

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:23 AM –S 1:34 PM +M	2 10:13 AM –S 2:33 PM +M	3 11:11 AM –M 3:26 PM +M
4 12:00 PM –M	5 12:50 PM –M	6 1:32 PM –L	7 2:26 PM –L	8 3:14 PM –L	9 8:49 AM +XL 3:57 AM –L	10 9:15 AM +L
11 9:42 AM +L	12 10:39 AM +M	13 11:07 AM +S	14 12:16 PM +S	15 9:09 AM –S 1:19 PM +S	16 10:01 AM –S 2:16 PM +S	17 10:40 AM –S 2:58 PM +M
18 11:18 AM –M 3:38 PM +M	19 11:58 AM –M	20 12:38 PM –M	21 1:19 PM –M	22 1:51 PM –L	23 2:26 PM –L	24 3:08 PM –L
25 3:42 PM –L	26 8:51 AM +L 4:01 PM –XL	27 9:45 AM +L	28 10:55 AM +M	29 12:11 PM +M	30 9:15 AM –S 1:32 PM +M	31 10:09 AM –M 2:29 PM +M

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:57 AM –M 3:21 PM +M	2 11:36 AM –M 4:11 PM +L	3 12:25 PM –L	4 1:08 PM –L	5 1:45 PM –L	6 2:16 PM –L	7 2:46 PM –L
8 3:15 PM –L	9 8:28 AM +M 3:44 PM –L	10 8:59 AM +S 4:20 PM –L	11 10:19 AM +S	12 12:00 PM +S	13 8:46 AM –S 1:12 PM +S	14 9:29 AM –M 2:01 PM +M
15 10:08 AM –M 2:45 PM +M	16 10:47 AM –M 3:28 PM +L	17 11:25 AM –M 4:13 PM +L	18 12:01 PM –L 5:00 PM +L	19 12:26 PM –L	20 1:05 PM –L	21 1:33 PM –L
22 2:04 PM –XL	23 2:29 PM –XL	24 8:15 AM +L 3:21 PM –XL	25 9:19 AM +M 4:33 PM –XL	26 10:46 AM +S	27 8:03 AM –S 12:25 PM +S	28 9:04 AM –M 1:31 PM +M

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well–developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:52 AM –M 2:26 PM +M	2 10:34 AM –L 3:27 PM +L	3 11:13 AM –L 4:21 PM +L	4 11:47 AM –L 5:14 PM +L	5 12:21 PM –L	6 12:39 PM –L	7 1:01 PM –XL
8* 2:22 PM –XL	9 2:38 PM –L	10 8:24 AM +M 2:56 PM –L	11 9:11 AM +S 3:53 PM –L	12 5:25 PM –L	13 8:14 AM –S 12:51 PM +S 6:44 PM –L	14 9:07 AM –M 1:55 PM +S
15 9:51 AM –M 2:46 PM +M	16 10:30 AM –M 3:33 PM +L	17 11:07 AM –L 4:19 PM +L	18 11:40 AM –L 5:07 PM +XL	19 12:10 PM –L 6:05 PM +XL	20 12:37 PM –XL 6:56 PM +XL	21 1:04 PM –XL
22 1:13 PM –XL	23 1:52 PM –XL	24 7:58 AM +M 2:55 PM –XL	25 8:54 AM +M 4:12 PM –XL	26 10:16 AM +S 5:28 PM –L	27 7:40 AM –S 12:07 PM +S 6:45 PM –L	28 8:50 AM –M 1:30 PM +S
29 9:43 AM –M 2:33 PM +M	30 10:26 AM –L 3:39 PM +L	31 11:03 AM –L 4:32 PM +L				

* Daylight Saving begins; times given are Pacific Daylight Time up to and including October 31, 2026.

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 11:35 AM –L 5:22 PM +L	2 12:00 PM –L 6:10 PM +XL	3 12:19 PM –XL 6:56 PM +XL	4 12:22 PM –XL
5 12:28 PM –XL	6 12:33 PM –XL	7 7:12 AM –M 12:59 PM –XL	8 7:53 AM +S 1:48 PM –L	9 3:18 PM –L	10 4:48 PM –L	11 7:32 AM –M 5:52 PM –L
12 8:24 AM –M 1:39 PM +S 7:07 PM –L	13 9:07 AM –M 2:32 PM +M	14 9:44 AM –L 3:21 PM +L	15 10:16 AM –L 4:10 PM +XL	16 10:44 AM –L 5:09 PM +XL	17 11:11 AM –XL 5:59 PM +XL	18 11:14 AM –XL 6:50 PM +XL
19 11:46 AM –XL 7:43 PM +XL	20 12:34 PM –XL	21 6:52 AM +M 1:45 PM –XL	22 7:45 AM +M 2:59 PM –XL	23 8:51 AM +S 4:09 PM –L	24 5:18 PM –L	25 12:23 PM +S 6:25 PM –L
26 8:25 AM –L 1:38 PM +M 7:33 PM –L	27 9:13 AM –L 2:48 PM +M	28 9:52 AM –L 3:44 PM +L	29 10:24 AM –L 4:36 PM +L	30 10:48 AM –L 5:23 PM +XL		

