring your own drop bag and we'll have it for you at the finish.

Q: CAN I BRING MY BABY STROLLER OR DOG TO ANY OF THE RACECOURSES?

No. Due to other runners and the county roads being open to local traffic we do not allow strollers or dogs on the courses.

Q: IS IT OKAY FOR MY FRIEND, PARENT, OR SPOUSE TO RUN ALONGSIDE ME WHILE I RUN?

It is strictly prohibited that friends or family members run, bike, or drive alongside you. The roads are technically open to traffic, but we prefer there to be no bikes on the course. For safety considerations, we ask that everyone leave their bikes at home.

Q: WHERE IS THE BEST PLACE FOR MY FAMILY AND FRIENDS TO WATCH ME RUN?

For the best view of the Marathon, Half or 10K races, Lincoln Avenue in downtown Steamboat Springs is the best bet. This stretch serves as the finish for all three races, and your friends and family will be close enough to cheer for you and then cheers to you at the finish festival at Fifth Street and Lincoln Avenue. Spectating from the course anywhere other than downtown is prohibited.

Q: WHAT IF I CAN'T MAKE IT TO PACKET PICK-UP?

A friend or relative can pick up your packet, but they must have your e-mail confirmation. There will be no race day packet pick-up. No exceptions.

THANK YOU SPONSORS!



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SBNY



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Runna



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Health

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PROPERTIES



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GLEN
STEAMBOAT



STEAMBOAT

REVOLVE



ACE
Hardware



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