

## STAY HOME. STAY SAFE. SAVE LIVES.

If you choose to travel to your seasonal home or return home from travel please abide by the following to help lower the risk of spreading COVID-19 in northern Michigan:

- 1. If you are sick, stay home.
- 2. If you have symptoms of COVID-19, contact your care provider for assistance.
- 3. All individuals traveling to seasonal homes or returning home from winter homes in other states should **self-quarantine for 14 days** upon arrival to your destination.
- 4. Following the 14-day self-quarantine period, please **obey the governor's "Stay Home, Stay Safe"** order and do not go out unless it's absolutely necessary.
- 5. ALL residents should adhere to the Governor's "Stay Home, Stay Safe" order and only venture out to obtain essential supplies and services when absolutely necessary.

The increased population to the northern Michigan area puts a substantial strain on our communities as travelers seek supplies such as groceries and toiletries, as well as potentially needing health care in the event they become sick. During this public health crisis, many rural communities may not be equipped with personnel, supplies, or resources for a surge in population.

## **SELF-QUARANTINE MEANS:**

- TAKE PRECAUTIONS AS THOUGH YOU MAY HAVE THE VIRUS
- STAY AT HOME
- DO NOT INTERACT WITH THE PUBLIC
- DO NOT HAVE VISITORS

- MAINTAIN 6' DISTANCE FROM OTHERS IN YOUR HOUSEHOLD
- DO NOT SHARE ITEMS LIKE TOWELS AND UTENSILS
- ASK FOR HELP WITH GROCERY NEEDS FROM OTHERS OR HAVE THEM DELIVERED

More information is available at gtcountycovid19.com