

Emergency Assistance:

United Way of Kansas: *211

The 211 center's referral specialists question callers, access databases of resources available from private and public health and human service agencies, match the callers' needs to available resources, and link or refer them directly to an agency or organization that can help.

Doorstep, Inc.

Provides short-term emergency aid to families and individuals in need; and provide information on services to promote long-term self-sufficiency for our clients.

1119 SW 10th Avenue

Topeka, KS 66604

Phone: (785) 357-5341

American Red Cross

Provides help 24 hours a day to individuals and families who have disaster-caused needs. Red Cross volunteers and staff respond to calls ranging from a family home fire to larger needs, such as tornadoes and floods.

1221 SW 17th St.

Topeka, KS 66604

Phone: (785) 354-9238

Housing Services:

Cornerstone of Topeka, Inc

1195 SW Buchanan, Suite 103

Topeka, KS 66604-4198

Phone: (785) 232-1650

Hours: 8:00 am – 5:00 pm, Monday – Friday Services:

- Housing for households experiencing homelessness
- Short-term housing offers month-to-month leases with all utilities paid. The intention is households will secure housing within 6 months.
- Long-term housing offers a 1-year lease, with all utilities paid
- Affordable Rental Housing provides long-term rental housing for low income individuals and families, as well as disabled and special needs individuals and families.

Housing and Credit Counseling, Inc.

Our Affordable Housing Directory lists subsidized rental units and other resources available to tenants and homeowners in the city of Topeka.

1195 SW Buchanan St # 101

Topeka, KS 66604

(785) 234-0217

Hours: 8:00am – 5 pm, Monday – Friday; evenings and weekends by appointment.

Topeka Housing Authority

2010 SE California Ave

Topeka, KS 66607

(785) 357-8842

Open Monday-Friday, 8:00am-5:00pm

THA owns and rents a total of 744 efficiency, one, two, three, four, and five-bedroom units located in nine complexes. Opportunities include housing for seniors, families with children, couples, and single adults. Rent ranges from \$50 to \$400+ depending on family income. Tenants pay 30% of their income for rent and utilities.

Food Banks:

Antioch Family Life Center Food Bank (MAACLink)

1921 SE Indiana

Topeka, KS 66607

Phone: (785) 232-1937

Requirements: 2 forms of ID (one with picture). SS card for each person in the home. *While supplies last*

Hours: 4th Saturday of every month at 11:00 am – 12:00pm (No distribution Dec- Feb)

Doorstep, Inc.

Provides food and clothing, transportation and many more helpful programs. A Social Security card is required for each person in the home receiving food donations.

1119 SW 10th Avenue

Topeka, KS 66604

Phone: (785) 357-5341

Food Bank: 9:00 am to 1:45 pm, Monday – Friday

Catholic Charities Food Pantry

Call for an appointment today. All services are free and based on need – not religion, race or nationality. *Photo ID required*

Monday and Friday 8:30 am – 4:30 pm

234 S Kansas Ave

Topeka, KS - 66603

(785) 233-6300

Let's Help, Inc

200 S Kansas Avenue

Topeka, KS 66603

Phone: (785) 234-6208

Services:

- **Free Lunch:** 11:30 am – 1:00 pm, Monday – Friday; 9:30–10:30 am, 2nd and 4th Saturday monthly
- **Food Bank:** 8:30 am – 11:00 am & 1:00 pm – 3:00 pm, Monday – Thursday, 8:30 am – 11:00 am Fridays

Meals on Wheels

Nutrition services are targeted to people 60 years of age or older in greatest social and economic need, particularly low-income minorities. An additional target criterion of the home delivered meals program is that program resources are targeted to those most in need of meals and at greatest nutritional risk.

2701 SW East Circle Dr. S #2

Topeka, KS 66606

Phone: (785)295-3980

Hours: 8:00am – 4:30pm, Monday – Friday

Harvesters Mobile Food Pantry

Visit one of the local mobile food pantries (dates and times found at their website) or call to find out when there will be one near you. (785) 861-7700.

Medical:

Shawnee County Health Department

(Immunizations and WIC)

2115 SW 10th Ave

Topeka, KS 66604

Phone: (785) 251-5700

Hours: 8 a.m.-5:00 p.m., Monday, Thursday, and Friday.

10:00 a.m-7:00 p.m., on Tuesday.

8:00 a.m.-noon and 2:00-5:00 p.m., on Wednesday.