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 11:11 AM –L 6:08 PM +XL	2 11:06 AM –XL 6:51 PM +XL
3 10:59 AM –XL 7:32 PM +XL	4 11:04 AM –XL	5 11:40 AM –XL	6 6:53 AM +S 12:35 PM –XL	7 7:39 AM +S 1:54 PM –L	8 3:08 PM –L	9 4:16 PM –L
10 6:47 AM –M 12:12 PM +S 5:22 PM –L	11 7:35 AM –L 1:20 PM +M 6:28 PM –L	12 8:14 AM –L 2:15 PM +L 7:38 PM –M	13 8:48 AM –L 3:07 PM +L	14 9:18 PM –XL 4:10 PM +XL	15 9:16 AM –XL 5:04 PM +XL	16 9:51 AM –XL 5:58 PM +XL
17 10:43 AM –XL 6:52 PM +XL	18 11:50 AM –XL 7:44 PM +XL	19 12:54 PM –XL	20 6:46 AM +M 1:57 PM –XL	21 7:44 AM +S 3:01 PM –XL	22 8:59 AM +S 4:04 PM –L	23 10:56 AM +S 4:53 PM –L
24 6:55 AM –L 12:31 PM +S 6:04 PM –M	25 7:48 AM –L 1:46 PM +M 7:14 PM –M	26 8:33 AM –L 2:50 PM +L 8:32 PM –S	27 9:09 AM –XL 3:49 PM +L	28 10:49 AM –XL 4:41 PM +XL	29 11:21 AM –XL 5:28 PM +XL	30 10:48 AM –L 6:11 PM +XL
31 10:50 AM –L 6:51 PM +XL						

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 11:14 AM –XL 7:28 PM +XL	2 11:46 AM –XL 8:04 PM +XL	3 6:04 AM +S 12:25 PM –XL 8:37 PM +XL	4 6:46 AM +S 1:08 PM –XL	5 7:33 AM +S 1:56 PM –XL	6 8:34 AM +S 2:49 PM –L
7 3:46 PM –L	8 6:00 AM –L 11:49 AM +S 4:49 PM –L	9 6:40 AM –L 12:55 PM +M 6:02 PM –M	10 7:16 AM –L 1:53 PM +L 7:31 PM –S	11 7:13 AM –XL 3:06 PM +L	12 7:47 AM –XL 4:09 PM +XL	13 8:38 AM –XL 5:09 PM +XL
14 10:03 AM –XL 6:04 PM +XL	15 11:11 AM –XL 6:55 PM +XL	16 12:08 PM –XL 7:43 PM +XL	17 5:51 AM +M 1:04 PM –XL 8:27 PM +XL	18 6:45 AM +M 2:04 PM –XL	19 7:48 AM +S 3:02 PM –L	20 9:15 AM +S 3:37 PM –L
21 11:01 AM +S 4:33 PM –L	22 6:10 AM –L 12:14 PM +M 5:45 PM –M	23 7:01 AM –L 1:35 PM +M 6:58 PM –S	24 8:39 AM –L 2:47 PM +L 8:16 PM –S	25 9:32 AM –XL 3:48 PM +L	26 10:17 AM –L 4:40 PM +XL	27 10:53 AM –L 5:19 PM +XL
28 11:06 AM –L 6:13 PM +XL	29 10:55 AM –XL 6:46 PM +XL	30 11:21 AM –XL 7:21 PM +XL				

