

Where fresh  
air meets  
fresh thinking

VANCOUVER





# To change the way you see the world, look at it from Vancouver



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“The entire team in Vancouver, from the sales team to the convention services team to the onsite teams at the center, they’re all incredible. I’ve never experienced a city that is so genuinely thoughtful and kind. The generosity from this team is unmatched and was wildly appreciated. It made our grueling 5 day meeting enjoyable for my staff. I’m forever indebted. Thank you! - Nate Wambold, American Anthropological Association”

**Mr. Nate Wambold**  
Director of Meetings  
and Conference,  
American  
Anthropological  
Association





# Why Vancouver

We may have been voted Most Liveable City quite a few times, but we prefer the term Most Alive — and your delegates will see why. Here, we don't just sit in nature; we run, jump, ski, surf, start start-ups and brew breweries in it (among many other things). With endless adventures available to your team, this city will keep them inspired in and out of the boardroom.



## EVERYONE IS WELCOME

Part of the beauty of this place comes from the diversity of our people. We're proud to be a safe, inclusive city, and you'll hear us say it in one of the 70+ languages spoken here (though English and French are our official languages).



## OUR NATURAL PLAYGROUND

We're surrounded by some of the world's most beautiful (and accessible) nature, offering year-round mountain, rainforest, and ocean excursions. This is a take-your-breath-away, choose-your-own-adventure kind of place.



## GETTING HERE IS SIMPLE. BEING HERE, EVEN EASIER

Here, you'll find non-stop direct flights to over 122 destinations, with 86 US and 43 international arrivals per day. And to get around, choose from skytrains, buses, taxis, Ubers, Lyfts, limousines, or your legs (we're very walkable).



## GREEN VIEWS, THUMBS AND INITIATIVES

As the 1970s birthplace of Greenpeace, you'll find sustainable practices at every turn — from the six-acre living roof on the Vancouver Convention Centre, to our recycling programs, seasonal menus, hotel certifications and eco-transportation.



## EXPERIENCES BEYOND THE 9-TO-5

Our location makes us the perfect jumping- (driving-, sailing-, flying-) off point for adventure. In the days or even hours before and after a meeting, your delegates can easily add an experience that won't be so easily forgotten.



## PARADISE FOR PEDESTRIANS

Where other cities might have your team travelling for hours in traffic, our walkability can't be beat. Our downtown core provides everything your team needs in 30-minutes walking time or less, helping you achieve both your sustainability and your budgetary goals.

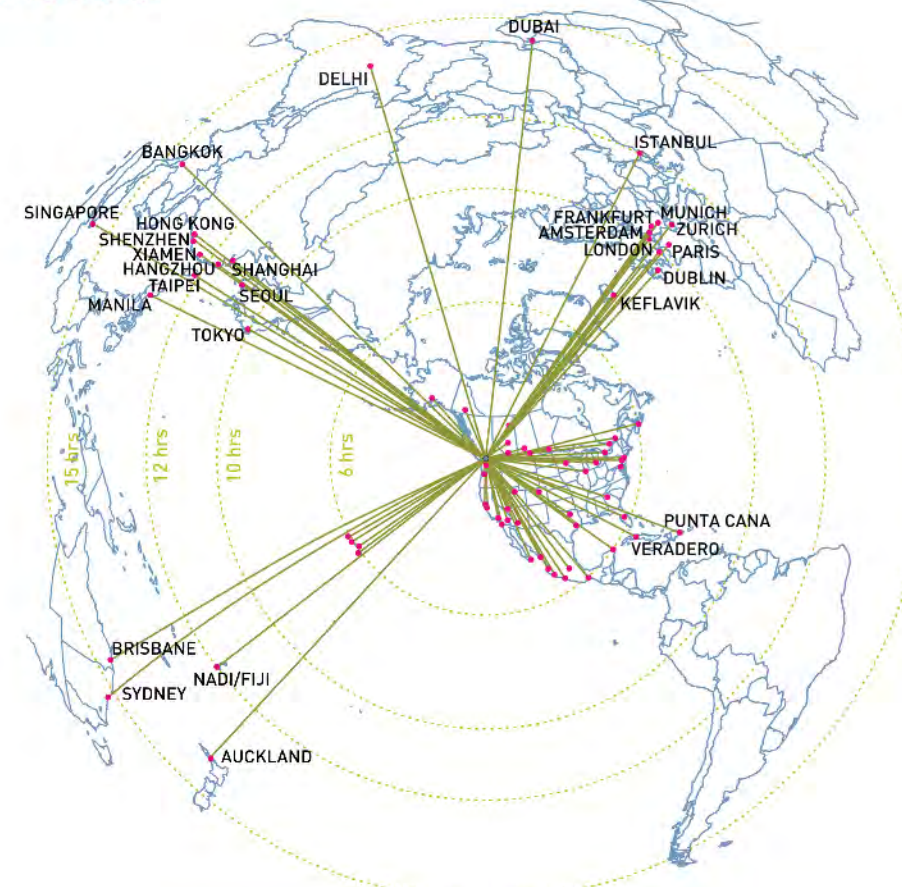


# YVR Airport

We're one of the best-connected places on the planet. Sitting equal distance between Asia and Europe, and only minutes from the U.S. border, Vancouver International Airport (YVR) welcomes over 900 international flights from around the globe, every week. And we're not just connected to other places, but also to each other. Our hospitality team works as one to create a customized experience for your team, right down to your travel plans.