GraceMed: Capitol Family Clinic

1400 SW Huntoon St

Topeka, KS 66604

(785) 861-8800

Hours: Mon, Tue, Wed, Fri - 8:00am to 5:00pm

Thursday – 10:00am to 7:00pm

GraceMed: Highland Park Family Clinic

2025 SE California Ave.

Topeka, KS 66607

(785) 861-8800

Mon through Fri – 8:00am to 5:00pm

Transportation to medical appointments

(Must have Medicaid Card)

Call your Managed Care Organization:

Amerigroup 1(888)345-6943

Sunflower 1(877)644-4623

United 1(877)796-5847

LULAC

Transportation to Doctor or Clinic appointments

Phone: (785)-234-5809

Must be age 60+ or disabled

1502 Seward Avenue

Topeka, KS 66616

Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday

Medicaid-Dept. for Children and Families DCF

500 SW Van Buren

Topeka, KS 66603

Phone: (785) 296-2500

KanCare for children's health insurance

(if not covered by Medicaid)

Phone: 1(800)792—4884

Health Access Enrollment Card

(for those who are not insured)

Phone: (785)235-0996

Family Service & Guidance Center

Mental Health Service

325 SW Frazier Ave

Topeka, KS 66606

Phone:(785) 232-5005

Hours: 7:30 a.m. - 6:00 p.m., Monday – Thursday, 7:30 a.m. - 5:00 p.m., Friday, 24-hour crisis services.

East Topeka Senior Center

Rides to medical appointments

Must be age 60+ or disabled

432 SE Norwood Street

Topeka, KS 66607

Phone: (785) 251-2988 (to reserve rides)

Phone: (785) 232-7765 (for info)

Hours: 9:00 a.m. to 2:00 p.m., Monday-Friday.

Prescription Assistance Program

Information and applications to receive free or reduced prescriptions

Phone: (877) 321-6755

Dental:

Delta Dental of Kansas offers a Community Benefit plan.

Call *211 to determine eligibility.

Eligibility requirements are:

- Family Income: Less than or equal to 250% of the federal poverty line.
- The head of household must be employed.
- Individual or family must not have any access to dental insurance by more traditional means such as employer-supplied insurance, or eligibility as a dependent.

Adventure Dental

(Medicaid and KanCare accepted)

400 SW 29th St

Topeka, KS 66611

Phone: (785) 783-5981

Hours: 8:00am-5:00pm Monday-Friday

Dental (cont.):

GraceMed Dental

1400 SW Huntoon St
Topeka, KS 66604

Phone: (785) 861-8800

Hours: Mon, Tue, Wed, Fri - 8:00am to 5:00pm

Thursday – 10:00am to 7:00pm

Marian Dental Clinic

3164 E 6th Avenue
Topeka, KS 66607

Phone: (785) 233-2800

Fees: Fee at Clinic is dependent on type of procedure

Hours: Monday – Friday, 7:00am – 5:00pm

Topeka Dental Clinic

(For children with Medicaid)

2037 SE 29th St.

Topeka, KS 66605

Phone: (785)-267-9500

Hours: 7:30am-5:00pm Monday-Thursday, 7:30am-

11:30am Friday

For possible assistance with Local Utilities:

Doorstep Inc.: (785) 357-5341

1119 SW 10th St. M-F, 9am-1:45pm

Catholic Charities: (785) 233-6300

Cox Cable Television: (785) 215-6899

Westar Electricity: (800) 383-1183

Kansas Gas: (800) 794-4780

Shawnee County Recycling: (785) 233-6147

Shawnee County Refuse: (785) 233-4774 or

(785) 368-3111

Telephone: AT&T: (800) 646-7928

Shawnee County Water Service: (785) 368-3111

Municipal Contacts:

City of Topeka

Topeka Police Department

Community Policing Hotline.....368.2500

Complaints/Compliments.....368.9595

Animal Control.....368.9484

Code Compliance Services.....368.3161

Forestry Division (Tree Trimming/Right of Ways)

.....368.3111

Graffiti Removal Hotline.....368.3167

Public Works.....368.3801

Traffic Operations (Report Street Light Malfunction)

.....368.3111

Shawnee County

Shawnee County Sheriff's Office.....251.2200

County Appraisers Office.....233.2882

Gas Leak Hotline1.888.482.4950

Tenant/Landlord Organizations

Housing & Credit Counseling, Inc. (Landlord/
Tenant Issues).....234.0217

Topeka Landlord Association (Bette Allen)

.....640.2828

GED Programs/Adult Education

Adult Basic Education through Washburn Tech

5724 SW Huntoon

(785)273-7140

East Topeka Learning Center

2014 SE Washington Street

(785)232-1937

New Directions

5331 SW 22nd Pl, Topeka, KS 66614

(785)228-2336

Hours: 8:00am-4:30pm Monday, Tuesday, Thursday

8:00am-8:00pm -Wednesday, 9:00am-4:30pm-Friday,

9:00am-4:00pm Saturday

Let's Help

Adult Basic Education and GED sessions year

round. Call the GED office at (785) 270-5267 for details.

Family Services:

Low Income Bus Pass Topeka Metro has
a reduced fare program.

Phone: (785)783-7000

USD 501 Clothing Bank, providing free clothing to

children and families in the 501-school district

2331 SW Topeka Boulevard (Quinton Heights building)

Topeka, KS 66605

Phone: (785) 274-6026

Fax: (785) 274-4896

TARC

Provides services to children, adults and families with
developmental, intellectual and related disabilities.

TARC enhances the lives of people affected by these
disabilities through commitment to excellence in service,
support and advocacy.

2701 Southwest Randolph, Topeka, KS 66611

(785)232-0597

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday.

LifeHouse Child Advocacy Center, Inc

Provides services to victims of violent crime.

