



YOUR WEIGHT MATTERS

CONVENTION
& EXPO

AUGUST 1-3, 2019

TAMPA, FLORIDA

REAL EXPERTS. REAL PEOPLE. REAL SUPPORT.

Presenting **50+** top-notch educational topics from **REAL EXPERTS** including:

- Exercise - **HOW** much does it really take?
- Understanding What **DRIVES** Hunger
- Let's Get **REAL** About Weight Regain

REGISTER NOW
and save **\$10!**

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LOCAL2019

Starting at \$40/day!

Meet **REAL PEOPLE** and find **REAL SUPPORT** while navigating your weight and health!

BONUS FEATURES INCLUDE:

30+ Vendors in the EXPO Hall, Group Exercise Sessions, Social Events and SO MUCH MORE!



Learn more at YWMConvention.com

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