## 2023 Non-stop Destinations North America & International



Current route ———  
Est flight time from YVR (hrs) - - - - -

NON-STOP FLIGHT TIMES TO VANCOUVER	
Auckland	13 hrs 15 min
Beijing	10 hrs 40 min
Frankfurt	10 hrs 25 min
Hong Kong	11 hrs 30 min
London	9 hrs 35 min
Tokyo	8 hrs 30 min
Shanghai	10 hrs 35 min
Sydney	14 hrs

# 26

MILLION+ PASSENGERS SERVED IN 2019



# 235

INTERNATIONAL FLIGHT ARRIVALS PER WEEK (EXCLUDING USA)

# 86

US FLIGHT ARRIVALS PER DAY



PREMIER GATEWAY TO THE ASIA PACIFIC REGION



VOTED SECOND BEST AIRPORT IN NORTH AMERICA



1544 CANADIAN NON-STOP FLIGHTS PER WEEK



NON-STOP ACCESS TO 111 DESTINATIONS



SKYTRAX COVID-19 AIRPORT EXCELLENCE AWARD WINNER



NON-STOP FLIGHT TIMES TO VANCOUVER	
Atlanta	5 hrs 30 min
Chicago	4 hrs 25 min
Dallas	4 hrs 15 min
Denver	3 hrs
Los Angeles	2 hrs 55 min
Mexico City	5 hrs 15 min
New York	5 hrs 40 min
Toronto	5 hrs



# Hotels and Meeting Spaces

Inspire your attendees' minds at one of hundreds of meeting spaces within the downtown core and beyond. Afterwards, delegates can rest their heads in one of 13,000 hotel rooms in downtown Vancouver or an additional 10,000 in Metro Vancouver.

DOWNTOWN CONVENTION HOTELS	AAA RATING	TOTAL GUEST ROOMS	TOTAL MEETING SPACE (SQ FT/M)	LARGEST MEETING ROOM (SQ FT/M)	TOTAL MEETING ROOMS	CAPACITY THEATRE-STYLE	CAPACITY BANQUET-STYLE
1. COAST COAL HARBOUR VANCOUVER HOTEL	●●●	220	8,000/743	5,000/465	8	400	360
2. DELTA BY MARRIOTT VANCOUVER DOWNTOWN SUITES	●●●	225	18,000/1,672	6,500/604	11	270	200
3. FAIRMONT HOTEL VANCOUVER	●●●●	556	63,000/5,853	11,400/1,059	16	1,500	1000
4. FAIRMONT PACIFIC RIM	●●●●●	377	15,000/1,394	6,852/637	9	500	450
5. FAIRMONT WATERFRONT	●●●●	489	24,000/2,229	7,050/654	14	780	590
6. HOLIDAY INN & SUITES VANCOUVER DOWNTOWN	●●●	245	6,415/596	3,500/325	4	225	150
7. HYATT REGENCY VANCOUVER	●●●●	644	46,000/4,274	13,940/1,296	29	1,650	1300
8. JW MARRIOTT PARQ VANCOUVER + THE DOUGLAS	●●●●	517	65,000/6,039	15,604/1,450	29	1,800	1200
9. METROPOLITAN HOTEL VANCOUVER	●●●●	197	7,800/724	1,929/179	7	150	110
10. PAN PACIFIC VANCOUVER	●●●●	503	42,000/3,901	6,808/632	20	700	600
11. PINNACLE HOTEL HARBOURFRONT	●●●	442	31,000/2,879	7,920/736	19	800	600
12. SHERATON VANCOUVER WALL CENTRE	●●●	746	48,652/4,520	10,489/975	35	1,350	930
13. SUTTON PLACE HOTEL VANCOUVER	●●●●	396	12,148/1,129	3,150/292	16	330	280
14. VANCOUVER MARRIOTT PINNACLE DOWNTOWN HOTEL	●●●●	438	16,000/1,486	6,632/616	12	600	450
15. WESTIN BAYSHORE VANCOUVER	●●●●	499	51,334/4,769	15,521/1,441	35	2,000	1400



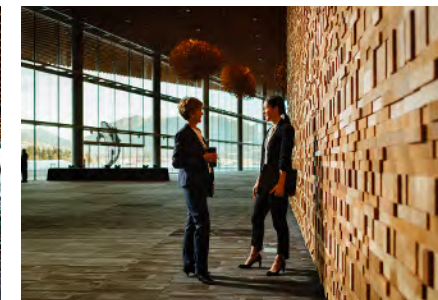
..... Under 15 Minute Walk: 5,300 rooms  
 - - - Under 20 Minute Walk: 7,100 rooms  
 . . . Under 30 Minute Walk: 7,600 rooms

Vancouver is home to internationally recognized hotels, providing visitors with a variety of options, features and amenities.



# Vancouver Convention Centre

The Vancouver Convention Centre isn't simply the heart of our city, in one of the most beautiful settings in the world, but also at the centre of global subjects that matter. As the world's first double LEED® Platinum-certified Convention Centre, with over 524,000 square feet of thoughtfully-designed space, this place and its positioning offer the type of perspective needed to help your organization tackle some of the world's greatest challenges.



## IN THE HEART OF IT ALL

Perfectly situated in the centre of downtown



## INSPIRING VIEWS

Views of nature that offer a fresh perspective



## LEADERS IN SUSTAINABILITY

Right down to our Sustainability Stewardship



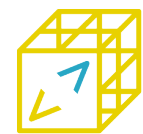
## AWARD-WINNING AND INNOVATIVE

Initiatives recognized around the world



## WITHIN WALKING DISTANCE

Just steps from hotels and attractions



## ROOM FOR EVERY BIG IDEA

Not only sizeable, but flexible spaces



## SOPHISTICATED, SUSTAINABLE FLAVOURS

Inspired farm-and-ocean-to-table concepts



## TECHNOLOGICALLY SUPERIOR

Leading technical capabilities for every event

FUNCTION SPACE	WEST BUILDING
Exhibition space	220,500ft <sup>2</sup> / 20,485m <sup>2</sup>
Meeting rooms	52
Ballroom Space	52,668R <sup>2</sup> / 4,893m <sup>2</sup>
Pre-function space	129,993ft <sup>2</sup> / 12,018m <sup>2</sup>

FUNCTION SPACE	EAST BUILDING
Exhibition space	91,205ft <sup>2</sup> / 8,473m <sup>2</sup>
Meeting rooms	20
Ballroom Space	16,604ft <sup>2</sup> / 1,542m <sup>2</sup>
Pre-function space	13,240ft <sup>2</sup> / 1,230m <sup>2</sup>

FUNCTION SPACE	COMBINED FACILITY
Exhibition space	311,705ft <sup>2</sup> / 28,958m <sup>2</sup>
Meeting rooms	72
Ballroom Space	69,272R <sup>2</sup> / 6,435m <sup>2</sup>
Pre-function space	143,233ft <sup>2</sup> / 13,248m <sup>2</sup>



# Unique Venues

When's the last time you went to a meeting on top of a mountain? Or sat with colleagues at a table surrounded by swimming sea life? Or attended a corporate event in an old growth forest? You may have started to notice we like to do things a little differently around here. So it should come as no surprise that you can, too. In Vancouver, invite your delegates to a venue they'll never expect — or forget.