303 S Kansas Avenue, Suite 2

Topeka, KS 66603

Phone: (785) 232-5433

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday.

On call advocacy for medical exams 24/7.

Family Services (cont.):

West Side Baptist Church Baby Closet

Providing support and meeting the needs of families in the community with children ages newborn to 5 years old Services:

- Provide clothing, diapers, formulas, and other miscellaneous items
- Mom's support group that provides information on parenting development, nutrition, and resources available in the community

1008 SW 4th Street

Topeka, KS 66606

Phone: (785) 233-4241

Hours: Monday 9:00 a.m. – 11:00 p.m.

Thursday 1:00 p.m. -3:00 p.m.

Salvation Army

Crisis intervention, case management, rent and utility assistance, emergency food pantry, homeless drop-in services (mail pick-up, snacks, laundry, phone access) and community feeding program. Emergency temporary housing for families (offsite), transitional housing program and supportive services for those in transitional housing, holiday/seasonal assistance (food, toys, gifts and clothing), emergency disaster services, alcohol and drug rehabilitation referrals and Vision USA program provides assistance with eye exams and glasses.

1320 E 6th Ave., Topeka, KS 66601

(785) 233-9648

Hours:

- Community Meal Program: Mondays- Fridays; 4:00pm to 4:45pm, sack lunches served on Fridays.
- TEFAP/Pantry: Tuesdays & Thursdays; 9:00am – Noon and 1:00pm – 4:00pm
- Community Outreach: Fridays; 9:00am – 4:00pm.

Car seat Program

(Medicaid Recipients Only)

Call Community Action for an appointment

Phone: (785) 235-9296, ask for Gilberto

YWCA Center for Safety and Empowerment

Formerly the YWCA Battered Women Task Force, provides FREE and CONFIDENTIAL services to victims of domestic and sexual violence, stalking, and human trafficking in Shawnee, Jackson, and Wabaunsee Counties in Kansas.

225 SW 12th Street, Topeka, KS 66612

Toll-free 24-hour helpline: 1-888-822-2983

Children & Adult Abuse/Neglect Hotline (24 hour)

1.800.922.5330

National Human Trafficking Hotline

1.888.373.7888

Kansas Children's Service League

3545 SW 5th Street

Topeka, KS 66606

Phone: (785) 274-3100

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday,
Juvenile intake available to law enforcement 24/7

Diapers:

Let's Help

Phone: (785) 234-6208

200 S. Kansas Avenue

Topeka, KS 66603

Catholic Charities

Phone: (785) 233-6300

234 S. Kansas Ave

Topeka, KS 66603

Hours: 8:30 a.m. - 4:30 p.m. Monday - Friday.

Pathway Family Services

Offers comprehensive mental health and substance abuse treatment for youth. Available 24 hours a day, 7 days a week.

4101 SW Martin Drive- C

Topeka, KS 66609

Phone: (785) 783-8438

Hours: 8:00 a.m. -5:00 p.m., Monday – Friday.

Services offered 24 hours a day, seven days a week.

Let's Help, Inc

200 S Kansas Avenue

Topeka, KS 66603

Phone: (785) 234-6208

Services:

- **Clothing Bank:** 9:00 am – 11:00 am & 1:00 pm -3:00 pm, Monday – Thursday, 9:00 am – 11:00 am Friday's
- **Emergency Services:** 9:00 am – 11:00 am & 1:00 pm – 3:00 pm, Monday – Thursday, 9:00 am – 11:00 am Fridays
- **Older Kansas Employment Program:** Support to people over 55 looking for employment or changing jobs. Call (785) 234-6208, ext 271
- **Career Closet** – conducted by appointment: Call (785) 234-6208

KVC Behavioral HealthCare, Inc.

The mission of KVC to enrich and enhance the lives of children and families by providing medical and behavioral health care, social services and education.

235 S Kansas Avenue

Topeka, KS 66603

Phone: (785) 409-6801

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday.

Family Services (cont.):

Topeka Rescue Mission

600 N Kansas Avenue

Topeka, KS 66608-0350

Phone: (785) 354-1744

Hours: **24 hours per day, 365 days per year Services:**

Monday – Friday:

Breakfast: 8:00 am – 8:30 am

Lunch: 12:00 pm – 12:30 pm

Dinner: 6:00 pm – 6:30 pm

Saturday:

Brunch: 10:30 am – 11:00 am

Dinner – 5:00 pm – 5:30 pm

Sunday:

Breakfast: 8:00 am – 8:30 am

Dinner: 5:00 pm – 5:30 pm

TRM Distribution Services:

401 NW Norris, (785) 357-4285

- **Furniture and Household Items: Every Tuesday and Thursday, 9:00 am – 2:00 pm**

Vehicle Assistance:

Washburn Tech

[Recycled Rides](#) program

1.877.588.7140

City of Topeka Accessibility and Emergency Repair Program.

Contact the City of Topeka Department of Neighborhood Relations. Must fill out an application, own and occupy the property, provide proof of income and appropriate documentation.

For additional resources, please visit:

[HCCI Topeka Resource Guide](#)