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well–developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 11:51 AM –XL 7:52 PM +XL	2 5:57 AM +M 12:24 PM –XL 8:17 PM +XL	3 6:41 AM +M 1:01 PM –XL 8:39 PM +XL	4 7:32 AM +S 1:41 PM –XL
5 8:37 AM +S 2:28 PM –L	6 10:02 AM +S 3:24 PM –L	7 11:19 AM +M 4:33 PM –M	8 12:33 PM +L 6:02 PM –S	9 5:50 AM –L 1:49 PM +L 7:35 PM –S	10 6:29 AM –XL 3:05 PM +L	11 7:37 AM –XL 4:12 PM +XL
12 9:14 AM –XL 5:04 PM +XL	13 10:27 AM –XL 6:02 PM +XL	14 11:25 AM –XL 6:47 PM +XL	15 12:23 AM –XL 7:27 PM +XL	16 1:19 PM –XL 8:02 PM +XL	17 6:46 AM +M 1:43 PM –XL 8:33 PM +XL	18 8:06 AM +M 2:27 PM –L
19 9:19 AM +M 3:16 PM –L	20 10:35 AM +M 4:13 PM –M	21 11:55 AM +M 5:25 PM –S	22 1:15 PM +L 6:36 PM –S	23 6:43 AM –L 2:28 PM +L	24 8:35 AM –L 3:25 PM +L	25 9:30 AM –L 4:22 PM +XL
26 10:09 AM –L 5:09 PM +XL	F27 10:24 AM –L 5:50 PM +XL	28 10:39 PM –XL 6:27 PM +XL	29 11:06 AM –XL 6:57 PM +XL	30 11:36 AM –XL 7:20 PM +XL	31 12:24 PM –XL 7:38 PM +XL	

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 6:40 AM +M 12:59 PM –XL 7:52 PM +XL
2 7:35 AM +M 1:37 PM –L 8:08 PM +XL	3 8:38 AM +M 2:20 PM –L	4 9:44 AM +M 3:27 PM –M	5 10:58 AM +L 4:35 PM –S	6 12:17 AM +M 6:06 PM –S	7 1:05 PM +L 7:27 PM –S	8 6:31 AM –XL 2:43 PM +XL
9 8:04 AM –XL 4:03 PM +XL	10 9:27 AM –XL 4:57 PM +XL	11 10:33 AM –XL 5:42 PM +XL	12 11:30 AM –XL 6:20 PM +XL	13 11:58 AM –XL 6:52 PM +XL	14 12:41 AM –XL 7:19 PM +XL	15 7:01 AM +M 1:23 PM –XL 7:50 PM +XL
16 8:03 AM +L 2:07 PM –L	17 8:57 AM +L 2:59 PM –M	18 10:10 AM +L 4:03 PM –M	19 11:22 AM +L 5:01 PM –S	20 12:37 AM +L 6:08 PM –S	21 1:48 PM +L 7:20 PM –S	22 2:51 PM +L
23 7:47 AM –L 3:47 PM +XL	24 8:46 AM –L 4:34 PM +XL	25 9:29 AM –L 5:14 PM +XL	26 10:05 AM –XL 5:46 PM +XL	27 10:55 AM –XL 6:09 PM +XL	28 11:32 AM –XL 6:25 PM +XL	29 12:09 PM –XL 6:37 PM +XL
30 12:42 PM –L 6:50 PM +XL	31 7:33 AM +L 1:37 PM –L 7:08 PM +XL					

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 8:36 AM +L 2:36 PM –M	2 9:36 AM +L 3:39 PM –S	3 10:45 AM +L 4:44 PM –S	4 11:21 AM +L 5:57 PM –S	5 1:06 PM +XL 7:12 PM –S
6 2:52 PM +XL	7 8:02 AM –XL 3:34 PM +XL	8 9:15 AM –XL 4:23 PM +XL	9 10:01 AM –XL 5:02 PM +XL	10 10:52 AM –XL 5:34 PM +XL	11 11:39 AM –XL 6:05 PM +XL	12 12:23 PM –L 6:19 PM +XL
13 1:08 PM –L 6:32 PM +L	14 7:50 AM +L 1:56 PM –M	15 8:44 AM +XL 2:51 PM –M	16 9:41 AM +XL 3:40 PM –S	17 10:42 PM +L 4:34 PM –S	18 11:20 AM +L 5:35 PM –S	19 1:05 PM +L
20 2:17 PM +L	21 2:50 PM +XL	22 7:47 AM –L 3:36 PM +XL	23 8:50 AM –L 4:12 PM +XL	24 9:41 AM –L 4:39 PM +L	25 10:27 AM –L 4:58 PM +L	26 11:09 AM –L 5:12 PM +L
27 12:03 PM –L 5:28 PM +L	28 12:47 AM –L 5:50 PM +L	29 7:36 AM +XL 1:48 PM –M 6:12 PM +L	30 8:29 AM +XL 2:39 PM –M			