**BC PLACE**  
A newly renovated multi-purpose stadium with the world's largest retractable roof. Home to the BC Lions of the Canadian Football League (CFL) and the Whitecaps Football Club of Major League Soccer (MLS).  
**Capacity: 7,000 Dining / 12,000 Reception**



**GROUSE MOUNTAIN**  
High on a mountain-top, enjoy 360-degree views of the city, sea and mountains, as well as a theatre, outdoor patio, alpine cabin and traditional log Hiwus Feasthouse.  
**Capacity: 1000 Dining (with tents) / 1000+ Reception (with tents)**



**STANLEY PARK PAVILION**  
A beautiful heritage building nestled within the Rose Gardens in Stanley Park with rustic charm and options for outdoor tenting on grass.  
**Capacity: 490 Dining / 960 Reception**



**SCIENCE WORLD**  
Known by the locals as "Science World", this venue offers an imaginative backdrop for special events and includes many interactive exhibits.  
**Capacity: 750 Dining / 1,200 Reception**



**UBC MUSEUM OF ANTHROPOLOGY**  
Open-air and tented events find their home on the spectacular grounds overlooking the ocean amidst soaring totem poles.  
**Capacity: 100 Indoor Dining space or 500+ Outdoor Dining space (with tent)**



**VANCOUVER ART GALLERY**  
This historic turn-of-the-century building fit with marble walls, columns and steps is a backdrop to contemporary and historic events.  
**Capacity: 250 Dining / 500 Reception**





**VANCOUVER AQUARIUM**

Offering formal dining among marine life, cocktail receptions in a living art gallery-style setting with tropical fish, reef sharks and BC-themed exhibits, the Vancouver Aquarium is an unforgettable West Coast experience.

**Capacity: 350 Dining / 2,000 Reception**



**ROCKY MOUNTAINEER STATION**

This bright and flexible meeting and reception space is housed in a renovated 1950's locomotive maintenance building, combining a nostalgic feel with contemporary design.

**Capacity: 750 Dining / 1,200+ Reception**



**BOAT AND YACHT CHARTERS**

Trade land for water and celebrate an event on the Pacific Ocean while surrounded by mountains and cityscape. Vancouver has a plethora of yacht charter companies to choose for your event.

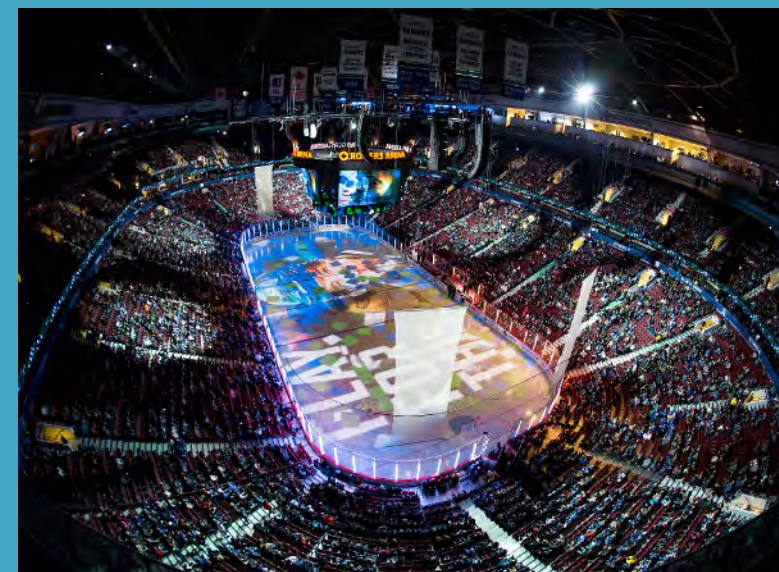
**Capacity: 275 Dining / 450 Reception**



**NEST AT UBC**

Open, light-filled spaces encourage interactions in this modern venue. This is where West Coast casual meets modern elegance.

**Capacity: 600 Dining / 900 Reception**



**ROGERS ARENA**

With state-of-the-art design and audio-visual functionality, Rogers Arena is the venue of choice for the biggest touring names. This venue converts into various configurations with seating capacities ranging from 5,000 to 20,000.

**Capacity: 750 Dining / 1,200 Reception**



**CRAFT BEER MARKET**

This modern venue is a premium casual restaurant with a passion for fresh local food and great craft beer.

**Capacity: 350 Dining / 550 Reception**



**PACIFIC NATIONAL EXHIBITION (PNE)**

A landmark Vancouver venue for almost 100 years, this award-winning venue can hold small workshops to major trade shows.

**Capacity: 2,000 Dining / 3,900 Reception  
4,500 Amphitheatre / 15,700 Coliseum**



**COMMODORE BALLROOM**

This intimate Art Deco venue has best-in-class sound and lighting setups, and a very famous "sprung" dance floor.

**Capacity: 600 Dining / 900 Reception**





Published on Main



Kissa Tanto



Anh & Chi



L'Abattoir

# MICHELIN Guide

Vancouver 2023

Vancouver's culinary scene is widely regarded as one of the most exciting and varied in the world and recently announced its second addition of the MICHELIN Guide Vancouver. From multi-course Chinese feasts and the best sushi outside of Japan, to farm-to-fork, ocean-to-table, and molecular gastronomy. Inspired by flavours and techniques from around the world, yet grown, farmed and foraged with local secret ingredients.

