



# VAN COU VER

## TWO-DAY ITINERARY

When the leaves start to turn colour and the weather cools down, Vancouver offers a great place to experience nature's seasonal transition. The mild climate and close proximity to the mountains means you'll find plenty to do both indoors and outside.

## FALL IN VANCOUVER: DAY ONE

Get to know Vancouver by boarding a **Gray Line Westcoast Sightseeing** tour. Choose the Park Route and you can hop on and off bus at 20 of the city's favourite sightseeing stops, or stay on-board for the full loop with commentary provided (see website for seasonal operational hours). Leave the bus at the **Granville Island** stop to explore the area's gourmet side with a two-hour tour of the Granville Island Public Market with **Vancouver Foodie Tours**. You'll get an insider's look at the market, meeting vendors, learning about the city's culinary history and, of course, sampling the goods! If you would prefer to explore at your own pace, grab a casual bite for lunch from a market stall, or something more substantial from places like **Edible Canada**, **Bridges Restaurant**, **Dockside Restaurant**, or **The Sandbar Seafood Restaurant**.

The food is a big attraction on Granville Island but it's also home to a robust creative community. While you're on the island, take a stroll around to explore the many galleries, theatres, studios and workshops that dot the neighbourhood, and maybe pick up a souvenir or two.

After lunch, continue exploring the cultural theme with a visit to the **Museum of Anthropology** at the University of British Columbia. Housed in a striking building designed by Arthur Erickson, the museum is known for having one of the world's best collections of Northwest Coast First Nations art, including many pieces by Bill Reid, one of Canada's most recognised indigenous artists. Don't miss the spectacular Great Hall with its soaring 15-metre-high glass walls, containing totem poles, house posts and carved figures.

Tonight, explore Vancouver's oldest neighbourhood, Gastown on foot on The Forbidden Tour with **Forbidden Vancouver**. When prohibition hit the city in 1917, Vancouver's law-abiding citizens were forced into an underworld of mobsters, rum-runners and bootlegging just to get a drink. Through spirited storytelling, you'll learn about Vancouver's edgy early days as you discover the neighbourhood and the characters of the era. After your tour, delve into the "new Gastown" with dinner at one of the areas coolest restaurants such as **Wildebeest**, **Tuc Craft Kitchen** or **L'Abattoir Restaurant**.





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## FALL IN VANCOUVER: DAY TWO

Start of this morning's sightseeing with a breath of fresh air as you explore Vancouver's green heart, Stanley Park. Join **Cycle City Tours** for their Stanley Park tour to discover the park on two wheels, cycling through dedicated bike trails and on the seawall while you learn about the park's temperate rainforest and importance to Indigenous groups, as well as secrets from the park's 125-year history. Alternatively, explore Stanley Park through the lens of your camera with a **Vancouver Photowalks** tour where you'll connect with nature as you learn how to take better shots. After your tour, remain in the park to visit the **Vancouver Aquarium**, a leader in marine stewardship and ocean research.

If you've spent the morning on two-wheels, return your bikes, then refuel at **Steamworks Brewing Company** near the Waterfront Station. After ordering from their casual, gastropub-style menu, make sure you try one of their beers, brewed on-premises using steam power! Along with year-round favourites, Steamworks offers some seasonal varieties, including their Pumpkin Ale, available each fall.

After lunch, take a short walk over to Canada Place to **FlyOver Canada**, one of Vancouver's newest attractions, offering a multisensory 4-D flight simulation ride that sees you soar across the country. You'll literally feel the wind in your hair and smell the alpine forest. Later this afternoon, stroll over to the area around Robson and Burrard streets – an area synonymous with the city's best shopping. Along with Robson Street, you'll also want to explore **Pacific Centre** shopping centre, and the upscale boutiques along Alberni Street.

In addition, the Yaletown neighbourhood was originally the end of the line for the train that crossed Canada, and used to be home to warehouses and textile shops. Now surrounded by gleaming modern condos, those warehouses are home to chic boutiques, design stores, and great restaurants. Tonight, explore the streets of Yaletown and then choose somewhere to eat; will it be steak at **The Keg Steakhouse + Bar** or Italian at **La Pentola**?



### INSIDER TIPS!

Find the perfect social media post exploring Vancouver's fall foliage. Stanley Park is a great place to start!



### FALL EVENTS:

- **Vancouver International Film Festival**
- **Visit Stanley Park's Ghost Train**
- **Fright Nights at the Pacific National Exhibition (PNE)**



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