

Three Cliffs Bay Walk

This pleasant walk through a wooded valley, past a WWII bunker, takes in views of Pennard Castle before arriving at the golden sands at Three Cliffs, a big favourite with local girl Katherine Jenkins.

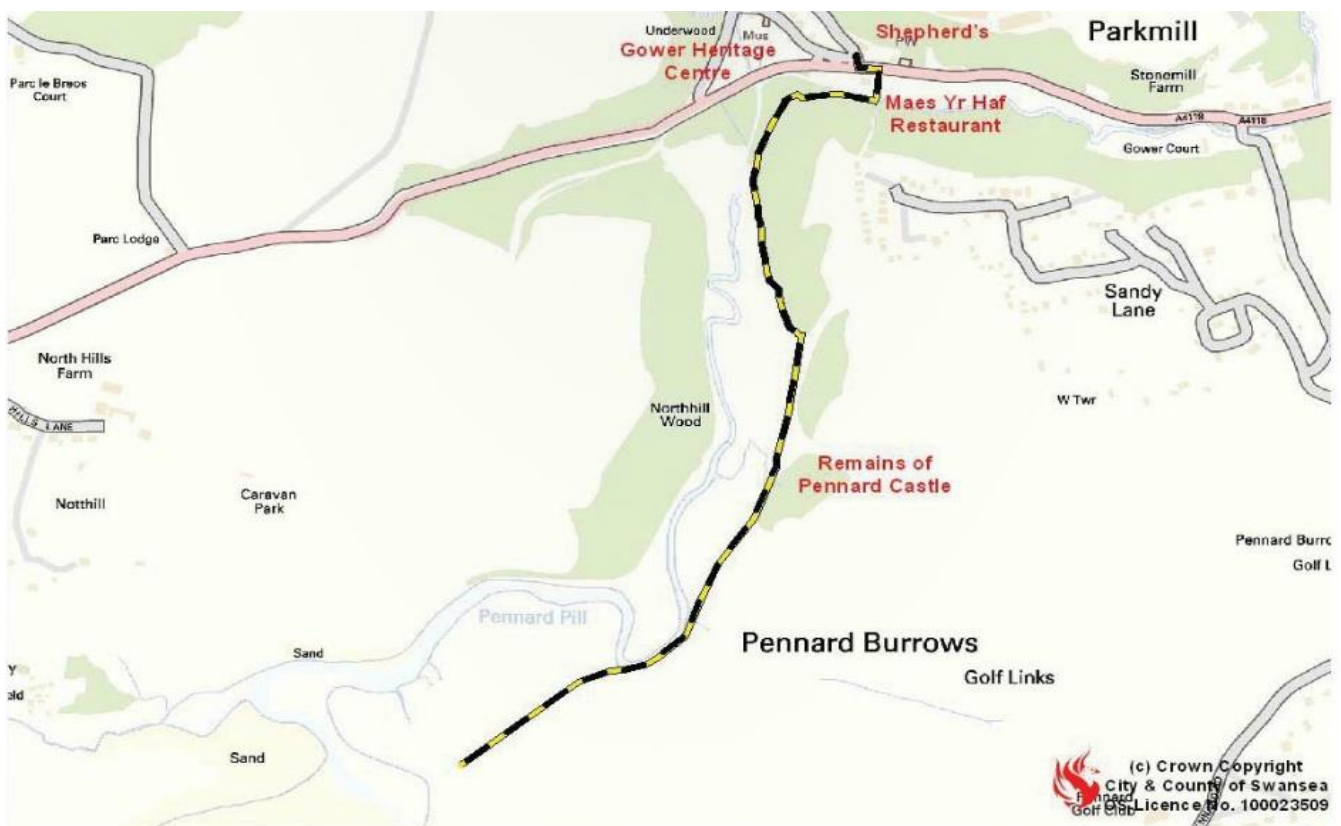
- Grade 3 Challenging
- Distance: 1.7 miles
- Parking
- Woodland area
- Cafe amenities nearby
- Historical interest
- Bus stop nearby
- Coastal walk
- Rough paths

Directions

- Start at car park outside Shepherd's, next to Gower Heritage Centre
- Cross road and access footpath alongside Maes yr Haf Restaurant (sign-posted Three Cliffs Bay)
- Walk along footpath crossing bridge before bearing right, where path continues through wooded area (path is uneven and can be slippery depending on weather)
- On leaving wooded area walk along sandy track, keeping to left
- Continue walking, past WWII bunker on your right, until you reach boardwalk running alongside stream, you'll see Pennard Castle on left at top of valley
- Follow boardwalk, walking along sandy track until you reach beach, you have now walked 1.4km / 0.8 miles
- If you're going onto beach please observe safety notices, otherwise, turn around and head back

Information

- There is a charge for parking
- Café at Shepherd's
- Not suitable for pushchairs and wheelchairs due to uneven surfaces and sandy tracks
- No benches or toilets on this route



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Mae'r daith gerdded braf hon drwy ddyffryn coediog, heibio i fyncer yr Ail Ryfel Byd, yn cynnwys golygfeydd o Gastell Pennard cyn cyrraedd traeth euraidd y Tri Chlogwyn, ffefryn mawr y ferch leol, Katherine Jenkins.

- Gradd 3 Heriol
- Pellter: 1.7 milltir
- Parcio
- Ardal goetir
- Caffi cyfleusterau gerllaw
- Diddordeb hanesyddol
- Safle bws gerllaw
- Taith arfordirol
- Lwybrau garw

Cyfeiriadau

- Dechreuwch yn y maes parcio tu allan i Shepherd's, drws nesaf i Ganolfan Treftadaeth Gwyr
- Croeswch y ffordd ac ewch i'r droedffordd ger Bwyty Maes yr Haf (arwydd i Fae y Tri Chlogwyn)
- Cerddwch ar hyd y droedffordd, gan groesi'r bont ac yna troi i'r dde, lle mae'r llwybr yn parhau drwy ardal goediog (mae'r llwybr yn anwastad, a gall fod yn llithrig gan ddibynnu ar y tywydd)
- Wrth adael yr ardal goediog, cerddwch ar hyd y llwybr tywodlyd, gan gadw i'r chwith
- Cerddwch ymlaen, heibio i fyncer yr Ail Ryfel Byd ar y dde, nes i chi gyrraedd y llwybr pren sy'n rhedeg gerllaw'r nant, a byddwch yn gweld Castell Pennard ar y chwith ar ben y dyffryn
- Dilynwch y llwybr pren, gan gerdded ar hyd y llwybr tywodlyd, nes i chi gyrraedd y traeth - rydych bellach wedi cerdded 1.4km / 0.8 milltir
- Os ydych am fynd i'r traeth, darllenwch yr arwyddion diogelwch. Fel arall, trowch yn ôl

Gwybodaeth

- Mae angen talu am barcio
- Caffi yn Shepherd's
- Anaddas i gadeiriau gwthio a chadeiriau olwyn oherwydd arwynebau anwastad a llwybrau tywodlyd
- Nid oes meinciau na thoiledau ar y llwybr