  
**MICHELIN GUIDE**

  
**9 ONE STAR**

  
**16 BIB GOURMAND**

**50+ RECOMMENDED**

[guide.michelin.com/ca/en/british-columbia/ca-vancouver/restaurants](https://guide.michelin.com/ca/en/british-columbia/ca-vancouver/restaurants)

VISIT THE MICHELIN GUIDE VANCOUVER FOR FULL LIST OF RESTAURANTS

## GROUP DINING

We're well-known for being a multicultural city, and you can expect the same celebration of diversity from our menus. From the best Chinese and Japanese cuisine outside of Asia (trust us – it's that good) to local, seasonal, farm-to-table ingredients like fresh seafood and foraged greens, your delegates will have the culinary world at their fingertips (and taste buds). Partner with a local restaurateur to have your event catered, or simply take a walk through any of our great restaurant neighbourhoods. Either way, you can anticipate a meal that's bound to become a memory.



RESTAURANTS	CUISINE TYPE	NEIGHBORHOOD	TOTAL CAPACITY SEATED	LARGEST PRIVATE ROOM CAPACITY
1. ANCORA WATERFRONT DINING & PATIO	SEAFOOD	DOWNTOWN	93	24
2. AL PORTO RISTORANTE	ITALIAN	GASTOWN	200	200
3. BLACK + BLUE	STEAK	DOWNTOWN	240	24
4. BLUE WATER CAFÉ + RAW BAR	SEAFOOD	YALETOWN	150	72
5. TAP & BARREL BRIDGES	SEAFOOD	GRANVILLE ISLAND	300	130
6. CACTUS CLUB CAFÉ COAL HARBOUR	WEST COAST	DOWNTOWN	600	44
7. CHAMBAR RESTAURANT	BELGIAN/FRENCH	DOWNTOWN	320	80
8. LA TERRAZZA	ITALIAN	YALETOWN	260	50
9. CINCIN	ITALIAN	DOWNTOWN	140	50
10. CIOPPINO'S MEDITERRANEAN GRILL	ITALIAN	YALETOWN	200	40
11. COAST RESTAURANT	SEAFOOD	DOWNTOWN	160	36
12. FIVE SAILS RESTAURANT	WEST COAST	DOWNTOWN	140	16
13. FLOATA	CHINESE	CHINATOWN	1,000	1,000
14. GLOWBAL	WEST COAST	DOWNTOWN	300	60
15. GOTHAM STEAKHOUSE & COCKTAIL BAR	STEAK	DOWNTOWN	300	50
16. HAWKSWORTH RESTAURANT	WEST COAST	DOWNTOWN	110	63
17. HY'S ENCORE	STEAK	DOWNTOWN	90	60
18. KEG STEAKHOUSE + BAR YALETOWN	STEAK	YALETOWN	520	24
19. L'ABATTOIR RESTAURANT	FRENCH/WEST COAST	GASTOWN	200	50
20. LOFT AT EARLS YALETOWN	WEST COAST	YALETOWN	96	96
21. MAHONY'S TAVERN	PUB	DOWNTOWN	500	60
22. MIKU	JAPANESE	DOWNTOWN	204	24
23. MINAMI	JAPANESE	YALETOWN	280	40
24. PROVENCE MARINASIDE	FRENCH/SEAFOOD	YALETOWN	108	20
25. ROGUE KITCHEN & WET BAR	PUB	GASTOWN	375	60
26. STEAMWORKS BREWING COMPANY	PUB	GASTOWN	350	120
27. THE TEAHOUSE RESTAURANT	WEST COAST	STANLEY PARK	120	70



# Green Sustainability

Vancouver has a reputation for leading the way in green building, planning and technology, with the smallest per capita carbon footprint in North America. And while that makes us proud, we've still got big plans — like aiming to reduce emissions by 80% and be 100% powered by renewable energy by 2050.



1st Double LEED Platinum Convention Centre

"In a year of a lot of unknowns, we always knew we were going to find a way to hold our Annual Meeting in Vancouver. And although the COVID-19 Pandemic had other plans for 2020, our partners with Destination Vancouver, the VCC, and the hotel community joined together to provide a seamless process for rebooking our event in 2024. The Vancouver team is a strong, unified community, and AMP appreciates this partnership, especially during these challenging times. For so many reasons, Vancouver is also a great destination, and we are excited to be able to welcome our 3,500 members and other Molecular Diagnostic professionals as we celebrate our association's 30th anniversary!"

Sara Hamilton  
Director of Meetings & Exhibits, Association of Molecular Pathology (AMP)



