



## Counseling Services and Suicide Prevention/Intervention Resources

<b>CRISIS LINES</b>	
National Suicide Prevention Lifeline – 24 hours	1-800-273-TALK (8255)
California Youth Crisis Hotline – 24 hours	1-800-843-5200
HELP Line Riverside County – 24 hours	951-686-4357
Crisis Text Line – text CONNECT	741741
Crisis Instant Messaging	Facebook.com/crisistextline
Safe House What's Up Crisis Text Line	1-844-204-0880
California Peer Run Warm Line	1-855-845-7415
Poison Control – 24 hours	1-800-876-4766
<b>COUNSELING SERVICES</b>	
Safe Harbor Counseling Center	<a href="http://www.shcounseling.org/">http://www.shcounseling.org/</a>
Soaring High Counseling	<a href="https://soaringhighcounseling.com/">https://soaringhighcounseling.com/</a>
Loma Linda Hospital Children's Behavioral Health	951-290-6530
<b>EDUCATION AND SUPPORT</b>	
Project 99	www.project99.org
National Alliance on Mental Illness – Temecula	951-672-2089
Parent to Parent (non-crisis line)	1-888-358-3622
Peer Navigation Line	1-888-768-4968
<b>REFERRAL SERVICES</b>	
211 County of Riverside Information and Referral Line – 24 hours	Dial 211 1-800-464-1123
CARES line	1-800-706-7500
<b>VICTIMS OF ABUSE</b>	
Rape, Sexual Assault Center	951-696-7273
Domestic Violence Hotline	1-800-339-7233
Sexual Assault Hotline	1-800-656-4376
Child Abuse Hotline	1-800-442-4918
<b>ALCOHOL AND DRUG INTERVENTION</b>	
Alateen (24 hours)	909-824-1516
Alcoholics Anonymous (24 hours)	909-825-4700
Riverside County Substance Abuse Program	951-955-2105
Substance Abuse Referrals	1-800-662-4357