

Sweat, Sightsee, Sip and Soak

Come for the Steamboat Marathon and enjoy all the area has to offer

Each summer, Steamboat Springs kicks starts the season with its annual Steamboat Marathon, Half Marathon and 10K, renewing its reputation as an ideal mountain destination for runners ("Top 10 Destination Marathons in North America"). With an extensive trail network, a web of rural roadways, a paved path that parallels the Yampa River from one end of town to the other, and a manageable high altitude location, options for both road and trail runners are exceptional. Looking for additional mountain running challenges this summer? Steamboat is also is home to the nationally recognized non-profit Steamboat Springs Running Series: 13 races incorporating both road and trail options, a range of different lengths, and a variety of spectacular settings. Oh, and after all of that running around, check out the fringe benefits of a Steamboat stay: sightseeing, sipping and soaking.

SWEAT

A highlight of the Steamboat Springs Running Series is the annual <u>Steamboat Marathon</u>, which also includes a half-marathon and a 10K. The race takes place June 2 this year and registration is open now (if you refer two people when you register, score a 5 percent discount on your registration fee). The course features gentle, rolling hills and quintessential Steamboat Springs scenery: rural ranch lands, the mighty Elk River, legendary snow-capped peaks and a western-inspired downtown. More at <u>www.steamboatchamber.com</u>.

SIGHTSEE

Cruise: Rest those legs after a long run with a cruise around Steamboat Springs on an electric bike from <u>Pedego Electric Bikes</u>. Rent a cruiser, specialty or multi-passenger style ebike to explore the Yampa River Core Trail or cycle three miles to the Fish Creek Falls trailhead and pair a hike with your bike. Or opt for one of three guided tour options: explore town and learn about the history of the area; cruise between three local craft breweries; or gawk at the local vistas as you travel along rolling hills and ranch lands to Lake Catamount (includes lunch at the Catamount Lake House).

Sip: Steamboat boasts four breweries and a distillery, any of which offer ideal post-run celebratory beverage options:

• <u>Butcherknife Brewing Company</u> brews up fun flavors like the Amputator IPA; a traditional Bavarian Hefeweizen; a Bavarian-style Pilsner; and Buzzcock, a brown ale. Steer that ebike (or any other type of bike) to the brewery and receive \$1 off your first pint.

• <u>Storm Peak Brewing Company</u> offers an ever-rotating 20-tap selection along with kombucha on tap and free popcorn (you can also grab food from Moe's Original BBQ, located next door).

• <u>Mountain Tap Brewery</u> serves up great wood-fired pizza and apps along with 12 house brewed beers on tap (there's also hard cider and non-alcoholic offerings). Try the Chasing Gold IPA, brewed to celebrate the Olympics and honor Steamboat's Olympians and Team USA; or the Passionate Pedal.

• <u>Mahogany Ridge Brewery and Grill</u> offers a great happy hour (half price in-house brewed beers and \$1 tapas). Try the Alpenglow, a full-bodied amber that local's love to toast.

• <u>Steamboat Whiskey Company</u>, located downtown, serves up free tastings of their lineup — Warrior Whiskey, Sleeping Giant Gin, Ski Town Vodka, Whiskycello, Orangecello, Alpine Nectar Honey Spirit and Steamboat Springs Territorial Moonshine. Find select craft cocktails on the happy hour menu, served daily from 4 to 6 p.m. and all day Sundays. There's also a shared plate menu if you're hungry.

Shop: Meander around downtown <u>Steamboat Springs' historic shopping district</u> and explore some of the boutique shops, galleries and more. You might even find sidewalk sales still taking place. A stop into F.M. Light and Sons is a must to get a true taste of Steamboat's western heritage, along with the most authentic ranch and cowboy apparel and footwear in town.

Additional options:

• Explore Yampa River Botanic Park, featuring 50 different gardens. Relax and listen to free <u>Music on the Green concerts</u>, presented by the Strings Music Festival, mid-day on select Thursdays this summer.

• Dive into local history at the <u>Tread of Pioneers Museum</u>. Along with excellent exhibits, the museum also offers walking tours. During the hot springs walking tour, visit and learn about seven of the springs on a downtown jaunt (pick up a map at the museum).

• Ride the <u>Outlaw Mountain Coaster</u>, Steamboat Ski Resort's newest attraction and the longest mountain coaster in North America.

SOAK

There's nothing like a good soak after a long run. Soothe those weary muscles in natural hot springs at the newly renovated <u>Old Town Hot Springs</u>, conveniently located downtown. Complete with waterfalls, a pool-plunging climbing wall and a pair of 230-foot water slides, this is a must-visit when staying in Steamboat Springs. Thanks to the

renovation, which finishes up in April 2019, the world-class facility now features a new 15,000-square-foot addition with a new and improved fitness area, a climbing wall, an indoor walking track, and more.

STAY

Runners can take advantage of special rates at <u>Steamboat Resorts by Wyndham</u> <u>Vacation Rentals during the Steamboat Marathon</u>. Enjoy 10 percent off of a one-night stay, or 15 percent off a two-night stay when you use promo code MARATHON. Runners can also take advantage of complimentary early check-in and late check-out upon request, and shuttle service to the Marathon's pick-up location.

About Steamboat Springs

A Northwest Colorado gem just 2.5 hours from Denver, Steamboat Springs is a year-round outdoor playground and a historic resort town where western heritage meets abundant adventure. Summertime in Steamboat means miles of single track and endless county roads, tubing the Yampa and soaking in the hot springs, golfing among the peaks and valleys, and exploring the abundant lakes, rivers and streams that dot the landscape. Downtown Steamboat Springs pays tribute to its ranching roots with a renowned weekly rodeo, heritage shops and outfitters, and a culinary community that takes homegrown to new heights. Throughout the summer Steamboat blooms with activity from Lincoln Avenue to the mountain base and beyond. Get Up Here and experience one of Colorado's authentic western mountain towns.