ZERO WASTE BY 2040

40

THOUSAND BEES LIVE ON FAIRMONT ROOFTOP



93% WALK SCORE  
94% TRANSIT SCORE  
95% BIKE SCORE



OCEAN WISE CONSERVATION PROGRAM BEGAN HERE

26

GREEN SPACES IN THE CITY



450+ KM OF DESIGNATED BIKE LANES

19

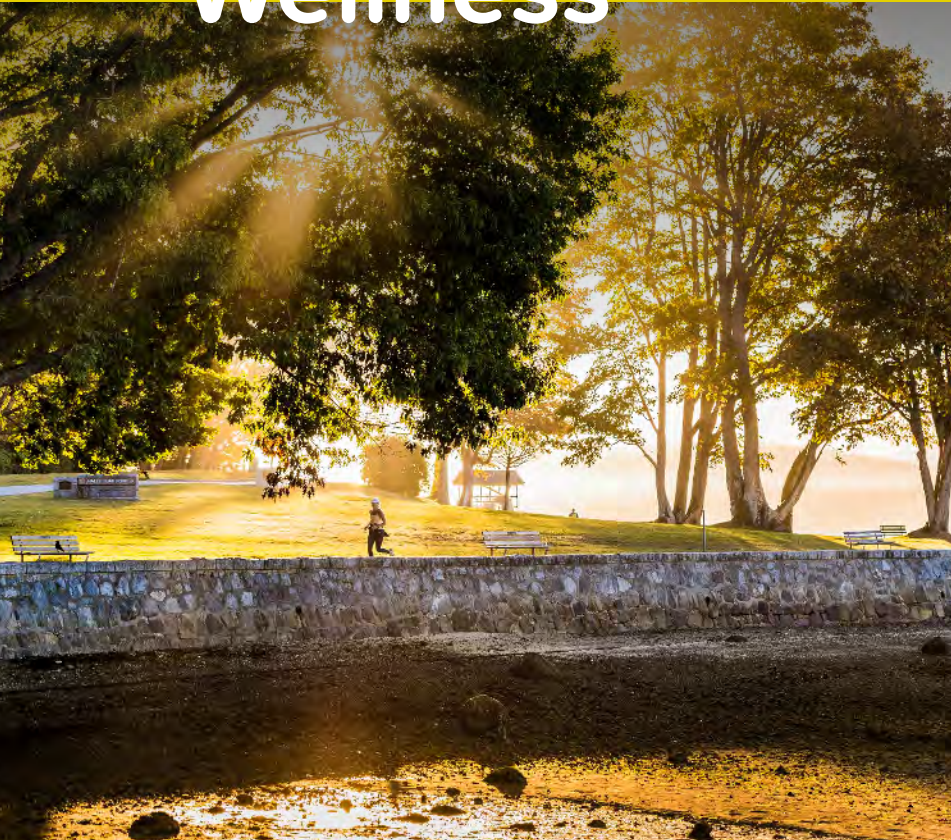
BEE THERAPY APIARIES

100%

RENEWABLE ENERGY BEFORE 2050



# Health & Wellness



## OUTSIDE INSPIRATION

Our connection to nature is undeniable, and we embrace it. Whether it's walking, running or cycling the Seawall – an almost 9km (5.5 mile) pathway hugging the coastline – or forest bathing (it's a real thing) in Stanley Park – our 400-hectare (1,000 acre) natural rainforest in the city. Here, being outside feels great on the inside.

## REFLECTIVE SPACES

Sometimes, it takes a little stimulation to press 'stop'. And we have just the places for it. From the tranquil Nitobe Memorial Garden at the University of British Columbia (which is among the top five authentic Japanese gardens outside of Japan), to the 1931-built Vancouver Art Gallery, we've got places specifically designed to put your mind in rest-and-reflect mode.

## CONSCIOUS CUISINE

Being mindful isn't just about resting the brain, but also actively using it to be more aware – which is reflected on menus across our exciting food scene. Diets of all kinds will be inspired, from gluten-free bakeries to award-winning vegan restaurants – Metro Vancouver is even the birthplace of plant-based health and nutrition brand, Vega.

## MAKING TIME TO SPA-AAAAAH

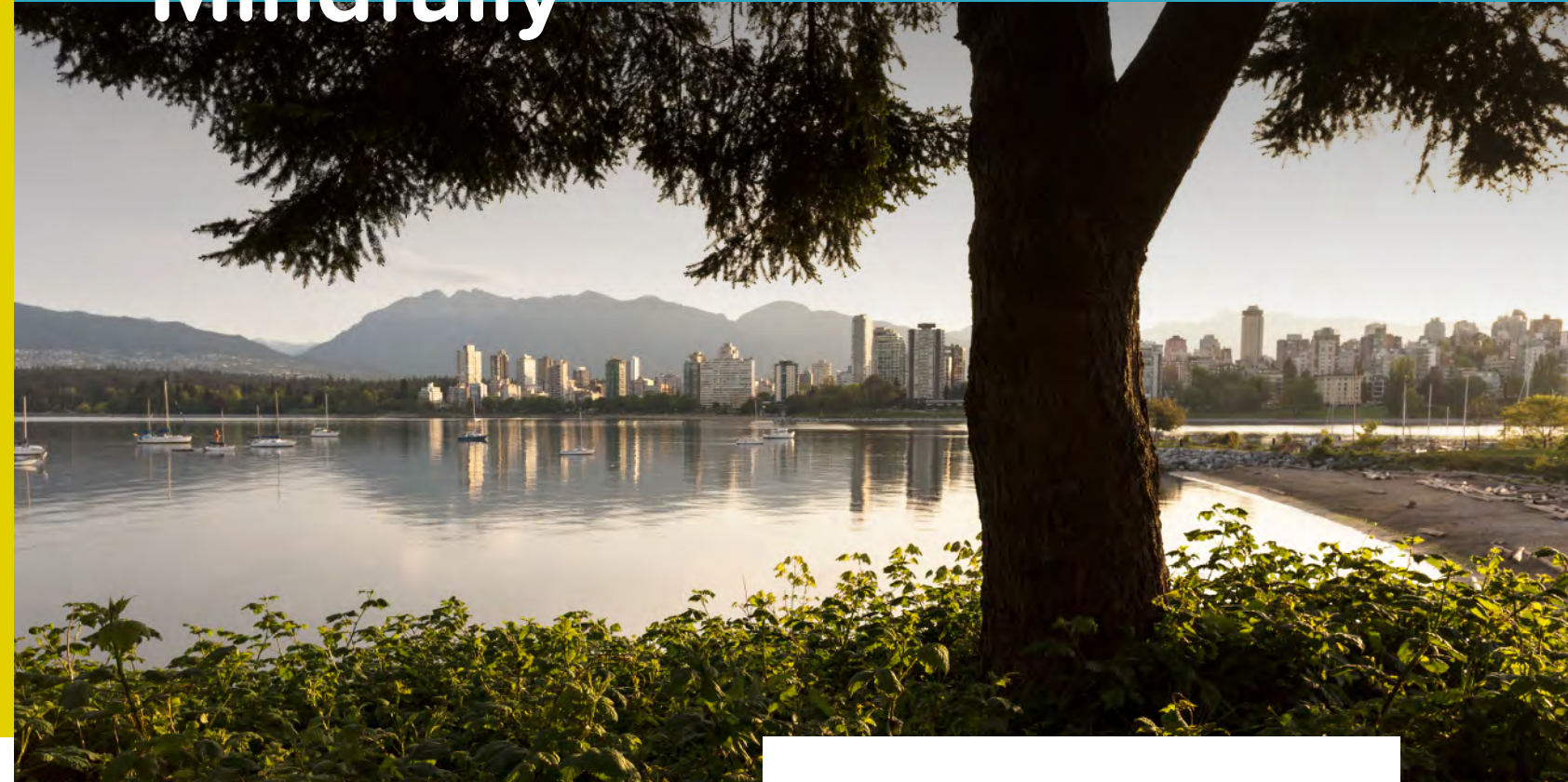
Now recognized as an important element of health and wellness (not just a treat), healing treatments and massages can be found all over the city at our many

