

Youth Experiences in Vancouver

A TWO-DAY ADVENTURE FOR INDEPENDENT TRAVE(LERS

Whether you're travelling solo, or as part of a group, Vancouver has plenty to offer younger travellers. If your travel goals include outdoor adventures, life-enriching experiences or vibrant nightlife - this two-day itinerary will live up to your expectations, and more.

At a glance

- Explore Vancouver's
- cosmopolitan history
- Sightsee from sea level
- Crack open a craft beer (or two)
- Arts, culture and more

DAY ONE

SCRATCH BELOW THE SURFACE

Vancouver's short-but-lively history is filled to the brim with fascinating stories. **Toonie Tours** offer free walking tours of Vancouver that help you to see the city through the eyes of a local expert guide. You could find yourself exploring the waterfront area, **Gastown**, the city's traditional **Chinatown**, or the **Granville Street** precinct, learning about the history, architecture and street art as you go.

LUNCH LIKE A LOCAL

Once your tour has finished head to **Granville Island**, a former industrial wasteland that's been turned into an arts and culture hub. Do as the locals do and grab lunch from one of the many vendors in the **Granville Island Public Market**.

After eating, spend some time checking out the island's artisan studios, craft workshops and galleries. Or get your heart rate going with a paddle on **False Creek** with the help of **Vancouver Water Adventures**, who offer rentals and tours from the island itself.

SAMPLE THE NIGHTLIFE

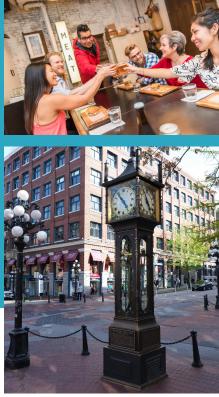
After dinner it's time to sample some of Vancouver's nightlife. Grab a craft beer in **Gastown** where the cobbled streets are lined with bars. Then follow the neon lights to Granville Street, hit up **Yaletown's** trendy bar scene or dance the night away at Celebrities Nightclub, one of Vancouver's best nightclubs in the heart of our **LGBTQ2S+** community, **Davie Village**.

If you're interested in live music, make sure you check the event calendar for venues such as **The Commodore Ballroom**, **Queen Elizabeth Theatre** and **The Orpheum**.









DAY TWO

OUTDOOR ADVENTURES

Start your day with a trip by joining **Cycle City Tours** for the "Epic Electric" guided ride. You'll see Vancouver's most scenic highlights, like the old-growth forests of **Stanley Park**, the beach at **English Bay**, the **False Creek** waterfront, and historic **Chinatown** and **Gastown**.

When you've finished exploring, take a short 10 minute walk to **Canada Place** and grab lunch from one of the handfuls of food trucks by the waterfront. Check out **Tap & Barrel**, for B.C. wine and craft beer; or **Cactus Club Cafe**, known for their healthy takes on traditional Pacific Northwest comfort food.

UP, UP AND AWAY

After lunch, take a walk down the **Canadian Trail**, running along the west side of Canada Place's iconic white sails, before ending with one of Vancouver's favourite attractions: **FlyOver Canada**. This 4D flight simulation experience sees you soaring across the country complete with mist, wind and scents.

EAT YOUR WAY AROUND VANCOUVER'S OLDEST NEIGHBOURHOOD

Later this afternoon join **Vancouver Foodie Tours** for a **Gastronomic Gastown** tour. This three-hour experience explores the history of the city's oldest hood and includes stops at four locally-owned restaurants where you'll sample classic Canadian cuisine paired with cocktails, craft beer and BC wines.



- Vancouver is one of North America's most walkable cities, so save time and money like locals do by exploring everything on foot.
- Join a free garden tour while visiting the Dr. Sun Yat-Sen Classical Chinese Gardens where your guide will take you through a journey of traditional Ming Dynasty family life, philosophy and arts.



- Climb aboard a **Sea Vancouver** tour for an adrenaline-pumping ride around the waters that surround the downtown peninsula.
- Book a free walking tour and see the city on foot with **The Tour Guys**.
- Enjoy a sightseeing adventure with **Discover** Canada Tours' North Shore Tour.
- Feeling adventurous? Try out the Skyride Surf Adventure at Grouse Mountain.
- Feed your feed with Evergreen Adventures' Instagramming in Vancouver Tour.

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DESTINATION VANCOUVER

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Here, we climb everything from mountaintops to bar stools.



YOUTH HOTEL RECOMMENDATIONS

- 1. YWCA Hotel
- Hostelling International Vancouver Downtown
 Hostelling International Vancouver
- Jericho Beach
- Samesun Backpacker Lodges
 C&N Backpackers Hostel
- 6. Ramada by Wyndham Vancouver Downtown
- 7. Sandman Hotel Vancouver Downtown
- 8. Sandman Suites on Davie



ATTRACTIONS THAT WON'T BREAK THE BANK

- 9. Stanley Park
- 10. Dr. Sun Yat-Sen Classical Chinese Garden
- 11. Olympic Village
- 12. Capilano Salmon Hatchery
- 13. Lighthouse Park
- 14. Lonsdale Quay
- 15. Shipyards Night Market (May to September)
- 16. Richmond Night Market (May to September)
- 17. Vancouver Lookout
- Night skiing and boarding at one of three local resorts: Cypress Mountain, Grouse Mountain, or Mount Seymour

Download the Vancouver Mural Fest app at vanmuralfest.ca for a self-guided walking tour of over 300 murals