



# LAKE ACTIVITIES

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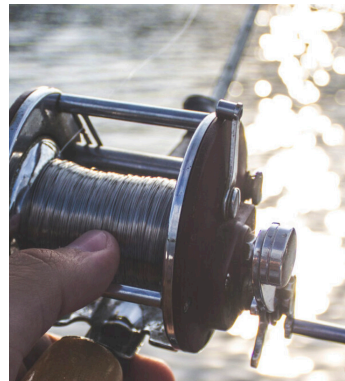
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## THE SIXTH GREAT LAKE

- Roughly 120-miles long and 14-miles at its widest, the scenic shoreline of “the sixth Great Lake” provides endless adventures for those wishing to explore Vermont’s western shore.

- Burlington sits at the widest point on the Lake. This width, along with the backdrop of the Adirondacks, creates some of the most spectacular sunsets in the United States.
- Spanning the US/Canadian border and home to 71 islands, Lake Champlain also offers excellent boating opportunities.
- With places to explore including Vermont’s Inland Sea and the Lake Champlain Islands, the lake is big and diverse enough that boaters will be able to come back time again for new adventures. On glassy days, the lake is a water skiing, tubing, and wakeboarding playground.
- On windy days, kite surfers, windsurfers, and sailors eagerly hit the water. Boat slips and moorings can be conveniently rented at the Burlington Community Boat House or Perkins Pier. For visitors without boats, rentals and charters can be easily arranged from the Burlington waterfront.

- The Burlington waterfront provides easy rentals and put-ins for canoeists, kayakers, sailors, stand-up paddleboarders, and dragon boaters.
- Venture north to 253-acre Burton Island, a Vermont State Park with paddler-only campsites perfect for kayak or canoe camping.
- Avid paddlers can explore the Northern Forest Canoe Trail, a 740-mile route running from Old Forge, New York to Fort Kent, Maine. Part of the trail winds through the Missisquoi River, Champlain Islands, Lake Champlain, and continues through the Adirondacks.



- Greater Burlington has great fly fishing spots to catch trophy trout in the beautiful rivers and babbling streams. Lake Champlain is also known as one of the world’s top Smallmouth Bass fisheries. Private fishing charters that take advantage of Lake Champlain’s acclaimed fishing can be arranged conveniently from the Burlington waterfront.
- Ice fishing is a popular wintertime activity on both Lake Champlain and on a variety of easily accessed inland lakes.



## ALONG THE LAKE

- The Island Line Trail runs 14 miles along the coast from Burlington then crosses the lake to the Champlains Islands via the Colchester Causeway.
- The Burlington Greenway (Bike Path), the southern leg of the trail, is a prized possession of the city, an 8-mile paved path that runs along the shores of Lake Champlain. This is great for an easy scenic bike ride, run, or walk.
- Previously a railroad trail, the Colchester Causeway is a popular 4-mile bike/walking gravel path. The trail extends out into Lake Champlain and has stunning views of the water and the Green Mountains.
- Non-profit cycling organization, Local Motion, operates the Island Line Bike Ferry, which transports cyclists and pedestrians across “the Cut” a 200 ft. gap in the causeway that allows boats to pass through.

## BEACHES AND SWIMMING HOLES

- **Vermont’s beaches and swimming holes are legendary and are just as much fun to discover as they are to jump into.**

- The Burlington waterfront on Lake Champlain is a mix of sandy beaches and redstone shoreline.
- Sand Bar State Park, named for the natural sandbar between South Hero Island and the Vermont mainland, is a local gem. The smooth, sandy lake bottom remains shallow well out from shore, making it a great place for children to swim. With picnic tables and a playground, it’s a perfect location for a relaxing beach day.
- For the adventurers, the greater Burlington area is filled with off-the-path swimming holes, waterfalls and stunning gorges.
- Burlington boasts three beautiful sandy beaches: Oakledge Park, North Beach, and Leddy Beach. North Beach has white pristine sand, a tiki bar, and is easily accessible by the Burlington Greenway. Leddy Beach boasts a 1500’ sandy beach overlooked by a grassy picnic area with grills and picnic tables. Located in Burlington’s South End, Oakledge Park has a rocky swimming beach, sports facilities, playgrounds, and outdoor event space.
- Travel a few miles south to Charlotte Town Beach and Shelburne Town Beach for swimming, boat launches, volleyball, tennis courts, basketball, playgrounds, picnic tables, and grills.



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