restorative spas. Whether you want to indulge in the authentic traditions of Asia, a contemporary West Coast-style retreat, or the latest cleansing trend from Europe, you'll find it here.

## OH(M), AND WE CAN'T FORGET YOGA

As the birthplace of yoga giant, lululemon, we were early adopters of the benefits of yoga. And today we embrace these practices more than ever – and you can too, with over 1,500 classes per week to choose from, including paddleboard yoga, mountain-top yoga and, yes, even goat yoga.

# Living Mindfully



**We Vancouverites care about the health and sustainability of our communities and those who visit. We stop at nothing to provide one of the cleanest, greenest environments to do so.**

Vancouver, its hotels and businesses are committed to the health and wellness of visitors, and will continue to implement appropriate safety measures in line with Provincial and Federal public health protocols. COVID-19 is being effectively monitored, controlled, and treated in British Columbia and Canada, and the Province remains committed to continued enhanced protocols for health and safety.

Destination Vancouver has been awarded a Safe Travels Stamp by the World Travel & Tourism Council ("WTTC"). This stamp is the world's first ever global safety and hygiene stamp for the travel and tourism industry, and signals to the public that a destination is safe to visit.





# BestCities Global Alliance



**Top city in North America for International Meetings**  
International Congress and Convention Association, 2020



**World's Most Sustainable Cities**  
Lonely Planet, 2021



**World's First Double LEED Platinum Convention Centre**  
Canada Green Building Council, 2017



**Top 25 Best Startup Ecosystems in the World**  
Startup Genome, 2020



**Ranked as one of the top cities in North America for International Meetings**  
Watkins Research Group, 2020



**#3 Most Liveable City in the World**  
Economist Intelligence Unit, 2017



**TIME's World's Greatest Places**  
TIME, 2023



**Best Cities in the World**  
Condé Nast Traveler, 2023



**Best Airport in North America**  
Skytrax World Airport Awards, 2021



**#1 International Destination**  
ConferenceDirect, 2018



**Top 5 Cities in Canada**  
Travel + Leisure, 2019



**Top Destination in Canada**  
TripAdvisor's Travelers' Choice Awards, 2019

## Harnessing the power of collaboration

As a founding partner of the BestCities Global Alliance, we are a unique and innovative partnership among 13 premier convention bureaus - Vancouver, Berlin, Cape Town, Copenhagen, Dubai, Dublin, Guadalajara, Houston, Madrid, Melbourne, Singapore, Tokyo and Washington, DC.

The quality and reach of our global community and our open knowledge exchange, allows our partners and clients to develop and offer experiences that make a more positive impact and leave a stronger and lasting legacy on the world.

Founded with this community spirit, we continue to believe that our world prospers when it comes together, works together and shares generously.

We are the BestCities Global Alliance.

**We harness the power of collaboration and community to create positive impact through business events.**

[bestcities.net](https://bestcities.net)



"Once our delegates arrived in Vancouver they knew they were going to experience something truly special, exciting, and memorable. They told us that everything had exceeded their expectations, and many wanted to repeat the whole event all over again in Vancouver. This city and its infrastructure provided the perfect backdrop for our organizing committee."

**Dr. Harvey Lui,**  
World Congress of  
Dermatology





# Weather & Events

A city situated for all seasons

"After attending and planning meetings all across the globe, I have discovered the hospitality industry "secret." It is Vancouver!"

Leslie Zeck, CMP, CMM, HMCC, Director of Meetings, International & American Associations for Dental Research



## WEATHER (VANCOUVER AVERAGE MONTHLY TEMPERATURES)



### APRIL

High: 12C (54F) Low: 4C (39F)  
Precipitation: 76.2mm (4.2")

### MAY

High: 16C (61F) Low: 8C (46F)  
Precipitation: 61mm (2.4")

### JUNE

High: 19C (66F) Low: 11C (52F)  
Precipitation: 45.2mm (1.7")



### OCTOBER

High: 13C (55F) Low: 6C (43F)  
Precipitation: 114.3mm (4.5")

### NOVEMBER

High: 9C (48F) Low: 3C (37F)  
Precipitation: 170.2mm (6.7")

### DECEMBER

High: 6C (43F) Low: 1C (34F)  
Precipitation: 177.8mm (7")



### JULY

High: 22C (72F) Low: 12C (54F)  
Precipitation: 35.6mm (1.4")

### AUGUST

High: 22C (72F) Low: 13C (55F)  
Precipitation: 38.1mm (1.5")

### SEPTEMBER

High: 18C (64F) Low: 10C (50F)  
Precipitation: 63.5mm (2.5")



### JANUARY

High: 6C (43F) Low: 1C (34F)  
Precipitation: 149.9mm (5.9")

### FEBRUARY

High: 8C (46F) Low: 1C (34F)  
Precipitation: 124.5mm (4.9")

### MARCH

High: 9C (48F) Low: 2C (36F)  
Precipitation: 109.2mm (5.9")