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well–developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:29 AM +XL 3:33 PM –S	2 10:35 AM +XL 4:33 PM –S	3 11:06 AM +XL 5:42 PM –S
4 1:11 PM +XL	5 1:54 PM +XL	6 2:47 PM +XL	7 8:42 AM –L 3:31 PM +XL	8 9:43 AM –L 4:13 PM +XL	9 10:38 AM –L 4:37 PM +L	10 11:29 AM –L 4:57 PM +L
11 12:17 AM –M 5:15 PM +L	12 1:07 PM –M 5:38 PM +L	13 1:47 PM –M	14 8:27 AM +XL 2:30 PM –M	15 9:14 AM +XL 3:15 PM –M	16 9:22 AM +XL 4:05 PM –S	17 10:16 AM +XL 5:15 PM –S
18 12:20 PM +L	19 1:17 PM +L	20 2:03 PM +L	21 2:10 PM +L	22 2:45 PM +L	23 9:04 AM –L 3:19 PM +L	24 10:11 AM –M 3:38 PM +L
25 11:12 AM –M 3:55 PM +L	26 12:05 PM –M 4:28 PM +L	27 12:53 PM –M 5:05 PM +L	28 1:40 PM –M	29 8:29 AM +XL 2:38 PM –S	30 9:24 AM +XL 3:20 PM –S	31 10:20 AM +XL 4:31 PM –S

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well-developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1** 10:16 AM +XL	2 11:10 AM +XL	3 12:01 PM +XL	4 12:46 PM +XL	5 1:26 PM +L	6 8:34 AM –M 2:08 PM +L	7 9:41 AM –M 2:36 PM +L
8 10:29 AM –M 3:04 PM +M	9 11:10 AM –M 3:32 PM +M	10 11:49 AM –M 4:03 PM +M	11 12:27 PM –M	12 1:07 PM –M	13 7:52 AM +XL 2:00 PM –M	14 2:50 PM –M
15 8:10 AM +XL 3:28 PM –M	16 8:45 AM +XL	17 9:28 AM +XL	18 10:58 AM +L	19 11:37 AM +L	20 12:15 PM +L	21 12:54 PM +L
22 9:07 AM –S 1:29 PM +M	23 10:03 AM –S 2:15 PM +M	24 10:53 AM –S 3:01 PM +M	25 11:38 AM –S 3:48 PM +M	26 12:24 PM –M	27 1:21 PM –M	28 2:18 PM –M
29 8:54 AM +XL 3:21 PM –M	30 9:38 AM +XL					

****Daylight Saving time ended; times given in Pacific Standard Time to Dec. 31, 2025**

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.

SKOOKUMCHUCK (Sechelt Rapids) BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater, forced through Skookumchuck Narrows, forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) and currents can exceed 25 km/h (15 mph). Big waves are most dramatic at +XL or +L times and viewed from Roland Point. Whirlpools are greatest at –XL or –L times and viewed from North Point. M and S times are considerably less spectacular. There is approximately a 20 minute window on either side of the “Best Viewing Time,” so you don’t need to arrive right at the exact time – it’s a process. The 8 km (round trip) hike to view the rapids takes about one hour each way. The well–developed trail has minimal elevation changes, with a few rough sections. If the “Best Viewing Time” is near sunrise or sunset, be prepared for darkness on your hike.

DECEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:20 AM +XL	2 11:01 AM +XL	3 11:40 AM +L	4 12:19 PM +L	5 8:30 AM –S 12:59 PM +M
6 9:27 AM –S 1:40 PM +M	7 10:13 AM –S 2:29 PM +M	8 10:52 AM –S 3:06 PM +S	9 11:38 AM –M 3:43 PM +S	10 12:16 PM –M	11 12:56 PM –M	12 1:38 PM –M
13 2:24 PM –M	14 3:11 PM –M	15 8:45 AM +XL	16 9:13 AM +XL	17 9:44 AM +XL	18 10:20 AM +L	19 11:04 AM +L
20 11:50 AM +M	21 8:52 AM –S 12:53 PM +M	22 9:46 AM –S 1:55 PM +M	23 10:33 AM –S 2:50 PM +M	24 11:27 AM –S 3:41 PM +M	25 12:16 PM –M	26 1:07 PM –M
27 2:00 PM –L	28 2:50 PM –L	29 8:49 AM +XL 3:46 PM –L	30 9:23 AM +XL	31 9:57 AM +XL		

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	L = Large 13 — 20 km/hr (12mph)
M = Medium 7 — 13km/hr (8mph)	XL = Extra Large — Over 20 km/hr	XL = Extra Large — Over 20 km/hr

For **VIEWING** use only. Compiled by Sunshine Coast Tourism, sunshinecoastcanada.com. For navigational purposes in Sechelt Rapids refer to the Canadian Hydrographic Services 2026 Tide and Current Tables; Volume 5, Sechelt Rapids, Station 4200.