## YEAR-ROUND EVENTS

- Vancouver Mural Festival
- Vancouver Farmers Markets
- Vancouver Biennale

## SEASONAL EVENTS

### WINTER

- Bright Nights in Stanley Park (Dec)
- Festival of Lights VanDusen Botanical Garden (Dec)
- Canyon Lights at Capilano Suspension Bridge (Dec)
- Vancouver Christmas Market (Dec)
- Chinese New Year Festival (Feb)
- Vancouver International Wine Festival (Feb)
- FAN EXPO Vancouver (Feb)
- Dine Out Vancouver Festival (Feb)

### SPRING

- Coastal (First Nations) Dance Festival (Mar)
- Rugby Sevens (Mar)
- Vancouver Sun Run (Apr)
- Vancouver International Marathon (May)
- Vancouver Cherry Blossom Festival (May)
- BMO Vancouver Marathon (May)
- Vancouver International Children's Festival (May-Jun)
- Dragon Boat Festival (Jun)
- BC Craft Beer Week (Jun)

### SUMMER

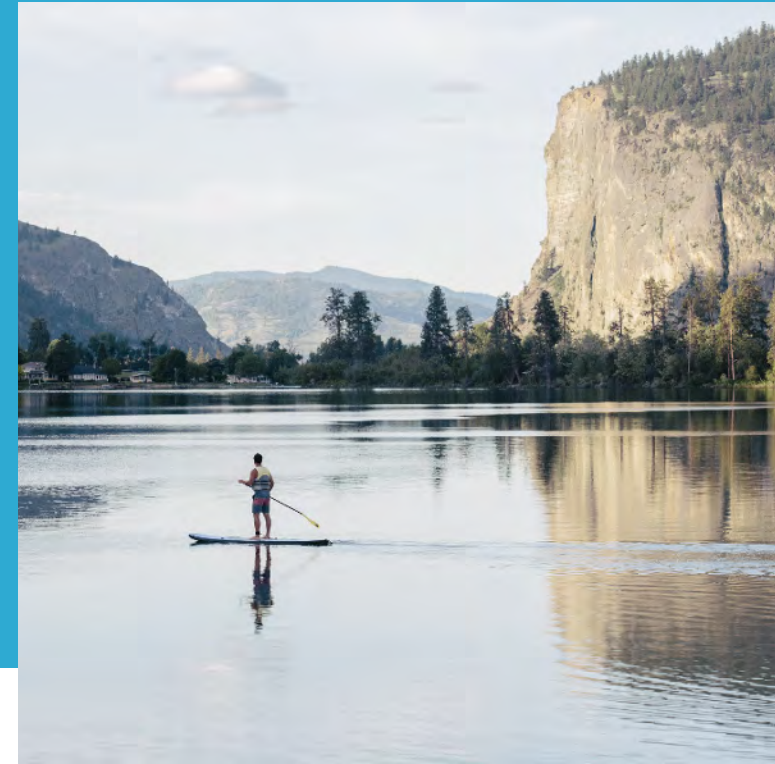
- Vancouver International Jazz Festival (Jun)
- Scotiabank Half Marathon (Jun-Jul)
- Bard on the Beach Shakespeare Festival (Jul)
- Celebration of Light Festival (Jul)
- Vancouver Folk Music Festival (Jul)
- FIA Formula E Car Race (Jul)
- Vancouver Pride (Jul-Aug)
- Vancouver Pride Run & Walk (Jul-Aug)
- The Fair at the PNE (Aug)
- SeaWheeze (Aug)

### FALL

- Vancouver Fringe Festival (Sep)
- Vancouver International Film Festival (Sep)
- RBC GranFondo (Sep)
- Vancouver International Writers Festival (Oct)
- Lumiere (Nov)



# Excursion Itineraries



## HOURLY EXCURSIONS

Have a few hours between meetings? Here are just a few ways to spend them in and around the city.

### VANCOUVER CITY TOUR

Experienced guides escort you through the magnificent 400-hectare (1,000-acre) Stanley Park, with a stop at Prospect Point, English Bay, and along fashionable Robson Street all the way to Queen Elizabeth Park, an extinct volcano, for a panoramic city view.

### CANYON TO MOUNTAIN

Just across the Lions Gate Bridge to the North Shore you'll find Capilano Suspension Bridge Park, Grouse Mountain Resort – with Mountain Zip-lining or Grizzly Bear viewing in the summer, and skiing or snowshoeing in the winter – and so much more.

### SEA SAFARI

Grab a seat on a deluxe inflatable outboard and take a 2.5-hour Howe Sound safari adventure to view the stunning scenery and wildlife that make the coast of British Columbia so beautiful (and world famous).

### FOOD MARKET TOURS

There is no better way to take in the distinct cultures present in Vancouver than through your taste buds. Culinary-adventurers can join some of the province's top chefs for small-group guided tours of Vancouver's top foodie districts.



## DAILY EXCURSIONS

Have an afternoon or a full day free? Here are a few ways to make even more of your time.

### WHISTLER RESORT

A scenic trip up the Sea to Sky Highway will take you to the alpine village of Whistler. From a crisp mountain air to crystal clear lakes and lush emerald forests, Whistler Resort is a natural year-round playground.

### VICTORIA

Sail through the Gulf Islands on a BC Ferry to Victoria, the province's capital city, featuring turn-of-the-century buildings, red double-decker buses, shops, cafes and world-famous Butchart Gardens.

Every year between May and November, Orca whales pursue migrating salmon in the Georgia Strait, and aboard a semi-covered vessel with a trained naturalist as your guide, you'll see these magnificent creatures in the wild.

### HELI-RAFTING EXCURSION

Show your meeting delegates the beauty of British Columbia from both air and river on a Heli-Rafting excursion.

### WHITewater RAFTING

Enjoy a full day of exciting Class III and IV rapids. State of the art rafts will carry you alongside inspiring wilderness, glaciers, waterfalls and spectacular wildlife in their natural habitat.

### WHALE-WATCHING ADVENTURE

## MULTI-DAY EXCURSIONS

If you've got a few days beyond your business trip, we suggest exploring beyond the city. Here are just a few things you could see and do.

### WHISTLER RESORT

Just two hours from Vancouver on the scenic Sea to Sky Highway you'll find Whistler, a world-renowned ski resort and village (and our co-host of the 2010 Olympics).

### VICTORIA & VANCOUVER ISLAND

A 90-minute ferry ride from Vancouver will bring you to British Columbia's capital city, Victoria (also accessible by floatplane and helicopter).

### THOMPSON OKANAGAN VALLEY

A treat for the eyes and for the taste buds, the Thompson Okanagan Valley is a 4-6-hour drive, or a short flight from Vancouver (to Kamloops, Penticton or Kelowna).

hours by car will lead you to Tofino – a coastal village on the western edge of Vancouver Island known as our province's surfer's paradise.

### ROCKY MOUNTAINEER RAILTOURS

From two-days to 16-days, Rocky Mountaineer offers unique train journeys through the many landscapes of BC and Alberta.

### VANCOUVER ALASKA CRUISE

From May to October, Alaska Cruises offer some of the world's most spectacular scenery.

### TOFINO

A ferry ride followed by a few

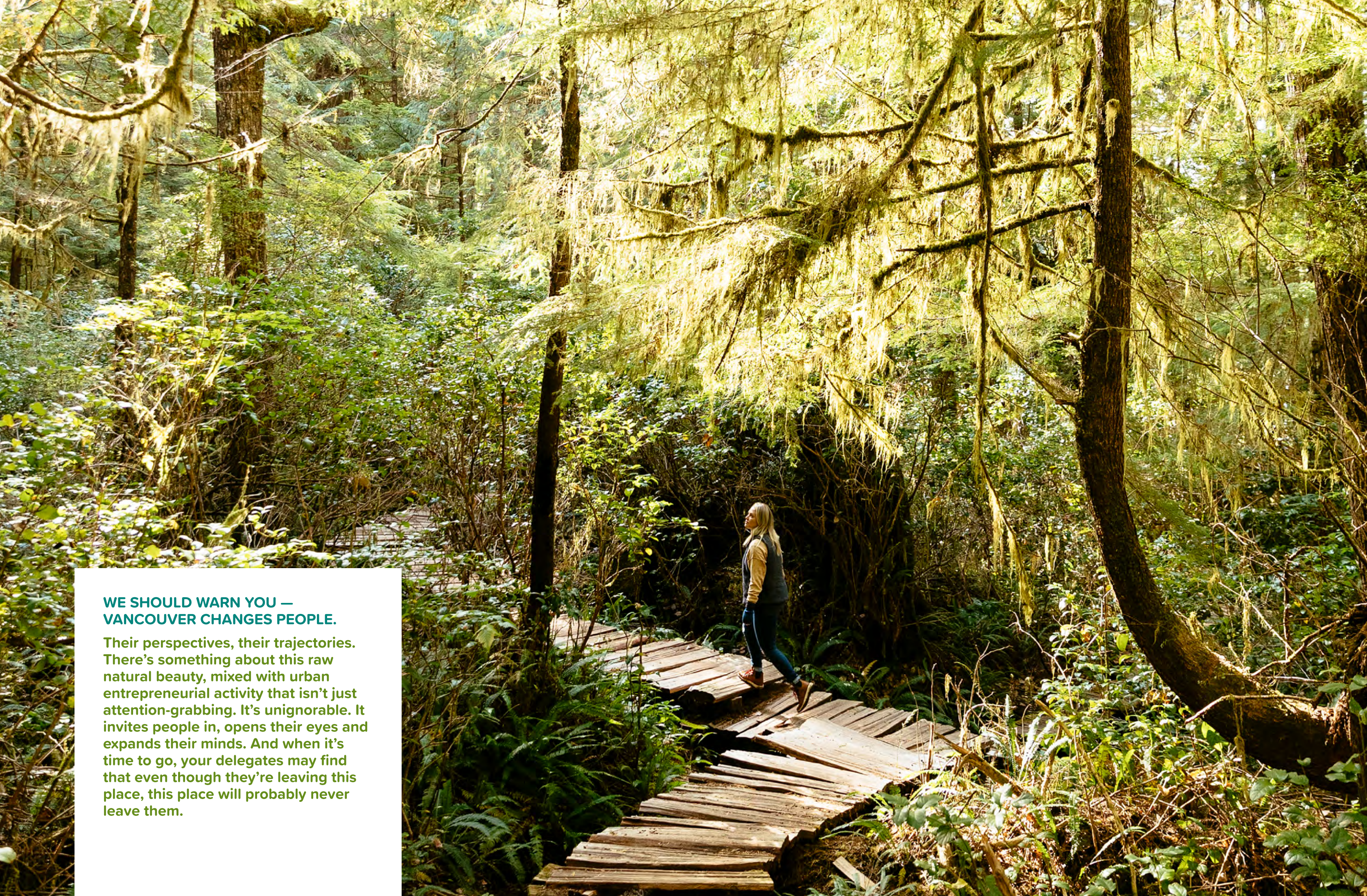


# Metro Vancouver Map

Invite your delegates to explore a city as vibrant and alive as the nature that surrounds it. Our walkable city makes getting around a breeze, and with our many eco-friendly transit options, you'll notice that breeze is always clean. Inspire minds and fuel fresh thought with perspectives you can't find anywhere else, and experience what it's like to see the world differently, from Vancouver.







**WE SHOULD WARN YOU —  
VANCOUVER CHANGES PEOPLE.**

Their perspectives, their trajectories. There's something about this raw natural beauty, mixed with urban entrepreneurial activity that isn't just attention-grabbing. It's unignorable. It invites people in, opens their eyes and expands their minds. And when it's time to go, your delegates may find that even though they're leaving this place, this place will probably never leave them.